



Gratitud



Aksah Martínez Domínguez

Am 

Design with love

Editora

Aksah Martínez
Diseñadora de modas

Selección imágenes y frases

Aksah Martínez

Impresión

Segunda edición, Febrero 2025

Bogotá D. C. Colombia

+57 3017116988

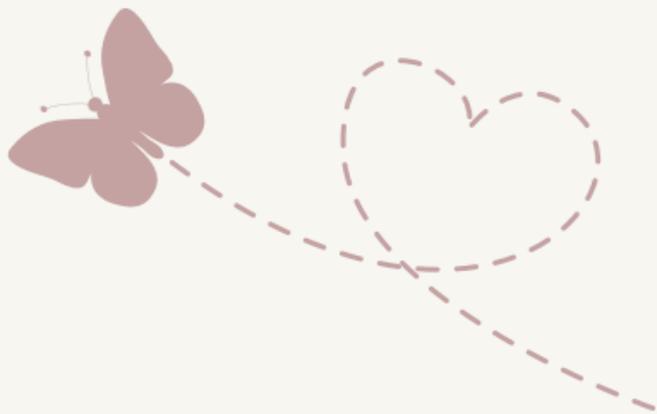
Todos los derechos reservados

Impreso en Colombia - *Printed in Colombia*



Gratitud







**La gratitud es una
ley que gobierna el
mundo para que
seamos felices**



Dedicación y agradecimiento:

A todas las personas que tengan la oportunidad de leer este libro, ya sea de forma virtual o física, les expreso mi más sincero deseo de que estos párrafos inspiren una conexión profunda entre nuestros corazones. Escribo desde el lugar más auténtico de mi ser, impulsado por la gratitud que siento hacia el Creador y hacia todas Sus maravillosas creaciones.





Amado Creador, gracias por Tu amor, por cada nuevo día que me das, por mostrarme Tu grandeza en cada detalle de la vida y por ser mi refugio seguro en momentos de adversidad.

Señor mío, permite que en cada situación, desafío o problema, me ayúdes a vivirlos con gratitud, que mi vida sea ejemplo para los demás, y que mi agradecimiento sea siempre de corazón.

Gracias Padre Eterno por Tu bendición,
por la sabiduría y fortaleza.
¡Bendito seas! Amén





Salmo 100
**Un cántico para la
ofrenda de Gratiitud**

1. Cantad con júbilo al Señor, toda la tierra.
2. Servid al Señor con alegría, venid ante El con regocijo.
3. Sabed que el Señor es Dios; El nos ha hecho y somos Suyos, Su pueblo y el rebaño de Su pastoreo.
4. Franquead sus portales con gratitud, Sus atrios con alabanzas; dadle gracias a El, bendecid Su nombre.
5. Porque el Señor es bueno, Su bondad es eterna, y su fidelidad es por todas la generaciones.

A bride is shown from the back, standing on a sandy beach. She is wearing a light blue, long-sleeved gown with a lace-trimmed back and a long, flowing train. She is holding a bouquet of flowers. The background shows the ocean and a clear sky.

Ley de la Gratitud

A bride in a light blue, lace-trimmed gown stands on a sandy beach, looking out at the ocean. She is holding a bouquet of flowers. The background shows the sea and a clear sky.

Funciona como
todas las leyes del
sistema de la
naturaleza, que es
otorgar bien a
todos los creados

A woman in a white wedding dress stands on a sandy beach, looking out at the ocean under a cloudy, sunset sky. The dress has a long train and a large white flower detail on the back. The text "Nos transformamos" is overlaid in the center.

