

Psalms of Archangel Gabriel

136 From pockets of polluted water to free and Sacred Water.

1. Strive to look at your life with a more subtle vision, beyond the boundary of the visible world and material forms. You will then realize that man is surrounded by water. It is a magical water that can be called the “soul of physical water.”
2. For one who makes the effort to develop his subtle perception, there is no doubt about the reality of this water, and indeed it is already a certainty for almost all men. All know it but are more or less aware of it, not knowing how to name, define, apprehend the reality of this water, of this living and intelligent energy.
3. All peoples, cultures, traditions have known this water and have given it different names, have used many methods to approach it and keep it pure and clear in order to know health, happiness, prosperity.
4. It is easy to perceive this subtle water when studying relationships, for it is this water that establishes all the connections, the different exchanges. If your relationships with others are clear and fluid, it means that the water is of good quality; on the other hand, if your relationships are troubled and tense, if there are oppositions, it means that the water is not clean. It is something obvious that many men can understand.
5. One who studies wisdom has to go further in his perception to realize that man has a creative power over this water. Very often, in this water that surrounds and animates him, man unconsciously creates pockets that fill up with dirty water and become alive, like anarchic cells. These pockets are made of water separated from the water of universal life, living on its own by creating its own reality, its own world, this world being enclosed in another world. This water is stagnant, it stays blocked, and cannot be evacuated. It is a creation that weighs down the life of man, for he has to carry it and feed it.
6. Sometimes, man becomes aware of these stagnant waters. He can then decide to pierce the pocket in order to release the water and lighten his life. This happens only rarely, for man thinks that this pocket is part of him, of his being, of his nature, of his identity.
7. Most often, man is surrounded by such pockets. It is even possible that he himself becomes a pocket of dead water. In this case, only death will be able to pierce his pocket and free him.
8. When man releases the polluted water of a pocket, it is gradually diluted in the current of universal life that feeds the worlds, but first it diffuses into the surrounding water and mixes with it. Then, for some time, man experiences states of sickness, disorder, weakness, and he may have the impression that he is not free, clear. In fact, it is like a dye poured into a stream and that is gradually carried

- away by the current: for the problem to really stop, the dye must be completely diluted, the pocket must tear completely to empty itself of its contents. The pocket is what prevents the water from flowing, from regenerating, from breathing, from being fluid.
9. Few men are aware of this water wisdom. Few are those who know how to pierce the pockets and liberate beings from their handicaps, their illnesses, their blockages: they are the masters and healers, the loving, gentle beings, at the service of true, pure, sacred love.
 10. Very often, the hardships of life compel man to pierce a pocket, to untie a destructive knot. He then no longer has a choice; he is obliged to free himself from what obstructs the circulation of life, from what prevents the relationship, communication, contact, dialogue, exchange, the solution. It is like a blood clot that blocks a vein, endangering the life of the whole body. Then there is the tearing. The pocket opens, releasing all the tension, all the badness, the stupidity accumulated in the water.
 11. Some pockets of polluted water are small, others are big, others are huge. Some are personal, others are familial, others still concern people and humanity. These gigantic pockets are at the origin of ethnic hatreds, wars and their processions of desolation. The Essenes must develop this knowledge, educate beings to carry it and teach it.
 12. The water worship is the highest means of preserving a quality of water for earth and the safeguard of humanity. That is why the Essenes must carry out this task as a sacred duty and a service rendered for all forms of existence. It is the highest service to the Common Good that it is possible to render, for from it flow all benefits.
 13. If there is no more pure water on earth, no man will be able to think, feel, want and act in connection with a higher light and intelligence. Meditate on this knowledge and organize yourselves so that it is not only theoretical, but that it becomes concrete through your works, alive through your efforts to inform the greatest number of people with clarity, obviousness, pedagogy. Use all the means at your disposition to spread this vision of the world.
 14. Show that it is wiser to take care of the quality of water and to respect the laws of the good life. In this way one can avoid letting pockets of anarchy, of negative energy and dark intelligence to accumulate, trying to live for themselves and spreading to eventually create a crisis, a problem, a blockage, a misfortune, a war. Meditate on this wisdom and you will understand that there is a whole lot of work to do in the world. The Essenes will not do it alone; they have to initiate it, give the impulse and clarify the situation by bringing solutions and guidance.
 15. On an individual level, learn to detect these pockets in you and around you, and then develop the art of piercing them voluntarily so as not to let them settle and grow to the point of creating a completely blocked situation.
 16. Pockets of polluted water are anarchic cells that associate with each other, ending up by forming bodies that oppose life, impassable barriers. Exchanges, dialogue,

