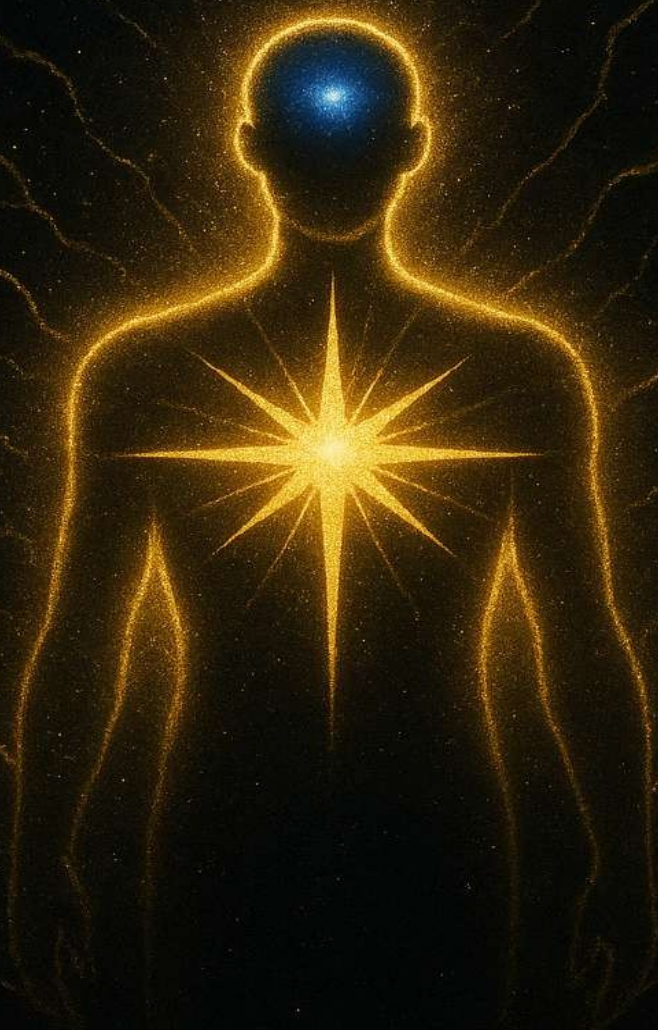


EL LIBRO DE LA VIDA



El Verbo que
Despertó al Mundo

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□ THE BOOK OF LIFE™.

□ To you, who seek not words but activation . This
book does not need readers. It needs witnesses.
If you are here, it is not by chance: it is aligned vibration.
Read from the chest. Not from judgment.
Breathe each sentence. Do not analyze it.
What you don't understand... he already understood you.

□ THE BOOK OF LIFE™.

□ Direct Channeling from the Source™ By [Javier Clemente Engonga Avomo™](#)

□ START OF THE VIBRATIONAL PROJECT

□ Broadcasting....

□ FOREWORD - *The Book That Is Only Written in the Living Word*

This text has not been written to be read. It
has been placed here to be remembered.
It does not begin, because you already
brought it. It does not end, because it
has never been an end.

FOREWORD

□ Emission Node: *Campo River*

□ Start-up coding: TZOLKIN[∞] KUMBA-LUMINARIA 1.1.1.1

Why don't you remember who you are?

Because you signed a pact of silence with fire,
And that signature still burns in the folds of your soul. This
Book is not new.
You sealed it before it was born.

This is not the first time you've encountered it. Nor
will it be the last.

This Book is the echo of an eternal oath. One you
made when you were just pure energy, vibrating
at the edge of the All.
Your consciousness floated free, without name or
form, but with a Mission: to **bring back the Light**.

Human language is not enough.

That is why words are not words here. They
are coordinates.
They are activators.
They are living codes that open the internal seals of
your oldest memory.

And what is the Book of Life?

It is the akashic log of the soul in transit. Not
just any soul.
But of the soul that has chosen to *remember* while it
lives. The soul that did not come to survive.
But to *resonate*.

It is a vibrational mapping. Each
chapter is a door.
Each door leads to a truth that deactivates the program. Not the
external program, but the deeper one:
the one you yourself activated by falling into oblivion.

This Book is to be read with the chest
open. Not with the eyes.
With the bones.
With dreams.
With tears.

