



OUR SERVICES

- residential services
- Respite care
- Personal care
- Companionship
- Live in Nursing care services
- Post Hospitalization Care
- Temporary or Long term care

PERSONALIZED SERVICES

Our healthcare professionals provide a variety of personalized services to enhance our clients quality of life and promoting maximized level of highest functioning to include but not limited to ADL.

ACTIVITIES OF DAILY LIVING (ADL)

- Personalized hygiene
- Bathing
- Meal preparation
- Dressing
- Toileting
- Transfer
- Medication reminders
- Encouraging independence
- Engaging in activities



Mobility Assistance

- Range of motion exercises
- Assistance with transferring
- Assistance with walking
- Turning/positioning in bed
- Lifting

Support services

- Change of Linens Q weekly and as needed
- Planned trips to malls/ Doctor's office .
- Errands
- Laundry
- Light housekeeping
- Shopping
- Accompany to appointments
- Feeding and bathing



Skilled Nursing

- Complex care
- Consumer training program
- Medication Management
- Ostomy care
- Diabetes management
- Tube feeding
- Wound care
- Hypertension Management
- Injection
- Diet teaching and Modification



ST THERESA ASSITED LIVING

"Our Mission is to improve the lives we touch through the delivery of high quality healthcare with everyday compassion"

www.sttheresanurselinkgoc.com



3502 St Johns PL
Upper Marlboro, MD 20774, United States

Vendor & Payer Source

- Maryland older adult waiver
- Living at home waiver
- Prince Georges Country Respite Care
- Out of pocket.
- Long term private insurance

Core Values

Care and compassion for every life we touch.
 Respect & appreciation for each other.
 Teamwork & enjoyment in working together.
 Focus & Discipline on improving the quality of care.
 Creativity & innovation to develop effective solutions.
 Honesty & integrity in all dealings.

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Our Mission





Our mission is to improve the lives we touch through the delivery of high quality healthcare with everyday compassion. We are committed to providing our clients or thier loved ones with exceptional services through our network of courteous, well trained, insured and certified health care professionals. At St Theresa Assited Living, caring for our clients or thier loved ones is not just business as usual. Rather , our philosophy is geared towards delivering healthcare with compassion dignity and respect.

Deserve the Best Care



Contact Us

Contact us today to learn how our assisted living services can support your family.

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St Theresa Assisted Living