

Psalms of Archangel Gabriel

90 The Eye of Gabriel.

1. I would like to give you this present: the first glance you will cast on what you will look at will be the look of Gabriel. If you accept my gift, I will open your eyes in this first look. The look of Gabriel allows the Essene to commune with the angelic world. When you set your look on something, a being, a flower, a tree, flowing water, the ocean, the sky, an animal, a beauty, the world of Gabriel will first appear in your eye to inspire you, talk to you, guide you.
2. Gabriel is the look of wonder, beauty, wisdom that nourishes the soul and makes a world grow, different from the one that man knows, that imprisons him in death.
3. I ask you to look, to be aware and stop at the first beautiful or wise impression and then to calm in you the intellect, the feeling and the desire that always come graft themselves on the beauty to steal its energy and bring it into the prison of the world of man. Learn to look and then to remain calm so that the world of man has no part, either in you or around you.
4. Your eye must be open to the water of your lake, of your life. It has to be calm, immobile, transparent, reflecting the higher worlds to the point of being one with them.
5. If you look at a flower, marvel and try to awaken the higher understanding. Why such a beautiful colour? Such a perfect shape? The fragrance? Do not bring in ready-made answers from the world of men, whose sole purpose is to reassure their weakness and pettiness. On the contrary, let the questions be unanswered, like the transparency and depth of the water of your lake. Let the wind blow over the water and show you the immensity of the worlds that can appear and disappear simply to show themselves and hide. Above all, do not allow the idea of picking the flower to decorate your house or a temple come reflect on your lake. An idea of this kind is not negative in itself, but it steals energy and carries it towards the world of men.
6. In every creature you can meet, there are God, the divine world, beauty, but this vision is tiny in the world in which men live.
7. Every time you see God in another, you nourish God in you and allow Him to live around you, to create Himself a body. In this way your vision is perfect and your whole body is in the light; your body is reconstructed. Remember this and awaken when your look sets on a wonder. Be silent. Let your eye be set on the purity of the water of my lake inside you, which is your soul. Be without interests, open and clear, all your centres turned towards greatness.
8. Know that it is I, Gabriel, who come through your eye to show you what is true and eternal. This is my gift to the Essenes.
9. Through my eye, the Mother will speak to you and show you another world that you could not even imagine. Men are far from this living life, animated by a greater soul and intelligence.

10. The Mother is the life that speaks through everything that is pure: the spring that flows, the waves of the ocean, the song of the bird, the rhythm of the seasons, the rising and setting of the sun. If you approach with your soul, you understand that the face of the Mother is found behind all these impressions of nature and that behind this face, a greater life and being speak to you about you, your life, your being, your origin that are elsewhere, in a world that is hidden from you, but that is nevertheless alive.
11. Try to find the origin of everything in everything, inside and outside you. Then, very slowly, this world, which is subtle and delicate, alive, will become clearer and will show itself to you. It fears to approach man, for it does not want to be captured by him and his interests to be imprisoned in his world, where everything is frozen. If you rid yourself of this tendency, cultivated in you through generations, your soul and the subtle worlds will be able to come close to you again, talk to you, feed you and reconstruct in you another body for another life.
12. Do not let your eye get too close to men and the other beings you meet.
13. Unless you want to make a person your life companion, know how to keep a distance, the one of respect. Do not get too close, keep the distance that allows to perceive in the other the origin of all life and to cultivate the look that gives life to the Light.
14. Men have taken the unfortunate habit of enclosing others with their look and sticking on them a world that darkens them. Free yourself from this magic through the eye of Gabriel and learn to look at what is pure, beautiful and hidden and that can make the divine grow in you, around you and in others.
15. The danger becomes great when humans know each other too well and their relationships become unconscious. They then allow themselves exchanges that are not in conformity with the luminous wisdom.
16. There are a greatness, a respect, a love that can be born from distance.
17. Cultivate the look that fills you and others with freedom, purity, impersonality.
18. Cultivate the strength that fills you with wonder, makes you close to others, makes a family a community of souls loving, respecting and thinking of each other with strength, rejoicing and the Light.
19. Cultivate beautiful, right and noble relationships.
20. Be vigilant: the tempting serpent wants to enter your eye to steal what is beautiful, noble and pure and lead it towards lowness, ugliness, towards muddy water.
21. Be conscious, do not get too close to the world of men, but be alive from the Light, in you and in your relationships with others. By being alive in each one of your activities, each one of your organs, your senses and your centres, you will find again the life of your Mother, of your Father and of all your brothers and sisters of the Light who expect only a look, a word, an alliance, a union from you.
22. Remember: in your first look at anything, Gabriel speaks to you through your eye. Then, another world comes to speak to you through your eyes. It is up to you to be aware and know which world you want to head towards and with whom you want to live.