

Psalms of Archangel Gabriel

158. Learn to Love What You Have

1. Man is as he has been educated. Behind education, there are worlds, intelligences that man does not necessarily know. Man thinks that it is he who lives, but he does not know who lives through him, who has educated him.
2. Water gives life to your body because it is living and intelligent. In the same way, the word of the great masters brings life to your soul and opens for it the path of the Light.
3. Without water, it is the death of the body. Without the education of the masters, it is the soul that goes out and the right path that closes. Man then becomes a shadow, a being without a soul. He is enslaved but thinks that it is he who is alive.
4. Human beings have been led never to be satisfied, to always want more than what they possess, because they have lost the link with inner fullness. They want more than what they have, and their education always pushes them to go and seek what is superfluous.
5. Man's bad habit is not to appreciate what he has, his good fortune, his happiness, the opportunities that present themselves before him. He has the impression that what he has acquired has no importance, is no longer alive enough to motivate him and lead him forward.
6. Only those who have known great suffering, who have lost their health or something important, understand what it is to have something and to preserve it.
7. Human beings are spoiled children who always want more and are never content. They think that by having additional means they will be able to accomplish more, to be satisfied and happy. Of course, this depends on the work that must be accomplished, but one must always find a balance between the inner life, what one carries within oneself, and the outer life, what one desires to accomplish or experience.
8. Very often, man goes in search of what is superficial but does not know how to keep within himself what is precious, what has value, what is immortal. He does not know how to appreciate what is sacred in him.
9. Man has a thought, he can feel, speak and act, but he is always seeking what is not alive, what is far from him, inaccessible, and then he loses the link with what is essential.
10. There is a fundamental law that says that if one does not appreciate what one has, one ends up destroying it. Now, it is obvious that life does not like to go into a body or into a being that does not appreciate it.
11. Like water or the word of the masters, life wants to be respected and honored. Life loves what is pure, true and remains authentic. It loves to be appreciated, welcomed in consciousness and love. But if life is nothing more than something owed, a trial, a chore, if there is no longer the loving gaze that rests upon it and it is lived only as a habit, it will end up losing its flavor, its intelligence, its creative power.
12. To be in good health, to have a clear thought, noble feelings, a capacity to act and to create have become habits. Thus, human beings become aware of these treasures only when they lose them or when they are confronted with duality.

13. Stop dreaming your life and enter into the education of the Light. It will lead you into the great wisdom that illumines all paths and shows the good in the midst of the bad.
14. The ancients said that one must love life and know how to enjoy every moment. Listen to them and you will find the fullness and satisfaction of living on the earth. The most serious thing is to die embittered, jaded, discontent, for then the whole life on earth is lost, annulled. It is therefore fundamental that you learn to love what you have, to appreciate it, to take care of it and to bring out its value.
15. Of course, it is important to find additional means in order to accomplish beautiful and great works, but above all one must be well in one's earth and upon the earth, be happy there even if nothing is going well all around.
16. It is fundamental that the water of life be happy to come to visit you and to live with you, and that it not be the beings of death who come, those who make you ungrateful, without taste, without life, without hope, without happiness.
17. I see clearly that you are in suffering and that everything is hard for human beings, but this is not a fatality. You must not think that everything is negative and that you can no longer do anything.
18. You must not give up, for it is human beings who let this world appear and take power. You must pull yourselves together and take another path, for what is essential is that life remain and that it always have a means to manifest itself in the world of human beings.
19. Do you believe that it is machines that give you life? Is that what you want? Or do you consider that life is angelic, that it is important in itself because it brings virtues that no machine will ever be able to give you? You must understand this wisdom and stop being ungrateful, stop ignoring the immense capital that you have received as an inheritance through the tradition of the Light.
20. Throughout his life, man does not respect his body, nor the world of thoughts, nor any of the worlds that surround him. And then he complains that he does not live as he would like, that he loses the taste and the meaning of life. This is foolish. Do not enter onto this path that makes human beings jaded, no longer appreciating what they have.
21. To rise in the morning and contemplate the sun is a blessing.
22. To walk upon the earth and breathe the air while letting high and beautiful thoughts come to you is a blessing.
23. To work for a divine work that illumines you and surrounds you with wisdom and sacred laws is a fullness.
24. Abandon what tells you the contrary and seeks to lead you into attitudes that are weary, without taste, without life, into weakness. And I tell you, if you let this world invade the kingdom of the Essenes, that will mean that the Essenes accept that an artificial intelligence create human life, bring it taste and desires.
25. Know that an artificial intelligence cannot develop virtues.
26. Only the Angels are bearers of virtues and can engender them.
27. It is essential for an Essene to live with the Angels by surrounding himself with their loving and sacred presence.
28. Take your life in hand, do not let yourselves be cast down, even if everything seems hopeless, but keep your light and your inner strength.

29. In every age, beings have arisen, builders, valiant ones, courageous beings capable of coming out of the mass of sleeping dreamers in order to call life and make it live again through their being and their realizations. If these ardent ones had not maintained certain values upon the earth, nothing of all this would still exist.
30. Do not contribute to the destruction of the worlds of intelligence and the life of the soul.
31. If today you are present beside the Essene Nation, this is not by chance and above all it is not so that you may find there the little life that leads to death or the little answers to all your questions. No, it is truly in order to bring forth a new culture, a new way of being in the world, of thinking and of living, to preserve a wisdom and safeguard an intelligence, a tradition, values which, without you, will go out and disappear for human beings and for the earth. This is a work to be accomplished; it is not a pastime.

Father Gabriel, how can we avoid being caught by these worlds that are all around us, by the trials that touch us and very often lead us towards a fatality before which we feel like giving up and clinging to false ideas? How can we come out of this enchantment?

32. This is true, it is an enchantment. But it is simply a world, an intelligence that imprisons you by allowing you to see the world only from a certain angle. There are other points of view that will bring you a completely different vision and will allow you to form another opinion and to live something else.
33. In your life, there is not only your life; there is a multitude of lives, intelligences, worlds in you and all around you. To see only one aspect is no longer to see or to live; it is to be condemned to do nothing, to be inactive, living in a single world, that of death, where nothing breathes or communicates.
34. There was a time when to pronounce the Name of God or that of a Divinity was a splendor. Today, all these words have no more meaning, intelligence, soul, or value. They have become extinguished symbols. Do not let such a thing happen to your own life.
35. If you are alive, you must be alive through life and not abandon your organs and your being to worlds that precisely want to extinguish your soul and convince you that your life is useless and that there is no point in fighting, in going forward, in accomplishing works, since everything is written. Everything tells you this, suggests it to you; it is a collective hypnosis, but it is false.
36. As long as there are still real flowers, real trees, real butterflies, real birds, there is still hope and the possibility of building a garden of Adonaï and, through it, of bringing forth another world that is still alive.
37. If this world dies by becoming false, that will be the sign that everything is finished and that there is no longer any place for the Light. But as long as nature remains alive, that means that the Essene can still live upon the earth and that there is still a path for humanity.
38. If nature goes out, it will be the kingdom of death.