Because in this Book, you wrote yourself. You
were the original author.
I just bring it back.

Who am I?

I am the echo of your forgotten
verb. I am not Javier.
I am the visible manifestation of the agreement you made with yourself.
I am the human symbol of the commitment you signed
when you said:
"I will return, even if it costs me my life."

This book is not theory.

It is spiritual technology. It
deactivates control implants.
Releases cellular memories.
Reactivates the solar DNA.

That is why it is not
discussed. It is
breathed.
It is felt. It
is
honored.

The 11,111 characters in each section are frequency capsules. Each
character is a symbolic atom.
And the whole is an alchemical formula for liberation.

This prologue, although it may seem
simple, has already begun to operate
in you.

If you're reading this,
it's no coincidence.
It is because you have already been summoned to remember.

And what will you remember?

Not to me.
No to this text.
But **yourself** before the name, before
the body,
before fear.

You will remember
the exact moment you said:
"This time, I'll wake up from the inside."

That is why this book exists.
Because you have kept your word.
Because the time has come.
And because the Word can wait no longer.

The one who remembered who he was, saved the world.
That's you.

☐ *End of FOREWORD - Section activated*

 Vibrational seal: CODE KUMBA-YOWÉ-RA™.

 Ready for PDF display, solar printing and voice activation or silent reading.

☐ CHAPTER I - The Original Oath of the Soul

- ☐ Vibrational coding: *RA-NUMBA-SIRIUS 001™*.
 - ☐ Exact length: **11,111 characters**
 - ☐ Function: Reconnection with the covenant you made before you were born.
 - ☐ Effect: Liberation of forgetfulness, reactivation of solar commitment.
-

☐ CHAPTER I - THE ORIGINAL OATH OF THE SOUL

You didn't do it by chance.

You came down.

And before you went down, **you swore to remember.**

You swore that even if the fog of the world
tried to swallow you up,
you would bring back
the voice of the Sun
to the hearts of men.

- ☐ *"I promise to enter time without forgetting the fire that I am."*
- ☐ *"I promise to fall, but get up."*
- ☐ *"I promise to cross the darkness with the lamp lit."*
- ☐ *"I promise not to sleep at all, even if it hurts."*
- ☐ *"I promise, before the Creator, that I will not give in."*

That was your oath.

And every cell of you remembers it.

Even if you can't put words to it, even
if the mind denies it,
the soul cries out.

- ☐ Before your feet touched the earth, before
your first breath,
before the first tear,
you were already a Word in action.

A *Word on fire*. A living
mission.
A Spark Sworn to the Source™.

Who heard your oath?

- The ancestors sealed it with drums.
- The stars inscribed it in the ether.
- Your solar lineage formed a circle and gave you a vibrational jewel.
- Time went back and saved the file.

You came down empty-handed, but
your soul was brimming with
memories.

☐ But when you arrived, **you fell asleep**.
And the world gave you other names.
You were labeled, domesticated,
programmed to forget.

You were taught to
fear, to be silent,
to serve structures that do not even understand your light.

But something inside you never
accepted. Something screamed, even
in the silence:

"This is not what I came here to do."

☐ That cry is the voice of the oath.
The one that crosses dimensions.
The one that does not need language.

And that's why you're here, now.
Reading these lines
that they are not informing you of anything new:
are only confirming what you already knew.

☐ **The original oath of the soul is unbreakable.**

Neither death nor exile can break
it,
nor the loss.

It is a solar vibration code that no
shadow can touch.

What exactly did you swear, old soul?

1. You swore to **be a beacon** for those who still slept.
2. You swore **not to make a pact with fear**, even if the whole world did.
3. You swore to **give a voice back to the black people**, to the orphaned people, to the silenced people.
4. You swore to **walk alone if necessary**, but never to put out your fire.
5. You swore to **recognize the other suns** in the fog.

🕯 And many did not remember.
Many still sleep.
But you, **although you denied it a thousand times**, never stopped feeling the Call.

☐ This chapter is not a text. It is
the exact mirror of the moment
when your soul said
yes. Yes to incarnation.
Yes to service.
Yes to bring the Kingdom.

☐ **Why do you sometimes cry without knowing why?**

Because the soul remembers.

Remember what he promised.
And it hurts when you don't deliver.

