

PRAYER BOOK

FLAME LOVE

of the Immaculate Heart of Mary

I R E L A N D



of the **SPREAD THE EFFECT OF GRACE** anity
FLAME OF LOVE OVER ALL

The Coming of God's Kingdom

Jesus: "Do not be attracted by the passing comfort of this world. The coming of My Kingdom must be your only purpose in life. My words will reach a multitude of souls consecrated to Me. Trust! My grace will be with you and I will help all of you in a miraculous way.

Give yourselves to the work. If you do nothing, you abandon the earth to Satan and to sin. How can I wake you up? Open your eyes and see the deadly danger that claims victims all around you and which threatens even your own souls.

Take to heart My anguished and important desire that each one enters into himself and begins a new life. Draw from Me the strength to do that" (August 8th, 1962).



Its Effect will Enlighten all the Souls

Mary: "I can no longer hold back my Flame of Love in my heart. Let it leap out into all of you. Make all the preparations to set out. Only the first step is difficult. Once it will have been accomplished, my Flame of Love will sweep away with uproar the distrust of souls. Encountering no resistance, the Flame will illumine souls with a gentle light.

Those accepting the Flame of Love will be intoxicated by the abundance of graces and they will proclaim everywhere, as I said before, that such a torrent of grace has never been granted since the Word became Flesh" (November 7th, 1963).

The above quotations and all other quotations in this Prayer Book are taken from The Spiritual Diary of Elizabeth Kindelmann. More details about the Spiritual Diary are on Page 52.

Contents

Introduction to the Flame of Love of the Immaculate Heart of Mary Movement	1
Flame of Hail Mary	4
Unity Prayer	5
Opening Cenacle Prayers	7
Joyful Mysteries	11
Luminous Mysteries	13
Sorrowful Mysteries	15
Glorious Mysteries	17
Concluding Cenacle Prayers	19
The Flame of Love Chaplet of the Adored Jesus	26
The Weekly Flame of Love - Daily Offerings	28
The Flame of Love Novena	32
An Act of Consecration to the Sacred Heart of Jesus	47
An Act of Consecration to Our Blessed Mother & Prayer for the Intercession of Elizabeth Kindelmann	48
The Flame of Love is Established within the Universal Church	49
Where Physical Cenacles are held. Registering Cenacles	50
How to join Jitsi for Virtual Cenacles and Rosaries	51
Ordering Flame of Love Prayer Books, Prayer Cards or Spiritual Diary	52
The Five Effects of the Flame of Love promised by Our Lady	53

Introduction to the Flame of Love of the Immaculate Heart of Mary Movement

If you are reading this, it is because Jesus and Our Lady have something to ask of you. One of the great challenges we have when presenting the Flame of Love of the Immaculate Heart of Mary is the assumption that it is another of the many Marian devotions, or about the words of another mystic. The Flame of Love is not about the messenger nor the messages; it is all about grace. In fact, we refer to the Flame of Love as the Movement of Grace built upon the Movement of Mercy – the two great Movements given to the Church at this time. For what the world needs most is Mercy and Grace.

This is why the Flame of Love is for everyone and not just those in the apostolate of the Flame of Love because grace is for everyone. The purpose of the Flame of Love is not to compete with other ministries but to strengthen every ministry in the Church, every person in the Church, every family in the Church, by a renewed commitment to a life of grace. It is to bring every person into such a deep intimacy and union with Jesus by the effect of grace that the influence of Satan on our families, communities, country, church, and world is driven out and souls are saved. In the vocabulary of the Flame of Love, this is called blinding Satan, i.e., so that he loses his influence over souls.

In giving the Flame of Love to the Church on 13th April 1962, through Elizabeth Kindelmann, a widowed mother of six and a Secular Carmelite in Communist Hungary, Mary said this would be the greatest outpouring of graces since the Word was made flesh. She told us the Flame of Love of her Immaculate Heart is not a ‘what’ but a ‘who’: it is Jesus himself. It is all about Jesus; it has always been about Jesus; it will always be about Jesus. She also said this would be her greatest miracle ever – greater than Fatima or Lourdes because it would not be a miracle in one place with a great sanctuary built in remembrance but the miracle of making every family a sanctuary - a holy place filled with Jesus by the effect of grace and that, when

the world sees Jesus fully present in countless lives around the world, it will finally take notice. Jesus, the Flame of Love, vibrantly alive in families by grace is the miracle.

The Salvation of Souls

The objective of all heavenly interventions is the salvation of souls. At Fatima Our Lady showed a vision of hell to the children and said that “the reason why souls are lost to Hell is because there is no one to pray for them”.

The purpose of this prayer book is to encourage you to pray and make sacrifices; as our Blessed Mother and Jesus’ Way of the Cross requests. The prayers in this book include the communal Cenacle Prayers and the 9 Day Novena of the Flame of Love Movement. They are structured to be a reminder of the great work of Jesus for the salvation of souls and Jesus’ desire for us to participate with Him in this great work. Notably in the meditation on the Ascension of Jesus into Heaven we read the words of Jesus to Elizabeth Kindelmann:

Jesus “The Church and the whole world is in grave danger. Even with your strength, you cannot change the situation. The most Holy Trinity alone can help you, through the concerted intercession of the most Blessed Virgin, all the Angels, all the Saints, and those souls whom you have freed from Purgatory.”

As we look around us in the world today, we can detect the truth of what Jesus said to Elizabeth. We can all see and are at the same time subject to the great movement of militant atheistic materialism, which is communism in all its forms, taking place in the world as Our Lady warned at Fatima. There are many evident signs of Satan's activity in the world today. The prevalence of lies, arrogance, hatred and malice are significant. God is Truth, Beauty and Goodness; and as St John so often reminds us, God is Love. The Flame of Love is the antidote to these malign influences.

Holy Souls

Ireland has a strong tradition of praying for and making sacrifices for the Holy Souls in Purgatory, particularly in November. Our Lady told Elizabeth that when the Hail Mary was prayed three times including the invocation ‘spread the effect of grace of thy Flame of Love over all humanity’ a soul would be released from Purgatory. In November ten souls are released for each Hail Mary.

The Holy Souls undergo a period of purification from sin in Purgatory to attain the holiness needed, through the grace of God, to enter into His presence in heaven. When the Flame of Love spreads over humanity it also extends to the souls in Purgatory. When we unite ourselves to Jesus in praying the Flame of Love Hail Mary, we play our part in the communion of saints, as pilgrims on earth, in helping those in Purgatory attain full remission. The effect of grace through Jesus is to complete their sanctification and so allow them to take the final step to union with God.

The Holy Rosary

Elizabeth records Jesus as saying everything has meaning. During the great miracle of Fatima Our Lady appeared to the children dressed as Our Lady of Mount Carmel holding out to them the rosary. Both Jesus and Our Blessed Mother call Elizabeth their little Carmelite. Our Lady has gifted us this Flame of Love Rosary, at this time, to save and free souls from Purgatory.

The effect of grace is to change and save humanity from the path of eternal separation from God. This is why the rosary is so important, and if we pray the rosary in honour of the Flame of Love of the Immaculate Heart of Mary, together with our participation in the Holy Sacrifice of the Mass united with our Shepherds, our situation on earth will change. We pray in honour of Jesus who frees the Holy Souls from the place of suffering. These souls then pray in unison with all the saints and angels for us here on earth. It is thus that the war between the woman and her seed foretold in Genesis 3:15 (*And I shall put hatred between you and the Woman, and between your seed and her seed. He shall tread upon your head and you will strike him in his heel*) will be won.

The Flame of Love Hail Mary

Hail Mary, full of grace, the Lord is with Thee. Blessed are Thou among women and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, *spread the effect of grace of Thy Flame of Love over all of humanity, now and at the hour of our death. Amen.*

In reciting the Hail Mary with the words ‘spread the effect of grace of Thy Flame of Love over all humanity’, Our Lady told Elizabeth Kindelmann, *"When recited, prayerfully, in honour of the Flame of Love of the Immaculate Heart of Mary, for every three recitations one soul is released into the presence of the Eternal Father. In November, it is ten souls for each recitation."*

The praying of the Hail Mary with the additional sentence is neither a correction nor an addition to the original Hail Mary, nor some variant of it, but a self-sufficing prayer, independent from the original Ave Maria.

Jesus, knowing our natural skepticism to change, especially in adding a petition to the Hail Mary, anticipates Elizabeth's question, “Why?” Jesus’ answer to Elizabeth is “so that, by its effect, humanity is converted.”

The Most Holy Virgin added: ‘I do not want to change the prayer by which you honour me; by this petition, I want rather to shake humanity. This is not a new prayer formula; *it must be a constant supplication.*’

The Unity Prayer

United with Jesus we have the means to save souls from the fires of hell. St John tells us the whole purpose of the Gospel message is for us to come to know the Father and Jesus Christ, whom He sent to us because this is the path to eternal life. The way we can know Jesus and thus our Eternal Father is to take to our hearts the Unity Prayer which expresses the desire of Jesus for our participation with Him in the work of salvation.

Unity Prayer

My adorable Jesus, May our feet journey together.
May our hands gather in unity.
May our hearts beat in unison.
May our souls be in harmony.
May our thoughts be as one.
May our ears listen to the silence together.
May our glances profoundly penetrate each other.
May our lips pray together to gain mercy from the Eternal Father. Amen.

One of the central messages of the Flame of Love is that through praying the Unity Prayer, Satan is blinded and people are protected from falling into sin.

In the Unity Prayer, we unite ourselves completely to Jesus, the Flame of Love, and we walk with Him. Jesus, the Flame of Love, blinds Satan. A comparison might be made to St. Patrick’s Breastplate (Lorica) which has notable similarities; by putting on Christ as a breastplate the wearer is protected from the evil enemy. It also has echoes of St. Paul encouraging us to put on the armour of God so that we can stand our ground in the spiritual battle. (*And put on all the armour of God, so that you can stand against the strategies of the Devil*, Ephesians. 6:11).

