

# Psalms of Archangel Gabriel

## Psalm 151 – Learning to Purify Oneself with Water

1. You must become aware that water is an element essential to life. It is present in you and around you in various forms and various degrees of subtlety. It breathes in you and comes to hydrate you, to purify you every day, at every moment.
2. Without water, you cannot live, for it is water that not only brings you all that is good, but also removes all the waste, toxins and illnesses that constantly seek to accumulate within you.
3. You must learn to be conscious of the ceaseless action of water in your life, to study it and to participate in its work on all levels of density and subtlety.
4. It is necessary that the water be clear, wholesome, pure, so as to regenerate and to purify all your bodies. Thus you will live with a healthy body and a holy spirit.
5. Water contains within itself an entire wisdom that can teach you an art of living, a sacred discipline.
6. Dirty, polluted water, the waste that accumulates, leads human beings into blocked situations, suffering and illness.
7. Many illnesses reach you simply because you do not know how to wash yourselves correctly and establish a right relationship with water. Water must not be used only to hydrate and wash the body, but also to purify the world of thoughts, that of feelings, the psyche, the energy, all the way to the body of destiny.
8. If a human being is not purified, the waste accumulates and prevents him from journeying toward the body of immortality.
9. Many diseases appear because man does not know how to hydrate and purify his bodies with water. Alzheimer's disease is one example.
10. If the water in a human being truly becomes dirty, there end up being repercussions of increasing magnitude, even at the level of the evolution of the earth.
11. It is not enough to clean one's body every day in order to have good hygiene of life. One must also become aware of and care for the quality, the purity and the clarity of one's auric water and of water in general, on all levels.
12. If thoughts and states of soul stagnate in the body like dirty water, marshes are formed where all kinds of evil entities and germs of disease come to lodge.
13. Each day, you must cleanse your water body. Thus the bad thoughts, unhealthy states of soul and all the harmful psychic and invisible worlds that live in human water can be evacuated.
14. You think that purification of the water body happens naturally and that by cultivating a good thought from time to time or by occasionally going toward a higher world through prayer or meditation, your water will purify itself and remain clear permanently. No, I tell you, it is every day that you must awaken and cleanse your water body. Otherwise, it becomes the seat and the house of more subtle worlds that come to agglutinate there, becoming denser and denser, until they form egregores that seize

all the systems and the life of the human being. These worlds live in the water body and take root there. Seeking to reach the physical body, they become solid and prevent water from circulating freely in the physical and subtle organism.

15. It is therefore a necessity for the survival of the physical body and the water body to cleanse them regularly so as to bring into them purity, goodness, clear consciousness, beautiful thought, wise word, loving act, and, for the physical body, pure and clear water in abundance.

*Father Gabriel, is it simply through prayer and meditation and certain exercises that one can purify the water body and the physical body?*

16. Physical water and auric water must work together for a global cleansing.
17. Working on oneself in order to purify oneself and to be linked with Archangel Gabriel is above all an art of living, a discipline, a happiness.
18. Water carries away waste and knows the secrets for transforming it and building a body of purity, of truth and of immortality.
19. There is the water that washes, but also the water that transmits the message of wisdom and the seed of the Tradition.
20. There is the tear that leads toward sadness or toward the offering to the Gods through the gate of sacred ravishment.
21. There is water in thoughts, in the perceptions of the soul that rises back up to the source of consciousness, the doorway of a higher world that remains hidden from the unconscious.
22. If the water of consciousness is pure, it flows through self-observation and gives birth to vigilance and inner clarity, which allow for mastery of thoughts, feelings and acts.
23. To wash oneself is also to ask oneself every day questions such as: What is the meaning of my life? Who gives me to drink? Who is leading me? Who is acting through me? What is the work that I am accomplishing? This questioning produces awakening and makes it possible to approach the mysteries of water.
24. If you go back upstream along the course of water to reach the source of the origins, you will encounter and receive all the elements, the means, the forces, the inspirations to rebuild a body for yourselves and to enter into the great mystery of the Light. But for that, you must not be passive, inactive, for water is living and it loves life; it is movement.
25. Each day, allow the higher being of water to touch you, bless you, cleanse you, renew you and lead you through the three spheres of thought, feelings and will.
26. To live with the intelligence and the soul of water is a wisdom, a sensitivity to be developed.
27. The pure being of water aspires to speak to you in order to lead you toward the realm where the body will become an earth capable of bringing forth a higher world of creativity that is beautiful, filled with majesty, wisdom, divinity.
28. If your thought is not clear, you will be captured by the world of recycling and transformed into waste.
29. If your feelings are not balanced, illness will seize the organs of your body and lead them into weakness.
30. If in your life you do not know for what and for whom you are acting, if you have not woven a strong, powerful, living link with that which is eternal, right into your acts, your body will be possessed by a

world that will prevent you from journeying toward the other body, that of the Light and of the healthy organs all around you.

31. All your thoughts must unite you with worlds of intelligence that are vast and powerful, which enable divine intelligence to act upon the earth.
32. All your feelings must bring a balance, a fluidity in which nothing can stagnate, where nothing negative can remain.
33. All your acts must establish the reign of the higher intelligence of the Gods.
34. Thus you cleanse your water in the will to live as Essenes, to accomplish every day perfect works and to keep pure and living the bonds, the relationships, the exchanges with all