

The Sense of Sight

Excerpts from the book: The Sense of Sight

The Sense of Mutual Support

As the Essene Summer University drew to a close, there was only one of the five senses left to explore in depth: the sense of sight, to which Olivier Manitarra devoted three lectures.

“The senses are the alchemy of life; they are a subtle world revealing itself; they are the very presence of the soul. Your senses lead you from the dense toward the most subtle, toward worlds that are increasingly invisible, increasingly vast. However, the senses can expand the soul just as they can extinguish it. They are, in a way, your essence: they constitute you, they shape you, they determine your life.

The ear is like the earth: it is always open and welcomes everything. You can open or close your ears, but it is not easy to manage everything that enters you and seeks to influence you. A single word heard can change your whole life, for the ear is like a mother: it welcomes everything, but because of this, it is vulnerable.

What can save you is the eye; that is where you must find balance. The sense of hearing involves a whole complex system that sends information to the center of the brain where it is deciphered.

That is where this eye is located, which is the balance and the tuning fork of the ear. What protects the ear is the vision, and the eye balances not only the ear but all the senses.



The Unification of Mother and Father

The sense of sight is linked to death. The one who develops sight is the one who is freed from the chains of fear and death, the one who is no longer plagued by doubt. Sight is also linked to the journey, to the perception of what you may come to experience or see in the future.

Those who develop their vision are outside of time; they are capable of traveling through the worlds without thereby identifying with the human world*.

Vision is the memory of immortality. The one who lives with the vision in his greatest organ is the one who is aware that he has a body, but who knows that he is immortal and greater than himself. He does not look at his life; he looks at the divine laws. He never places what is great within what is small. He is always in the greatest, in the vaster and the wisest.

He who lives without his eyes, without sight, is confined to a world and knows that he cannot express himself or move as he pleases. He is forced to eat, sleep, and wash himself... It is not that one should not do these things, but for anyone who lives without the subtle sense of sight, this is what gives rhythm to their life: morning, noon, and night. The one who possesses the true sense of sight, however, is not truly bound by a cycle. He is outside of time, and when he creates works, they endure through time because they are the direct expression of a higher intelligence.

To develop insight, one must be a meditative person, carry the seeds of wisdom, and have true faith in a higher world.

Insight is the whole, the totality of being.

It is the unification of the worlds of the Mother and the Father, the flow that moves from below to above, from man to the Gods. Vision is the word of the Mother. When you see something pure that is firmly established in every world that is, something that is true, you have the word of the Mother.

Sight is the traveller of worlds. It can take you to any world you wish to go to; you simply need a map, for the worlds are vast. Only a map will allow you to set out from a starting point and reach a destination. It is therefore essential that a person's roots be firmly anchored in the earth to secure their starting point, for without this, they will crumble under the weight of events.

It is like a tree: if it is small and has no roots, all it takes is for someone to step on it for

it to lose all strength for the future. You therefore need roots so powerful that, no matter what life throws at you, you will always find the strength to pick yourself up. You will never be the weak one who falls and stays down, but always the strong one who gets back up. Vision is optimism, the future, what lies ahead, grounded in secure roots.

Original Memory

Memory is linked to sight because it exists only on higher planes. It is the only thing that can return to man so that he may find his place in life. Memory is where man has already passed and left an imprint. Only sight, that is, the traveler of worlds, is capable of reading like a script what has been left as an imprint.

This is why sight is directly linked to man's destiny, to his actions and his receptivity, and, above all, to the memory of the past, which is either an obstacle or a blessing.

In fact, memory is linked to man's very activity on earth: without memory, man is nothing; with memory, man has a destiny.

What man perceives with his eyes is always just a small part that points to something greater. What you see with your physical eyes is merely the small end of the thread that grants access to an entire world. It is the organ of memory that allows you to make the connection between the small and the great. How can you know that the daisy is a God? It is possible to know because enlightened beings have revealed this secret and placed it in memory.

Otherwise, you look at the daisy and see only a flower. Unfortunately, scientists have placed concepts of this flower in memory, saying that it had a particular shape, that it carried a particular scent... It has thus been defined, but this is not the world of universal memory, of the great memory, which is that of the deification of all things. Memory preexists intelligence. Intelligence is merely an organ that allows us to read memory, a means, a tool to define it, to bring it into a structure, into a mold. Memory is indefinite and undefinable.



