

# Psalms of Archangel Gabriel

## 205. The key to understanding all the signs of life

1. Everything that comes your way in life and that you experience in one way or another always has meaning. Behind every event, every manifestation, there is intelligence, a whole world. Sometimes you say that you do not understand what is happening to you and that you are even sure that it is not meant for you. Indeed, what happens to you is not always your responsibility, nor that of your lineage or your environment, but that does not detract from the truth of my words. Indeed, what happens to you is not always your responsibility, nor that of your lineage or your environment, but that does not detract from the truth of my words.
2. The tendency of modern man is to bring everything back to himself. That is why he is on the defensive and in a mode of perpetual justification.
3. Know that if something affects you in one way or another, regardless of the reason, it enters you, fecundates your thoughts, invades your breathing space, slips into your behavior and your actions, and ultimately shapes your future. If it shapes your future and is associated with you, it obviously concerns you.
4. Know that everything that approaches you and enters you must be led to a world of wisdom. You must not endure life and let yourself be overwhelmed by the great unknown, but you must understand it, be an eternal student, always learning to balance what approaches you and lead it toward liberation of the soul, and intellect.
5. From birth to death, you must read all the events that come your way like a book and welcome them as messengers who want to reveal a world to you. Do not stop at the surface, do not worry about whether what happens to you is positive or negative, simply learn to read, to listen to the messenger.
6. Fundamentally, there is no evil. Behind every messenger there is a message, and therefore a world. Some worlds are sick, unhappy, suffering, lost, arrogant, and thirsty for power... The good and the not-so-good exist, and for each there is an answer, a welcome, a way of being that brings balance.
7. The role of an Essene is not to judge or confine, but to lead each world toward healing, liberation, balance, and wisdom. This requires great discipline and vigilance, for you must not allow yourself to be overwhelmed and fecundated by worlds that would lead you toward the dispossession of your being, toward slavery and ignorance.

8. If a world is not listened to, if it does not receive the right response, if it is not balanced, it will remain with you and cause you to relive the same experiences cyclically.

9. Everything you experience must be dealt with immediately; it must not drag on over time, take up your whole life, or even lives and lives. No, wisdom must be omnipresent, the Teaching must be taken seriously, and all events, all situations that come close to you until they touch you in your body or in your senses must be led towards a wise light. In this way, everything you experience will become a constituent element of your future body. If you do not follow this discipline, everything that comes to you will become a debt that will reduce your space of freedom in the future.

10. Know that wisdom will make you immensely rich, while unconsciousness and imbalance will lead you into slavery across generations.

11. Everything that comes to you in various forms must be balanced, guided toward wisdom, and integrated or not into your future body, depending on whether it is good for you or not. This body is not that of earthly and mortal life, but the sacred body of the Circle of Archangels, which is greater than death.

12. Any practice that comes from the divine world must be reinforced and made conscious until it becomes a concrete body in life. This creates the blessing that allows one to go through trials without being touched or caught.

13. Those who are capable of having the right response to all situations, all events, and all information that comes their way do not create waste, do not step outside their radius, but direct all energies toward the essential: the future body of God in their lives. Thus, not only does he enrich himself, but he also liberates all the worlds that approach him and allows them to contribute to a great work.

14. Do not consider what comes to you as fate or a gift from heaven, but rather as a messenger who comes to find an ally, a partner, and not to do you good or harm. If it is negative energy, tell yourself that it wants to be balanced and released; if it is an envoy of Light, know that it comes to you to find help in accomplishing its mission. In either case, you must have the right response to balance and lead toward wisdom.

15. If a person carries certain thoughts and feelings within them but refuses to perform the actions that correspond to them, all worlds are imprisoned and led into great tension. Either the person performs the action and frees themselves, or they lead all energies toward wisdom and ennoble everything in their path. Many negative things in man's life come from a misunderstanding of this law.

16. If man accumulates debts, this becomes an unbearable tension from which he must free himself. Thus begin the worst nightmares in which man is invaded by worlds that never let him go and create indelible debts within him.

17. Awaken and study Essene wisdom and teachings. With this wisdom, make yourself a body belonging to God.

18. Accept to be an apprentice in training. Accept to be a therapist whose function is to balance the worlds and lead them towards a transformation that frees them through the appearance of the body of Divinity.

19. You have come to earth to study, to work, to create works, and to transform the world to bring healing to that which has become sick over the centuries.

20. Be vigilant, enter on a path of liberation, and be careful not to incur additional debts, otherwise your lineage will remain in darkness and will not find the path to a world of immortality.

*Father Gabriel, what should we do when events come into our lives with power, imposing themselves on us to weaken us, and we do not have the answer, the balance, the perspective? How can we know if these events concern us, if they belong to us?*

21. Practicing the Round of the Archangels is key. Study, devotion, rituals, and participation in the work of Light will bring the protection, perspective, and stability needed to avoid being overwhelmed by an increasingly unbalanced world.

22. It does not matter whether the messenger who comes to visit you is connected to you or not, because if he comes into your life and touches you, it means that, in one way or another, he is meant for you. Whether he is created by you or by someone else is irrelevant; what you must understand is that this world needs to be liberated through your life.

23. Being a therapist means being able to respond to the needs of those who come to you. It is not a matter of letting yourself be overwhelmed, but of putting everything in its place and leading everything towards a strengthening of the practice of the Round of the Archangels and the body of the Teaching. Then wisdom will appear and weakness will be transformed into strength.

24. Everything must be transformed and led towards intelligence, nobility, and dignity. Above all, you must never accumulate debts, as this would prevent you from

encountering the higher worlds. Everything in your life must be clear. You must be engaged in study and mastery.

25. If an event affects you, if you think about it, if you experience it, it means that it has entered into you and that you must therefore bring it towards clarity, balance, mastery, and the body of God.

26. If information leads you to foolishness, awaken and bring intelligence; if an event imprisons you, seek liberation; if something destroys you, cultivate healing; if it is harassment, become serene and calm.

27. Whatever happens to you in your life, know that there is always a messenger who wants to lead you to ennoblement.

28. Know that the being that harasses, haunts, and imprisons you is above all a lost, unhappy being that is looking for a way out.

29. You, who are associated with the Light, learn to enlighten all beings. What use is the Light to you if not to enlighten?

30. Do not seek to illuminate only your own life, but be faithful to the Light and let it illuminate the whole world through you.