



Soil to Savor Gardening's Seasonal Plant Guide

Albany, NY

Planting in Albany, NY is broken up into 3 seasons: cold, cool, and warm. In the cold season, frost or snow is likely guaranteed. In the cool season, there is a chance of frost or snow. In the warm season there is no chance of frost or snow. The month by month timeline below shows where the seasons fall. We start the year in the cold season, transition to cool during March, then transition to warm during May. The cool season then returns in October and finally transitions back to cold in December.

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

What we plant in our gardens depends on the season. Below you will find a list of plants grouped by season and size to guide you as you plant throughout the year.

WARM COOL COLD	Small Flowers (Marigold), Thyme, Oregano, Arugula	Medium Bush beans, Peppers, Basil, Determinate Tomatoes	Large Tomatoes, Eggplant, Pole Beans, Cucumbers, Squash, Zucchini, Gourds, Melons
	Small Lettuce, Onions, Garlic, Shallots, Carrots	Medium Beets, Celery, Swiss Chard, Dill, Parsley, Sugar Daddy Peas, Calendula	Large Cabbage, Broccoli, Cauliflower, Kale, Sugar Snap Peas, Snow Peas
	Some cool weather plants can be planted at the end of the warm season or early cool season to establish a root system before going dormant for the cold season. The cold winter months in Albany might be characterized by gray skies, a thick blanket of snow or ice, as well as frozen soil, but this is the opportune time to plan for your spring and summer gardens! You can also grow plants like herbs and microgreens indoors in a south facing window. This is also the time to increase your garden knowledge by attending gardening workshops and classes.		

Soil to Savor Gardening's mission is to help you overcome the overwhelm that comes with kitchen gardening. We work with you to design your dream kitchen garden in your landscape. Then we coach you through the whole garden cycle from the soil you grow in to the harvest you savor. Visit our website to schedule your consultation today!

Soil to Savor Gardening
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