

Psalms of Archangel Gabriel

195. The Two Great Laws of Preparation and Realization

1. The man who wants to live for God and take part in His collective work must honor two great principles: preparation and realization. He must first commit himself to preparation in order to acquire the strength and understanding that experience bestows. Then he can commit himself to realization.
2. For both preparation and realization, commitment is essential. Without commitment, no work can be born.
3. Through preparation, man orients his life. Through realization, he enters into that which will bring forth the fruit and the harvest.
4. Man will live from his works. It is through works that the path of immortality opens.
5. Without preparation, it is not possible to enter the phase of realization. Even those who realize need the help, the support of those who are preparing. This is why preparation is a phase in which man receives the gratitude of the worlds.
6. To prepare in order to accomplish the work already means to enter into service, for man then begins to form in himself a body of aptitude; he supports those who have committed themselves further into realization and thus takes part in making the earth rich with the world of the Gods.
7. He who has taken part in the work of preparation will benefit from the fruit brought forth by the realizers. He will be considered father or mother of a world that appears for the Common Good. Then he too will be strengthened by the work accomplished; he will benefit from its blessings and will be able to live with it.
8. I tell you that it is fundamental that you take part in one way or another in the work of God so that your life may be engaged in preparing a future that opens the doors of greatness, divinity, immortality.
9. Your life must not be sterile for the realm of the soul; your activity must not be limited to what goes out, to death, not passing beyond the boundary of one man's life on earth.
10. If you encounter the work of God, rejoice, be ardent and prepare yourself so that one day you may commit yourself, become responsible and take part in realizing a world that will bring blessing to many worlds, to many kingdoms.
11. It is not only your body that must find a happy fulfillment in your life, but also your soul and your immortal spirit. They too have the right to the satisfaction of a life filled by a beautiful work accomplished for noble aims.
12. Do not commit yourself directly to the principle of realization, for in all things it is necessary to respect the stages. Prepare yourself consciously, with respect, assiduity and discipline. Consider and live the stage of preparation as a happiness and remember that every success always flows from a good preparation.

13. Do not commit yourself to carry what you cannot carry.
14. In the stage of preparation, offer your life for that which has value and engenders dignity, which merits respect and gladdens the eyes and all the senses of man.
15. When you are well prepared, the commitment to the higher stage of realization comes naturally. Once engaged in this stage of realization, you must become a bearer of the work before all the worlds. In this you become responsible.
16. If you are not faithful to your commitment, you put the work in danger and you bring weakness to light. Then you not only threaten to lose your own attainments, but also the commitment of all those who have placed their hope, their strength, their life, their intelligence in the work.
17. A divine work is supported by many worlds that have brought contact, solidarity, help. Thus it is evident that he who commits himself to realize the body of a work on earth has accounts to render to the subtle worlds that have brought the various elements allowing the manifestation of this body. If he betrays his responsibility, the being thus engaged may be punished by all these worlds.
18. Understand that from the moment you have committed yourself and taken on a responsibility, you no longer have any other choice than to lead the work to the fruit, to the accomplishment.
19. I speak essentially of commitment in a divine work such as that of the Essene Nation. In such a work, it is not only man who is concerned, but a community of worlds and kingdoms that take part and that have committed themselves in this work. Thus, if you too have committed yourself in this work, know that it is before all these worlds that you have committed yourself.
20. If you seek and find stratagems to slow down the work, to divert the energies and finally justify yourself by proclaiming that you cannot accomplish it, know that this will be counted to you as a debt and a weakness. The worlds that had placed their trust in you, that had committed a part of their life because you yourself had committed to accomplish the work, will feel betrayed.
21. If you take on a commitment of realization within the Essene Nation, do not do it lightly, but first pass through the phase of preparation. Above all, do not seek an escape in order not to realize the work, otherwise you will be considered dangerous for the global idea of the fruit that must appear and you will be set aside.
22. Being set aside from the work of the Light when one has committed oneself to it is not insignificant and, very often, such a being is punished from life to life, led into chaos, the forces of destruction and instability until he finds again the opportunity to enter once more into the phase of preparation.
23. Either you remain discreet, helping, supporting, participating as you can, or you come forward and enter into the responsibility of being a bearer, but know that from that moment on, nothing will be justifiable. Only the acts performed, the works accomplished and, above all, the social climate that you will have engendered will speak, for it is in this climate that the future fruit will live.
24. I offer you this psalm as a warning for those who want to enter the worlds of the Light by making an offering to the immortal Gods. Know that if you approach the portal of the divine

world, you will no longer be able to hide behind the veil of falsehood nor justify yourselves by the darkness. Only the realizations will speak for you.

25. I am not speaking of the small works that reveal that you are capable of building a house of cards, whereas it is a monument, a church, a temple or even an entire city that are being asked of you. It is not because you build a house of cards that you will have realized the work. Do not approach the divine world with such a state of mind.
26. You will realize the work by laying its foundations stone by stone and in this you will be solely responsible.
27. Be therefore conscious that either you commit yourself to concrete realization, or you are in preparation and service, offering the best of yourself. If you want to approach the divine world and immortality, there is no other path than these two ways of preparation and realization; it is not possible to be in neither one nor the other.
28. If a man does not commit himself to preparation or to realization, he will build his body and his future according to his quality as a human being on earth and the personal evolution of his lineage. He will thus be delivered over to the hazard of external circumstances.

Father Gabriel, if a being commits himself, is sincere, and finally does not concretely realize the work for which he has taken responsibility, how should one react?

29. This is an eternal and universal principle and law: from the moment you have committed yourself to accomplish a work, you must accomplish it. What you say, you must do. If you do not do it, someone else must be put in your place to accomplish the work.
30. Above all, never close the doors before the souls that want to take part in the work of the Light. If you are responsible ones, you must make easy and open the paths so that a maximum of souls can take part, each at their level, in the work of the Light. Thus these souls will be in the felicity and in the benefit of the success and of the blessing that flows from it.
31. To take part, even modestly, in the divine work is the most beautiful and great activity that a soul can encounter during its earthly incarnation. This is why you must never diminish, devalue, discourage a soul that wants to offer something for God. Quite the contrary, everything must be done so that it can participate, in order to be part, in one way or another, of the great journey.
32. The responsible ones, the bearers of the concrete realization, must never engender a social climate bringing suffocation, stress, misfortune, destruction. It is out of the question that some should feel themselves slaves of individuals who would use an unhealthy authority. This exists in the world of men, but is not welcome in the soul and atmosphere of the Essene Nation.
33. Very often, a responsible one brings a social climate of tension, conflict and confusion because he does not want to accomplish his work before the Angels and he places the responsibility for it upon those who have just come to help in order to prepare themselves and to open a path of destiny.
34. Weakness appears when a responsible one does not assume his responsibilities, making the weight of his incapacity fall upon beings who have not committed themselves and who are

simply in preparation. Then crushing and discontent appear. Such a social climate closes the door of the world of the Light and leads the work to its loss.

35. He who is not capable of managing his own life and his own commitments must not make the weight of his failure bear upon others and upon the work, otherwise it will be the work and the others that will reveal his incapacity.
36. A true responsible one holds his place, he remains faithful to the Angels and the Archangels and he allows all beings to help him, to relieve him and to take part in the work of the Light. Then he brings joy, love, wisdom and richness for all.