

Psalm of Archangel Gabriel

131 Which seeker of Light are you?

1. Men naturally seek the Light because they have come to earth to encounter it and to work for it. Unfortunately, they very often got caught by the world of obscurity, which leads them towards death and pushes them to become fearful of life.
2. One who has been caught by obscurity becomes a diligent and determined custodian of earthly and human life as he sees it. Wherever he goes, even in the subtle worlds, he takes his body or the image of his body, which is his whole life; he does not see himself any other way. He always move with his concepts, his identifications, his way of seeing, his concerns, his inner life associated with the outer world and formed by its influences.
3. Man brings everything back towards himself and especially towards what is obscure in him and around him. In this way he determines everything that comes close to him according to his body and his life.
4. Man has become so individualized by identifying himself with his body that everyone now considers himself as a being unique and different from others. This concept is not negative in itself, but it is very often very simplistic; it isolates man from his fellows and from another dimension of his being which is just as real as that of his body.
5. In man there is a universal dimension that is related to the Light.
6. By concentrating on the fact that he is a unique being, man has cut himself off from his impersonal being. He no longer manages to unite with others and commune with them.
7. When a higher world speaks words, everyone understands them according to what he is or believes he is, according to his point of view, his needs, expectations, concerns or centres of interest of the moment; behind all these influences the body is omnipresent.
8. Man thinks he is able to open himself to others, to live and understand several worlds because he possesses organs superior to the other kingdoms of the visible nature. In reality, if we look closely, man is above all focused, oriented, programmed to maintain his own life and safeguard the interests of his physical body, his needs and those of the world he has created. He uses all the worlds he encounters to try to improve his condition and justify his existence.
9. Man is a seeker of Light, but he got lost along the way. He has become a servant of obscurity. He has placed his body above everything and has not led it towards the Light. Rather, he stole the Light to offer it to his body.

10. Wanting to live for the body is not negative in itself, but if that is your choice, do not say that you are Children of the Light, for then you do not want to live for the Light: you want to catch the Light to enslave it and not to serve it and honour it.
11. Are you looking for the Light? That is good, but what use will you make of it when you find it?
12. There are several categories of men and you need to know which one you belong to.
13. There are the men who seek the Light to steal it and offer it in different forms to obscurity, to the world of man.
14. There are the men who seek the Light with a pure intention. They are lost in the world of man and are looking for a way out, an exit. They live under the influence of the obscure body and at the same time study the Light, try to get close to it. In spite of everything, they are truly lost, for they know neither where to go nor what to do. They cannot abandon the world of man because they are under the influence of the body. On the other hand, they do not want to live without the Light, for they know that it is essential. So they naturally seek a compromise. In reality, be fully aware that there is no compromise, for unless they are connected to a powerful organism standing in the covenant of the Light, the body and the interests of obscurity will take hold of the man and direct his understanding, steal and distort the wisdom of all the sacred texts he will hear and study.
15. There are the men who have found the Light and have committed to do a work for it, to give their lives to serve it. They want to master the body and its energies in order to put them at the service of the higher intelligence. They are the builders, those who work, who construct, make appear, protect and open the way. They are confronted with duality; they are the knights, the leaders, the entrepreneurs, those who set the Tradition and have to face the difficulties. Their intelligence is oriented towards understanding this duality 364 Gospel of ArchAnGel GAbriel and resolving difficulties so that they can carry out the work of the divine world with strength, determination and courage.
16. There are the detached men who turn away from the body and the laws of matter in order to live with higher worlds. They give the vital minimum to the body and its needs; they put them to sleep and direct all their faculties towards higher worlds. They are able to understand the teachings in a more selfless way.
17. This is a key I give you to build the Essene Nation: when the last 3 categories of men work together, each one in its place around a tradition and the living covenant, there is perfection. The divine work can then be carried out on earth.
18. Individually, you need to know clearly in which of these categories of men you are in order to lay the foundations of your life on a stable earth.
19. Try to be neutral, detached from the interests of the body, not to let it influence you and dictate your conduct. Learn to cultivate great calm and to live without the body. Do not take it everywhere with you, but learn to leave it aside, to detach from it. This is the beginning of wisdom and the perception of another world.