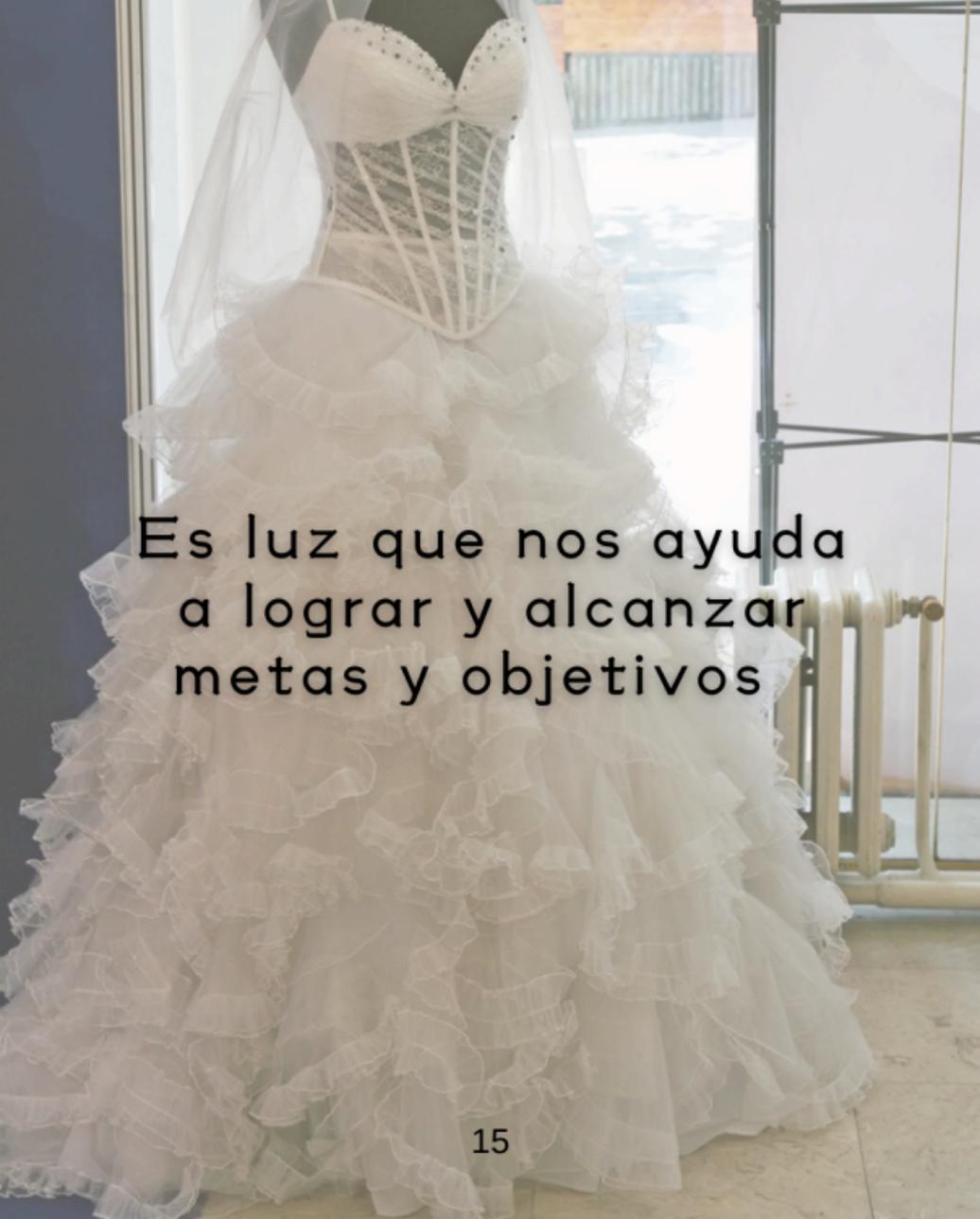
Nos transformamos

A woman in a white wedding dress stands on a sandy beach, looking out at the ocean under a cloudy, sunset sky. The dress is strapless and has a long, flowing train. The text is overlaid on the image.

Proporciona luz
para crear, actuar
y realizar grandes
cambios en la vida

A white wedding dress is displayed on a black mannequin in a window. The dress features a corset-style bodice with lace and thin white vertical lacing. The skirt is voluminous and composed of multiple layers of ruffles. A long, sheer white veil is attached to the top of the dress. The background shows a window view of an outdoor area with a wooden fence and greenery. A radiator is visible in the lower-left foreground.

Poder y fuerza



Es luz que nos ayuda
a lograr y alcanzar
metas y objetivos



Amor verdadero

A romantic photograph of a bride and groom. The bride is in the foreground, wearing a white lace wedding dress and a pearl necklace, holding a large bouquet of pink, red, and white flowers. The groom is partially visible on the left, embracing her. The background is a bright, out-of-focus window.

El Creador
siempre hace el
bien y creó al
mundo para
beneficiar al
hombre y a la
mujer

A close-up photograph of two hands clasped together in a firm grip. The hands are positioned centrally, with the fingers interlaced. The skin is light-toned and shows some texture. A silver ring is visible on the ring finger of the hand on the left. The background is a soft, out-of-focus green, suggesting an outdoor setting. The overall mood is one of support and solidarity.

