

# Psalms of Archangel Gabriel

## 219. Crossing the world of water through the science of the four elements

1. Since ancient times, wise men have known that the four elements are the fundamentals and messengers of God and life. Thus, before journeying towards more subtle worlds to meet his destiny, man must present himself before the four elements and receive their blessing in order to be stable and well-educated. The unconscious and the ignorant have lost this knowledge and this art of living.
2. The four elements are the precious gift of existence given to man. For each element, there is knowledge, a rite of passage, a test that determines whether man has acquired the body that corresponds to the element.
3. Water is a world of expansion of what you are in your earth body. Thus, water will allow the seed that has touched the earth to blossom, revealing what it carries within it.
4. Water develops what you carry within you; it makes it grow until it encounters other worlds.
5. Water opens the way for travel with the promise of reaching another shore, another dimension of existence.
6. The body of earth has a boundary; its function is to delimit, while the body of water leads to boundless expansion.
7. In their ignorance, men think that the world of water is easy to master, but I tell you, it is the most difficult passage to cross, and you must be aware of this, awaken to this reality.
8. The great Buddha, my son, worked solely to open this passage of the world of water to the eyes of men.
9. Water is within you and around you; it is an extension of everything that lives in your earthly body.
10. Humans, often focused on their earthly bodies, do not perceive the subtlety of the worlds. Thus, they do not know how to orient themselves and remain forever in this

dilemma: "Should I do this or that? Is this my path, my destiny? Is it good or not?" If humans ask themselves such questions, it means that they have not opened the passage to the higher worlds and are isolated in their own world. Having no real contacts, he has no certainty of being in harmony, in resonance, in complicity with the divine intelligences that are on the other side of the mirror.

11. If man wants to enter the world of water to become aware of it, it becomes even more difficult, because it is a world of expansion; everything in it is alive, existing.

12. The world of water is a world of exchange and magic. Everything that enters this world becomes influence, and everything you can imagine, desire, believe, or think becomes a tangible form, a being, a world.

13. If you enter this world of expansion, you will not know if what you see is right or wrong, for it is a world of affinities. Thus, those who love Christ will see him as they love him; those who carry the seed of hatred within them will encounter beings of power, authority, and domination; those who aspire to live in love will perceive beautiful landscapes, living stones, magical plants, animals filled with soul, who speak and are endowed with the virtues they wish to acquire... Man can see all these worlds before or after death, but is he the bearer of them? That is the question. Are the worlds he desires to encounter his true being, or are they wishes to appease his inner turmoil?

14. I tell you, the man who aspires to enter the subtle worlds must have only one goal: to know who he is, what he wants, and where he must go, for these worlds of water are troubled, filled with illusions and traps. Everything is done to capture your attention and distract you from your goal.

15. The world of water is magic, expansion, exchange, communion, but it is also thirst for existence, a mixture of truth and illusion. It catches the ignorant, the unprepared, and leads them to their doom.

16. There are legions of spiritualists, clairvoyants, sensitives, pseudo-initiates who have lost themselves in the meanders of the body of the great serpent, who makes all colors, shapes, intuitions, and existences appear for the sole purpose of making man believe that he is alive and important.

17 This serpent is like a mirror that gives man confirmation of what he believes, wants, or dreams of being.

18. Know that you must cross this world of water without stopping there.

19. The great serpent must not bewitch you, but only put its creative power of expansion at the service of the seed of truth that you carry within you; it must open the way and allow communion between the seed and the world it must reach.

20. Do not believe that it is enough to think of God to pass through these water worlds without being caught and fecundated, because very often God is only a concept, a belief, which will then appear and impose itself as such in these worlds, with great truthfulness. Thus, man will be convinced that he has had a grandiose, exceptional, unique, and overwhelming mystical experience, when in fact he has just encountered a concept in the world of water. But this concept has no value in itself, apart from those who believe in it, who gave birth to it and who nourish it.

21. The scholar will say that God is fire and that, as such, he must simply pass through the worlds of water and air to reach the highest element. The reasoning is correct from an intellectual point of view, but man does not see or understand that what he carries within him every day, what animates him, will expand when he enters the world of water; the subtle will appear in the mirror and man will then perceive certain influences that govern his life. But what man perceived in his earth body as one influence among others will take shape, express itself, and reveal more or less his will and his goals. Man will then forget his intellectual visions and find himself totally lost, or else he will be deluded and bewitched. But if he is a true initiate, a true Essene, which is much rarer, he will cross the water and enter into greatness, through impersonality, detachment, concentration, and the desire not to live in illusion.

22. The one who crosses the world of water is the awakened one, the watcher, the authentic Essene, who carries within him the knowledge of the body of water; he lives in study and meditation and does not cultivate false ideas or concepts about everything, but he knows how to recognize what is true and honor it.

23. Truth is what you are from all eternity, what is true in your understanding, your heart, and your will.

24. There is a world within you that is sealed off, isolated in the body of earth. This world wants to live, but if it is not clarified and mastered when you enter the expansion of the body of water, it is certain that you will lose yourself, you will be caught and led, despite yourself, where your deepest being does not want to go.

*Father Gabriel, do you mean that man must be well educated before and after his birth into a body in order to become a perfect writing, capable of crossing the subtle worlds to encounter the higher worlds and manifest them in life through his body?*

25. Such wisdom is called the art of guiding and governing men in the fullness, serenity, happiness, and immortality of the Gods.

26. Man must be taught to know which boat he is in and who is steering it, for if there is no true intelligence at the helm, there is a good chance that he will end up failing and losing himself body and soul.

27. Before man awakens and discovers that there was nothingness behind everything that was presented to him he will have lost precious years that unfortunately cannot be recovered. It is therefore important to be educated in a higher intelligence before going through the stages and worlds of man's life and destiny. This education is the religion of God, the Tradition, which is the vehicle for the transmission of the Light.

28. The Tradition, that is, the transmission of the Light, passes through the generations. It is alive for the living as well as for the dead, for it is active on both sides of the veil of life. It is the role of the Essene Nation to rebuild this boat of Tradition for the good of all beings living on both earths.

29. When the earth is well prepared and the water has been crossed, the worlds of air and fire become more accessible, in the sense that there is no real body.

30. It is very difficult for a man who lives in an earth body to live in these worlds of air and fire. However, true vision comes from these worlds, and when man enters them, the earth body and the water body are illuminated by the true vision of God. Then the path opens up, the right seeds appear, and the body naturally follows the higher intelligence that enlightens, animates, and nourishes it.