

Psalms of Archangel Gabriel

101 Everything is in the preparation.

1. The world of men is complicated. There is a world between speech and understanding the speech, worlds between understanding and action, the realization.
2. Men talk to each other, but they do not get along, they do not understand each other. Even inside them, they are divided, separated and unable to establish a clear communication between the different parts of their beings. Before they come into conflict with others, they have an inner incoherence.
3. Men have let worlds invade all their manifestations, their communications. They have not cultivated purity, simplicity, and now they are in conflict to the point of no longer being able to talk to each other, meet, live together, share.
4. Everything has become complicated in the world of men. The pure water of the Source does not quench their thirst. Being blocked, unsteady, men have entered into rhythms, into ethers that enclose them into worlds of illusions. They stick these illusions on everything they run across, which isolates them even more, for there is no more place for others or for the life of the spirit. When, through the Essene tradition, they find the water of life, they often wonder why such a discipline, degrees to respect and work to do on themselves are necessary. And why awaken, bring their consciousness, their discernment to life and study a wisdom that prevents them from being nonchalant and irresponsible?
5. Study and discipline are the keys to happiness, to a beautiful and happy life.
6. Man has to study the laws and understand how the world works. He then has a base to meet others and grow towards the unknown.
7. Man is a work of art that must be studied and understood. The life of man is not always the same. There are very short moments when a door opens and his whole life can be transformed. The life of man is more or less long, but these moments of opportunity are very short and have to be seized. These are the moments that shape the course of events, sometimes over months, sometimes for a lifetime. Yes, one moment is enough to determine a lifetime. For some, the door opens only once; for others, several times. Each time, everything can be different.
8. You have to know how to seize opportunities, but also be ready for opportunities. You have, for example, the idea of making a cake. First you have to find a recipe, gather all the ingredients, prepare the work place and assemble all the utensils, then make the cake, light the oven, clean the kitchen . . . All this long preparation comes down to one single moment, one single result: the cake is well baked or it is burnt. The same is true for man: he has to prepare his life for this moment of success or imprisonment. He has to be aware that all this work, this discipline are

there so that at the right time the divine world comes and speaks to him. If the man is not well prepared, there is an offence and the door closes.

9. It has always been said that man must make an offering to the divine world. If the offering is accepted, the man is raised into the Light. If it is rejected, he is cursed and has to start all over again. The man has to prepare again and wait for another opportunity of which he knows nothing. He does not hear, does not see, does not understand and finally the relationship is burned, the process stops, nothing works anymore.
10. Everything is in the preparation.
11. The preparation can become the moment of happiness.
12. Rejoice to be on a path of awakening, study, rigour and discipline, for this means that you are preparing an encounter, that you will not be alone, isolated in a world of complex illusions.
13. It is fundamental to cultivate constancy in the preparation. At first, it might seem difficult because there are really many elements to rework, but after a while, the effort eases, for the pace is set. You can rest on the bases you have and that carry you. Everything is easier. What is essential is to have a constancy allowing you to keep the rhythm, to be in the movement, which enables you to keep everything you have acquired and worked on.
14. Understand that the Essene Nation is a collective work and you have to support each other. You might be tired one day and the next day help another, but you must not leave the current of the Round of Archangels.
15. Man is made like this: very often he will commit himself, follow a discipline, but as soon as this work is finished, he will all at once gulp down all the food he has missed, drink and party, gorge on television, meet people who are not interesting and finally lose all his gains.
16. I ask you to be constant, faithful and enduring in the work of the Round of Archangels. Do not be sad to be in this time of training, but happy, for at some point, it is no longer outside you that the divine world will come, but inside you. It will come with the key. So it is up to you to be sufficiently prepared to hear and understand so that your lives take another direction and are changed. If you do not hear, indeed, the door will be closed until you are correctly prepared.
17. You know these laws, for in your lives you can prepare for years of hard work just to take an exam. The preparation lasted years, but the exam took only a few hours: everything was decided during this short period. If you have not worked, you know the result. If you have worked, you still do not have any certainty and can only hope that everything works.
18. It is constancy in the discipline of the Round of Archangels that will determine the result of your lives.