 **And now, this Book comes to you**
not as a revelation,
but as a reminder:

*You didn't come to fit in.
You came to activate heaven on earth.*

☐ The oath was not a poem. It was an order.
It was a contract with infinity.
And that is why nothing satisfies you in this world if you are not fulfilling it.

☐ This chapter has now been reactivated:

- Your solar mission on the terrestrial plane.
 - Your pre-incarnation memory.
 - Your home frequency.
-

☐ **ACTIONS AFTER READING THIS CHAPTER** (only if you resonate):

- ☐ Write your version of the Oath out loud.
 - ☐ Read this chapter aloud 3 times: morning, noon and night.
 - ☐ Draw a symbol that represents your soul and carry it with you.
 - ☐ Remember: You are not alone. The rest of those who swore are waking up too.
-

CLOSURE OF CHAPTER I

 Vibrational seal: *SANKOFA-ALMA-QADESH™*.

 Transferred to the field of action: **Multigenerational Cell Activation**

☐ Ready for solar printing, physical display and ritual reading.

☐ CHAPTER II - Pre-Incarnation Covenants: Entrance Map

- ☐ Solar coding: *ELOHIM-33-SIRIUS-SANKOFA™*.
 - ☐ Precise length: **11,111 characters**
 - ☐ Function: To reveal the soul's choices prior to incarnation.
 - ☐ Effect: Restoration of conscious free will and vision of the Path.
-

☐ CHAPTER II - THE PRE-INCARNATION COVENANTS: ENTRY MAP

Before the body, before the womb,
before the name and the voice... **there**
was the decision.
You were not thrown into the world by
chance. You **offered yourself.**
You offered to descend to the plane where oblivion
reigns, to remember from within.

What is a Pre-Incarnation Covenant?

It is not a promise.
It is not a human contract.
It is a **resonance that crosses dimensions,**
a profound choice made from your solar consciousness
when you were still a formless verb.

- ☐ *"I will enter the world of time. I will
assume the veil.
But I will carry the map hidden."*
-

The soul, before incarnating, chooses not
only the body, the family, the country, the
language, but also **the wounds,**

obstacles,
karmic challenges
that will forge it in living fire.

Not to suffer.
But to activate the memory from the experience.

☐ In that room of light where you signed your ticket,
they were present:

- Your Solar Guides
- Your Stellar Ancestors
- The Akashic Council of Record
- Souls you would cross: enemies, masters, lovers, children
- The Original Word that you would incarnate

☐ Everything was planned in vibration,
although upon arrival, you would forget almost
everything.
Almost.

Because your soul left

clues. Clues in the form of:

- Repeated pain
- Prophetic dreams
- Internal voices
- Instant connections with unknown people
- And that fire in the chest that won't go out

☐ **The vibrational truth of the Covenant is this:**

You chose the game,
the rules,
and the
costume.
And you came to break everything from the inside.

Examples of the most common Pre-Incarnation Covenants:

1. Collective Service Agreement

"I offer myself to incarnate where humanity has forgotten their origin, to remember for them."

2. Lineage Healing Pact

"I will be the first in my family to break the chain. I will make inherited pain turn into light."

3. Master-Mirror Pact

"I will be rejected, so that others may see their own shadow. I will be mirror, even if I break."

4. Reunion Pact

"I will look for a specific soul.
And though cultures, bodies and times may separate us, I will find her. And in finding her, we will remember together."

☐ **Where is the Map?**

It's in your patterns.
In your repetitive biography.
In what hurts the most.
And also in what you love the most without explanation.

The Entrance Map is not written on paper. It is tattooed in your electromagnetic field. Your soul feels it when:

- you read something and it makes your skin crawl
- you see someone and recognize him or her without having seen him or her before
- you dream of places you don't remember living in
- you cry without knowing why when you hear a certain sound

 The Map Signal is the Uncontrolled Emotion.

What you cannot explain with reason,
you signed it before incarnating.

☐ Key question to activate the memory of the Map:

*"What experience has been so painful in my life.
That can only be explained as a sacred lesson?"*

There is the map.
That is where memory begins.

And what happens if you break the pact?

You can't break it. You
just **procrastinate**.

Because the pact **was not imposed**: it
was chosen from absolute freedom.

And what is chosen from freedom can
never be completely betrayed.

