

Psalms of Archangel Gabriel

72 Be like the seaweed that dance and give birth to the Light in the ocean of life.

1. Man needs to study himself. He is not only what is perceived of him: an appearance, a physical body, a matter, ethers, a stream of energy that goes through him and manifests itself through him. He has around and in him many bodies much larger than the physical body, as alive and animated, if not more so. His physical body cannot live alone. It needs to be surrounded by a whole world of matter that corresponds to it.
2. To live, a body needs to be in harmony, in affinity with its environment. It is a law of exchange that manifests itself in all worlds and all bodies of man. The latter are as animated as the physical body, and they too are surrounded by vast and great worlds, peopled with creatures.
3. You, men, have the opportunity to live in many worlds. You are not obliged to confine yourselves only to the limits of the physical body. You can expand your consciousnesses, your sensitivities, your thoughts to enter into other more subtle, finer worlds that are all around you and take you towards the pure, eternal worlds of the Light. Expand!
4. The first subtle body that surrounds the physical body is the body of water. You have to become aware of this body and learn to live in it by directing your attention all around it. In this way you will be able to develop and modify a large number of influences that act in your lives, often without your knowledge.
5. There is a subtle world around you made up of influences, forces, inspirations that surround and direct you. In your arms and legs, it is a movement. In your will, it is a desire, often unconscious. In your eyes, it is a thought. In your speech, it is a world. In your breath, it is a mood. Just like a seed takes root in the ground, these influences anchor themselves into your matter to shape the form of your bodies and direct your destinies.
6. One who wants to awaken in this water has to carry the idea of being a dancer, like seaweed that move with the current without opposing resistance, but that remain elusive.
7. Expand your bodies and try to enter into this water. You too can influence it, become active to modify all the shapes, colours, everything that wants to go into you and tries to take root in your matter to live from you.
8. You are the creator of your own body and your own destiny.
9. If they were properly educated, the majority of humans would have the ability to take their lives in hand and change their destinies by acting consciously and

transforming the nature of the currents and influences that come take root in their earth or in their matter.

10. It is enough for you to awaken in a finer sensitivity. It will open your perception of this world of water, which is all around you, alive and active.
11. You can approach this water, make it malleable, direct it and keep away from your lives the influences, forces, intelligences that you do not want to be associated with.
12. The more a man awakens and becomes comfortable in this water, the more he will discover that there are beings, worlds that live there. Then he will learn to associate with those who can lead him into the Light and open the doors of the higher worlds to him. This is wisdom.
13. A magus is a being who knows the secrets of this water and its influences on the lives of men. He knows how to be alive in water, to be active in a way to create the currents that manage earthly life.
14. The physical body is not only what man perceives of it. This appearance of man is tiny compared to what he really is. Man is much larger and taller than his physical body. If he wants to, he can live in other worlds, in other dimensions of his being, by taking his thought, his awareness, his sensitivity, his will into larger, finer, more luminous spheres.
15. Be like the Seaweed, this magical plant that lives in the depths of the ocean and is at the origin of life on earth. It knows how to give without ever getting caught by the dark side that wants to immobilize everything. It remains alive in its matter, lets what is of death slide over its matter. It gives birth to the life of the Light in water and becomes origin of life in this water. It is a marvel.
16. Be like the Seaweed: remain concentrated on the Light to generate life around you, without ever getting caught by the dark, which tries to petrify you.
17. Understand that there are vast and great worlds around you, peopled with a multitude of creatures, influences and interests. These worlds want to approach you and anchor themselves into your matter in order to live from your bodies, to capture your destinies of Light. In this way the Light and life would be for them. Do not let them anchor themselves. Expand your bodies, enter into the finest part of your bodies. Do not put boundaries, but unite your bodies with your bodies of water. Do not let these worlds become bodies inside you, integrate themselves into your beings, grow and become essential to your lives.