



Legal and Charitable Aid Uganda

Charity in Diversity

2025 Health Camp

Summarized Report

Introduction

Legal and Charitable Aid- Uganda (LECAU) is a non-governmental grassroots organization with its offices located in Kinyamaseke town council, Kasese district in Uganda, seeking to transform the local communities through its impactful activities in four operational areas that include:

1. Education services through scholarships.
2. Health services

3. Community and livelihood support.
4. Legal aid and advocacy.

Under the health program, LECAU conducts various activities aimed at creating a well-informed health population through maternal and child health services, adolescent reproductive health, Community outreach health camps, and supporting expanded programs for immunization.

2025 Health Camp

Background: The 2023 & 2024 medical camps highlighted the high burden of diseases in Kinyamaseke and the surrounding areas. Further analysis of performance and community feedback indicated a lack of access to medical consultation, diagnosis, and treatment. Notably, access to dental and eye services was suboptimal. To bridge

the gap, LECAU designed the 2025 camp.

Key Health Camp

Activities: Screening for non-communicable diseases (Diabetes and Hypertension), medical consultation, Eye and Dental services, antenatal care services, family planning and cervical screening, laboratory investigations, HIV counseling and testing, and dispensing of medicines.

Health Camp Outcomes

General attendance:

Total attendance 1617 people. Male - 664 (41.1%), Female - 953 (58.9%).

Screening for diabetes:

Total screened - 861(53.24%), Total Known Diabetic patients - 31 (3.65%). Males were 19 (61.2%) and females 11 (35.4%). 32 (

Screening Hypertension (HTN):

Total screened - 1339 (82.78%), Total for Known hypertensive patients were 120

(8.9%). Male - 26 (21.6%), Female - 94 (78.3). Suspected HTN on one reading was 8 (0.82%).

Eye clinic: 263 patients seen in the clinic. Allergic conjunctivitis - 88 (33.46%), Refractive errors 47 (17.87%), pterygium - 32 (12.16%), Cataracts 30 (11.40%), suspected glaucoma 19 (7.2%), ineffective conjunctivitis 10 (3.80%), Trauma/corneal ulcer 5 (1.9%), corneal ulcer 5 (1.9%). Other eye conditions were 27 (10.27%).

Dental Clinic: Total screened 210. Out of these, 142 (67.61%) were tooth extractions, 37(17.61%) were tooth replacement, 23 (10.95%) were caliculi, 6 (2.85%) were treated for periodontitis, and 1 (0.47%) was treated for gingivitis.

Antenatal care clinic: 63 mothers attended. 15 (23.8%) had UTI, 2 (3.17%) were HIV seropositive of which 1 was a new positive & was linked to care & 1 was already on ART. All were screened for HIV, syphilis, and Hepatitis

B. Vitamin and folic Supplements, Intermittent Preventive Treatment for malaria, deworming, and mosquito nets were given.

Cervical Cancer Screening and Family Planning:

23 women were screened for cervical cancer. 6 had an inflamed cervix, 2 with abnormal cervical discharge, and others had normal findings. 8 mothers received a long-term artificial family planning method.

HIV Counseling and Testing:

216 were

counseled and tested. 152 were female, and 64 were male.

General Medical Clinic: About 72.6% (1174) of patients sought general medical consultation for doctors to assess and diagnose their ailments.

From this clinic, 32.1% (352) had urinogenital infections, 15.6% had diabetes and pressure (NCDs), and 15.1% had peptic ulcer disease induced by Helicobacter pylori. 9.4% had respiratory illnesses, followed by a significant 6.1% with

hepatitis B on serology. 4.6% had clinical bacterial infections, 2.1% had malaria, among others.

Investigations: 1037 patients were investigated in the laboratory and ultrasound scan services to aid in the diagnosis of various illnesses. 958 had laboratory samples examined (216 HIV tests and 742 other investigations), and 79 ultrasound scan examinations were done. Laboratory findings indicated that approximately 34% (352) of the patients assessed

in the laboratory had urinogenital infections.

Minor Surgeries: A total of 16 minor surgeries were performed for minor surgical conditions, including the removal of small keloids, ganglion cysts, among others.

Dispensing of medicines: A total of 1203 patients received a full dose of prescribed drugs, while 414 patients received part of the prescribed medicines.

Key achievements

- The 2025 medical camp registered an

increase in the number of patients by 16.12%.

- Offered health education and medical consultation services to 1617 patients from the underprivileged communities.
- Uncovered 6.1% of Hepatitis B, which is higher than the 4.3% of the national prevalence.
- 52 Patients with sight errors received eyeglasses (49 from the current camp and 3 from the previous camp of 2024).

Challenges

- Lack of adequate medical supplies, especially medicines (essential drugs) and laboratory diagnostics (H. pylori tests, Urine sticks, and Hepatitis B tests).
- Health workers who participated in the camp highlighted challenges in meeting transport costs to and from the camp site.

Recommendation

- Organize another health camp to offer health services

to the increasing number of patients.

- Focus of preventive health programs to reduce the burden of diseases, especially NCDs, hepatitis B, and urogenital infections.
- Mobilize enough funds to close gaps in medical supplies and the facilitations of health workers.

Conclusion

The 2025 medical camp was largely successful, attracting more patients compared to the previous camps.

This indicates a

high demand for healthcare services in these communities. The noted high numbers of diseases justify the need for more medical camps and grassroots disease prevention programs to eradicate these diseases.

Legal and charitable aid Uganda, working with its partners and the government of Uganda and is committed to serving and improving the health of the underserved and contributing to

Sustainable Development Goal 3, which envisions achieving good health and well-being for everyone.

Message from the coordinator of projects



"The Uganda health care system is making efforts towards achieving universal health coverage for all; however, a lot of gaps still exist in



accessing health services. As LECAU comes in to fill the gap and bring services nearer to the people. We would like to thank our local and international partners for their support, as well as the local leadership for permitting and regulating our activities".



Message the Executive Director



"On behalf of the Board, Management, and staff of Legal and Charitable Aid Uganda (LECAU), I extend our heartfelt gratitude to all individuals and institutions that made this 3rd Medical Health Camp a resounding success. Your commitment to improving access to

healthcare for vulnerable communities continues to inspire our work. We sincerely recognize and commend the dedication of our medical and non-medical volunteers. Despite modest compensation, you selflessly dedicated your time and expertise to serve humanity and save lives.”

John D. Dom

Camp in Pictures.



Before teeth replacement After teeth replacement



TEAM OF HEALTH WORKERS DURING THE CAMP



SCREENING FOR HYPERTENSION