

Psalms of Archangel Gabriel

8 Life is a celebration.

1. Life is a celebration.
2. When you are in the sacred posture of meditation, when you are sitting consciously on the Mother and you establish a deep communion between Her and your body, open the eye of your soul, observe the quality of the water that animates you from the outside and the inside.
3. Awaken and purify yourself.
4. Let your body go into the great communion with the Mother, where it finally finds its happiness, its fulfillment, its harmony.
5. Let the water of your life come to a stop and become calm.
6. Silently observe and lead all the forces, influences and intelligences towards the perfection of the Light. In this way, the higher worlds will be attracted into you and will come share with you the celebration, the feast of the life that is beautiful, useful, creator of benefits and abundance.
7. If a Divinity, an Archangel, an Angel, a teacher can come to earth, it is never through the contribution of a single being. The body has to be in harmony with the wisdom of the Mother. The will, feelings and thought have to be in communion with the great tradition of the Light. Then man stands in the house of his body and of his consciousness united with the universal; he breathes in the great harmony, carries the great family of those who live with the infinite light in his heart. His house is well built, his life is well organized and he can invite into himself many guests, distinguished guests, great thoughts, the memory of the sages and their blessed works.
8. One who organizes his body and his life in such a way to carry the universality of the Light inside him will be loved by the divine world. The beings living in the higher worlds will be attracted by such a man and will come inside him to share the treasures of wisdom and bring the gifts of the spirit into the world of man.
9. Do not forget that you are not alone on earth.
10. You are not just an isolated body and consciousness. Your body and your consciousness breathe in the universe, and it is through this permanent exchange that you can find your fulfillment, your path, your plenitude.
11. Do not close up in yourself. Learn to open to what is pure, to what clarifies you through the practice of sitting meditation, concentrating on the omnipresence of the Mother and Her wisdom, through the Essene teaching. In these moments of calm, silence, awakening and careful observation, learn to live and to realize the simplicity of what you are, of what you would like to be and be clear about what you are looking for.
12. Simplify yourself. Remove what is unnecessary and make the essential appear.

13. Do not try to elucidate the too difficult questions that your structure cannot bear for the moment. Go forwards one step at a time, being content with the nourishment that you can digest and assimilate. In this way you will grow in wisdom and strength.
14. Let love and happiness guide you and build you.
15. In your meditation, open your being to greatness and beauty. Let what is the smallest and the closest to you touch you, talk to you, strengthen you. Invite everything that is good, pure and true to take part in your ascension, in your communion.
16. Be an impersonal, universal, transparent being: a being in which several beings of Light are invited to live in simplicity, in sharing, in an alliance.
17. If through your body you invite all the wisdom of the earth to sing, dance and take part in your rising, you will become big like the sky and the stars.
18. Simplicity is a virtue making up the essence of the Angels. It is a virtue that opens on purity, transparency and union with the other in the universal. Water is simple, true and transparent, and yet it connects the worlds, bringing them the original message of life.
19. Angelicalness will come into you if you know how to welcome the being of simplicity while your body is seated in the posture of meditation and communes with the Mother. If simplicity inhabits your body, if your consciousness is open to greatness and beauty, the Angel, the messenger will be happy to approach you and bring you the gift of the presence of Light.
20. The joy of Gabriel is to share this living simplicity in the people gathered in communion and sharing to welcome the omnipresence of a higher and divine world in life. Be blessed if you can do this individually and collectively. You are then the blessing of the earth, for you know how to create the earth and open a space for the Gods, a temple, a house, so that the Word becomes flesh and lives with you in joy and celebration.
21. Work this basis because it is the foundation for a higher intelligence to touch your life with its magical wand and transform what is negative into a positive force that will make you go forwards and meet the sun.
22. See how simple everything is, and let this simplicity guide you and flow in you like clear water that sings and dances and that nothing can stop.
23. Look around you and in you and stay united with the source of the spirit and focused on the lake of your heart. You will then understand that every one carries a message, an influence, a heaven and an earth. Hear the message and take in only what structures you, nourishes you, instructs you and makes you advance.
24. Find your inner path and follow it.
25. Do not start a path of discipline if you have not found your inner path first, if you have not communed with the Source, if you have not heard our songs. For without that, your discipline will be a dead letter, a whitewashed tomb.

26. Find your inner path and the Source will awaken you. You will know how to read the message of the birds, of the stars, of the sky and of all other creatures, whatever the language they use.
27. You must be the perfect meditator, one who puts his body in the posture of communion with the Mother, one who stays in perfect stillness like the statue of a God, one who is in the calm and harmony of living nature, inhabited by a transparent consciousness, listening to the universal and not judgemental, detached from the illusions of the shadow. Gabriel will then come into you through the Angels.
28. I will speak to you through the simplicity of the Light and of the water that flows from the primal spring.
29. The simplicity of water is beyond all the concepts that structure and imprison man.
30. Man has imprisoned water and immobilized it by his ways of seeing; he no longer has access to true water in its primal purity.
31. If you know how to be simple, silent and calm up to the point of liberating the water in you to let it be such as it is in its divine origin, I will come with simplicity. I will talk to you through the virtue that you carry.
32. Be like that when you join the congregation around my spring, in my temple, in my aura and my presence.
33. Be one single soul to welcome me, one with all those who surround you, one with the Mother in you, one with the stones, the plants, the animals and the best of humanity.
34. Be like the child who looks around him to model his body, his life, his thoughts, his destiny, his way of understanding the world. Study this wisdom so that it becomes consciousness and action inside you.
35. Choose your parents. Choose the earth that you will settle on and that will nourish you. Choose the heaven that will protect you, inspire you and welcome your being at your death. Choose the masters who will teach you, guide you and make you see the world with the eyes of eternal wisdom, and not with the eyes of man and his dead conception that imprisons and leads towards slavery.
36. A big thank you to all the pure, ardent and sincere souls that join in the work of the Essene school.
37. To all those who sleep, I say: awaken and take your destiny back in your hands. Your first work is the mastery and good organization of your house so that the universal can flow there and the higher worlds can visit it. In this way they will bring the presents of the eternal and immortal light.