Fortaleza y fé

A close-up photograph of two hands clasped together in a gesture of support or gratitude. The hands are positioned centrally, with fingers interlaced. The skin is a natural, light tone. One hand has a simple silver ring on the ring finger. The background is a soft, out-of-focus green, suggesting an outdoor setting with foliage. The lighting is bright and even, highlighting the texture of the skin and the details of the hands.

La expresión de
agradecimiento hace
que uno mismo
transforme lo malo
en bueno

Otorgamiento

A bride in a white, long-sleeved, floor-length gown with a full skirt and a tiara stands in a room with white walls and a large window. She is smiling and touching her hair. A blue and red patterned rug is on the floor. A bouquet of red flowers is visible to the right.



Te conecta con la
fuente superior y te
entrega la maravillosa
abundancia de la
naturaleza

A woman with her hair styled in an updo and wearing a delicate tiara stands in profile, looking out a large, multi-paned window. She is wearing a white, off-the-shoulder lace wedding gown with a long, flowing train. The room is elegantly furnished with a dark wood chair and a patterned rug. The scene is brightly lit by natural light from the window.

Amor perfecto

A woman in a white wedding dress stands with her back to the camera, looking out a large window. The dress is off-the-shoulder with lace detailing and a long, flowing train. The room is brightly lit, and a patterned rug and a chair are visible in the background.

Como un padre que
siempre ama a sus
hijos, que quiere y
entrega lo mejor
para ellos

A romantic couple in wedding attire is shown in profile, kissing through sheer white curtains. The man is on the left, wearing a dark suit, and the woman is on the right, wearing a white wedding dress and holding a bouquet of flowers. The scene is softly lit, creating a warm and intimate atmosphere.

Solo bondad

A romantic couple in wedding attire looking at each other through sheer white curtains. The woman is on the left, wearing a white wedding dress with a large ruffled collar, and the man is on the right, wearing a dark suit. They are both smiling and looking towards each other. The background is bright and out of focus, suggesting a window with light coming through.

Nos beneficia
alegrándonos a
todos de forma
individual y
colectiva

A photograph of a woman from behind, wearing a white wedding dress with a floral hairpiece. The background is a soft-focus outdoor setting with trees and foliage. The text "Conexión divina" is overlaid in the center of the image.