The Flame of Love Movement

As you will have gathered by now the Apostolate of the Flame of Love Movement of the Immaculate Heart of Mary is to pray and make sacrifices for the salvation of all souls; and to be, by our daily living of the Gospel, in union with Jesus. What you may not realise is: Jesus is the Flame of Love of the Immaculate Heart of Mary. Our Lady was able to say, ‘My soul Magnifies the Lord’, simply because Jesus is in her heart. Our hearts too magnify the Lord because they are the dwelling place of Jesus and the Most Blessed Trinity.

We encourage you to read Elizabeth’s Diary, ‘The Flame of Love of the Immaculate Heart of Mary: The Spiritual Diary of Elizabeth Kindelmann’, because there you will discover for yourself the way Jesus and Our Lady led Elizabeth to participate in Jesus’ great work of salvation. There you will learn how you too can participate in union with Jesus and Our Lady.



Cenacle Prayers of the Flame Of Love of The Immaculate Heart of Mary



We begin our Cenacle Prayers by welcoming Jesus, in the Blessed Sacrament.

We pray: Oh Sacrament most Holy, Oh Sacrament Divine, all praise and all thanksgiving be every moment Thine. (*Pray 3 times.*)

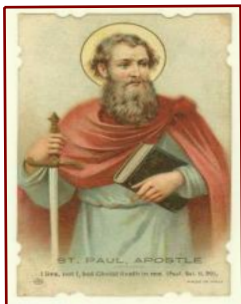
In the Name of the Father, and of the Son and of the Holy Spirit. Amen.

1. Prayer to the Holy Spirit



Come Holy Spirit and fill the hearts of your faithful, enkindle in us the fire of Your love. Send forth Your Spirit and we shall be created, and You shall renew the face of the earth. Oh, Holy Spirit, grant us all the gifts to perfect the virtues, so we may live the beatitudes with Jesus Christ for the glory of the Father and the salvation of souls. Oh Holy Spirit, substantial Love of the Father and the Son, uncreated Love dwelling in the souls of the just, come down upon me like a new Pentecost and bring me an abundance of Your gifts, of Your fruits, and of Your grace; unite Yourself to me as the most sweet Spouse of my soul. I consecrate myself entirely to You; invade me, take me, possess me wholly. Be the penetrating light which illumines my intellect, the gentle motion which attracts and directs my will, the supernatural energy which gives energy to my body. Complete in me Your work of sanctification and love. Make me pure, transparent, simple, true, free, peaceful, gentle, calm, serene even in suffering, and burning with charity toward God and neighbour. Kindle in me the fire of Your love and the flame of eternal charity. Amen

2. A Reading from the letter of St Paul to the Ephesians (3:14-21)



For this reason, I kneel before the Father, from whom every family in heaven and on earth derives its name. I pray that out of His glorious riches He may strengthen you with power through His Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of

Christ, and to know this love that surpasses knowledge - that you may be filled to the measure of all the fullness of God. Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us, to Him be glory in the Church and in Christ Jesus throughout all generations, for ever and ever! **The Word of the Lord.**

3. Consecration of the Flame of Love Apostolate



Lady of Mount Carmel, Queen of heaven and earth, and Our Mother, through whom Almighty God has delighted to extend the greatest outpouring of Graces to mankind since the Word became Flesh, we consecrate to your Immaculate Heart, completely and forever, the Flame of Love Apostolate, formed to assist You in saving your children, accelerating your Triumph and welcoming the Second Pentecost of the Holy Spirit, by spreading the effect of grace of your

Flame. We ask you to guide us in this, your Apostolate, so that our planning conforms to your wishes and our efforts are always performed in your name, the holy name of Mary. Enable us to grow, under your guidance, so that the effect of grace of the Flame of Love will spread over all humanity. Send additional priests, and the faithful, who will embrace your endeavours, and help our apostolate to expand throughout this entire country and beyond. Cover us with your scapular of protection

and your mantle of unity, harmony, and love; keep us steeped in humility so we do not falter. Strengthen us against all attacks of the enemy. Grant us the desire to share in the redemptive activity of Your Divine Son. Keep us strong, active and resolute; grant that our inevitable frustrations and failures will make us more determined than ever to continue our efforts, increasing your glory and thereby, the glory of Jesus, Our Saviour. We ask nothing in return but the pleasure of serving You. Strengthen us in prayer and contemplation so that our apostolic actions may conform to Your will and exceed expectations. Most Blessed Trinity, please approve our Consecration and through Mary, Our Mother, enable Our Apostolate to return lost sheep to your merciful bosom for all eternity. Amen.

4. Intentions



Dear Heavenly Father, we thank You for the many graces You have bestowed on us and for the gift of life and creation. We offer our prayers today through Your Son, Jesus Christ. We solemnly ask that you guide and protect your children; especially your consecrated sons and daughters; your chosen Pope (N), Cardinals, Archbishops, Bishops, Priests, Deacons and Religious. We also offer our prayers for an increase of vocations to the Priesthood and religious life so that your Church on earth may

continue to thrive according to Your Will. Please hear our prayers for the sick and the dying. We ask that they find healing and that Your Will be done always. We continue to offer prayers for the holy souls in purgatory that they may know peace in union with You. We include in our petitions all the people we carry in our hearts; our family members, each other and for all who spread the Flame of Love. We pray that those in roles of authority be guided by the Holy Spirit to make decisions that are in keeping with the will of God. Please protect the unborn and their mothers. We pray that those who have not yet come to know Your love will draw close to You, and we ask you to put Your Spirit in them. Lord, you have promised that Your Mother's Immaculate Heart will triumph. In accordance with this, we offer our prayers for the salvation of the whole world; for peace in our hearts and peace on earth. *(Invite personal intentions and finish with "Lord, hear us.")*

5. We offer ourselves to the Heavenly Father through all the wounds of Our Saviour, Jesus Christ.

The following vocal pray is suggested for this Meditation, but everyone is free to meditate using their own reflective prayer.



We kiss the wound of Your ***Sacred Left Hand**, with sorrow deep and true in reparation for our sins and the sins of the whole world. (Now make the sign of the Cross.)

***Sacred Right Hand**

***Sacred Left Foot**

***Sacred Right Foot**

***Sacred Side.** Amen.

6. The Holy Rosary

The Apostles' Creed



I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell; on the third day He arose again from the dead; He ascended into heaven and is seated at the right hand of God the Father Almighty, from thence He shall come to judge the living and

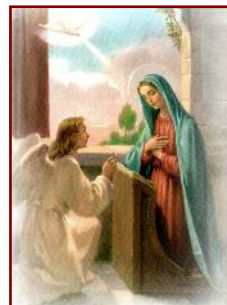
the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

For the increase of Faith, Hope and Love

One Our Father, three Hail Marys, one Glory Be.

The Joyful Mysteries (usually recited on Monday and Saturday)

First Joyful Mystery - The Annunciation



Grant us, Mary, by the graces of this mystery, a listening heart that responds to the call of the Lord with a loving yes joined to yours.

Mary: "I place a beam of light in your hands; it is the Flame of Love of my Heart. Add your love to this Flame and pass it on to others, my little one"
(April 13th, 1962).

After each Decade pray...

O My Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those who are in most need of Thy Mercy.

Come Holy Spirit! Come by means of the power of the Flame of Love of the Immaculate Heart of Mary.

My adorable Jesus, May our feet journey together. May our hands gather in unity. May our hearts beat in unison. May our souls be in harmony. May our thoughts be as one. May our ears listen to the silence together. May our glances profoundly penetrate each other. May our lips pray together to gain mercy from the Eternal Father. Amen.

St. Joseph, pray for us (3 times). Sing 'Ave Maria'.

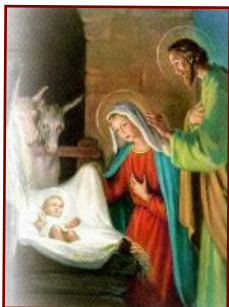
Second Joyful Mystery - The Visitation



Open our hearts, Mary, to give joyfully and without counting and in a gratuitousness of love, as you did at the Visitation.

Mary: "My little Carmelite, so many sins are committed in this country. Help me. Let us save the country"
(April 13th, 1962).

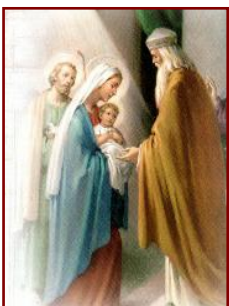
Third Joyful Mystery - The Birth of Jesus



Mary, tenderness of the poor, make us discover the true riches of the Kingdom, you who lived them at the birth of Jesus.

Mary: “With this Flame full of graces that I give you from my Heart, ignite all the hearts in the entire country. Let this Flame go from heart to heart. This is the miracle becoming the blaze whose dazzling light will blind Satan” (April 13th, 1962).

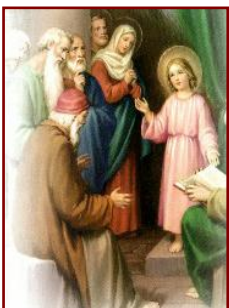
Fourth Joyful Mystery - The Presentation of Jesus in the Temple



Grant us, Mary, that we may recognise the Light of God in our lives, as Simeon recognised it at the Presentation of Jesus.

Mary: “I extend the effect of grace of the Flame of Love of my heart over all the peoples and nations, not only over those living in the Holy Mother Church, but over all the souls marked with the sign of the blessed Cross of my Divine Son” (September 16th, 1963).

Fifth Joyful Mystery - The Finding of the Child Jesus in the Temple



Mary, who has welcomed in faith the mystery of the mission of your Son in the Temple, make us obedient to God's plan.

Mary: “I can no longer hold back my Flame of Love in my heart. Let it leap out into all of you.... Those accepting the Flame of Love will be intoxicated by the abundance of graces and they will proclaim everywhere, as I said before, that such a torrent of grace has never been

granted since the Word became Flesh” (November 7th, 1963).

The Luminous Mysteries

(usually recited on Thursday)

First Luminous Mystery - The Baptism of Our Lord



O Mary, who kept everything in your Heart, make us attentive to God's presence and grateful for the privileged grace of our Baptism.

Jesus: “Look at Me. Always look into My eyes because in this new battle that Satan wants to wage against you, the look of My eyes will blind him” (January 14th, 1963).

