# VIRTUAL GROUP FOR PARENTS RAISING 2-5 YEAR OLDS

## Join us virtually for Lunch & "Littles": A Parenting Support Circle +

Join us during your lunch for a supportive space to connect, share, and learn with other parents navigating the joys and challenges of raising toddlers & preschoolers.

What to Expect:

- · Weekly topics on child behavior, emotions, development, and more.
- · Practical tools for everyday parenting
- A judgment-free zone to ask questions and be heard



#### When?

Weekly on Thursdays, 11:45am-12:30 PM Fall Round starting on 9/4/2025

#### Where?

Virtual Online – Zoom link provided upon registration

#### For Who?

Caregivers raising children ages 2-5 year olds. California Residents only.

#### Cost?

Free

Come as you are! Bring your lunch, your coffee, or your toddler in the background!



Led by Priscilla Nyo, LMFT #138683, IFECMHS Early Childhood Mental Health Therapist

\*Limited Spots Available

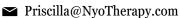


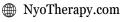
### SIGN UP FOR THE GROUP TODAY!

I would love to chat with you about the group. Reach out today for a **FREE intro call!** 



619-289-8093





San Diego, CA