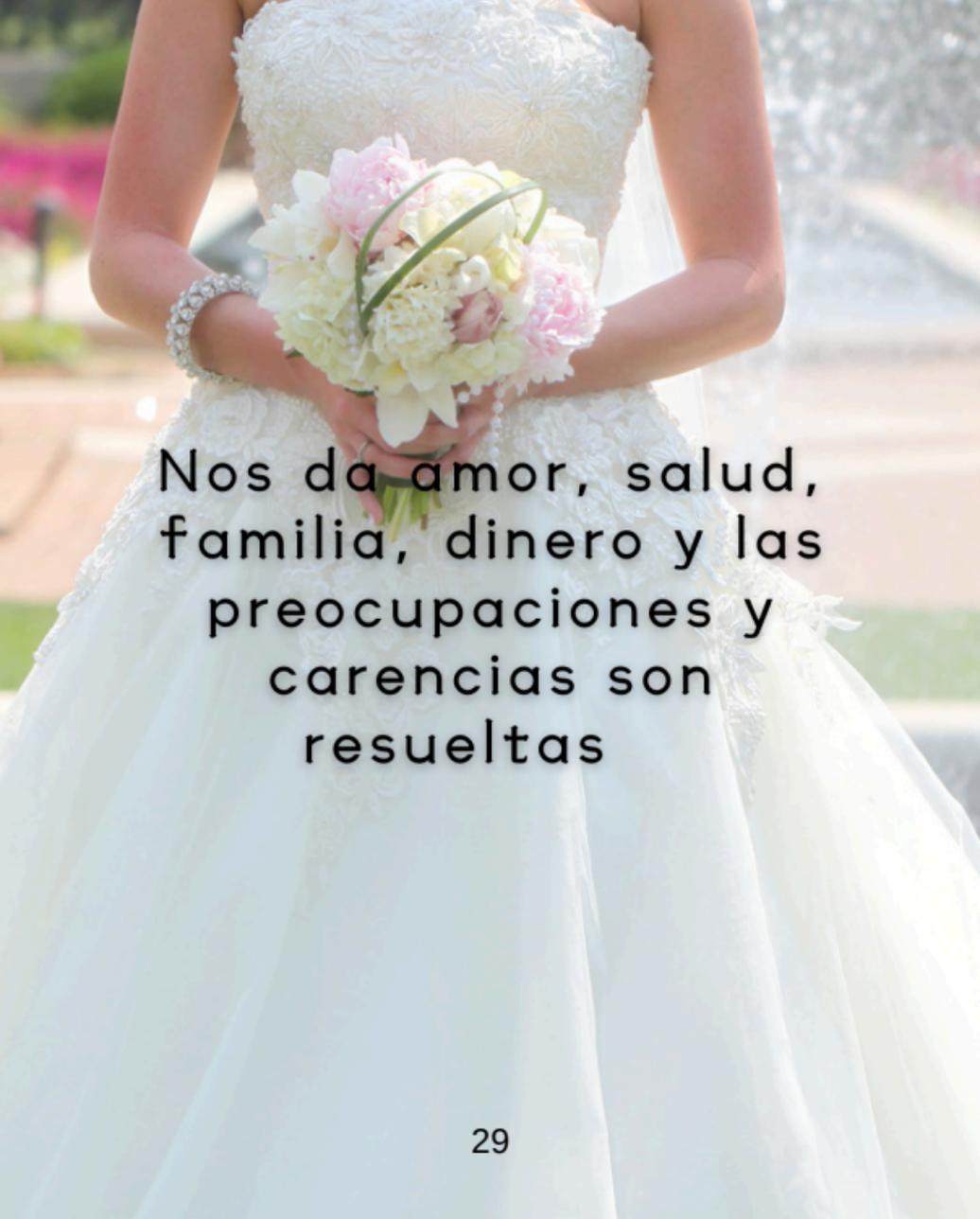
Conexión divina

A photograph of a bride from behind, wearing a white, draped wedding dress. Her hair is styled in an updo with a decorative floral hairpiece featuring pink, blue, and white flowers. She is holding a bouquet of flowers, partially visible on the right side. The background is a soft-focus outdoor setting with trees and foliage.

Nos conecta a todo lo
bueno de la vida,
dirigiéndonos a la
fuente Superior

A bride is shown from the waist up, wearing a strapless white wedding dress with intricate lace detailing. She is holding a large bouquet of flowers, including pink peonies, white hydrangeas, and white lilies. She is also wearing a diamond bracelet and a ring. The background is a blurred outdoor setting with greenery and a pink flower bed.

**Fuente de
abundancia**

A bride is shown from the waist up, wearing a white lace wedding dress. She is holding a large bouquet of flowers, including pink peonies and white hydrangeas. She is also wearing a diamond bracelet on her right wrist. The background is a blurred outdoor setting with greenery and a building.

Nos da amor, salud,
familia, dinero y las
preocupaciones y
carencias son
resueltas

A woman with dark hair styled in a braid, wearing a white lace dress with a high collar and long sleeves. She is standing in a bright room with large windows and a large green plant. The text "Esencia de la gratitud" is overlaid on the image.

Esencia de la gratitud

A woman with dark hair styled in a braid, wearing a white lace dress with a sheer bodice and a long, flowing skirt. She is standing in a bright room with large windows and a large green plant to her left. The text is overlaid on the center of the image.

Es la fuente, la
raíz de todo y
transforma el
mal en bien



Vivir en gratitud



El corazón siente y expresa; Creador lo que Tú quieras para mí, eso quiero y lo recibo con amor

A woman is seen from behind, wearing a white wedding dress with a lace back and a large bow. She is standing in a room with a large window, looking out at greenery. The text "En un mundo de milagros" is overlaid on the image.

**En un mundo
de milagros**

A woman with her hair in a bun, seen from behind, wearing a white lace wedding dress with a large white bow at the waist. She is standing in a room with a large window on the left, looking out at green foliage. The floor is light wood.

Crear hará que tu
vida funcione de
forma absoluta y
verdadera

A photograph of a bride and two bridesmaids standing on a beach at sunset. The bride is in the center, wearing a white lace wedding dress and a long veil, holding a bouquet of white flowers. She is flanked by two bridesmaids in light blue dresses. They are all holding hands and their arms are raised in a celebratory gesture. The background shows the ocean and a hazy sky. The text "Palabras de agradecimiento" is overlaid in the center in a large, black, serif font.

