

# Psalms of Archangel Gabriel

## 185. Stop dreaming that you are with the Light; live with it.

1. You must know what you want, because the time for choice is no longer really there for humanity. It is certain that man desires, imagines, and conceptualizes a whole world, but when he approaches real life, it is as if the connections are not made. Yet in material life, humans have been able to educate themselves and become capable of navigating with their eyes closed to obtain and achieve what they want. So when they are hungry, they get up, gather all the ingredients, cook them, sit down at the table, and enjoy their work. Humans have organized a whole world around the act of eating. They do not sit in an armchair, imagining that they are eating. A person who did that would be out of touch, and yet, in many areas, humanity is at that stage.
2. Spiritualists think they are eating, when they are just sitting in an armchair imagining it. They perceive colors, smells, sensations, and even feel as if they are experiencing it, but it is only a dream; there is nothing concrete in their lives, there is no realization, no outcome.
3. Men constantly create discord. Yet they know they should not do so, and they know the keys to preventing these worlds from invading them and allowing them to take root in their lives. However, even though they are aware of this, they cannot do it because they live in an abstract world.
4. Abstraction is a great curse that mainly affects spiritualists. This abstraction is not something that does not exist. On the contrary, it is very real for the man who lives with it; it takes them, carries them into its world, makes them believe and experience things that do not exist, thus cutting off connections with the real world and creating disharmony and conflict.
5. People feel that they are consistent with what they think and that the conflict is not important. He tells himself that the main thing is to question himself from time to time, to pray and to do some good deeds to compensate.
6. But what can Good be if you do not have a body to welcome and contain this world, this intelligence? Good must not be an abstraction, but a concrete reality that builds the future.

7. I tell you that Light will not exist on earth as long as men cultivate confusion and the abstract mixing of worlds, and do not reserve a space, a body dedicated to it.

8. You must re-educate yourselves and put yourselves at the service of Light in purity and truth. I know this has already been said to you, but you must hear it and hear it again until the evidence appears and the path opens up.

9. Hear my words in simplicity and set out to accomplish what is right.

10. Stop constantly dirtying yourself and then cleaning yourself, because you are going around in circles.

11. Find the strength to take control of your life and use your energy for something other than maintaining a world with no way out, which takes everything from you, tires you out, and ultimately destroys you.

12. Are you eternally carefree and unaware? Are you irresponsible beings, unable to take charge of your lives? Why do you not enter into great wisdom, into devoted study?

13. Why do you not bow before the intelligence of the teaching that illuminates the worlds and establishes the celestial order? Why do you not lead the Teaching to the understanding that brings action? Why do you pretend to live, when in fact you are completely lost and no longer understand anything about your surroundings?

14. Learn to become honest. Show who you are, reveal your true face. In truth and purity, you will find friends who will come to help and support you. Simply, man does not do this; he hides and advances masked, while all the worlds know that there is neither sincerity nor truth in him. Then everyone is on their guard against him, and he is left alone. But people do not do this; they hide and wear masks, while everyone knows that there is neither sincerity nor truth in them. So everyone is on their guard, seeking to defeat the other.

15. You, the Essenes, break these seals and do not let them rule your lives and lead you into abstractions. Call upon the Angels of simplicity, truth, and greatness of soul, and live with them.

16. Make mutual support and love real forces, ardent presences, and palpable truths in your lives.

Father Gabriel, are you saying that you are tired of seeing humanity take this path of pretense, when so many teachings have been offered to them without being applied?

17. Yes, it is tiring to bring treasures to people without them realizing it and appreciating them. It is not that people are stupid, but rather that they are poorly educated. Their poor education has meant that today, nothing has value for them anymore; everything is captured, used, degraded, and then thrown away before they take something else that seems different, new. People have come to believe that in this way they will have new life, regeneration of energy, and that they will be able to move forward. But no one evolves through waste, degradation, and unconsciousness.

18. On the other hand, there are people who want to maintain dogma, their way of seeing and thinking, without taking into account the education that allows us to move forward in a just way, with patience and love.

19. So take your life into your own hands, open a sacred space for the right education and training of humankind, and also to preserve the covenant of Light of the kingdoms of creation.

20. Understand that the time for choice is over. Either you act, or you do not act, but either way, you will now be confronted with who you are, and you will find that it will be very difficult to make up for the path you did not take when you had the chance.

21. Man's great weakness and defeat are that he often wakes up when it is already too late. He then tells himself that if he had known, he would have done this or that. Yet he knew it deep down, but he did not have the strength, the conviction, or the determination to do it. But what is this strength that man lacks? In reality, man had the strength and still has it; the problem is that he used it to maintain a world of illusions.

22. Maintaining a world of conflict, despair, fear, and discontent requires much more energy than living in harmony with nature and universal laws, in serenity, lightness, and fulfillment.

23. Awaken now and make a definitive decision about the life you want to live and the future you wish to encounter.