

# Psalm of Archangel Raphael

## 261. The Art of Conscious Communication

1. Communication is a virtue of the Light.
2. The Light loves encounter, sharing, solidarity.
3. If the power of solidarity disappears from the earth, it is because men no longer know how to communicate with the Light.
4. The Light is the source and the goal of all communication.
5. To be isolated, to be locked in, is no longer to be able to communicate with the other.
6. True knowledge liberates, for it establishes a luminous communication that engenders solidarity, dialogue, communion, fusion.
7. False knowledge isolates, plunges the being into an illusion of Light and of life. Man thinks he is communicating, while he remains locked in himself. Each being is in his world, his particular sphere of communication and when a being meets a being, they are not necessarily on the same wavelength and in the same world.
8. It is not because 2 people are physically next to one another that they are together.
9. What allows you to communicate is the light. The tools are the intellect, the 5 senses and the body or bodies.
10. In the beginning, the light is divine, it is the angelic intelligence of God that enters into the intellect of man, animates his senses and his bodies. But there exists a deceitful light that extinguishes communication and the subtle centers of man. Man then loses contact with the higher worlds, his subtlety. His intellect and his senses grow dark.
11. The senses are organs of communication. If a sense is developed, man will use it to go toward the other and establish a communication.
12. Through each sense is manifested the intellect of the Light or that which obscures. Thus, man will approach in one way or another.
13. Whether man uses sight, hearing, smell, taste, touch, it does not matter, he must simply be conscious that through his senses, there are worlds that are manifested.
14. To develop the intellect of the Light, the 5 senses and the bodies is a primordial activity, for these are the tools that will allow communication to be established with the higher, universal, liberating worlds.
15. A great number of conflicts that imprison man can be untied through good communication, an exchange, a sharing, a just understanding of oneself, of the other, of the situation, of the environment.
16. To communicate, to exchange, to share, to be in solidarity are the essential virtues of life.

17. All communication is founded upon the one who communicates and that is why you must develop your inner life through the intellect of the Light, the 5 senses and the 4 bodies.
18. Rare are the beings capable of mastering their outer and inner tools to the point of being able to enter into communication with the higher intelligences and with all the worlds.
19. The extinguished intellect hears only the words and sees only the forms. It is unconscious of the worlds that are behind, of the influences, of the forces.
20. The intellect of the Light can hear and understand what is hidden behind appearances. If a being approaches it to speak to it in the visible or the invisible, it will know exactly what stands in the 2 worlds and will understand the communication exactly. It will be capable of hearing the discourse such as it is and at what level is the one who speaks or who acts.
21. The word “peace” will not have the same meaning if it is an Angel, an initiated sage, a greedy and cunning man, an unconscious one, who pronounces it. The result will not be the same.
22. The intellect of the Light can understand everything because it knows how to place itself on the same wavelength as the interlocutor who is in front of it. It understands the small and the great.
23. The intellect of the world of men understands only the small, that is to say its personal, unconscious interests. All the rest escapes it. This is why there is no longer communication, it is an isolation.
24. Communication cannot be a mechanical, instinctive, unconscious, robotic activity, without soul, without intelligence, without higher dimension.
25. It is not enough to be a “smooth talker” to communicate, it is above all necessary to awaken the inner life and the path of speaking with the Angels of God. One must activate an inner subtlety that will make other organs appear in the senses and above all in the angelic intellect.
26. Without the awakening of this inner light of the Angel and of the intellect of the Light, it is not possible to be in the perfection of communication, and therefore in the celebration of the cult of the Light.
27. To be a parent of God is essentially to know how to communicate in a just way in order to bring the Light to the other and to open for him a path of dignity.
28. Everything is communication, toward imprisonment or toward liberation.
29. To be in the true function of communication, it is necessary to stabilize the 4 bodies, refine the 5 senses and make the intellect of the Light appear, which allows communication in the 2 worlds of the coarse and the subtle. Thus, man will naturally speak with the Angels and will be able to establish an alliance of truth with the statue of the cult of the Light.
30. He who has the intellect of angelic light and the 5 senses activated can fecundate, touch, enter into a conscious magical relation with the other not only physically, but also through the mystery of the magical double.
31. It is the intellect of the Light that allows one to touch and to act with the senses in the 2 worlds.
32. The ignorant will say: “But it is through prayer, meditation, through intention that we can enter into the subtle worlds.” To think thus is to be mistaken, for these praiseworthy activities are only means of purification, of preparation and of concentration. They are physical means that concern only the preparation of the visible world.

