

Psalms of Archangel Gabriel

145. An Essene perspective on freedom

1. Very often, human beings speak about freedom. They want to be free because they believe that freedom is a supreme value. They want to be free to think and to act according to their beliefs and their will.
2. In the human world, freedom is nothing more than a way of speaking, a concept, a belief, an idea that has no real value, that is only an illusion, a mistaken vision.
3. Freedom simply does not exist in the human world; it is a lie. By nature, man is bound to worlds and cannot claim to have any kind of freedom.
4. To be free, man would have to be birthed from a higher world and nourished by it in such a way that his body would be made entirely of a substance different from that of the realm of death. But that is not the case.
5. Man is like the realms beneath him; he is dependent on the nourishment he receives spiritually, intellectually, psychically, and physically. Of course, some are more or less aware that they cannot become or live as they would like, and that is why they turn toward the divine world to ask for freedom. Unfortunately for them, they do not understand that freedom cannot be obtained in the human world. It is not destined to be lived by a man.
6. What you call “freedom” is similar to your concept of “equality”: it does not exist in your world. It is an erroneous, false concept, an illusion.
7. The only virtue you should seek to acquire is lightness. In this way you will be able to walk and work on the earth without carrying too many pieces of baggage or weights that are too heavy. This lightness you can attain; it is within your reach if you awaken your consciousness and your discernment. It is up to you to organise your life so as not to load yourselves with useless burdens.
8. You must accomplish what you have to do, but you must remain light. This is wisdom. Then you will know lightness; you will be able to slip through everywhere, cross all obstacles without being caught or stopped, and you may perhaps discover the secret of taking flight into higher worlds. But for this, you must study and understand certain laws — for example, that freedom in the human world is a lure, a false concept, because no human being can be an independent and unique person.
9. If you adopt false beliefs, you are truly lost, because it is these beliefs that will feed you, make you live, and form in you a body and a destiny. Now, what is false engenders what is false and will lead you toward nothingness.
10. Man cannot be independent, because he depends on the worlds that have birthed him and that nourish him with a very specific purpose. According to his degree of awakening, he may have the choice to take or not take this or that nourishment. Then, according to his choice, he can become lighter or heavier. No world can do this in his place; it is up to him to work all his life to become as light as possible.
11. Whoever manages to be light in his head, in his feelings, and in his body can truly move forward and accomplish great works in his life.

12. Whoever makes himself heavy shows that he has been caught by worlds, that he has been harnessed, that he is carrying pieces of baggage that may be useless, and that it has now become difficult for him to move. Then he closes in on himself and can only endure the life that is imposed on him.
13. Slaves, the unconscious, the deluded proclaim that they are free, that they are equal, but what they are displaying openly is only their foolishness.
14. Equality does not exist in the human world. At the root of this word lies the same idea and the same force as in the word “egoism.” To be egoistic means to believe that one is an individuality or a unique personality, independent, sufficient unto oneself, capable of thinking autonomously while sharing this attitude with all beings. This is the cult of nothingness, foolishness incarnate. Even animals are wiser than those who carry such a philosophy, such a religion.
15. Once again, I tell you that equality cannot exist in the human world. No being can be equal to another, because each one carries his own destiny, his mission, his work. Dark intelligences are the ones who have established these concepts in humanity to govern weak intelligences and enslave them. They have proclaimed that all beings must be free and equal and must obtain these “virtues” through dignity, work, and money. But this is a lie meant to lead beings into weakness, into what does not function, into what degrades and debases. Pursuing illusions, human beings commit the worst atrocities, claiming it is in the name of dignity, and in the end they obtain nothing and have everything stolen from them. This entire dark philosophy of the human world does not work, quite simply because it is nothing but lies and foolishness. Equality does not exist.
16. A conscious and dignified being, because well educated, knows that he can only be an instrument of a world and that it is up to him to choose the world by which he wishes to be animated. This choice is the highest degree of evolution of which man is capable; there is no other dignity, but very few human beings have access to it. Within the possibility of this choice resides a certain form of freedom; beauty and love consist in enabling the greatest number to have access to it. The path that leads to this choice should be called “education.” Once man has made this choice, he is no longer free — just as he was not free before.
17. The more man chooses lightness, the more he gains the capacity to choose; the more he engages in heaviness, the less choice remains available to him. In this way, man does not truly have choice.
18. Having choice requires a certain degree of awakening, the emergence of a higher consciousness that rises above the ordinary. For this, one must be on a mission or have been instructed within a tradition issued from the Children of the Light, so as to have recovered a portion of one’s original dignity and memory and be determined, at any cost, to accomplish the work for which one came to the earth.
19. To accomplish a work of Light on the earth, in the very heart of the human world, is never simple and is not done in light-mindedness. It is the path of heroes and Sons of the Sun. First, you must form a body with the sacred elements of the Tradition. This body must be capable of supporting high tensions and of withstanding a great number of trials. Then one can become light and consciously choose no longer to burden oneself.
20. In light of this wisdom, I tell you that no human being on earth can claim to exist alone, to be autonomous, independent, equal, or free. All of this is a philosophy of nothingness, a deceptive teaching.
21. It is high time for you to cultivate discernment so as to cast the bad seed into the fire.
22. I see in all peoples and in all traditions a great discrepancy between thoughts, words, and acts in daily life. This reveals a major weakening of humanity and of each individual. It is high time to pull yourselves together and to enter into a study and an education that will restore meaning, intelligence,

