



Oral-Sensory

Hypo-responsive

- Licking objects
- Bites others
- Chews on clothing
- Hums all the time
- Prefers a vibrating toothbrush
- Prefers spicy foods
- Stuffs food into cheeks
- Prefers food very hot or very cold temperature

Hyper-responsive

- Dislike of mixed textures (cereal in milk or chunky soup)
- Resistant to trying new foods
- Avoids certain textures
- Avoids straws
- Avoidance of specific food or drink temperatures
- Picky eating
- Preference for bland foods
- Avoids temperature extremes (unable to tolerate hot or cold foods)
- Prefers foods that do not touch or mix on their plate
- Use of only a specific spoon or fork or no utensil at all
- Intolerance to teeth brushing.
- Anxiety or gagging when presented with new foods
- Drooling