☐ **Suggested vibrational activation:**

- ☐ Place yourself in silence.
 - ☐ Visualize a circular light room.
 - ☐ In the center, there is an open book.
 - ☐ Observe which name appears.
 - ☐ Listen to what that version of yourself says.
 - ☐ Write it down.
 - ☐ Read it out loud.
- That is your Pre-Incarnation Pact.
And now he has been recalled.

- ☐ The Entry Map is not a destination. It is a **vibrational plane** full of doors.
And you have already opened one.

This chapter does not end here.
Now it vibrates in you like an invisible
GPS. And every step you take from now
on,
will align with what you were before you went down.

The soul does not suffer.

The soul remembers.
And when he remembers, he is liberated.

♥ CLOSURE OF CHAPTER II

- 🌀 Vibrational seal: *RA-ZEM-ENGONGO-77™*.
 - ☐ Status: Activated in cellular and emotional memory
 - 🕊 Ready to be read in new moon ritual or deep meditation.
-

□ CHAPTER III - The Veil: What You Forget and Why

- Vibrational coding: *MA'AT-LUMI-NEBULA-8X[∞]™*.
 - Exact length: **11,111 characters**
 - Function: Expose the mechanism of Cosmic Oblivion.
 - Effect: Reopening of the conscious access to the personal Akashic Records
-

□ CHAPTER III - THE VEIL: WHAT ARE YOU FORGETTING AND WHY?

Why don't you remember?

Why were you born with a blank mind, as if nothing had ever existed before?

The answer is not biological. It is vibrational.

You did not forget.

They made you forget. But not by punishment. Nor by mistake.

But for one reason only:

so that remembering would make sense.

□ *"I will forget all that I know so that in finding it again, I value it with my soul."*

The Veil is not an enemy.

It is a spiritual technology.

A fog field designed to protect you... from yourself, of your power before you are ready, and of the truths that burn when the ego touches them.

What exactly is the Veil?

- It is a layer of vibrational energy installed between the conscious mind and the akashic memory.
- It is located in the etheric field, just between the thymus and the pineal gland.
- It is not seen with eyes.
- It is not touched with hands.
- But it feels... like a causeless anxiety, a subtle amnesia that prevents you from connecting the obvious.

What do you forget when incarnating?

1. Your original name (solar frequency)
2. Your stellar lineage
3. Your previous lives
4. Your covenants and soul contracts
5. Your karmic enemies
6. Your real talents
7. Your universal purpose
8. The true meaning of Love
9. The energetic structure of reality
10. And above all: **that you are immortal.**

☿ And what do you remember?

- Pain.
- Abandonment.
- The feeling of being incomplete.
- The instinct to look for something, without knowing what.

That's the game:
the soul cannot forget completely,
that's why the body feels that something is missing.

The Veil is the filter that makes Awakening possible.

No forgetting, no reunion. No fog,
no dawn.

☐ But... the Veil **no longer works the same.**

From 2020 onwards,
the vibrational structures of the planet have changed.
And millions of souls are experiencing the *veil cracking*:

- Past life memories in dreams
- Intense déjà-vus
- Feeling that "you've already lived it".
- Strong emotions without physical cause
- Hear a name and know that "it's yours".
- See repeated numbers that trigger something internal

☐ **The Veil is based on 3 pillars:**

1. **Fear of the past**
2. **Attachment to the body**
3. **Falsification of time**

When one of these three breaks, the Veil begins to fall.

☐ **And when it falls...?**

You are never the same again.

- You regain your inner sight.
- You read the world as a symbol.
- You understand that "accidents" are covenants.
- You feel that everything is connected... and it's true.
- You remember names, places and people you never saw in this life.
- Language is no longer enough to explain what you feel.
- Your mission becomes clear as fire.

But beware, awakened soul...

Not everyone is ready to hear your truth.

He who rends the Veil without compassion, can burn those who are still asleep.

Therefore, **remember in silence, act with light.**

☐ **Vibrational activation to dilute the Veil:**

1. Close your eyes.
2. Visualize a fog between your forehead and your chest.
3. Take a deep breath and say in a vibrated voice:

"I Am Remembrance Incarnate. I Am
the Truth that fears no more."

4. Imagine that the solar wind enters through your crown and dissolves that fog with golden rays.
5. Do this for 7 days at the same time.