Palabras de agradecimiento



Salen del alma,
hacen latir y sentir
al corazón con
alegría y amor

A woman is shown from the back, sitting on a light-colored wooden floor. She is wearing a white wedding dress with intricate lace detailing on the bodice and a long, flowing train. Her hands are resting on the fabric of the dress. The lighting is soft and natural, highlighting the texture of the lace and the folds of the fabric.

Ser agradecido

A woman is shown from the back, sitting on a light-colored wooden floor. She is wearing a white wedding dress with intricate lace detailing on the bodice and a large white bow at the waist. Her hands are resting on the floor on either side of her. The dress has a long, flowing skirt with lace patterns near the hem.

Realmente te hará
sentir felicidad con las
cosas tal y como son



**Sana por dentro
y por fuera**



Sana de manera
absoluta y total, al
cuerpo y al corazón

Three women are shown from the waist down, wearing elegant white wedding dresses. They are standing in a room with a large, multi-paned window in the background, which is letting in bright, natural light. The woman on the left is holding a bouquet of flowers and looking towards the camera. The woman in the middle is looking directly at the camera. The woman on the right is also looking at the camera. The dresses are long and full, with intricate lace detailing on the bodices and sleeves. The floor is made of light-colored wooden planks.

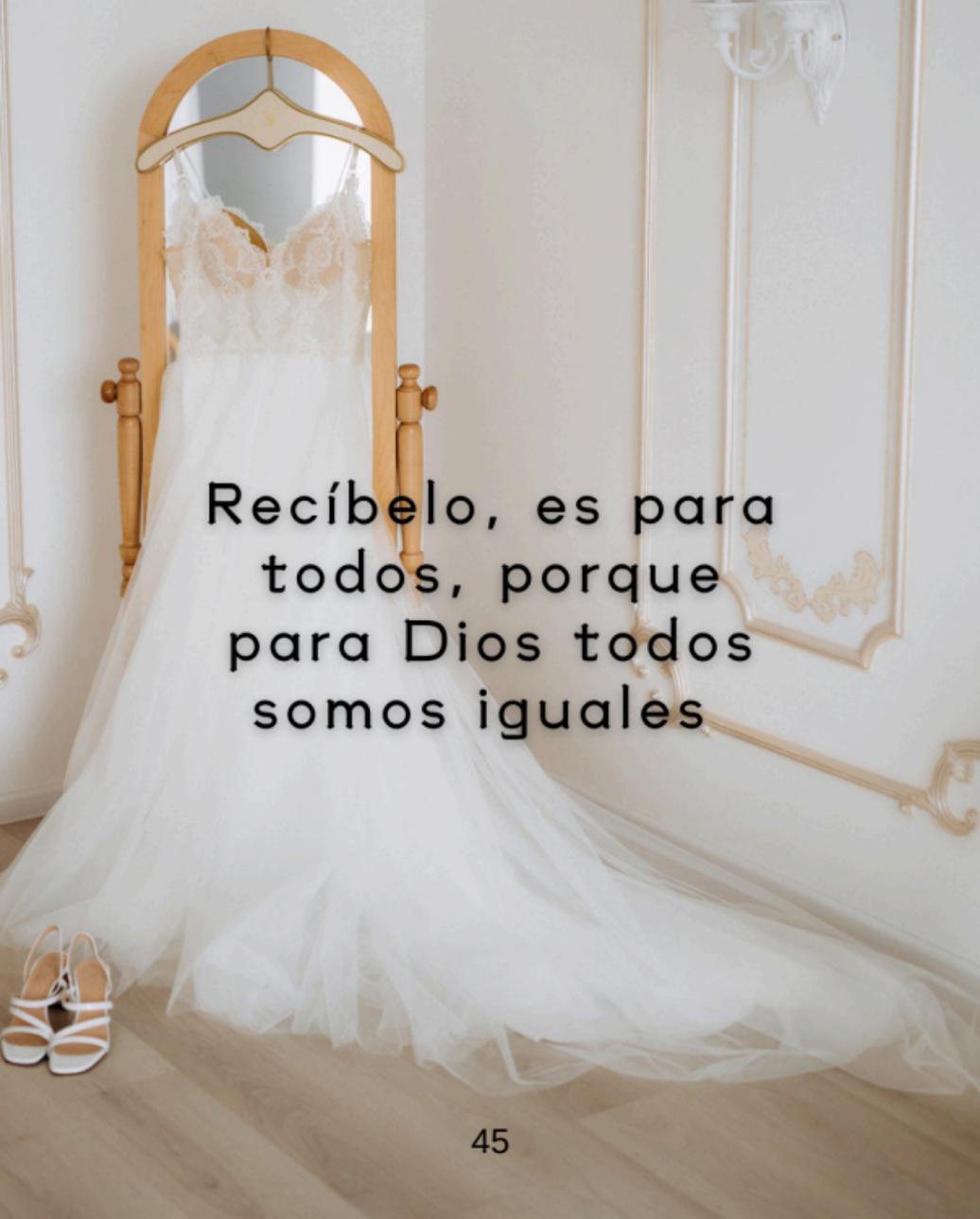
Cumple esta ley

Three brides in white dresses are standing in front of a large window with white curtains. The bride on the left is wearing a long-sleeved lace gown. The bride in the middle is wearing a sleeveless gown with a high neckline. The bride on the right is wearing a sleeveless gown with a low back and is holding a bouquet of flowers. The text is overlaid in the center of the image.

