

## **Tactile**

## **Hypo-responsive**

- Bumps into others
- High pain tolerance
- Stuffs food in mouth
- Licks items or own skin
- Not aware of being touched
- Seems unaware of light touch
- Startles easily when touched
- When getting dressed, doesn't notice clothing that is twisted
- Tendency for self-abusiveness: biting self, rubbing self with heavy pressure, head-banging, pinching self, etc.
- Doesn't notice a runny nose, messy face, or messy hands
- Puts items in the mouth
- Lack of personal space
- Runs into other children without noticing
- Has difficulty maintaining space in line; bumps into others without noticing
- Falls out of chair
- Needs to touch everything
- Uses a tight pencil grip on the pencil
- Writes with heavy pencil pressure

## **Hyper-responsive**

- Overly sensitivity to temperature including air, food, water, or objects
- Withdrawing when touched
- Refusing certain food textures
- Dislike of having face or hair washed
- Dislikes of hair cuts
- Dislikes of having fingernails cut
- Excessively ticklish
- Avoidance to messy play or getting one's hands dirty
- Avoidance of finger painting, dirt, sand, bare feet on grass, etc.
- Clothing preferences and avoidances such as resisting shoes or socks
- Annoyance to clothing seams or clothing textures
- Resistance to hair brushing
- Over-reactive to unexpected touch
- Overreactions to accidental or surprising light touches from others