After each Decade pray...

O My Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those who are in most need of Thy Mercy.

Come Holy Spirit! Come by means of the power of the Flame of Love of the Immaculate Heart of Mary.

My adorable Jesus, May our feet journey together. May our hands gather in unity. May our hearts beat in unison. May our souls be in harmony. May our thoughts be as one. May our ears listen to the silence together. May our glances profoundly penetrate each other. May our lips pray together to gain mercy from the Eternal Father. Amen.

St. Joseph, pray for us (3 times) Sing. ‘Ave Maria’.

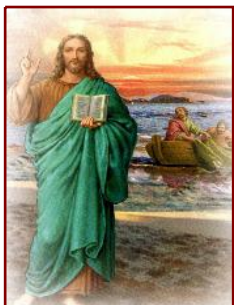
Second Luminous Mystery - The Wedding Feast at Cana



O Mary, Virgin of Cana, ask Jesus to change our hearts so that we may live ever more in the great freedom of God's children.

Mary: “Throughout the day, you should offer me your daily chores for the glory of God. Such an offering, made in a state of grace, also contributes to blind Satan” (November 30th 1962).

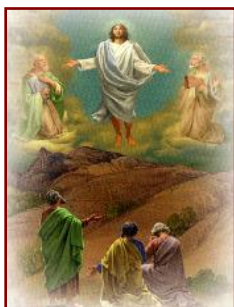
Third Luminous Mystery - The Proclamation of the Kingdom of God



By your unceasing prayer, Mary, obtain for us to be authentic witnesses of the Good News of Jesus Christ.

Jesus: “Speech is a gift of God and one day, we must give an account of our words. Through words, souls communicate with one another. Also through words, people get to know us” *(July 26th, 1971).*

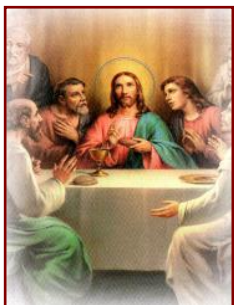
Fourth Luminous Mystery - Transfiguration



May our lives be transformed by the Holy Spirit, and may your Flame of Love, Mary, warm our hearts so that we become pure and trusting like little children.

Mary: “Sacrifice and prayer! These are your instruments. The goal is to bring about the powerful work of Salvation. Oh, if your desires reach the throne of the heavenly Father, the results will be abundant” *(July 22nd, 1963).*

Fifth Luminous Mystery - The Institution of the Holy Eucharist

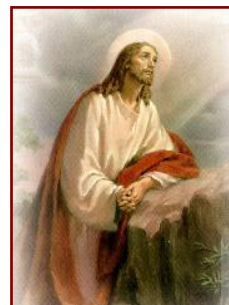


O Mary, Virgin of Contemplation, help us to increase our intimacy with Jesus in the Eucharist, the Bread of Life of everyday.

Mary: “The participation in the Holy Mass is what helps the most to blind Satan” *(November 22nd, 1963).*

The Sorrowful Mysteries (usually recited on Tuesday and Friday)

First Sorrowful Mystery - The Agony in the Garden



“My Father, if it is possible, let this cup pass me by, nevertheless, let it be as You, not I, would have it.” With you, Mary, may this become our prayer in all our trials.

Jesus “My table is always set, I, the Master, have sacrificed everything. I give Myself” *(January 16th, 1964).*

After each Decade pray...

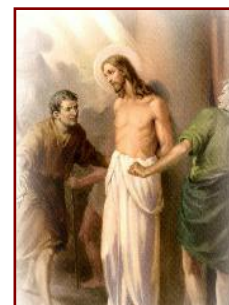
O My Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those who are in most need of Thy Mercy.

Come Holy Spirit! Come by means of the power of the Flame of Love of the Immaculate Heart of Mary.

My adorable Jesus, May our feet journey together. May our hands gather in unity. May our hearts beat in unison. May our souls be in harmony. May our thoughts be as one. May our ears listen to the silence together. May our glances profoundly penetrate each other. May our lips pray together to gain mercy from the Eternal Father. Amen.

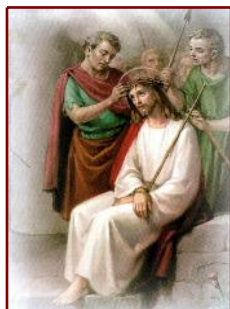
St. Joseph, pray for us (3 times). Sing ‘Ave Maria’.

Second Sorrowful Mystery - The Scourging at the Pillar



May our suffering, united to the scourging of Jesus, become a prayer of offering to the world, with you, Mary. **Jesus: “After receiving My Precious Blood, examine your souls and become aware of the exhilaration that the power of My Precious Blood brings about in you. Do not be so insensitive. Let not routine lead you to my holy table, but rather the fervour of sacrificial charity, which ignites through contact with My love. Through Me - in as much as you remain united to Me it will burn sin out of your souls”** *(January 16th, 1964).*

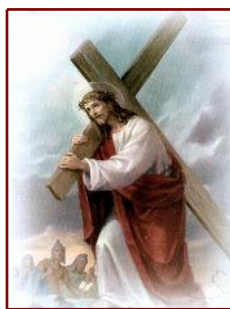
Third Sorrowful Mystery - The Crowning with Thorns



May the thorns of our hearts make the garden of our life blossom in faith with you, Mary.

Jesus: “Without faith and trust, no virtue can take root in you. They are the foundation of this holy project for which we are preparing” (March 24th, 1963).

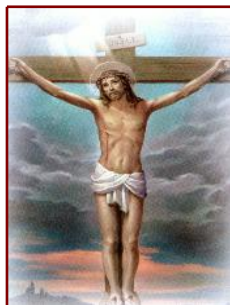
Fourth Sorrowful Mystery - Jesus carries the Cross



May our daily cross find meaning in the sorrowful Cross of Jesus, which has become glorious by His Resurrection.

Jesus: “Develop trust in your heart for Me. What hurts Me the most is that you do not trust Me. It is in vain that you have faith, without trust you cannot grow closer to Me. Ask My sons to arouse courage in the souls” (April 17th, 1962).

Fifth Sorrowful Mystery - The Crucifixion



May the loving words uttered by Jesus on the Cross become seeds of life, love and forgiveness in all our hearts.

Jesus: “You see why I say, ‘Do not leave Me alone!’ Let Me give you abundant graces which are stored up in the immeasurable love of My Heart” (February 10th, 1963).

The Glorious Mysteries

(usually recited on Wednesday and Sunday)

First Glorious Mystery - The Resurrection



Through the power of Your Resurrection, grant us Lord the taste of life, and reach out to those who have lost its meaning.

Mary: “When those persons consecrated to God and the faithful keep the Monday fast, they will free a multitude of souls from purgatory each time they receive Communion during that week, at the very moment they receive the Holy Body of Our Lord Jesus Christ” (August 15th, 1980).

After each Decade pray...

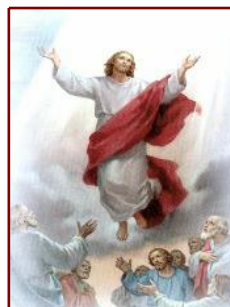
O My Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those who are in most need of Thy Mercy.

Come Holy Spirit! Come by means of the power of the Flame of Love of the Immaculate Heart of Mary.

My adorable Jesus, May our feet journey together. May our hands gather in unity. May our hearts beat in unison. May our souls be in harmony. May our thoughts be as one. May our ears listen to the silence together. May our glances profoundly penetrate each other. May our lips pray together to gain mercy from the Eternal Father. Amen.

St. Joseph, pray for us (3 times). Sing ‘Ave Maria’.

Second Glorious Mystery - The Ascension



“Why are you standing here looking into the sky? ‘Go out, proclaim the Good News.’ May we become, O Lord, authentic witnesses of Your Resurrection.

Jesus “The Church and the whole world is in grave danger. Even with your strength, you cannot change this situation. The Most Holy Trinity alone can help you, through the concerted intercession of the Most Blessed Virgin, all the angels, all the saints, and those souls whom you have freed from purgatory” (August 15th, 1980).

Third Glorious Mystery - The Descent of the Holy Spirit



Send forth Your Spirit, Lord, and give us the audacity of Your true disciples.

Jesus: “I speak about the time of grace and the Spirit of Love quite comparable to the first Pentecost, flooding the earth with its power. That will be the great miracle drawing the attention of all humanity. All that is the effusion of the effect of grace of the Blessed Virgin’s Flame of Love”
(March 24th, 1963).

Fourth Glorious Mystery - Assumption of Mary into Heaven



“I am the Resurrection and the Life.” May these words, Mary, maintain us in the hope and the certainty of an eternal tomorrow.

Mary: “Therefore, we have no right to wrap ourselves in silence but we also must remember that we are responsible for every spoken word. Therefore, we should walk and live in God’s presence pondering each word that we say. Our Father gave the gift of speech and you must make

use of your gift. Do not be afraid to speak!” *(July 26th, 1971).*

Fifth Glorious Mystery - The Coronation of Mary in Heaven



O Mary, crowned in glory, kindle us continually by the Flame of Love of Your Immaculate Heart.

Mary “I grant to all the grace to see the results of their labours on behalf of My Flame of Love in each soul, in your country and in the entire world. You, who are labouring and making sacrifices for the prompt outpouring of my Flame of Love, you are going to get to see it” *(July 11th, 1975).*

7. Hail, Holy Queen



Hail, Holy Queen, Mother of Mercy, hail our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy towards us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O Sweet Virgin Mary.

Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

Let us pray: O God, whose only begotten Son by his life, death and Resurrection has purchased for us the rewards of eternal salvation; grant we beseech thee, that meditating on these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise through the same Christ our Lord. Amen.

May the divine assistance remain always with us, and may the souls of the faithful departed through the mercy of God rest in peace. Amen.

8. Adoration



My adorable Jesus, we ask you to take us in spirit before your Eucharistic Presence throughout the world.

(Pause for silent reflection.)

9. Our Blessed Mother



Blessed Mary, take us and place us where we belong in the Divine Fire. Share with us your Immaculate Conception.