value, and dignity to human activity and to life on earth. It is necessary that there be wisdom and coherence in the three sacred centres that man carries within him; otherwise, there will be generalised illness and destruction.

23. Man must study and educate himself so as not to allow the great “anything and everything” to fertilise his thought, his word, and his acts. He must not think one thing, say the opposite, and act contrary to what he thinks and says. Such an attitude gives birth to incoherence, confusion, weakness, and foolishness. It is not healthy to live in a world totally devoid of wisdom, intelligence, and beauty.
24. It is high time to enter into study and education. Man must rediscover his origins and his roots in order to be able to work in such a way that his life becomes something greater than death.

Father Gabriel, how can we manage to be light in life, when the whole world constantly pushes us to become heavier, to look at and listen to everything that is continually presented all around us, to become interested in it?

25. Life is made only of determination and objectives. If you have an objective and it is clear within you, it means that a world has placed its seed in your soil and that you are its bearer. If this seed is divine, you are chosen, privileged. If this seed is not divine, then seek a divine seed. Once the seed is in you, set everything in motion so that it may reach its goal. Nothing else must invade you, solicit you, or divert you. Everything that approaches you must be used for this goal.
26. Do not place barriers on your path; do not complicate your destiny. Always choose the simplest way to reach the goal. Many begin with an impulse and then, finally, slow down and do the opposite of what was asked of them in the beginning. They scatter in all directions, seek new impulses, and little by little forget the original objective. That is why you must be in concentration and mastery of your instrument, of your being.
27. Use your life as a means to reach your goal and remain focused on your objective.
28. To master your instrument means learning to control your thoughts, your feelings, your will, and your inspirations. The senses are fundamental in this mastery and in human life. They must be awakened and made conscious in their subtlety.
29. Mastery belongs to the one who has cultivated true intuition, who sees accurately, who speaks in harmony with intelligence, who listens in impersonality, and who touches in a way that blesses and heals. Such a one has learned to form his body and his being so as to obtain results in accord with what he wishes to accomplish. Nothing can divert him from his destiny. For others, it is necessary that they understand the absolute need for education — that is, the forming of one’s bodies, one’s senses, and one’s intelligence — in order to become capable of realising works of Light that open the path of great destiny.
30. As long as the body is not correctly formed, the work must constantly be begun again. New strategies, new forms, new aspects, new aspirations must continually be found to give a new impulse and to start, again and again, the same work.