

# Psalms of Archangel Gabriel

## 233 Control your speech and be silent before God.

1. The Essenes are dedicated to entering into God's service. They are determined to welcome me, to live with me, to become my people, to embody my presence on earth, and to open the way to a new way of being in the world.
2. Transmission is fundamental, for it is what opens the gates to the future. Man can only transmit what he is, what he experiences.
3. To transmit God and bring about a new way of being in the world, man must live with God in the reality of all worlds; he must create a well-organized world, living in harmony with all worlds, all aspects of existence.
4. If, in all circumstances, you live as Essenes, you will open up a new way of being in the world for future generations.
5. I tell you that man must live greater than death, for man is greater than this veil that covers his world and encloses him. If you are awake to this necessity, you must enter into a true education or re-education to live in accordance with what you know to be true.
6. Do not be isolated, for alone you will not get past the stage of good intentions.
7. Unite to bring about the conditions for change.
8. Open spaces, houses of God, places of study, training, and work on oneself where you can re-educate yourselves and increasingly incorporate this new way of being in the world and this path greater than death.
9. If you are Essenes, you are my organs on earth and must do my works. Then you will live with me on earth and in the other earth. You will be living bodies and living souls. Death will no longer be an insurmountable barrier, but you will live as souls, able to cross worlds while knowing how to live in harmony with all worlds.
10. The change must be radical and the education powerful to achieve an inner awakening of the true being and an ability to take back control of one's life and destiny in order to serve God.

11. Re-learn what you have been taught in a dead and unconscious way. For example, you have been taught to use speech not to reveal intelligence, become creators, heal or build, or even to communicate with others. Such foolishness is inconceivable to the divine world. Man has used words solely to fill an inner void that arose because he distanced himself from God.

12. In fact, man has confined himself through words. He has used them to avoid communicating with others, because he instinctively understood that he was immersed in living water, filled with images and influences. He has used it to avoid communicating with others, because he instinctively understood that he was immersed in living water filled with images, influences, and seeds. So, to prevent anything from entering him, he began to speak systematically.

13. Silence frightens you because you know it is a door that opens onto a world. That is why most people have been taught to fill the silence in the presence of another person, so as not to reveal the space within them.

14. If the inner space of man is not filled, a world of affinities can come to settle between him and his interlocutor to establish communication with another world.

15. By talking for the sake of talking, man imposes his presence on the other, thus blocking all communication, allowing no world to touch and fecundate him.

16. Man does not necessarily speak for the sake of speaking; above all, he speaks in order not to communicate.

17. Through the art of speech, you have a field of investigation for Essene re-education. It is an example to meditate on that can awaken you and guide you toward new directions.

18. You must take control of your life for future generations.

19. Do you know that from the moment you fill space with words, nothing can enter it except beings that are connected by affinity to what you have said?

20. Learn to live in the awareness of my omnipresence.

21. I am the body and the soul. If you live with me, you will always be aware of the two worlds, and you will live in a different way from those who live only in the world of the body.

22. When man awakens to the world of water, he necessarily becomes a magician, that is, a being who knows the laws of magic.

23. Magic is the ancient religion of magicians, which is the art of living consciously with the world of water.

24. Water governs the earth and reflects the sky of the soul. Humans who are not initiated into this wisdom are unaware that they are creators through the water that surrounds them.

25. Wake up; be aware that when you speak or when others speak, you call upon a positive or negative world above your head or above the head of others.

26. The positive is to be with God, to stand in your religion, in your home.

27. Go forward, educate yourselves in the Essene way, and ensure that in the future of the world, the wisdom of the Essenes counts.

28. When you are in the world of men, be discreet, invisible, tolerant, patient.

29. When you are among Essenes, do not systematically fill the space with words; do not prevent a subtle higher world from coming to speak to you and enrich you, fill you.

30. If a being invites you, it means that they want to share a moment, a space, and a thought with you.

31. Allow the higher world to come and visit you, speak to you, and take part in your lives.

32. If you fill the space with trivialities, no higher world will be able to approach you to lead you to a wiser, deeper, and higher understanding of life.

33. By filling the space with words, by always filling it with affinities related to trivialities, you fecundate the being and beings of a heavy, useless world and you bring nothing superior to the exchange.

34. The water of relationships must be alive, pure, filled with the magic of higher worlds; it must be subtle, filled with soul, intelligence, and healing forces.

35. Very often, men fill spaces with fear of seeing a world appear that will reveal that they have abandoned the higher worlds and that now they are only pretenders, beings who say anything to try to hide their incompetence, their fear, their decline.

36. Do not allow yourselves to be influenced, educated, or bewitched by these beings who do nothing but fill the space without saying anything wise, true, pure, or impersonal, but who elevate stupidity to the throne of intelligence, glorifying idiocy, and sometimes serving the dark worlds because they are incapable of living with their souls. Do not allow yourself to be influenced by these beings and fortify yourself against their magic so as not to lose your serenity, your capital of happiness, your destiny of Light.

37. Remember the animists, your ancestors, who hardly used words, but mainly their eyes, their attitude, and their work, the deed accomplished. They sought immediate effectiveness; they were fundamentally concrete, living in accordance with what they believed to be true.

38. Animists only used language in important cases, and listening was more important to them than speaking. They wanted to listen and hear the Divinity speak through the trees, the stones, the animals before they could speak, so that they too could fill the space. Sound and speech had to be in tune with the word of God and not out of tune. Discordant speech brought misfortune.

39. Learn once again to listen to God speaking in silence. Encourage listening. Be attentive even to your own words.

40. In words, a world is revealed.

41. Stop being chameleons that fill themselves with anything and everything without discernment, without awareness, uttering words that mean nothing and spread sterility and disease in the world. Even meeting others no longer brings joy to life but leads to poverty.

42. I tell you that even if these values seem distant, archaic, from another age, they are essential.

*Father Gabriel, is fasting from speech a good path? Taking time to honor God by rediscovering our inner senses without speaking, can this awaken us and allow us to better understand the laws of life?*

43. Yes, that is obvious. Voluntary silence and listening are a subtle art of living, a culture, a fundamental therapy. You should institute such practices as a charitable work, mutual aid, and mutual support.

44. When a being is overwhelmed by loud noise, he in turn overwhelms others. Allowing him to cleanse himself, to empty himself of this noise, will bring him relief, not only for himself, but also for those around him.

45. The world needs Essene wisdom, and you must prepare yourselves to make it known to the world.

46. If people could experience conscious silence and deep listening for a period of time, guided by loving and experienced individuals, they would feel relieved and liberated from a deafening world.

47. Silence is filled with a world, a force, a quality of life that is more valuable than the numbing effect of speech.

48. When used unconsciously, speech is truly a destructive force. There is no more exchange, no more sharing, no more life, no more soul, and no more communication. It is only the filling of an invasive world.

49. Yes, I advise you to train therapists, to open spaces in order to offer this privilege of organized silence, which can last several days, or even several weeks. The fire of speech is then extinguished to make way for the inner life. This engenders deep communication, in which each person is led to live and hear what the worlds have to say to them.

50. By not saying something, you will keep its weight within you, and this will bring an intensity that will lead you to a higher outcome. You will no longer be those who express everything that comes into their heads, but you will enter into the depths to better understand and anchor what comes to visit you.

51. Open the path to the re-education of speech. Do this among yourselves, the Essenes. Learn to speak less nonsense to each other in your useless conversations, but give meaning to your lives and your relationships.

52. Use the spaces between you for the Angels, to communicate from soul to soul and invite the higher worlds to share your lives.