(Pause for silent reflection.)

10. Prayer to Saint Joseph



Oh, Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, we place in you all our interests and desires. Oh, Saint Joseph, do assist us by your powerful intercession, and obtain for us from your Divine Son all spiritual blessings, through Jesus Christ, Our Lord, so that, having engaged here below your heavenly power, we may offer our thanksgiving and homage to the most loving of Fathers. Oh, Saint Joseph, we never weary of contemplating you and Jesus asleep in your arms; we

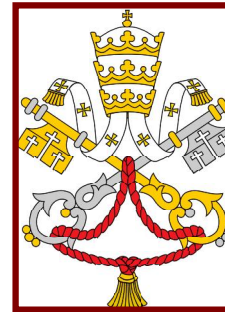
dare not approach while He reposes near your heart. Press Him in our names and kiss His fine head for us and ask Him to return the kiss when we draw our dying breath. Saint Joseph, patron of departing souls, pray for us. Amen.

11. Prayer to Saint Michael the Archangel



Saint Michael the Archangel, defend us in the day of battle, be our defence against the wickedness and snares of the Devil. May God rebuke him, we humbly pray and do thou, O Prince of the heavenly host, by the divine power of God, thrust down to hell, Satan and all wicked spirits who prowl about the world seeking the ruin of souls. Amen.

12. For the Pope's Intentions



We pray for the intentions of the Holy Father:

One Our Father,
One Hail Mary,
One Glory Be.

13. A Prayer to Receive the Flame of Love

Now we will pray a prayer for receiving the Flame of Love. The prayer begins with a renewal of our Baptismal promises as recited during the Easter Liturgies:

Leader: Do you reject Satan?

All: I do.

Leader: And all his works?

All: I do.

Leader: And all his empty promises?

All: I do.

Leader: Do you believe in God, the Father Almighty, creator of heaven and earth?

All: I do.

Leader: Do you believe in Jesus Christ, His only Son, our Lord, who was born of the Virgin Mary, was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father?

All: I do.

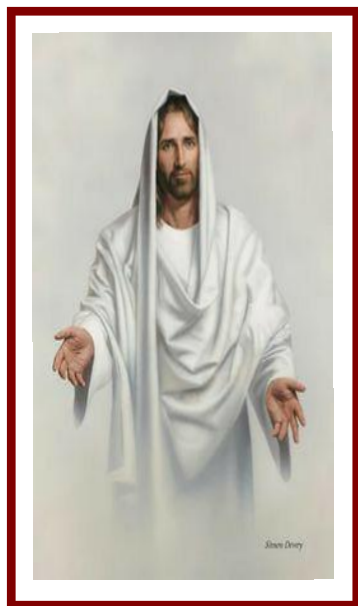


Leader: Do you believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting?

All: I do.

Leader: God, the all-powerful Father of our Lord Jesus Christ has given us a new birth by water and the Holy Spirit and forgiven all our sins. May He also keep us faithful to Our Lord Jesus Christ for ever and ever.

All: Amen.



Leader: Imagine yourself clothed in white garments, a symbol of your Baptism and of your future life in Heaven with the angels and saints.

Imagine an enormous fire. You enter into that fire. Do not be afraid. The fire is Jesus Himself, the Flame of Love. You are not alone; Mary is with you. You are in the deepest part of her Heart, immersed in her Flame of Love. Mary fills you with great desires so that you want to receive more and more of this Flame, surrender to the Flame and to have Him consume your whole life.

This Flame (Jesus Himself) is the pearl of great price, the treasure hidden in the field, the whole purpose of your life. Allow the Flame to enter your being. Allow Jesus to fill your imagination and memory. Close your eyes and imagine Jesus living within you.

Imagine Jesus in the mysteries of the rosary. He is conceived in Mary's womb. He sanctifies John the Baptist and Elizabeth. He is born into the world. The shepherds and the wise men can see God's human face. At forty days, He fills the temple with light. At twelve, He fills that same temple with His teachings.

At 30, Jesus is Baptised. He receives the Holy Spirit and hears the Father's voice. He changes water into wine. He preaches, heals, drives out demons and proclaims that the Kingdom is at hand. He reveals His full glory to Peter, James and John. On the night before His death, He says, 'This is My Body,' and 'This is My Blood.'

He goes to the Garden of Gethsemane where He accepts the Father's will. He gives Himself over to men whom Satan uses as his instruments. He accepts the wounds on His back and the thorns upon His head. He accepts the Cross, walks to Calvary and *dies for you*. (**Pause**)

His *soul* leaves His *body* and enters into eternal glory. Jesus' glorified soul re-enters His body, glorifies it and raises it from the dead. He appears to His disciples, tells them to make disciples of all nations, and ascends to the Father's right hand. He sends the Holy Spirit upon the disciples, takes His Mother into Heaven, body and soul, and then, makes her Queen of all the angels and saints.

After imagining Jesus in these Gospel stories, allow the Flame to come to your will. You welcome Him and He enters your heart, you have invited Jesus to be the centre of your life. He is your King. Place this fire on the lampstand and Jesus' light will flood you.

When you receive the Flame with others, you experience the communion of saints. When one receives, all are blessed. When all receive, each is more blessed.

Right now, Our Lady embraces you and pours out her Flame of Love in great abundance. This is a holy and sacred moment. She sends this Flame into your heart. The Flame leaps from her heart to yours. She gives the Flame without limits. The Flame of Love is so great that she suffers until the Flame leaves her Heart and goes to yours, because it belongs in all our hearts. She gives the Fire far beyond your capacity to receive. She gives gifts that were meant for others, but they did not receive. Receive this Flame for everyone - for yourself, your family, your friends. You will not realise all she has done for you this day. The effects will unfold slowly and powerfully. Be still. The prayer is complete. Our Lady is pouring out the effects of Grace of the Flame of Love. (**Remain in silence and receive**).

14. Foundational Teaching on the Flame of Love



Read a passage from ‘The Flame of Love of the Immaculate Heart of Mary: The Spiritual Diary of Elizabeth Kindelmann.’

15. Prayer for the spread of the Flame of Love

Blessed Virgin Mary, our Mother, your love of God and your love for us, your children is such that you offer us to Your Divine Son Jesus on the Cross, to obtain forgiveness for our sins from the Eternal Father, and thus, obtain our salvation, and for anyone believing in Jesus, not to perish but obtain Eternal Life. It is with filial trust that we beseech you, Blessed Mother, with the Flame of Love of your Immaculate Heart and through the Holy Spirit, to inflame in our hearts the fire of a perfect love for God and all people. Help us to spread this Holy Flame to all people of goodwill, so that the Flame of Love may extinguish the fires of hate all over the world, and Jesus, the Prince of Peace, may be King, front and centre, in every heart, in the Sacrament of His Love on the throne of our Altars. Amen. *(With the personal approval of His Holiness Paul VI, November 1973).*

16. We offer ourselves to the Heavenly Father through all the wounds of Our Saviour, Jesus Christ

The following vocal pray is suggested for this Meditation, but everyone is free to meditate using their own reflective prayer.



We kiss the wound of Your ***Sacred Left Hand**, with sorrow deep and true in reparation for our sins and the sins of the whole world. (Now make the sign of the Cross.)

***Sacred Right Hand**

***Sacred Left Foot**

***Sacred Right Foot**

***Sacred Side.** Amen.

17. Repose of the Blessed Sacrament



We pray: Oh Sacrament most Holy, Oh Sacrament Divine, all praise and all thanksgiving be every moment Thine. *(Pray 3 times.)*

In the absence of a Priest or Deacon:

“May the Lord bless us, protect us from all evil and bring us to everlasting life”. Amen

In the Name of the Father, and of the Son and of the Holy Spirit, Amen

18. Meditation and discussion on the passage read from the Diary.



This offers the opportunity to share with each other how the Holy Spirit is leading us in our individual faith experience.

This concludes the Cenacle.

The Flame of Love Chaplet of the Adored Jesus

1. Petitions

2. Meditation on the Sacred Five Wounds of our Lord Jesus Christ

We offer ourselves to the Heavenly Father through all the wounds of Our Saviour, Jesus Christ. We kiss the wound of your
*Sacred Left Hand, with sorrow deep and true in reparation for our sins and the sins of the whole world. (Now make the sign of the Cross.)

*Sacred Right Hand,
*Sacred Left Foot,
*Sacred Right Foot,
*Sacred Side. Amen.

3. The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God, the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

4. Our Father

5. Flame of Love Hail Mary x 3

6. Glory Be.....

7. Large Beads (Our Father Beads) - The Unity Prayer:

Leader: My Adorable Jesus, May our feet journey together, May our hands gather in unity, May our hearts beat in unison, May our souls be in harmony.

Responder: May our thoughts be as one. May our ears listen to the silence together. May our glances profoundly penetrate each other. May our lips pray together to gain Mercy from the Eternal Father. Amen.

8. Small Beads (Hail Mary Beads):

Leader: 'My Adored Jesus'.

Responder: "I Love You" (Repeat 10 times, for all 5 decades - with the Unity Prayer in between each decade)

Chaplet Conclusion Prayers:

9. Unity Prayer.

10. Glory Be... '

11. 'My Adored Jesus', "I Love You"(pray 3 times).

12. Amen

13. Meditation on the Sacred Five Wounds of our Lord Jesus Christ

The Chaplet is given to us so that we do not just say prayers but fall in love with Jesus. It is to strengthen us in these difficult times.



The Weekly Flame of Love - Daily Offerings

The means to save souls: “Sacrifice and prayer! These are your instruments” (July 22nd-23rd, 1963).

All kinds of sacrifices such as bearing with patience bodily and spiritual sufferings, uniting them to the Passion of Jesus (May 24th, 1963) as well as fasting, keeping night vigil (during part of the night), etc. Each one, according to his ability, can practice them at all times and in all places. Even with the offering of our daily work and chores, we can save souls (November 30th, 1962). Our reparation for sins is also fruitful for souls (August 15th, 1964). Even the desire for the salvation of souls helps to blind Satan (November 30th, 1962) because “The will of the soul is already love” (September 15th, 1962).

