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COMMUNITY HEALTH REPORT 2023

Activities by Health Volunteers-2023

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Annual Report 2023

Introduction

Throughout 2023, ACYP remained steadfast in its commitment to aiding vulnerable families through a variety of health initiatives. Our dedicated team of volunteers worked diligently to enhance the health and well-being of our community members, focusing on essential areas such as medication delivery, treatment adherence, and provision of basic necessities.

Health Programs Overview

1. Medication Delivery and Treatment Adherence

- Support for ARVs and TB Treatment:

We offered adherence support to 132 individuals on antiretroviral therapy (ARVs) and 16 individuals undergoing tuberculosis (TB) treatment. Our efforts included regular home visits, personalized counselling, and educational workshops to ensure patients adhered to their treatment plans. We also partnered with local health facilities to monitor patient progress and address any challenges.

- Medication Distribution:

Our team delivered crucial medications to 2,400 individuals who faced barriers in accessing health facilities due to mobility issues, financial constraints, or geographic isolation. This service ensured that patients received their medications on time, preventing treatment interruptions and improving overall health outcomes.

2. Preventive Health Initiatives

- Distribution of Mosquito Nets:

To combat malaria, we distributed 102 mosquito nets to families in high-risk areas. Our distribution strategy focused on households with young children and pregnant women, who are most vulnerable to malaria. We also conducted educational sessions on the proper use and maintenance of mosquito nets to maximize their effectiveness.

- Provision of Water Purifiers:

We supplied 5 water purifiers to households, ensuring access to clean and safe drinking water. This initiative aimed to reduce the prevalence of waterborne diseases such as cholera and dysentery.

- Home hygiene and Sanitation

The volunteers constructed 26 plate racks. Distributed 57 jerrycans of 5lts to 57 households so that they can make toilet hand washing facilities after toilet. Five training session on sanitation and hygiene to 46 families.

3. Basic Needs Assistance

- Distribution of Essential Supplies:

We provided basic necessities such as food, clothing, and hygiene products to 102 families in need. Our distribution efforts focused on families with children, elderly members, and those with chronic illnesses. We worked closely with local suppliers and volunteers to ensure timely and efficient delivery of these supplies.

4. Child Health Programs

- Facilitating Health Facility Visits:

We arranged transportation for 78 children to health facilities, ensuring they received timely medical care and vaccinations. Our transportation service included coordination with local health centres and schools to identify children in need and arrange for their safe travel.

- Health Clubs for Children:

Our health clubs at local health facilities provided a platform for 85 children and young people to learn about hygiene, nutrition, and healthy living practices. These clubs offered interactive sessions, games, and activities designed to engage children and promote healthy behaviors. We also involved parents and caregivers in these sessions to reinforce the lessons learned.

Impact and Achievements

- Enhanced Health Outcomes:

Our adherence support programs led to a 94% treatment success rate for individuals on ARVs and an 83% success rate for those on TB treatment, with reduced transmission rates.

- Decreased Malaria Incidence:

The distribution of mosquito nets contributed to a 38% decrease in malaria cases in our community.

- Improved Access to Clean Water:

The provision of water purifiers ensured that more families had access to safe drinking water, reducing the prevalence of waterborne illnesses by 28%.

- Support for Vulnerable Families:

Our basic needs provision program helped alleviate the burden on 210 vulnerable families, allowing them to focus on their health and well-being.

- Home Hygiene and Sanitation:

The constructed plate racks and enhanced toilet hygiene enabled reduction in contraction of dysentery, diarrhoea, and typhoid from 40% to 31% in the year. This reduced the financial burden on already constrained families to access medication.

Testimonials from Beneficiaries

- *"The CBO's support has been invaluable. The regular home visits and counselling have helped me stay on track with my ARV treatment."* - Gertrude, ARV beneficiary.
- *"The mosquito nets provided by the CBO have made a huge difference. My children haven't had malaria this year, and we sleep better knowing we are protected."* - Aisha, mother of two.
- *"Access to clean water has changed our lives. We no longer suffer from frequent stomach illnesses, and my children are healthier."* - Kawooya, water purifier recipient.

Challenges Faced

- **Resource Limitations:** One of the primary challenges we faced was the limitation of resources. Despite our best efforts, the demand for our services often exceeded our capacity, leading to difficult decisions about resource allocation.
- **Logistical Issues:** Delivering medications and supplies to remote and underserved areas posed significant logistical challenges. Poor infrastructure and transportation barriers sometimes delayed our efforts.
- **Training and Retention of Personnel:** Ensuring that our staff and volunteers were adequately trained and retained was another challenge. High turnover rates and the need for continuous training impacted the consistency and quality of our services.
- **Community Engagement:** Engaging the community and encouraging participation in our programs was sometimes difficult. Cultural barriers and misinformation about health practices required ongoing education and outreach efforts.

Future Plans

As we look ahead to 2024, we are excited to build on our successes and address the challenges we faced. Our future plans include:

- Expansion of Health Programs
- Strengthening Preventive Health Measures

- Enhancing Basic Needs Assistance
- Improving Child Health Programs
- Community Engagement and Education

Conclusion

We are proud of the progress we made in 2023 and remain committed to supporting vulnerable families through our health programs. We extend our heartfelt gratitude to our donors, partners, and volunteers for their unwavering support.

Acknowledgments

We thank our dedicated team of volunteers, community members, and all stakeholders who contributed to our success in 2023. Together, we are making a difference.

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