

# Psalms of Archangel Gabriel

## 206. Awaken the eye that heals and liberates

1. If you know how to awaken it and direct it, your eye possesses the power to make the higher meaning of life appear.
2. The way you lay your gaze upon a being acts upon him and engenders around him the placenta of life, which links him to worlds and spheres of subtle influences. This is why it has been said in many traditions issuing from the Light that the eye is the reflection of the soul.
3. The eye links the world to the soul; there is in it a powerful magic, a creative force that can bring blessing or curse. It is not really the eye that operates by itself, but through it, worlds can manifest and make certain influences appear concretely.
4. The eye has this faculty of making real what it sees. The vision is first interior, then the eye makes it appear, makes it real; it then becomes creator. At the origin, there is an abstract idea, more or less clear, but the eye reveals it and makes it real by seeing it. Then intelligence, understanding appear, then the words, the forms confirm it and soon everyone can see this point of view.
5. Know that when you look at something, a situation, an event, a thought, a being, it is not you who are looking, but a certain vision that makes you see in a certain way.
6. There are beings in you who look through your eyes and listen to what thought, feelings, will bring them as information, as nourishment. These beings are dependent on the eye; it is for them what the sun is for you: the source of their thoughts, of their soul, of their existence, of their respiratory atmosphere.
7. If what you look at awakens the negative side, these beings will be poisoned. Then they will resent you and will seek to turn against you. They will obsess you and harass you in your thoughts, your feelings and your will; they will destabilize you and produce chaos in you. This is how man loses the just, serene vision and lets himself be invaded by certain events. These beings enter into him and obsess him without his managing to keep distance and to be neutral. Then man loses sleep and becomes indecisive, incapable of making a decision and holding to it; he no longer has orientation and begins to turn in circles without knowing what to do, as if his intelligence had abandoned him, as if his feelings were hurting him and his will were paralyzed.
8. Have you never noticed that when these lower worlds take over, you become passive, you no longer do anything, you no longer move, you remain isolated in your world?
9. Understand that your way of looking is essential, for you nourish beings and worlds that live in you and that only ask to be led toward wisdom by a luminous intelligence.
10. Learn to take distance, to look with perspective, not to let yourself be absorbed by what you see, but to relativize, to take time until there appears a discernment, an intelligence, an understanding that bring balance. Then you will show these beings who live in you that you respect them, that you do not allow just anything to touch them. If you do this, you will liberate the worlds, you will educate them and you will open in yourself the sacred space that allows beings to encounter a higher vision which brings higher answers, inspirations coming from subtle worlds. Thus another vision will be able to appear and enlighten your life.

11. If you do not have this perspective, if you do not educate your gaze by laying it upon sacred texts and divine symbols, if you do not awaken your discernment, if you do not put in place any filter, the visions of any world whatsoever will be able to enter into you without restraint. Then these worlds will invade your thoughts, your feelings, your will and will enter even into your acts, poisoning your inner space and giving birth to a vicious circle from which you will only be able to emerge with difficulty. It is even possible that you develop mental illnesses that will end up affecting the organs of your physical body.
12. The Ronde des Archanges is the circle of wisdom in you and around you, the sacred space that protects you and that must be maintained and made conscious, living. You must direct your eye toward this circle until it appears clearly to your vision and becomes concretely part of your life. Thus a higher world will walk with you and will inspire you.
13. The eye must be oriented so that it can be what it is: the reflection of the soul.
14. Your inner life, your thought, your feelings, your will must be in association with the right vision so that there may be a unity, a union with the higher intelligence and so that it may fill the world with its presence.
15. The right vision enlightens the world, balances it, confers a soul upon it and opens a path of healing, whereas the wrong vision imprisons, engenders obscurity, extinguishes the soul and gives birth to discouragement, discontent and despair. The one who lets himself be caught by this evil eye is locked in a world, isolated, and no one can reach him any more, except himself.
16. Every man coming onto the earth is surrounded by a pleasant world and another unpleasant one, by an intelligence that balances and liberates and another that imprisons and makes suffer. It is the choice of man, his vision, his intelligence, his decision that have led him toward this duality. If man orients himself toward the unpleasant, if he gives his organs to this world and decides to live with it, he is already lost and no higher world will be able to free him.
17. The man who is conscious of his suffering will naturally turn toward higher worlds to ask for help. But we will tell him first to settle his affairs as a man and to put order in his life before presenting himself before the higher worlds. It is only when he is free of the chains of the earth that he can come toward us. Only then do we offer him the answers to his questions. But it is absolutely not conceivable that it be we who descend into this world where the absence of intelligence, of wisdom, of reasoning reigns and where stupidity sits on its throne to govern.
18. Man has descended into this world to heal, to balance and to liberate the chained beings. So do not chain yourself by poisoning the beings who live inside you and who have accompanied you to accomplish your mission.
19. Be faithful to the Light and to your companions and allow all beings to know liberation and to enter into the world where the water is clear, where the word is filled with soul, where the path of resurrection, of ennoblement and of royalty is open.

