

VIRTUAL GROUP FOR PARENTS RAISING 2-5 YEAR OLDS

Join us virtually for *Lunch & "Littles": Parenting Support Group*

Join us during your lunch for a supportive space to connect, share, and learn with other parents navigating the joys and challenges of raising toddlers & preschoolers.

What to Expect:

- Weekly topics on child behavior, emotions, development, and more.
- Practical tools for everyday parenting
- A judgment-free zone to ask questions and be heard



When?

Weekly on *Thursdays*,
12:00pm–12:45 PM

Reach out for 2026 Winter/Spring dates.

For Who?

Caregivers raising children
ages 2-5 year olds.
California Residents only.

Where?

Virtual Online – Zoom link
provided upon registration

Cost?

Pay-what-you-can style.

**Come as you are!
Bring your lunch, your coffee, or your
toddler in the background!**

Led by **Priscilla Nyo, LMFT #138683, IFECMHS**
Early Childhood Mental Health Therapist



***Limited Spots Available**



SIGN UP FOR THE GROUP TODAY!

I would love to chat with you
about the group.
Reach out today for a
FREE intro call!

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