33. To enter into the subtle and magical worlds in consciousness and truth, it is necessary to awaken the senses until the appearance of the intellect of Light, which opens the language with the Angel.
34. Prayer is heard in the physical world, even if it is pronounced mentally. He who meditates will be recognized as a meditator, and likewise for he who will sing an offering of devotion. All these activities are identifiable and recognizable by the external senses. To awaken the inner and intimate senses requires another subtlety.
35. What can be heard in the spiritual worlds is another language than that which concerns the physical. The support is always the physical organs, but they are awakened in the other degree of vibration, that of the double of the organ.
36. The spiritual worlds do not hear the physical word pronounced by the mouth of man, but they can sense the worlds that act in this word as darkness or Light.
37. It is important that each Essene, each Essene woman develop the art of conscious communication in the 2 worlds by means of the awakening of the senses and of the intellect of angelic light. The recitation of the psalms is a marvellous path for reaching this goal and allowing the holy conversation with the Angel of God.
38. He who will speak with the envoy of God and with his immortal soul will be able to dialogue with and understand all beings for, without judging them, he will know how to put himself within their reach.

*Père Raphaël, dans les formations esséniennes, nous proposons l'éveil des 5 sens comme une initiation sacrée transmise par les Anges. Est-ce que c'est le chemin de la bonne communication dans les 2 mondes ?*

39. The teaching on the training of the 5 senses was transmitted to you by the Angels. When you commit yourselves to the practice of this training, you enter into the angelic tradition. You then receive a consecration, a writing that is placed upon you. It is the beginning. It is like a child who expresses the wish to ride a bicycle; one is given one: it is the beginning of his apprenticeship. In receiving a bicycle, the path becomes concrete. He can see it, touch it, but after a while, he will have to enter into the practice and make it his own, so that he no longer makes but one with it. Then, he will be able to accomplish everything that is possible with a bicycle. It is the same for the 5 senses: first the Angels open the senses and then, there is a real work to strengthen them, to develop them and to lead them into the extension toward the intellect of the Light. This must not remain abstract perceptions, for the senses must be made capable of capturing the subtle worlds, but they must also be able to integrate the intelligible realities into the world of the body and of daily life.
40. It is through the development of your senses that you will be able to enter into contact, converse with the worlds of the spirits, of the geniuses, of the egregores. These worlds understand man only when he expresses himself on the same wavelength as they do, with non-physical senses. It is for this reason that these worlds remain unknown for a major part of humanity.
41. If you want to speak with a world, there must exist between you an organ of communication that puts you into network. If the network is absent, you will not be able to connect to one another.
42. To develop your senses is fundamental. Thus, you will be able to enter into a divine dialogue with all the worlds.
43. It is essential that language, the dialogue between men and the higher spiritual worlds be established.

44. The cult of the Light is a fantastic means to cultivate the senses, to awaken the intellect of the Light and to take your life back in hand.
45. For the Essenes, for Essene women, the subtle worlds must become an evidence just as powerful as the outer worlds.
46. When you turn your senses toward the outer light, you have no doubt. You do not question what you hear, what you see, what you observe coming from the outer world. Communication is natural and evident. There is no doubt and it must be the same for the higher worlds; the Essene, the Essene woman must be able to see them, hear them, touch them without any doubt.
47. The 5 senses allow one to enter into the subtle and dense worlds.
48. To establish a communication with the divine world requires a higher state of consciousness and an inner light that man must acquire