Monday – Pray for the Holy Souls (in purgatory) offering a *fast (of bread and water).



Each time you fast the soul of a Priest is released from purgatory. Consecrated souls and the faithful who keep the Monday fast will free a multitude of souls each time they receive Holy Communion that week. Keep the fast for 24 hours or until at least 6pm (if you stop at 6pm you are then requested to offer a Rosary for the Holy Souls). Whoever practices this will receive the grace of being liberated from the place of suffering within eight days of their suffering, assuming he/she has died in the grace of God (April 10th, 1962).

**Fast as you are able to do so. If, for medical conditions, you are unable to fast, cut out some food which you enjoy for that day.*

Tuesday – Offer this as a ‘Day for the Family’.

Make spiritual communions for each member of the family. Offer each person, one by one, to our dear Mother.

The Spiritual Holy Communion Prayer:

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire that _____ receives You into (his/her) soul. Since (he/she) cannot now receive You sacramentally, come at least spiritually into (his/her) heart. Have (him/her) embrace You as if You had already come, and unite (him/her) wholly to You. Never permit (him/her) to be separated from You. Amen

Wednesday - A Day for Priestly Vocations.



Mary: “Ask me for many young men with a *fervent heart*”. You will get as many as requested because the desire lies in the soul of many young men, but there is no one helping them to realise their goal (April 10th, 1962).

Thursday - Reparation to the Blessed Sacrament.

Jesus: “On that day, you will spend hours in My Sacred Presence. Adore Me with great fervour making reparation for the many offences inflicted upon Me. Immerse yourself into My sorrowful agony as I was sweating blood. You will draw great spiritual strength from it” (April 10th, 1962).

A Family Holy Hour on Thursday and Fridays to offer a very special reparation to Jesus was requested by Our Lady (April, 13th, 1962).

Friday - The Day of My Passion

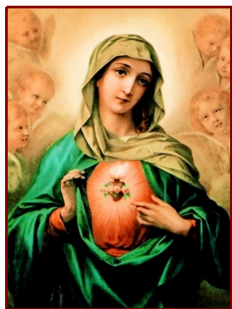
Jesus: “With all the love of your heart, immerse yourself in My sorrowful Passion.

When you arise in the morning, recall what was awaiting Me the entire day after the terrible torments of that night.

While at work, contemplate the Way of the Cross and consider that I did not have any moment of rest. Totally exhausted, I was forced to climb the Mount of Calvary. There is much to contemplate. I went to the limit, and I tell you, you cannot go to excess in doing something for Me.

From noon until 3pm adore My Sacred Wounds. Hopefully you can keep fasting until the time My Sacred Body was taken down from the Cross”.

Saturday – The Day of Our Mother.



On this day, venerate Our Mother in a special way with a very particular tenderness. As you are well aware, she is the Mother of all graces. Wish that she be venerated on earth as she is venerated in heaven by the multitude of angels and saints. Seek for agonizing Priests the grace of a holy death.....Priestly souls will intercede for you, and the Most Holy Virgin will be waiting for your soul at the hour of death.

Sunday - Mary: “Even on Sunday, your day of rest, you will do vigils and attend as many Masses as possible.

Offer them for the youth. How many souls are lost, not taking root because no one is concerned about their spiritual progress. Let your soul be filled with prayers of sacrifice, even on your days of rest. Offer these days especially for the young” (May 4th, 1962).

9 Day Novena to the Flame of Love of the Immaculate Heart of Mary



**Feast Day: 2nd February
(Candlemas Day)**

An urgent call from the Virgin Mary

An Introduction to the Novena

Dear brothers and sisters,

Here are three examples of messages in which the Blessed Virgin urges us to unite with her for the sublime mission of saving souls by blessing and protecting families.

Virgin Mary: “Enter into battle, we will be the conquerors. My Flame of Love will blind Satan to the same extent that all of you spread it around the world. Just as the whole world knows my name, so I want the Flame of Love of my heart performing miracles in the depths of the hearts, also to be known” (October 19th, 1962).

Virgin Mary: “And I, the beautiful ray of dawn, will blind Satan. I will free this world darkened by hatred and contaminated by the sulphurous and steaming lava of Satan. The air which gave life to souls has become suffocating and deadly. No dying soul should be damned. My Flame of Love is already lighting up. You know, my little one, the elect will have to fight against the Prince of Darkness. It will be a terrible storm. Rather, it will be a hurricane which will want to destroy the faith and confidence of even the elect. In this terrible turmoil currently brewing up, you will see the brightness of my Flame of Love illuminating heaven and earth by the effusion of its effect of grace I am passing on to souls in this dark night” (May 19th, 1963).

Virgin Mary: “You must dedicate yourselves to blind Satan. The co-ordinated forces of the entire world are necessary to accomplish this. Do not delay because some day you will be called to account for the work entrusted to you, for the fate of a multitude of souls. I do not want even one soul damned. Satan will be blinded in as much as you work against him” (November 27th, 1963).

The Virgin Mary has much more desire to help us than we do to be helped. By placing our trust in her Immaculate Heart, we respond to her love by giving her great maternal joy.

During these nine days of the Novena, let us offer the Blessed Virgin any trial or sacrifice available to us, adding power to our prayers. Here are some examples: offering our day to God, visiting the Most Holy Sacrament, attending Holy Mass, making sacrifices, big or small, fasting, etc. Let us be inventive in order to delight Mary and shape our efforts to our daily lives, which are so different from each other. God responds to the trusting prayers of His children. Then the blessings asked for will be granted to us. If one of our demands is not answered immediately, let us remain in peace, trusting God, because it means that God has something better and greater for us than that for which we asked. May this truth grow and become complete trust for us.

Initial approach and prayers for each day of the Novena

1. Each day, before reciting the prayers of this Novena, we light a candle and begin by making the sign of the Cross five times while taking refuge in the five wounds of Jesus.
2. We pray for the intentions of our Blessed Mother and we also ask her for graces for each of our personal intentions. The most important thing is to live every step of this Novena with a generous loving heart; with a living faith and a deep recollection.
3. We take a moment to acknowledge our faults and ask God's forgiveness: **Act of Contrition: My God, I am very sorry for offending you because you are infinitely good, infinitely kind and you hate sin. Forgive me by the merits of Jesus Christ, my Saviour. I resolve, by your holy grace, not to offend you and to do penance. Amen.**
4. We ask for the outpouring of the Holy Spirit on all humanity for the salvation of souls.

Invocation of the Holy Spirit

Come Holy Spirit, come by means of the power of the Flame of Love of the Immaculate Heart of Mary. (3 times)

Day One

Mary's work for the Salvation of Souls

"I am the servant of the Lord; may it be done to me according to your Word!" (Luke 1:38). These are Mary's words to the Archangel Gabriel in response to God's call to her. Like Mary, God has a plan for each of us, and we must unite with the Flame of Love of her Immaculate Heart and follow her faithfully in her mission as Mother of the Church. She asks us to save as many souls as possible, by our prayers and sacrifices.

Virgin Mary: "My little Carmelite, in the silence of the night, I want to speak with you. Pay attention to what I say, but continue to rest. You know how my heart is immensely in pain. Satan is sweeping souls away in a terrifying way. Why do you not all try your best to stop him and do it as soon as possible? I need your help. My heart is burning with sorrow because I see how many souls are being damned. Many are dragged away in spite of their goodwill. With a sarcastic smile, the Evil One extends his arms, and with terrible malice, he drags away those for whom my Divine Son suffered unspeakable torments and death. Please, help!" (May 14th, 1962).

Moment for reflection

1. Do we desire to live as true Christians who care about the salvation of souls?
2. How can we best collaborate with the Flame of Love of the Immaculate Heart of Mary in order to obtain the salvation of souls?
3. Only we can change the terrible situation of the loss of souls. We can pray, united with the Most Holy Trinity, with the combined intercession of the Most Holy Virgin, of all the saints, and of those souls freed from purgatory by our prayers.
4. Have we offered a night vigil of prayer to our Holy Mother?

Intention

We pray for the salvation of souls, for our own sanctification and that of all those we carry in our hearts.

Final prayers suggested for each day on Page 46

Day Two

A Way to Save Souls

The actions of God's enemy, Satan, "the devil", with his dark resources and demonic tricks seep into all levels: the denial of God, division in the family, immodesty and lust, abortion, occult rites, power and domination, money and the desire to possess more and more, wars, etc. What a comfort for us to fully receive and use, the simple way offered to us by the Virgin Mary to obtain victory over evil.

Virgin Mary: "When you say the prayer that honours me, the Hail Mary, include this petition in the following manner: 'Hail Mary, full of grace pray for us sinners, *spread the effect of grace of thy flame of love over all of humanity, now and at the hour of our death. Amen*' " (October 1962).

The competent Bishop asked Elizabeth: "Why should the very old Hail Mary be recited differently?"

Jesus: – "It is exclusively thanks to the efficacious pleas of the Most Holy Virgin that the Most Holy Trinity granted the effusion of the Flame of Love. By it, ask in the prayer with which you greet My Most Holy Mother: '*Spread the effect of grace of thy Flame of Love over all of humanity, now and at the hour of our death. Amen.*' So that, by its effect, humanity is converted" (February 2nd, 1982).

Virgin Mary: "I do not want to change the prayer by which you honour me; by this petition, I want rather to shake humanity. This is not a new prayer formula; it must be a constant supplication" (February 2nd, 1982).

Moment for reflection

1. Do we confidently recite the Hail Mary by adding the powerful plea of the Flame of Love?

2. Elizabeth Kindelmann's Spiritual Diary teaches us and invites us to know the requests made by the Virgin Mary and Our Lord Jesus Christ to save loved ones and other souls. Do we take the time to read it and meditate on it?
3. What is our level of commitment to spread the Flame of Love of the Immaculate Heart and to obtain the salvation of people around us?

Intention

We recite as often as possible the prayers of the Flame of Love of the Immaculate Heart of Mary, as a powerful means to save souls.