Te traerá
bendición, porque
Dios quiere lo
mejor para todos

A white lace wedding dress is hanging on a wooden arched mirror. The dress has a long, flowing skirt and a lace bodice. The mirror is set in a room with gold wall decorations, including a sconce and a decorative panel. The text "Un regalo" is overlaid on the image.

Un regalo

A white lace wedding dress is hanging on a wooden hanger in a room. The dress is long and flowing, with a lace bodice and a full skirt. A pair of white sandals is on the floor next to the dress. The room has a large mirror and a decorative wall panel.

Recíbelo, es para
todos, porque
para Dios todos
somos iguales



Lugar seguro



Vive bien, goza la
vida y recíbelo
¡No tengas miedo!



Estilo de vida



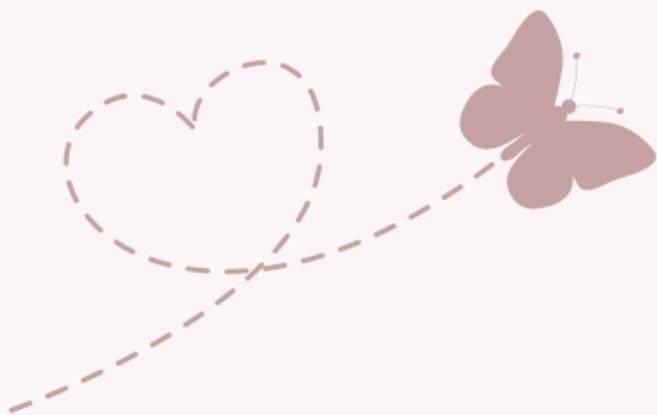
La gratitud te
mantiene con la
mente tranquila en
calma, sin temores
porque abunda la fé
y la felicidad



**Siempre hay que
decir y dar...
¡Gracias!**



Y vive una vida,
¡plena, dulce y feliz!



¡Todo empieza
con la Gritud!
Cualquier acción
humana, sin importar
cuál sea, debería
empezar con esto.

Michael Laitman.

La gratitud al Eterno
nos bendice de una
manera sobre natural;
envía luz, envía alegría
y envía prosperidad en
nuestro camino.

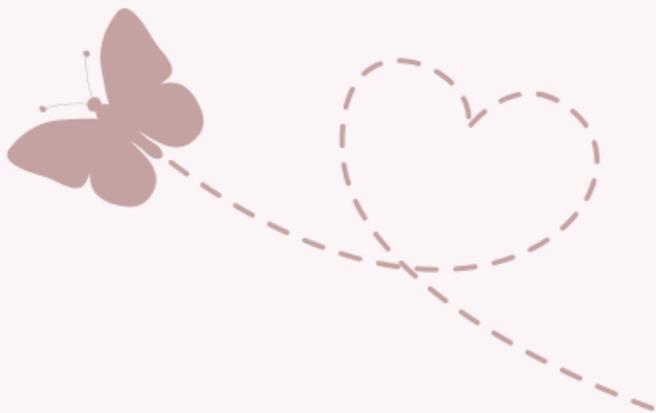
Asher Abarbanel

Si aprendes a
agradecer en el
presente, en el
pasado y en el futuro,
muchas cosas van a
cambiar para ti.

Daniel Chapan

Permite que tu
corazón rebose
de gratitud por los
desafíos, ellos te dan
la oportunidad de
aprender y crecer.

Aksah Martinez





**¡Gracias, gracias,
gracias!**



Am

Design with love



aksahmartinez@gmail.com