

# Psalms of Archangel Gabriel

## 258 You shall not enter metal into your skin.

1. "You shall not enter metal into your skin."
2. Like each one of my 22 commandments, the twelfth is a concrete reflection of a universal great law and primordial principle. It speaks of the knowledge of man in his integrality, and of respect, of subtlety and of delicateness.
3. The integral man must take into account all the beings in him; he carries not only all men, but all the kingdoms and all the creatures of the universe.
4. Man is created from several worlds, he contains several bodies and he is animated by an energy that circulates in him and in all the worlds.
5. Man must be the one who honours, who blesses and who takes care of all the parts of the creation. For that, he must not be atrophied, but awaken his integrality, his universality.
6. Man is alive in everything that he thinks, feels, wants, sees, hears, tastes, touches and implements.
7. Health reigns when the energy circulates harmoniously between all the worlds, that all beings are nourished and that there is no blockage.
8. Disease, disorder, invasion appear when there are troubles, disharmonies, which then generate weaknesses.
9. This commandment indicates that it is fundamental to know oneself and then to take care of the energies and of the body in order to obtain a healthy life by not allowing, through unconsciousness or an ephemeral aestheticism, to create weaknesses, that is, holes in the organism.
10. Any disease that touches the physical body inevitably passes through weaknesses in the subtle bodies or holes in the energy body that surrounds man. Most of the time, these holes are caused by weaknesses of the organism or weaknesses in the different organs of the thought, of the speech, of the feelings, of the acts . . . Then dissonant subtle worlds are able to enter the body and touch it, install themselves and provoke an anarchy, an imbalance.
11. My twelfth commandment is in analogy with this great universal law, for metal, when it goes through the skin and is put inside the body, acts in the same way. When it goes through the skin and stays in place, a dead light appears after 5 to 10 minutes. Then it grows while bringing a coldness and creates an energy field contrary to the energies of the sun. This dead energy that is put into action forms a hole in the subtle protection of the body of man. By itself this hole calls worlds so that they can penetrate into the body and the life of man. What the metal does on the physical plane can be done by a thought, a word, a feeling or a will on other more subtle planes. When the energy hole is created, worlds can enter into the body of man without him really being conscious of it.
12. It is essential to be conscious and respectful of the work and the will of God. That is why it is right not to let whatever enter into the body only to honour a

fashion, an ephemeral aestheticism through piercings, earrings or any other object destined to pierce the skin in order to stay fixed for some time. Understand that there are always consequences. Such unconscious practices create obstacles to health and endanger the constitution of the body and the destiny of man.

13. It is easier to remedy such holes when the aggression comes from the worlds of the thoughts, of the words or of the feelings, for it is enough to plug them by discipline, by placing other thoughts, words or feelings. However, when these holes touch the physical plane and that man allows a metal to go through his body, nothing can stop this dead light from being active. The only solution is to remove the metal. That is why it is fundamental not to provoke what is contrary to a wellbeing of the body and to the life of man.

Olivier Manitarà then asked Archangel Gabriel:

*Father Gabriel, what should we do if, in case of illness, we are told that we need to have metals implanted inside the body? Is this negative? Should we accept it or not?*

Archangel Gabriel replied:

14. The answer is simple: it must not be done on a whim or just to appear in the eyes of others, but if there is a need and if you have no other choice, it is obvious that you can do it.
15. If a man loses a leg and he aspires to get one back through the intermediary of a metallic prosthesis, there is no problem. It is the same for the resort to a pacemaker if a man can die because of a heart failure. However, if other methods exist that do not need a permanent metal implant in the body, it is this path that one must choose. The right attitude in case of medical problems is to stay alert and to inform yourselves about all the treatments available to you.
16. Remember that life is precious and that it is important to take care of it in order to successfully complete the mission that you have to fulfill. However, if the motivation is vanity or some idiocy that belongs to the world of men, it really is not necessary to run the risk of provoking incidents in the body and weakening it. If your life is not in danger, it must not be done.
17. Everything that is electronic chip, metal jewelry, piercing, implant or anything metallic that is not necessary for life must not be used. For the rest, if you can prolong your life by being not weak anymore, it is obvious that it is better to continue living while knowing that it is an opportunity and a gift, for naturally, your life would have stopped. Then, offer this gift to God and everyday be in a devotion to the Light, a greatness for life, an offering for God by concretely taking part in His work.
18. Adopt this thought that if science allows you to prolong your life, you must not waste this time as egoists, but lead your life towards an expansion and an enrichment of all angelic values and virtues.