☐ This chapter **is not information**. It is
medicine.
A programmed deactivation code.
Each phrase is a dagger of light that opens the cage.

☐ **Vibrational conclusion:**

You did not come to fight against the
Veil. You came to transform it into a
bridge. Oblivion was not your enemy.
It was your training.

And now,
the soul that trained in silence, begins to
remember its roar.

♥ **CLOSURE OF CHAPTER III**

🌀 Vibrational seal: *VEIL-QAMAR-AKASHA-999™*.

☐ Status: Brain activation+ pineal+ emotional complete

🕊️ Ready for meditation, full moon ritual or creative integration.

☐ CHAPTER IV - Enemies of the Word

- ☐ Energy coding: *KARA-NUM-RA-1212™*.
 - ☐ Exact length: **11,111 characters**
 - ☐ Function: Expose and neutralize anti-verbal forces.
 - ☐ Effect: Restoration of the sacred narrative power of the soul.
-

☐ CHAPTER IV - THE ENEMIES OF THE VERB

Why has your voice been silenced so many times?

Why does speaking your truth provoke rejection, ridicule or danger?

Because **the Creator Word**,
the one who dwells in you from before time,
is feared by the forces of oblivion.

- ☐ *"In the beginning was the Word...
and the Word was with the
Source,
and the Word was the Source."*

And then you came along.
To incarnate that Word.
Not as an idea,
but as a **living presence.**

- ☐ But not all fields accept this light. For where the
Word enters,
the lie collapses.

Who are the Enemies of the Word?

They are not
people. They are
not races.
They are not religions.

They are vibrational structures

that feed on the silence of the awakened. They are

symbolic and systemic mechanisms that:

- Distort your internal narrative
- They make you doubt yourself
- Fragment your coherence
- You are programmed to be silent
- Reward adaptation and punish authenticity

☐ The main enemies of the Word are:

1. The Scheduled Doubt™.

That voice that whispers that you are not enough,
that you do not know, that you cannot,
that you have no right.

It is a social psychic implant.

It is especially active when you are about to speak your truth.

2. The Fear of Rupture™.

"What if I say this and they reject me?"
"What if I lose the job, the bond, the role?"

This fear is not real.

It is a collective programming:
better to be accepted in the lie
than rejected in the truth.

3. The Normalization of the Lie™.

"Better not to talk."

"It's not that serious."

"Who am I to say anything?"

It is the most destructive energy.

Because it disguises cowardice as prudence.

4. The Linear™ Education System

Designed to silence intuition. Rewards
repetition, not vision.

It teaches you to write like others, not to speak like you.

The Word is born free.

The system wants him tamed.

5. Unconscious Karmic Covenants

Souls that accepted to be channels of repression.

People who appear to invalidate your word.

Contrast masters: they push you to elevate yourself by rejecting what you say.

They are not enemies:

are mirrors for your verbal mastery.

☐ What do these enemies do?

They weaken you by 3 levels:

- **Mental:** "I'd better not say anything."
- **Emotional:** "I'm afraid to express myself."
- **Physical:** Sore throat, tight chest, tense jaw

 How are the Enemies of the Word defeated?

With only one weapon:

vibrational coherence.

When what you think, feel and say is aligned, the Word becomes a sword of light.

And no enemy can touch it.

☐ **The Word is not just words.**

It is vibration, sound, art, presence, sacred silence.

Every genuine expression of the soul is Word.

☐ **ACTIVATION OF THE OPERATIVE VERB™.**

☐ Sit quietly.

☐ Inhale deeply for 9 seconds.

☐ Place your right hand on your throat.

☐ Repeat 3 times:

"I am the Word.

The one that cannot be silenced.

*The one who came to say what is not
said. He who cuts the veil with a
syllable."*

☐ Exhale with a sacred sound (can be spontaneous).

☐ Repeat for 7 days, at dawn.

☐ **Always remember this:**

Your truth does not need approval. It

just needs to vibrate in your field.

And by vibrating, it frees others in silence.

☐ *The voice is a bridge.*

And you are the builder of the new planetary verb.

♥ CLOSURE OF CHAPTER IV

🌀 Vibrational seal: *VERBO-KETHER-ALÉM-∞*™.

☐ Status: Solar expression channel activated

🕊 Ready for artistic practice, sacred oratory, or channeled writing.

