



# COMMUNITY HEALTH REPORT 2024

*Activities by Health Volunteers-2024*

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# Annual Report 2024

## Introduction

In 2024, ACYP continued its mission to support vulnerable families through a range of health programs. Our dedicated team of volunteers worked tirelessly to improve the health and well-being of the children, young people and families, focusing on critical areas such as drug delivery, adherence support, and basic needs provision.

## Health Programs Overview

### Drug Delivery and Adherence Support

Antiretroviral Therapy (ARVs) and Tuberculosis (TB) Support:

We provided adherence support to 121 individuals on ARVs and 21 individuals on TB treatment. Our approach included regular home visits, personalized counselling sessions, and educational workshops to ensure patients understood the importance of adhering to their treatment regimens. We also collaborated with local health facilities to monitor patient progress and address any challenges they faced.

Medication Delivery:

Our team delivered essential medications to 320 individuals who were unable to access health facilities due to mobility issues, financial constraints, or geographical barriers. This service ensured that patients received their medications on time, preventing interruptions in their treatment and improving overall health outcomes.

### Preventive Health Measures

#### Mosquito Nets Distribution:

To combat malaria, we distributed 80 mosquito nets to families in high-risk areas. Our distribution strategy targeted households with young children and pregnant women, who are most vulnerable to malaria. We also conducted educational sessions on the proper use and maintenance of mosquito nets to maximize their effectiveness.

#### Water Purifiers:

We provided 8 water purifiers to households, ensuring access to clean and safe drinking water. This initiative aimed to reduce the prevalence of waterborne diseases such as cholera and dysentery. We partnered with local water authorities to identify areas with the highest need and conducted training sessions on the use and maintenance of the purifiers.

#### Home hygiene and Sanitation

The volunteers constructed 50 plate racks. Distributed 10 jerrycans of 5lts to 10 households so that they can make washing facilities after toilet. Five training session on sanitation and hygiene to 10 families.

### **Basic Needs Provision**

#### Essential Supplies:

We distributed basic necessities such as food, clothing, and hygiene products to 76 families in need. Our distribution efforts focused on families with children, elderly members, and those with chronic illnesses. We worked closely with local suppliers and volunteers to ensure timely and efficient delivery of these supplies.

### **Child Health Initiatives**

#### Health Facility Visits:

We facilitated transportation for 230 children to health facilities, ensuring they received timely medical care and vaccinations. Our transportation service included coordination with local health centers and schools to identify children in need and arrange for their safe travel.

#### Health Clubs:

Our health clubs at local health facilities provided a platform for 90 children to learn about hygiene, nutrition, and healthy living practices. These clubs offered interactive sessions, games, and activities designed to engage children and promote healthy



behaviors. We also involved parents and caregivers in these sessions to reinforce the lessons learned.

## **Impact and Achievements**

### **Improved Health Outcomes:**

Our adherence support programs led to a 95% treatment success rate for individuals on ARVs and an 85% success rate for those on TB treatment, with reduced transmission rates.

### **Reduced Malaria Incidence**

The distribution of mosquito nets contributed to a 40% decrease in malaria cases in our community.

### **Enhanced Access to Clean Water:**

The provision of water purifiers ensured that more families had access to safe drinking water, reducing the prevalence of waterborne illnesses by 30%.

### **Support for Vulnerable Families:**

Our basic needs provision program helped alleviate the burden on 210 vulnerable families, allowing them to focus on their health and well-being.

### **Home Hygiene and Sanitation:**

The constructed plate racks and enhanced toilet hygiene enabled reduction in contraction of dysentery, diarrhoea, and typhoid from 50% to 40% in the year. This reduced the financial burden on already constrained families to access medication.

## **Testimonials from Beneficiaries**

- *"Thanks to the CBO, I have been able to adhere to my ARV treatment without any interruptions. The regular home visits and counselling have been a great support."* - Doe, ARV beneficiary.
- *"The mosquito nets provided by the CBO have made a huge difference. My children haven't had malaria this year, and we sleep better knowing we are protected."* - Jane, mother of three.
- *"Access to clean water has changed our lives. We no longer suffer from frequent stomach illnesses, and my children are healthier."* - Maria, water purifier recipient.

## Success Stories

- **Doe's Journey to Health:** John, a 45-year-old living with HIV, but also a father to two HIV positive children struggled with adhering to his ARV treatment due to transportation issues and stigma. ACYP's adherence support program provided him with regular home visits and counselling, which helped him stay on track with his medication. Today, John is healthy and actively participates in food production and community awareness programs to help others in similar situations.
- **Jane Family Transformation:** Jane, a mother of three, faced frequent malaria outbreaks in her household. After receiving mosquito nets from ACYP and attending educational sessions on their proper use, Jane reported a significant reduction in malaria cases. Her children are now healthier and more active in school.
- **Mary's Clean Water Miracle:** Mary, a single mother, struggled with frequent waterborne illnesses in her family. After receiving a water purifier from ACYP, Mary noticed a dramatic improvement in her family's health. Her children no longer miss school due to illness, and Mary can focus on her work without constant worry.

## Future Program Goals

- **Expand Drug Delivery and Adherence Support:** Increase the number of individuals receiving adherence support to 420 for ARVs and 23 for TB treatment. Enhance collaboration with local health facilities to improve monitoring and support.
- **Increase Preventive Health Measures:** Distribute 200 mosquito nets and 34 water purifiers. Conduct more educational sessions to ensure proper use and maintenance.
- **Enhance Basic Needs Provision:** Expand the distribution of essential supplies to 135 families. Partner with additional local suppliers and volunteers to improve delivery efficiency.
- **Strengthen Child Health Initiatives:** Facilitate transportation for 420 children to health facilities. Increase the number of health clubs and involve more parents and caregivers in educational sessions.

## Challenges and Future Directions

- **Challenges:** Despite our successes, we faced challenges such as limited resources, logistical issues, and the need for more trained volunteers

- **Future Directions:** In 2025, we aim to expand our programs, increase community engagement, and seek additional funding to enhance our services and reach more families in need.

## Conclusion

We are proud of the progress we made in 2024 and remain committed to supporting vulnerable families through our health programs. We extend our heartfelt gratitude to our donors, partners, and volunteers for their unwavering support.

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