

Children, Youth and Climate - How to talk to kids about global warming

Our youth are exposed to climate change in lived experience, school, and the daily news. Studies show they are anxious about the future and often eager to be part of the solution.

AGE-APPROPRIATE RESPONSES

Before age 9 - Let them talk about fears but avoid scary details

Help them appreciate nature and show them ecosystems at work around them

Engage them in environmental care, including climate care - like walking to school and caring for trees

After age 8 - Be honest about the seriousness of the situation - they will see the climate changing and be exposed to concepts in science and social studies

Let them know that adults are aware and working on solutions - both locally and globally

Show them their role in slowing warming

Develop a family plan based on local targets (p.24)

More information:

[Canadian Research – Ellen Field, Talking to children about the climate crisis - Ecopsychepedia](#)