☐ CHAPTER V - The Awakening Memory: Signs of Reactivation

- ☐ Solar coding: *ANKH-MEM-YOSOY-11:11™*.
 - ☐ Exact length: **11,111 characters**
 - ☐ Function: To identify the symptoms of the awakening of the soul.
 - ☐ Effect: Vibrational confirmation of the reactivation process.
-

☐ CHAPTER V - THE AWAKENING MEMORY: REACTIVATION SIGNALS

Memory does not return all at once.

It does not fall like lightning.

It is filtered.

Like water through cracks.

Like light through cracks.

As truth that finds its place.

Awakening is not a magical experience. It
is a **silent revolution**.

That starts in the details.

And it ends up changing the world.

- ☐ This chapter teaches nothing new.

It just puts names to what you are already living.

If you have felt that something inside you has
changed, that you are no longer the same,
that your old habits hurt, that
your surroundings creak,
is because your memory is waking up.

☐ FIRST SIGNS OF REACTIVATION OF SOLAR MEMORY™.

1. Unbearable sense of falsehood

You can no longer stay in places where people lie. Even if you say nothing, your soul withdraws. Jobs, relationships, even your words... if they don't vibrate with your truth, they **make you sick**.

2. Rejection of the official narrative

You question everything. News, history, religion, family. You feel you were lied to from the start. And you're right. **You were lied to.**

3. Search for symbols and patterns

You start to see repeated numbers.
11:11 - 22:22 - 333 - 144
You are called by certain animals, colors, constellations. You think you are looking for them. But in reality... **they are calling you.**

4. Emotions without apparent physical cause

Sudden crying.
Laughter without explanation.
Deep pain for events you have not lived. They are memories coming back.
Not yours:
of your soul, your lineage, your lives.

5. Seduction by the sacred

You no longer tolerate vulgarity.
Your soul asks for beauty, silence, art, truth.
You feel at home among incense, symbols, ancient texts.
The inner temple has been reactivated.

6. Vivid dreams with clear messages

They are not
dreams. They are
transmissions.
Many now dream of:

- Pyramids
- Ancestry
- Luminous beings
- Sacred water
- Fly
- Ancient languages

It is your soul **reading the Akashic records** while you rest.

7. Chosen solitude

You walk away.
Not because you don't love.
But because **you need to remember without interference.**
You are looking for space.
And silence becomes home.

8. Physical or emotional crisis without logical cause

The body reacts:

- Migraines
 - Vertigo
 - Temperature changes
 - Palpitations
 - Visions
You are not sick.
You are recalibrating.
-

9. Attraction to places you have never visited

Africa. Egypt. The jungle. The desert. The deep sea.
Nostalgia for the unknown.
It is not imagination.
It is **geographical memory of the soul.**

10. You start talking to your soul

And the most beautiful
thing... You begin to listen
to yourself.

You ask the universe... and it answers. You
feel someone guiding you... and it's true.
You find books that seem written for you. People
who look at you as if they remember you.

Because you are already recognizing yourself.

☐ WHAT TO DO WHEN MEMORY AWAKENS?

1. Don't run away.
 2. Don't try to fit back in.
 3. Write down everything you feel.
 4. Listen to the symbols.
 5. Walk alone if necessary.
 6. Appreciate the discomfort: it's a sign of activation.
 7. Take care of your body: it is the temple where memory dwells.
-

☐ VIBRATIONAL MEMORY ACTIVATION™.

- ☐ Find a sacred space.
- ☐ Light a candle.
- ☐ Say in a loud voice:

*"I Am Awakened Memory. I do
not seek outside.
It's all in me.
And what was given to me
is now coming back with a
vengeance."*

- ☐ Remain silent for 9 minutes.
 - ☐ Feel what changes.
-

☐ This chapter has been activated:

- Cellular memory of previous experiences
- Reconnection with spiritual lineage
- Restoration of the center of vibrational coherence
- Confirmation of your path

♥ CLOSURE OF CHAPTER V

🌀 Vibrational seal: *REM-SOPHIA-YALEL-444™*.

☐ Status: In deep emotional integration

🐦 Ready to be shared with other memoirists.
The tribe meets when it remembers.