20. You cannot go towards the unknown while already knowing everything in detail. This attitude comes from the body because it is always afraid, even if it hides it. Before experiencing anything, it wants to know it, to know everything that is going to happen in order to be reassured and keep control. Maybe this is possible in its world, but it is a big illusion in the worlds of the non-body, of non-obscurity.
21. Remember: what you do in your life is what you are. If you are not someone who is true, if you are not a sage, if you are not powerful, active, then you are very likely to be under the domination of the one who speaks to your body and dictates its interests in order to direct its life, and therefore yours.
22. If you want to walk towards the Light, that is, out of the grip of the body, you have to be pure and clear. This is very difficult in the world of men. It is a discipline, an education, a savoir-faire, mutual support, an alliance.
23. In the world of man, the majority of men hide behind appearances, clothes, false pretenses, obscure masks so as not to show their true faces. Very often, behind the mask there is nothing or there is something that is not really human, a shadow that hides behind obscurity. The Children of the Light do not cultivate this kind of world and that is why they bear this name.
24. Carry your name with dignity and do not invite the world of man into your covenant. Be true Essenes.
25. Be pure and clear between you, in your relationships, in your associations to, together, create a world, the new culture that will inspire the world of tomorrow.
26. Do not let the world that debases destroy your lives and the work you do for future generations; it is not by being alone, isolated in your small interests that the divine strength will be able to incarnate through your nation and remain on earth.
27. When I see all these traditions, these religions, and even all these students who tear each other apart and create tensions between them, saying that it is in the name of the divine world - that must be hallowed, - I see the powerful magic of the world of men and of the one who has taken over obscurity to direct them. They think that because they call themselves Children of the Light, they will be protected, but they are greatly mistaken. That name will attract an even greater condemnation on them, for one who commits evil while saying it is in the name of the divine world will be punished more severely.
28. Let the Children of the Light stop fighting among themselves and wasting their lives. On the contrary, let them join together with clarity, respect and purity without ever allowing the shadow to settle and influence them.
29. If the Children of the Light allow dirty water to bathe their lives and their works, they will never be able to take part in greatness.

Olivier Manitarà then asked Archangel Gabriel:

O my Father Gabriel, what can we do when the water around us is not clear? What can we do when we are caught in illusion without realizing it?

Archangel Gabriel answered:

30. If you want to journey towards a higher world, the first step is to master your body and the shadow that emanates from it. Learn to put them in calm and to detach yourself from their influence, especially when you are studying the words of the Teaching and trying to go back up towards the intelligence that has inspired them.
31. When you study the sacred texts, you must not put the interpretation of your body or the shadow that inhabits it into them. You have to be virgin, pure, clear, impersonal. You must not put any other interest than that of the light that purely gave birth to this text; only the interest of a higher world, of the divine world has its place and you have to honour it and bow to it. In this way you develop a right attitude that will protect you in your life.
32. The texts of the Gospels of the Archangels are sacred; they emanate from the divine world. By studying them, by meditating on them in this way, you will create a space within you that will be able to awaken you and prevent a world of illusion from catching you. You have to be focused, vigilant and practice the art of meditation, which consists in placing your body in calm and getting away from the influence of the shadow that inhabits it.
33. When the clear light of understanding comes into you, it will be the sign that you have communed with the Essene covenant. You will do what you want with this understanding, but you will remain aware.
34. The right understanding can be achieved only when the body is not present or its influence has been rendered incapable of action. If by misfortune your body intervenes, then it is certain that you will lead the Light into the understanding and reasoning of the body, and not into those of the origin of the Light.
35. Remember: what will protect you is the practice of the Round of Archangels and the study of the Essene Gospels while mastering the body and its influence. Then you will be guided and the light will come into you. Such is our covenant and such will it be as long as the Essenes are faithful and true.