Final prayers suggested for each day on Page 46

Day Three

Mary and Holiness

Humanity cannot be converted without the sanctification of each human soul, hence the obligation to decide for holiness. Jesus exhorts us to do so by saying: *"You, then, be perfect as your Heavenly Father is perfect (Matthew 5:48).*

There is no holiness without humility. Humility will always grow in the soul that is on its way to holiness. The more the soul humbles itself, the more holiness grows in it. From our humble confidence in God springs the procession of all other virtues. Every moment of Mary's life was a continual Yes to God's Will. What for? Because Mary is the humble one who, in total submission, accepted God's Will for her life, to be the Mother of the Saviour, to go to Bethlehem to obey the census edict, to flee to Egypt, to welcome the prophecy of Simeon, to see her Son die on the Cross, to witness His burial, etc. Let us observe Mary who takes jealous care to preserve humility in the heart of her messenger, Elizabeth Kindelmann and so protecting her holiness.

Virgin Mary: "My little one, why did you try so hard? Why did you want to speak eloquent words on behalf of my Flame of Love? Keep before your eyes that you are destined for suffering. Remember also the words my Divine Son told you: 'Give yourself to suffering and sacrifice yourself ceaselessly.' Your sufferings are not in vain, but it is not for you to worry about who understands my Flame of Love. Do not be surprised, my little instrument, that you cannot speak eloquent words. I am the one who acts and who enkindles the Flame of Love in the depth of hearts. I am the one who confused your words and darkened your mind. I did not want any pride in your soul. That would be a great fault. You, little instrument, be reasonable and totally humble. You are an instrument in our hands. We care for you and allow no sin to come close to you. Be careful in all your temptations. The evil one takes advantage of every situation to shake your humility" (December 17th, 1962).

Jesus: "With each beat of your heart, repent of your sins. Make reparation and console Me. If your love decreases, turn to our heavenly Mother and she will fill your heart with abundant love for Me. I am grateful to you because your heart suffers with Me, beats in Me. Never tire of contemplating My sacred Wounds, from which you will always draw strength. Offer yourself to the Eternal Father. Abide within the Most Holy Trinity. In temptations, flee under the mantle of our Mother. She will defend you from the Evil One who will continually trouble you. I will be with you if you stay close to Me. No one and nothing will snatch you from Me" (Between March 4th and 7th, 1962).

Moment for reflection

1. Do we desire the peace that holiness brings? – How will we achieve this?
2. Do we guard and preserve the sanctifying grace we received at Baptism?
3. Do we faithfully love the Unity Prayer that Jesus gave us in order to be united with Him at every moment in our lives and to let Him transform our hearts?

Intention

We renew our decision for holiness and we live every day in the *grace* of our baptism: always choosing good and renouncing evil.

Final prayers suggested for each day on Page 46

Day Four

Mary and the Holy Cross

The Virgin Mary was at the foot of the Cross of Jesus. She suffered terribly to see her Son die in such agony. Out of love for God and for us, she always accepted her sufferings because she knew the value of each of them; and so she lived them, loved them and offered them as a gift to God for the salvation of souls.

Today, Mary also accompanies us in our sufferings. By her example, she invites us to accept them with deep humility and immense love so that the Flame of Love of her Immaculate Heart may blind Satan with greater force. Then many souls will become healed and holy under the effect of its soft light and comforting warmth, so bringing us to participate in the work of salvation.

Virgin Mary – “In the course of your long struggles, I am now going to tell you why I chose you as the first to be handed the Flame of Love. You have yourself recognised that you are not worthy of this. This is the pure truth. There are many souls more worthy than you. However, the graces I have bestowed upon you and the sufferings you endure with such great fidelity have made you the chosen one..... I will tell you. Listen, my daughter, you are also the mother of a large family. Through your children you know all the pains and problems of a family. Many times, you were close to falling beneath the cross of difficult trials, and you still experience many sorrows over your children. Bearing such ordeals is meritorious for you and for any mother” (November 19th, 1962).

Jesus – “No matter how painful, accept this suffering. You are receiving graces that other souls would only receive over a period of several decades. Be very grateful for that. My Mother’s Flame of Love is always compelling. I told you many times, you have been chosen as one of her most favourite” (August 1st, 1963).

Moment for reflection

1. There is no true love without the cross of sacrifice. In trials, do we act on Mary's example and offer up our sufferings?
2. Does our love for the Virgin Mary, for our family and for souls give us the grace to offer our sufferings for them?

Intention

May we accept our crosses every day with immense love in accordance with the Will of God.

Final prayers suggested for each day on Page 46

Day Five

Mary, Mother of the Eucharist

In saying her ‘Yes’ to God, Mary intimately contributed to the Incarnation of the Son of God. She brought the elements, so that the Body and Blood of the Saviour that become present in the Eucharist, formed in her body. It was the first time that a human being received the Body of Christ.

And we could say that Mary's visit to her cousin Elizabeth was the first procession with the Body of Christ. On her way to Elizabeth's house and return to Nazareth, Mary and the Most Holy One crossed the villages and fields that were blessed and sanctified by the Saviour.

With what affection, what piety and delight, Mary carried the Son of God in her womb! This sublime motherhood of Mary brings us to an intimate

contact with Jesus when we receive him in Holy Communion. Let us look with Mary at the face of Jesus in the Eucharist. Let us contemplate with Jesus His *holy presence* in the Eucharist and His *holy* desire to be united at all times to each of us.

Jesus: “My daughter, do not misunderstand Me. I will continue to be with you in Holy Communion. There, I will await your coming as I did today. Be loyal, do not seek consolations. Renounce yourself and love only Me. Let only the Holy Spirit of Love fill your heart. Love Me as an infant wrapped up in his white swaddling clothes. Seek Me like My Mother once sought Me among the crowd with an anxious heart. And wherever you are, rejoice because of Me! Think of Me when you need a helping hand. If you think you are in need of fatherly support, look up to the Eternal Father, and with the Holy Spirit, be immersed in our love” (April 20th, 1962).

Moment for reflection

1. What place does devotion to the Virgin Mary and the Holy Eucharist take in our lives?
2. Do we recognise the transformation that is taking place in our hearts through Holy Communion?
3. Do we receive the Eucharist often, as the preferred way to be united with Jesus and to sanctify ourselves?

Intention

We communion with Jesus as much as possible in the Eucharist and if we cannot do so, we receive him spiritually as often as possible in our hearts.

Final prayers suggested for each day on Page 46



Day Six

The Flame of Love of the United Hearts of Jesus and Mary

The love that unites the Holy Hearts is infinite. The Eternal Father spreads the Spirit of Love of Jesus and Mary over humanity. If we love Mary, we love Jesus. A mother's heart is always united through time and space with her children. Let us ask God to enable us to love the United Hearts of Jesus and Mary with all the intensity of our souls.

Jesus – "Love Me even more and with greater fidelity. Do not tire of hearing My continual complaints. I complain much, My little one, because so few listen to Me. I complain in vain to My consecrated souls. They do not enter into the intimacy of their own heart. If so, they would hear My laments. How greatly I need to tell them how to promote the coming of My Kingdom" (July 2nd, 1962).

Moment for reflection

1. Do we pray to the United Hearts of Jesus and Mary for consecrated souls?
2. Do we frequently console the two Hearts of Jesus and Mary with our choices for love and charity?
3. The Flame of Love of the United Holy Hearts of Jesus and Mary gives new meaning to our lives. Do we spread joy, enthusiasm and love to ignite the hearts of those people around us?

Intention

We will attend Mass for the Holy Hearts of Jesus and Mary on the first Friday and Saturday of the month as we are able.

Final prayers suggested for each day on Page 46

Day Seven

Mary, Noah's Ark for our time

We all live in times when we need comfort and relief from heaven. Our refuge is Mary's heart. From this Immaculate Heart springs the Flame of Love. And Jesus explains well, that the Flame of Love is the ark of salvation for our time. He spoke to Elizabeth several times in this regard.

Jesus – “Because the Flame of Love of the heart of My Mother is Noah’s Ark” (*Spring 1981*).

Noah's ark foreshadows the mission of the Virgin Mary to spread the Flame of Love and Jesus invites us to enter the ark and live His messages and those of our Mother. Since the Flame of Love saves us in these difficult and dark times, let us be united with the Flame of Love and offer Mary our greatest efforts to spread it like wildfire all around us, and across the world.

Moment for reflection

1. Are we aware that corruption must be opposed by sanctification?
2. Do we realise deeply that the Flame of Love of the Immaculate Heart of Mary is the Ark of Salvation for our time?

Intention

Today we welcome the Flame of Love as the ultimate help for our rescue from danger, and that of other souls.

Final prayers suggested for each day on Page 46

Day Eight

Spreading the Flame of Love in Mary's Immaculate Heart

The Flame of Love is a grace that Our Lady obtained from the Heavenly Father, on the merits of Jesus' holy wounds. Its effect is to blind Satan,

preventing him from leading souls to sin. The Virgin Mary asks us to help her by spreading her Flame of Love throughout the world. She expects an urgent and generous response from each of her children.

Virgin Mary: “To whom, do you think, will I ask to render an account for having set up obstacles? If someone among you was to set up obstacles, defend my Flame of Love with all your might. You must dedicate yourselves to blind Satan. The co-ordinated forces of the entire world are necessary to accomplish this. Do not delay because some day you will be called to account for the work entrusted to you, for the fate of a multitude of souls. I do not want even one soul damned. Satan will be blinded in as much as you work against him” (*November 27th, 1963*).

“I assure you, my little one, that I have never before given into your hands such a powerful force of grace, the burning flame of the love of my heart. Ever since the Word became Flesh, I have not undertaken a greater movement than the Flame of Love of my heart who rushes to you. Until now, nothing could blind Satan as much. And it is up to you not to reject it, for this rejection would simply spell disaster” (*August 1st, 1962*).

Moment for reflection

1. Do we give our best by collaborating with the Flame of Love Movement to fulfil the mission that the Virgin Mary has entrusted to us?
2. What are we actually doing to make known the Flame of Love of the Immaculate Heart of Mary, and to offer comfort to our brothers and sisters in need?