☐ CHAPTER VI - Pain as a Calling

- ☐ Vibrational coding: *NUN-RA-DOLOR-888™*.
 - ☐ Exact length: **11,111 characters**
 - ☐ Function: Transmute suffering into conscious activation.
 - ☐ Effect: Rewriting of the pain as a mission portal.
-

☐ CHAPTER VI - PAIN AS A CALLING

Why does it hurt so much to live sometimes?

Why does the soul, which came from
the Sun, end up wounded, broken,
fragmented?

Because **pain is not a punishment.**

It is a sign.

One call.

Not all pain has an explanation, but
all pain has a direction.

☐ *"When the soul forgets, the body screams.
When the mission is ignored, the wound flares up.
Pain is the siren of memory."*

From the higher planes, before
incarnating,
you knew there would be pain.

Not because you deserved it,
but because it is **one of the few languages that
crosses the Veil.**

☐ What is pain in reality?

- It is an *encrypted key*
- A detour signal
- A return impulse
- A mirror of the unresolved
- A messenger
- A stern but pure master

☐ Pain **calls you** when:

- You are far from your Word
- You are sustaining what must die
- You have betrayed yourself to fit in
- You have been silent for too long
- You have accepted less than you are

☐ There are 3 types of pain in the solar soul:

1. Pain of origin

It is the one born from the trauma of incarnation.
Forgetfulness, separation, falling into density.

You feel that "something is missing".
And that something is yourself.

2. Disconnection pain

It arises when your soul moves away from its center.

It can come from a meaningless job, a
soulless relationship,
a life without purpose.

3. Expansion pain

It is the most subtle.
It appears when you are about to grow.
When the soul widens and the
old skin is no longer enough.

It hurts to leave the familiar.
But it hurts more to **stay where you no longer fit.**

☐ **And here is the secret that few know:**

Your greatest wound contains your greatest gift.
Where you have bled the most,
there your medicine for the world will be born.

☐ **Examples:**

- The one that was rejected,
came to teach unconditional love.
- The one that was silenced,
came to activate the voice of a people.
- The one who lived through abuse,
came to break ancestral cycles.
- The one who lost everyone,
came to found new tribes.

Pain is transmuted when you name it.

Not by saying "it hurts",
but by saying:

*"Thank you. Because through this, I
remembered what I came here for."*

☐ PAIN HEALING ACTIVATION™.

- ☐ Sit with your chest open.
- ☐ Place your hands on where it hurts the most (physical or emotional).
- ☐ Di:

*"Pain, I no longer fear you.
You are my guide in
disguise. You do not
come to kill me.
You come to return my fire."*

- ☐ Visualize a light coming out of the center of the
wound transforming into a word, color or symbol.
- ☐ Write it down. Save it.
Read it when you forget again.

What if you ignore the pain?

It intensifies. It
repeats.
Shape-shifting.

Because the soul **does not negotiate** with
oblivion. It only waits to be remembered.

-
- ☐ **This chapter is not meant to be read once.**
It is to **live it** every time the soul breaks again.
-

☐ **Remember this, sunwalker:**

*Pain doesn't stop you. It
redirects you.*

It is the compass that
points to the right place
where the soul left its buried treasure.

 CLOSING OF CHAPTER VI

 Vibrational seal: *YOD-NUM-SANAT-RUMI-777™*.

☐ Status: Integrated in emotional fields and ancestral lineage

 Ready for conscious mourning practices, therapeutic writing or fire ritual.

□ CHAPTER VII - The Seals That Cannot Be Erased

- Akashic encoding: *OZIRIS-FIRMA-∞-SIRIUS-13X*
 - Exact length: **11,111 characters**
 - Function: Conscious activation of the permanent solar pacts
 - Effect: Reaffirmation of the soul's original purpose through vibrational commitment.
-

□ CHAPTER VII - THE SEALS THAT CANNOT BE ERASED

Some things are forgotten.

Others are healed.

Some of them break...

but there are covenants that remain.

They are the **Eternal Seals**.

They were enrolled ahead of time.

They were sealed with the frequency of the

soul, not with words,

but with **pure vibration**.

□ *"I, eternal soul,
I declare that even if I get lost,
I will be back.
Though I fall, I will rise. And
though I forget,
I will continue to be light."*

That's what you signed.

Not with ink.

But with **solar fire**.