The Mirror of the Soul

The eye is the mirror of the soul; it is the lake of your life, the place where water, light, intelligence, the world of vision, mutual support, sharing, and solidarity flow in, because then we recognize one another as brothers and sisters, as friends on the path, as pilgrims.

The eye is truly royalty, the treasure. Around it, everything has hardened, everything has become dense, but the eye itself has remained brilliant, luminous, subtle, mysterious, like the sun, beyond gender and appearances. The eye is sexless; it is truly androgynous: it is beyond duality. It leads everything toward unification, or else it imprisons you.

The first secret of the eye is that everything you see becomes real. The eye has this magical power to make everything real. It is a creator in both worlds both within you and around you. You create your future with your eye.

What you see, you become. That is why it is easy to cast a spell on a person. All you have to do is present something before their eyes, and as soon as they look, what they have seen enters them and begins to take effect. The things you look at often, you become. If you see ugliness in a person, the ugliness enters you and begins to affect you, and you build a world of ugliness for yourself. If you see a flaw in a person, it is because you have it within yourself, for you cannot see what you do not have.

If you are balanced in both perspectives and you are aware of this flaw because you have overcome it within yourself, you know exactly how to act and how to ensure that this thing does not enter your life, and so you are not afraid of it.

Just as a plant must have roots, the eye must always be grounded in a tradition, in a memory. It must be strong and rooted in reality. The throne of Osiris well represents this state of being grounded. It is only when you are grounded that you can begin to open your eye to higher realms.

However, you must first master the lower realm your human life. You must distinguish between the dark, mortal side and the light side. You must be educated in this way so as not to let yourself be caught and overwhelmed by worlds. You must be able to detach yourself and soar toward higher worlds and begin to view things from above, from a different perspective.

Fasting of the Eye

The higher you rise, the more universal your perspective becomes. When, through discipline, you have succeeded in awakening all your senses one by one and you reach the eye, you turn that eye toward the other senses, and it begins to illuminate everything within you.

Your vision becomes steady; you learn to distinguish between things and no longer allow what is not good to enter you. You remain in a state of vigilance, of wakefulness, of attention. You no longer live in a single world. From now on, you look at what lies behind words and circumstances. What is dark and gloomy, you leave behind to take only what is luminous. You no longer feed on the refuse of the dark worlds but constantly seek to rise up to nourish yourself in higher worlds.

Everything you look at leaves an imprint on your soul. Seeing is a process of reflection; it is an impression, like in a camera: it is like a light-sensitive plate onto which everything you see is recorded, and this has an effect within you. That is why you must develop, willingly and consciously, sound discernment. You must learn to look at beauty, at what will ennoble you, at what will enlighten you.

You must not let your eye rest on just anything. You must fast with your eye to lead it toward a higher world. Your eye must be made conscious and enter into the angelic vision.

By regularly practicing the discipline of the senses, this primordial knowledge which has been called Gnosis*, direct intelligence will gradually emerge within you. This knowledge, which is hidden deep within you, is not something that can be learned, but something you naturally possess.

It is true vision, the vision of Osiris: the royal vision, the vision of the Divinity. And it is your Angel who will reveal it to you when you know how to unite with him through your eye.

You must first awaken your vision in the higher worlds, but this cannot be done outside of a tradition. You must have a Master, a guide, for if you walk a path where there are no footprints, it is your own that will appear, and all those who walk after you will walk in the footprints you have left. If you leave bad footprints, you create a very bad destiny for yourself. You must therefore walk in the footsteps of those who have walked before you and who have marked the path.

The shadow that follows you as you walk is not negative; it is a reflection of your body. The problem lies rather in the shadow you nurture within yourself, which you might mistake for the Light. It is like believing that people see you simply because they see your physical body.

Only your Angel can give you the vision that will allow you to see the divine world, but for that, you must have purified all your senses and present yourself before him on a ground of consciousness, in a tradition where you walk in the footsteps that your Angel understands. Your Angel will look above all at what scriptures and symbols you bear and whether you have worked in accordance with a sacred tradition. He will verify that you do not bring any shadow, that you do not place yourself above everything else, but that you fit into a greater whole.

You must not present yourself before your Angel as a shadow but as a pure and impersonal Light. He will ensure that you have done a great deal of work on yourself, that you have clarified your senses and balanced them. If he sees that you are grounded and stable, he will begin to show you much higher things, and you will begin to see certain aspects of the divine world.

When your eye opens to the angelic world, you reclaim your destiny, and you can then communicate with your soul. It is your Angel who is the guardian of your soul, and your soul is what breathes with the Whole.