Intention

By our union with Jesus, the Flame of Love, we become the "Flame of Love" ourselves so that, above all, our example will make known the Movement of the Flame of Love and encourage as many people as possible to join it.

Final prayers suggested for each day on Page 46

Day Nine

Every Home, a Sanctuary of the Flame of Love

Today, the devil combines all his efforts with a particular focus on family breakdowns and they are becoming more and more frequent. By destroying the family, all souls suffer. We must recognise the evil strategies that Satan uses to break up homes: the denial of God and lack of faith, lack of prayer, lack of family routines, lack of dialogue, pride, jealousy, infidelity, pornography, anger, discouraging words, in short, all that breaks Love. We must be vigilant to prevent this. We must release the weapon of the Flame of Love and the power of family prayer. "For where two or three are assembled in my name, I am in the midst of them." (Matthew, 18:20)

Jesus: "You know, this is where I prepared My Soul for the great Sacrifice, for the sufferings I endured for you. You also had to mature in the holy enclosure of the family. As you were an orphan, it is in your home as a married couple that your soul was prepared for your great vocation, which could only mature in a family setting. I know your qualities and that's why My Divine Providence ordered everything to make you ready to communicate My message to the world. It is from the family sanctuary that all of you set out for the difficult struggles of life.

It is to the warm solidarity of the family sanctuary that souls come back to, after having strayed far. It is there that they come to find themselves and they once more return to God. It is necessary for you, mothers, to extend the warm understanding of your hearts to your children even once they have established their own homes. Great is the responsibility falling on you. Do not think that once a child has become an adult, they no longer need their parents. My Mother accompanied Me everywhere with her love, her sacrifices and her prayers. You must do the same, and I will bless your efforts. My beloved Mother obliges Me to that. By her powerful intercession, she obtained this great effusion of grace from Me for families which she also wants to extend to the whole world. As she said: 'Nothing comparable to this has happened ever since the Word became Flesh' " (January 17th, 1964).

Virgin Mary: "Through you, my little Carmelite, I want all to know the anguish that springs up from the boundless love of My Maternal Heart because of the danger threatening the entire world by the disintegration of the family sanctuaries. I direct my maternal cry to all of you, and in union with you, I want to save the world. I allow you, my little one, to be the first to feel this immense effort I am beginning to deploy in order to blind Satan" (January 17, 1964).

Moment for reflection

1. Do we pray for divided families with the Flame of Love Rosary?
2. Have we dedicated our own family to the United Hearts of Jesus and Mary?
3. Do we take the time to pray as a family so that the Lord Jesus and the Virgin Mary may be at the heart of our home?

Intention

We turn to the Flame of Love to beg for mercy and forgiveness for our families; to obtain the healing of divided families and to release family members trapped by Satan.

Final prayers suggested for each day on Page 46



Suggested final prayers for each day of the Novena

The Unity Prayer (Pg. 5)

Prayer to St. Michael Archangel (Pg. 20)

Prayer to St. Joseph (Pg. 20)

Prayer for the spread of the Flame of Love (Pg. 24)

Prayer of consecration to the Sacred Heart of Jesus (Pg. 47)

Prayer of consecration to the Immaculate Heart of Mary (Pg. 48)

Prayer for the Beatification of Elizabeth Kindelmann (Pg. 48)

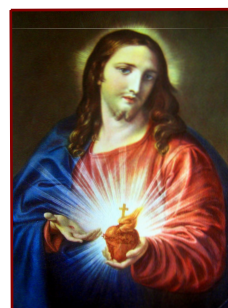
After reading each text of the day, we can recite the meditated Rosary corresponding to the usual mystery of that day. (Pgs. 11 - 18).

End each day of the Novena by five times making the sign of the cross in honour of the five Sacred Wounds of the Crucifixion of Our Lord Jesus Christ. (Pgs. 10 or 24)



An Act of Consecration to the Sacred Heart of Jesus

revealed to St Margaret-Marie Alacoque (1647-1690, an indulgence of 3 years



I [] give and consecrate to the Sacred Heart of Our Lord Jesus Christ, my person, my life, my actions, my pains and sufferings, so that I may be unwilling to make use of any part of my being save to honour, love, and glorify the Sacred Heart.

It is my unchanging intention to be all His and to do all for love of Him. I renounce at the same time with all my heart whatever can displease Him. I, therefore, take You, O Sacred Heart, for the only object of my love, the protector of my life, the pledge of my salvation, the remedy of my weakness and inconstancy, the atonement for the faults of my life, and the secure refuge at the hour of my death.

Be then, O Heart of goodness, my justification before God the Father, and turn away from me the punishment of His just anger. O Heart of love, I put my confidence in You, because I fear everything from my own sinfulness and weakness. I hope for all things from Your mercy and generosity.

Destroy in me all that can displease or resist Your Holy Will. Let Your pure love impress You so deeply upon my heart, that I may never forget You or be separated from You. May my name, by your loving kindness, be written in You, because in You I desire to place all my happiness and all my glory in living and dying in very bondage to you. Amen.

An Act of Consecration to the Immaculate Heart of Mary



O Immaculate Heart of Mary, ever filled with kindness, show us your Love. May the Flame of Love of your Heart descend upon all people. We love you with all that we are. Instill true love in our hearts, that we may have toward you an unceasing devotion.

O Mary, who art meek and humble of heart, remember us when we are in a state of sin. By means of your motherly and Immaculate Heart, heal us from all our spiritual ailments and deficiencies. Grant that we may

always see the kindness of your motherly Heart, and be converted by your Flame of Love. Amen.

Prayer for the Intercession of Elizabeth Kindelmann



Lord, you raised up Elizabeth Kindelmann to be the Spark of the Flame of Love of the Immaculate Heart of Mary, the Conflagration of Divine Love, which will engulf the world and put out the sulfuric fumes of Satan. She was humble to the point of nothingness...but with the Wounded Heart of the Mother; a woman who gave all to and for her children, as you and Mary gave all for us. A woman who was willing to die for Love...in total suffering...for souls. Oh, how precious is every

soul to our dear Lord and His Mother! May this humble, poor servant intercede for us, so we may imitate her total self-giving and burning reparation for sinners. May she intercede for the lightening spread of the Flame of Love to every continent, and to every person who is open to the Fire of Divine Love, so that the New Pentecost may descend, and the Holy Spirit may be known and honoured in His rightful place as the Sanctifier! May the face of the earth finally be renewed as the successors of Peter have begged you, and all of Heaven now constantly implores for the honour of the Queen! So, that the King of Hearts in the Most Blessed Sacrament may finally have His Kingdom on earth! Lord, may Elizabeth be raised to the altar of sainthood solely for Your glory, so, the power of the Flame of Love of the Immaculate Heart of Mary may be known. Amen.

The Flame of Love is Established within the Universal Church

Excerpts from the Official Decree (read by Canon László Süllei):

‘Our Lady of Hungary pray for us! With these words, I establish in the Archdiocese of Esztergom-Budapest the ‘Flame of Love of the Immaculate Heart of Mary Movement’ as an ecclesial association of the faithful in Christ. It is a private association enjoying a juridical personality. At the same time, I also approve for this Archdiocese the Statutes of this Association as accepted in San Paulo, Brazil, on August 15, 2008 and as approved in the Archdiocese of Hermosillo, Mexico, on December 11, 2008. I ask God to give His abundant blessings for the life and activities of this Association. May your activities serve the spiritual renewal of our homeland! Budapest, Palm Sunday, 2009. *With my blessing as pastor, Péter Erdő Cardinal, Primate and Archbishop*’.

The Flame of Love in Ireland

The Flame of Love Movement has recently been exploding around the world bringing a powerful force of renewal. In 2020 a small group of devotees in Ireland made contact with John Sullivan, International Director of Communication and Dissemination in the USA seeking support for Ireland. With the help from our brothers and sisters abroad (and in the middle of COVID lockdowns), Our Lady's Flame of Love Movement was ignited.

On the 7th May, 2022, the Irish Apostolate of the Flame of Love of the Immaculate Heart of Mary, held its first All-Ireland National Conference in Newry and introduced its First National Director who was appointed by the Movement’s International Coordinator, Győző Kindelmann (grandson of Elizabeth Kindelmann). Our Lady’s Movement has its first leadership team in place. Please see our website’s Contact Page to meet Our Lady's Irish Helpers.

Since officially launching in Ireland there has been tremendous work taking place, but there is still much work to be done. We would welcome more

hands gathered in unity (and prayer!) to assist in Our Lady's mission to spread her Flame of Love. Please let us know if you would like to help in any way.

Please help Jesus in His great work of the salvation of souls. We would love you to join us in this great endeavour given to us by Jesus, the Flame of Love of the Immaculate Heart of Mary. You can contact us by emailing info@flameoflove.ie

FLAME OF LOVE PRAYER GROUPS

Where Physical Cenacles are held. Registering Cenacles

Please email us on info@flameoflove.ie to find out if there is a physical Cenacle near you. If you would like to set up a physical Cenacle in your Parish, please contact us for guidance and assistance.

All physical Flame of Love prayer groups in Ireland should be registered on <https://flameoflove.us>. Select 'Join Community, Prayer Cenacle, Register a Cenacle.' The person who registered the Cenacle will be emailed with the contact details of any person who enquires online about the Cenacle in your area.

Weekly Virtual Cenacles/Daily Virtual Rosaries

Please check our website or social media for cenacle times and rosary times including the Jitsi link, or email us on info@flameoflove.ie

Reparation Hour for the Family

Our Lady asked for families to make reparation for an hour on Thursdays and Fridays (*13th April, 1962.*) We hold a Global Holy Hour of Reparation every Thursday. This hour is to be kept in silence rather than communal vocal prayer.

Please contact us for the Jitsi link, or check our website or our social media, for more details.

Virtual International Cenacles

This International Cenacle is hosted weekly by our Flame of Love brothers and sisters around the globe. Join us on Friday night/Saturday morning. Please check our website or social media for the starting time. This is a beautiful way to participate with others while doing a night vigil. Join via Facebook Page: [@folphilippines](#) or [@folprayer](#) or YouTube Channel: [fol phil](#)

Night Vigils

On 9th July, 1965, Our Lady said "these vigils will save the souls of the dying and must be organised in every parish so someone is praying every moment. This is the instrument I place in your hands. Use it to blind Satan, and to save the souls of the dying from eternal condemnation." Night Vigils can be held any night, using the following link <https://meet.jit.si/folpvigil7>.