*Father Gabriel, what can we do when these sick worlds, these thoughts, these states of soul are present around us, when they wait, when they watch for weakness in order to be able to seize our eye and fertilize our inner life? Father, what must we do, how should we react in order to walk with you?*

20. Calm, study, devotion, rites and union with the work of the Nation Essénienne, of the Ronde des Archanges, are the foundation.
21. The Ronde des Archanges is your future body. Have you awakened this vision? Have you looked attentively until you see it really? If you see it, all the beings in you and around you will accept this vision and will set themselves in motion to find the path of resurrection.
22. If the eye is truly awakened, it touches the deep center and the force appears. If the eye is not awakened, there is no force.
23. You must look and study until you awaken the eye that gives strength to the Light even in your acts.
24. If you do not see the Ronde des Archanges as your future, as your destiny beyond the death of the body, then what will your future be?
25. Remember: the eye is creator.
26. That worlds aspire to steal your eye is in the very nature of life on earth and of the initiatic path to which it subjects man.
27. The study of the Teaching and its practice are the protection, the shield. This is why you must be linked to the common work of the Ronde des Archanges in an active way.
28. The basis of study and meditation is calm.
29. Whatever the circumstances, know that agitation, nervousness, instability, irritability, fear are never welcome.
30. Remain united with the work of the Ronde des Archanges and always give a part of what you do to strengthen this work. Thus there will be a link and a balance in your life.
31. The meditative state must be permanent in order to calm the worlds and to give meaning, soul, to what you do.
32. Do not give importance to what has none.
33. If worlds want to take you, associate yourself in one way or another with the Ronde des Archanges and awaken in yourself another vision.
34. Know that no solution can appear in cries, confusion, quarrel, for when no one listens to anyone, each one remains in his own position. Only calm allows attentive listening, detachment, evidence.
35. When man goes off to war, it is no longer the time to speak to him or to try to convince him to turn back, for he is taken by a world that is activated in him, that seethes, plots and broods.
36. Only the Light enlightens, whereas the darkness extinguishes.
37. Fear not only does not enlighten, but it engenders negative doubt, which becomes the enemy of man, for it destabilizes him, leads him into uncertainty about what he is and makes him lose all the values and qualities that he carries within himself.
38. Cultivate calm in yourself and around you. Perceive the energy that animates you as water and see to it that it is clear, pure, calm. In calm, build yourself, lay the foundations of your being and of your life. Do not seek to enter into the torrent if you are in agitation, for you will drown or hurt yourself badly.
39. Remember, it is not necessary to possess a great wisdom, but simply to cultivate a basic state upon which you can rest and which allows dialogue, listening, reflection. If this is not the case, you are lost

and you will have no means of getting out of it, for you are building your future body with elements that are not reliable. Now, you will have to live with this body. The more you cultivate agitation, plotting, discontent, the more these states of soul take root, reinforce themselves and take position. And when they become the organs of the body, it will be very difficult, even impossible, to dislodge them.

40. Do not give poison to what lives in you, this is the rule. If you poison life, know that it is you who will be the loser and not all those beings who look at man as a weak being, subject to invasions, to despairs and to many other scourges that he was not meant to live at the origin.
41. Find again your legitimate destiny, learn to look at the world without being touched, invaded, fertilized by it, but by keeping your soul virgin and pure and your alliance with the realm of the Father. To attain this, you must be educated and protected, formed. Then mastery will be able to come and dwell in you and allow the Light to approach in order to enlighten and balance all things.