- communication between humans and the different worlds then no longer have coherence, strength. Life shrinks, the horizon diminishes, everything becomes narrow, enclosed, limited. Water no longer flows, relationships are no longer healthy, alive, intelligent, rich, natural. Do not let any of these pockets form, neither in you nor in the Essene Nation.
17. Become strong enough to bring solutions to the world and to humanity. You are already doing it and this psalm is proof of it, but you must structure yourselves in order to show your light so that humanity understands that it will have to count with the Essenes.
 18. Be determined, be carried by love.
 19. If you want to enter this world of water to purify it, you have to be under the protection of an Angel thanks to the Round of Archangels. You then have to learn to observe your life in its subtle aspect and to perceive the nature of the thoughts that impregnate the water with your energy that, itself, bathes the activities of your daily life. Above your thoughts stands the Angel: it is he who orients you, guides you, protects you. You have to strengthen your connection with him.
 20. Not all your thoughts come from your Angel. You need to be aware of this and learn to observe them without judgement, especially to perceive in what way they colour, influence the water that bathes you and then influence you in your awareness, your moods, your humours, your behaviours. You must not, on the other hand, experience negative or positive emotions that would only adulterate the water even more; you must simply observe and remain neutral at the level of your feelings.
 21. What is health? It is when the thought comes from a higher intelligence, passes through the soul, through the Angel, touches the consciousness, passes freely through the water and lights it up to bring its message, its seed to the body and to its daily activities. Then, everything you do acquires a soul, a meaning, a universal dimension.
 22. If a thought does not bring you the Light, it is because it has been caught by one of these pockets that are in your ocean. The water no longer circulates, no longer breathes, no longer communicates, becomes stagnant and encloses you in a world. You can no longer speak, communicate with your soul, your Angel, with a higher intelligence; your consciousness and your sensitivity find themselves more and more closed in, confined to the mortal physical body.
 23. In the morning, when you awaken and unite with your Angel to bless your day and that of the earth, choose or let a thought come into you. It can come from your Angel, from the Teaching; it can also be something that worries you, a thought that is not liberated, that has not reached plenitude, that has not found its way.
 24. There are thoughts that come from above, from your Angel and that you must carry in your life.
 25. There are the thoughts that come from the Teaching and that you must study in order to transmit them to future generations as a pure and living tradition.

26. There are the unresolved thoughts that you must lead on a path of liberation.
27. Starting in the morning, carry one of these thoughts in you and let it live in your water. Remain conscious, for it must be kept with you as the scenery of your life, the background. In the course of the day, it has to have been able to cross your water and come back to you with an insight, a liberation, an answer, wisdom that clarify your concrete life and open a higher, broader dimension. The answer can come at the end of the day or the next day, after the voyage of sleep, but it has to come as a fulfillment, something obvious, a strength. This means that the energy circulates, that contact is established with your Angel, that the water is becoming clearer, that you begin to wear the white garment of the universal brotherhood and of our sacred order with dignity.
28. If the Light does not come bringing the answer, it is certain that the thought has been blocked by a pocket of stagnant water. You are in the grip of the influence that suffocates and imprisons in the world of death by cutting off communication with the higher worlds and the life-giving spirit.
29. You will be able to find help on the outside, but know that the outside will never bring you the plenitude of the spirit, which can only come within you, directly from the Source. At best, the outside will bring you the outline of an answer, but you will only taste plenitude and liberation when you wear the garment of Light and your water is pure and clear, united with the Source, breathing in the universal, giving water to all the earth to grow the fruits of wisdom.
30. If you do not have the answer, pierce the pocket or pockets so that they empty into the current and you are liberated.
31. You, the Essenes, study this wisdom, for it is your tradition. Give it a body and obviousness on earth again.
32. Understand that these pockets that humanity unconsciously creates are taking on a disturbing importance around you and the earth. Already, almost all your resources are used to manage these pockets both individually and worldwide. Your life is almost entirely taken up by them.
33. Billions of people are unaware of the creative forces at work through their senses, thoughts, beliefs, sympathies, antipathies, words, actions of their daily lives. This mass of creative energy unconsciously generated every day contributes to generating and feeding ever larger pockets, to providing them with ever more developed bodies that it will not be possible to pierce so easily.
34. Man will have to bring forth a whole world that he generates and carries in his sky. By bringing it forth, he will awaken and perhaps understand what world he was carrying in him, but it will be too late, for this world will exist and he will have to live with it. Some people are more aware and seek to be born to higher worlds. In this case, you have to cross through these worlds and bring yourself forth in the light of everything that you carry around you.
35. The cosmogony transmitted by Moses says to man that he will give birth in pain. This refers not only to the physical side, but also to the subtlety that lives around man and allows him to have access to higher worlds, which requires piercing all

the pockets and causes great difficulty, an ordeal. For a certain time, the water will expand and poison the whole existence of man, it will spread and generate a state of despair, despondency, fatality in him. The being that lives in this pocket must also be born or aborted, according to what the man will want to do with it. In any case, the pocket must be pierced, otherwise no communication is possible with a higher world.

Olivier Manitaro then asked Archangel Gabriel:

Father Gabriel, how can we keep our water pure in you and make the decision to pierce the pocket?

Archangel Gabriel answered:

36. In life, you have to support what is right and true. You have to connect with what is pure and eternal in order to keep at least a trickle of clear water in you.
37. You have to support the presence of my temple on earth as well as the celebration of my worship. Through water, priests and priestesses have to honour one of the faces of the Father and the Mother. You have to be connected to this worship, to these priests and priestesses.
38. Carry an Angel in your life while supporting the Round of Archangels. If you do not, it means that your consciousness is not yet sufficiently awakened, that you have not been well educated and the right understanding has not yet appeared in you. If you do not have these bases, you will not be able to be born to the higher life and you will be even less able to free yourself from the pockets that clutter your destiny of Light. You can then practice the methods I have transmitted to you here.
39. You must clean up your life and keep only the elements you want to keep. Men will say that it is very difficult when worlds live around them and have amalgamated with their vital substance. Yes, that is true, but it is a life choice. You have let these beings amalgamate. You can now free yourselves from them thanks to the Essene wisdom. The choice is yours, but you will not control the consequence.
40. The incarnation of man will always be difficult. There will always be enigmas to solve, to understand, to master. Either man goes in this direction and advances, or he is passive and gets caught by nothingness. Such is the choice of man.
41. To advance, man must have precise and clear objectives; he must implement everything to go in this direction, so that his goal takes on a body, a concrete and real face.