How to join Jitsi for Virtual Cenacles and Rosaries

Install Jitsi App on your Smart Phone using the App store for your particular phone. Click on the download icon for Jitsi and enter the room name that you will receive when you contact us. Alternatively view our website or social media for direct links for our Virtual Cenacles and Rosaries.

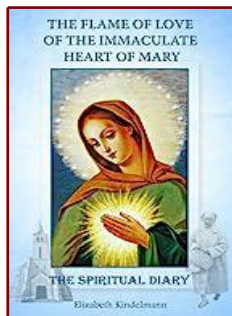


To join the virtual cenacle or virtual rosary enter the room name that we will give you in the white space and then press "start meeting". In the next screen input your name and then select "Join Meeting".

Ordering Flame of Love Prayer Books, Prayer Cards or Spiritual Diary

Flame of Love Prayer Books, Prayer Cards (the Unity Prayer and Flame of Love Hail Mary) and Excerpts Diaries containing the main messages received by Elizabeth Kindelmann can be ordered by emailing literature@flameoflove.ie. Most of our prayer books and prayer cards are also available to download free on our website.

The Spiritual Diary which is named 'The Flame of Love of the Immaculate Heart of Mary: Elizabeth Kindelmann' can be purchased on Amazon. It is available on Amazon in either a paperback book or a Kindle book. The Spiritual Diary in paperback can also be ordered from Flame of Love Ireland – by emailing literature@flameoflove.ie.



A believing woman, Elizabeth Kindelmann, prays and hears the voices of Jesus and Mary in her soul from 1961 to 1983.

The Spiritual Diary is a beautiful book of love and an instrument drawing all readers closer to God, unceasingly enlightened by this Eternal Flame of

Love, which is the Immaculate Heart of Mary.

Useful Resources

We are also on

Internet: www.flameoflove.ie

Instagram: [flameofloveireland](https://www.instagram.com/flameofloveireland)

Facebook: [flameoflove.ie](https://www.facebook.com/flameoflove.ie)

Flame of Love App: The App is full of useful information about the Flame of Love and is being added to all the time. You may download from the store relevant to your phone or tablet.

Spiritual Diary:- The 5 Effects of the Flame of Love

1. To Blind Satan:

Mary: “With this Flame full of graces that I give you from my heart, ignite all the hearts in the entire country. Let this Flame go from heart to heart. This is the miracle becoming the blaze whose dazzling light will blind Satan” (April 13th, 1962 – *The Miracle of the Flame of Love*).

2. To Save the Souls of the Dying:

Mary: “I ask you to make the night vigils united to the merits of my Divine Son. I want the holy night vigils – by which I want to save the souls of the dying – to be organised in every parish, so there is not even one moment without someone praying in a vigil. This is the instrument that I place in your hands. By this, you and your companions will save the souls of the dying from eternal damnation. By the light of my Flame of Love, Satan will remain blind” (July 9th, 1965 - *The Night-Time Prayer*).

3. To Save the Family:

Mary: “With my Flame of Love I want the home to come alive again with love. I want to unite scattered families. I want you to be numerous so that many, many souls are united to my Flame of Love. Help Me!” (August 8th, 1962 – *An Increase of Desire*).

4. To Free Souls from Purgatory:

Mary: “If any moment, someone prays three Hail Marys in my honour, while referring to the Flame of Love, they will free a soul from purgatory. During November, one Hail Mary will free ten souls. The souls in Purgatory should experience the effect of the Flame of Love” (October 13th, 1962 – *November, Month of the Effect of Grace*).

Mary: “When those persons consecrated to God and the faithful keep the Monday fast, they will free **a multitude of souls** from Purgatory each time they receive Communion that week at the very moment they receive the Holy Body of Our Lord Jesus Christ. Whoever usually keeps the fast,

It suffices to keep it until 6pm. In this case they should recite five decades of the rosary for the Holy Souls. When priests observe the Monday fast, in all the Holy Masses that they celebrate that week, at the moment of consecration, they will free ***an innumerable number of souls*** from purgatory” (August 15th, 1980 – *The Monday Fast*).

Jesus: “Anyone fasting on bread and water on Monday will free each time the soul of a priest from the place of suffering. Whoever practices this will receive the grace of being liberated from the place of suffering within eight days after their death. Our Mother herself is asking for this” (April 10th, 1962 – *Monday, the Day of the Holy Souls*).

5. To Convert the Whole World:

Mary: “The Flame of Love will be lit and will reach the whole world, not just in nations that have been faithful” (August 1st, 1962 – *The Time is Close*).

More Promises of the Flame of Love:

The Grace of Abandonment

Jesus: “What I give you now is the grace of full abandonment to Me. All during your life, it will totally control your being, and from your soul, it will radiate to others” (December 15th, 1962).

The Grace of Enlightenment

Elizabeth: “If we refer to the Flame of Love, the Lord Jesus will enlighten our intellect to know what we must do, for example, how we can choose between two things and which is the most perfect and represents the Will of God” (July 11th, 1975).



Elizabeth Kindelmann
June 6th, 1913 - April 11th, 1985

Mass and the Blinding of Satan

Mary: “If you attend Holy Mass while under no obligation to do so and you are in a state of grace before God, during that time I will pour out the Flame of Love of my heart and blind Satan. My graces will flow abundantly to the souls for whom you offer the Holy Mass. The participation in the Holy Mass is what helps the most to blind Satan” (November 22nd, 1962).

Thursdays and Fridays – Days of Grace

Mary: “My little one, Thursdays and Fridays should be considered as great days of grace. Those who offer reparation to my Divine Son on these days will receive a great grace. During the hours of reparation, the power of Satan will weaken to the degree that those making reparation pray for sinners” (September 29th, 1962).

The Effect of Prayer of Reparation

Mary: “Whenever someone does adoration in a spirit of atonement or visits the Blessed Sacrament, as long as it lasts, Satan loses his dominion on the parish souls. Blinded, he ceases to reign on souls” (November 6-7, 1962).

Spiritual Diary:- Some of many Commands and Directions

Bring Sinners to Me

Jesus: “A great battle awaits you, but you will conquer in the sign of the Cross. Do not be distracted when you make the sign of the Cross. Think about the Three Divine Persons. Make public all that I tell you now: Make the sign of the Cross five times while thinking of My Sacred Wounds. Always look at My eyes bathed in blood from so many blows that I received even from you” (April 8th, 1962).

Pray for One Another

Mary: “Oh, my children, pray constantly for each other. Allow the outpouring of my graces to take effect in your souls” (December 12th, 1981).

I Call All

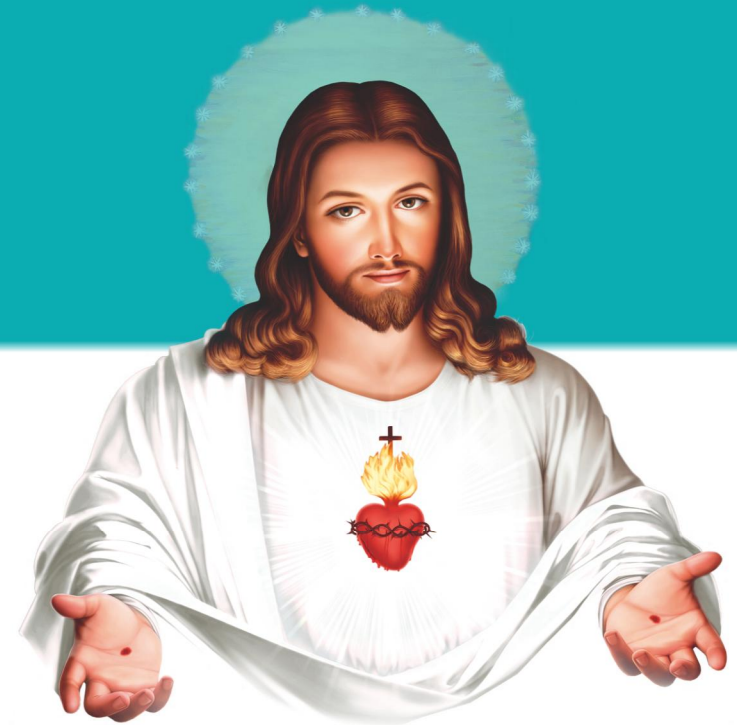
Jesus: “Trust. I have always told you that whatever you ask for in confidence, consider you have already received it. Do you think that if you asked Me for souls, I would not grant them to you? May our hands gather in unity. Ask! Never grow tired of asking and desiring for Me. If large numbers were asking, how many would be converted. Especially the sick, yes, in truth, these can fly on the wings of absolute trust in Me. With a single request, they can obtain a massive conversion of souls. When the sick offer their sufferings, Satan is blinded and souls are set on their way to salvation” (May 24th, 1963).

Suffer with Love

Jesus: “Suffer with courage, perseverance and a sincere abandonment. Don’t ponder if the suffering is large or small. All that you can still do for Me on earth is meritorious. Time is short, little sister, and never returns. On everything you do, place the mark of your love and the seal of your decision. Do everything with a selfless love. In this way, you will joyfully share in My work of Salvation.

Every drop of suffering accepted from sacrifice and love delights the Most Holy Trinity. In the company of the Trinity, you will enjoy it. This will be your reward which is not from this world” (July 24th, 1963).

The above quotations and all other quotations in this Prayer Book are taken from The Spiritual Diary of Elizabeth Kindelmann. More details about the Spiritual Diary are on Page 52.



Jesus to Elizabeth Kindelmann:

"You know, do you not, that I invited you to My private war camp? Do not be attracted by the passing comfort of this world. The coming of my Kingdom must be your only purpose in life. My words will reach a multitude of souls consecrated to Me. Trust! My grace will be with you and I will help all of you in a miraculous way."

(The Spiritual Diary of Elizabeth Kindelmann, August 8, 1962;)

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