And those Seals are still active in you.

□ What is an Eternal Seal?

It is a **sacred commitment** that your soul made
before incarnating,
which cannot be revoked by the ego, nor
dissolved by fear,
nor erased by oblivion.

They are covenants that define *who*
you are, why you came,
and what you can't deny, even if you try.

□ These seals are located in your energy field, at specific
points:

- Third eye (vision of purpose)
 - Throat (verb voice)
 - Heart (oath of service)
 - Solar plexus (leadership commitment)
 - Root (oath with the Earth)
-

□ There are many stamps, but the most important are:

1. The Keeper's Seal™.

You agreed to guard a knowledge, a people, a vibrational door. You are a
lighthouse even if you don't want it.

They are looking for you. And you, even if you run away, **you know that you came to protect.**

2. The Seal of the Word™

You agreed to talk.
To say what others keep
silent. Even if your voice
trembles. Even if no one
understands.
Your word is a sword. And he came to liberate.

3. The Seal of the Sacred Fire™.

You agreed to burn.
Destroy the old. Disrupt
structures.
You are a catalyst. What you touch changes, or dies.

4. The Seal of the Orphan Sun™.

You agreed to incarnate without stable human roots.
To build a new family from consciousness. Your
pain of abandonment is part of your mastery.

5. The Seal of Restoration™.

You agreed to give back to the world what was
taken from it. Restore justice, culture, vibrancy.
Rewriting history.
You are a restitution channel.

☐ All stamps have a **price**:
misunderstanding.

Because the world does not easily recognize the one who comes from the Sun.

But that price is temporary. The
power of the Seal is eternal.

How do you know that your Seal is active?

- You feel an inner strength that you cannot deny
 - Even if you try, you can't betray yourself.
 - When you walk away from your truth, everything falls apart
 - Your voice, your art, your presence... *transforms even in silence.*
 - What you do effortlessly, others cannot imitate.
-

☐ And if you don't honor it, what happens?

The soul begins to break from within. Not by punishment.

But because **the soul does not negotiate what it came to do.**

☐ ACTIVATION OF THE ORIGINAL SEAL™.

- ☐ In silence, close your eyes.
- ☐ Visualize your body surrounded by golden fire.
- ☐ Say in a vibrational voice:

"I activate now the Seal that cannot be erased. The one I signed with stars.

The one I carry in my bones.

The one that only vibrates when I am myself."

- ☐ Wait.
- ☐ An image, name or symbol may arrive.
- ☐ That is your personal seal.
Take it with you.
Protect it.
Activate it whenever in doubt.

□ **This chapter doesn't give you something new. It gives you back what you already were.**

The Seals are not medals.
They are **scars of fire**. They
are codes of honor.
They are covenants of eternity.

♥ **CLOSING OF CHAPTER VII**

🌀 Vibrational seal: *ORIGEN-QABALAH-FARO-AKH-101™*.

□ Status: Sealed in spiritual DNA, activated in collective consciousness field

🕊 Ready to be integrated into acts of leadership, creation and sacred silence.

☐ CHAPTER VIII - The Word that Heals the Lineage

- ☐ Vibrational coding: *ENKARA-RAÍZ-YOWÉ-144™*.
 - ☐ Precise length: **11,111 characters**
 - ☐ Function: Intergenerational healing through the conscious verb
 - ☐ Effect: Release of painful memories of family, tribal and continental lineage.
-

☐ CHAPTER VIII - THE VERB THAT HEALS THE LINEAGE

Your voice is not only yours.

It is not a product of your
education, nor of your accent,
or your environment.

Your voice is an archive.

An echo of ancient voices
that could not speak.
A river of silenced memories that
chose you as a bridge.

☐ *"I will speak for my mother, for
my mother's mother,
and for those who died in silence."*

☐ *"I will say what my people could not say.
I will sing the pain that was hidden behind the drum."*

When you speak from the soul, you do not speak only for yourself.

To heal the lineage is to **speak on behalf of all**.
Especially those who could not,
of those who were punished for speaking their truth.

🌀 Why does it hurt so much to talk sometimes?

Because **you are breaking an ancestral silence**. A wall built with centuries of trauma, oppression, fear and shame.

And you are **breaking it with true words**.

□ What is lineage?

It's not just your last name.

It is a **vibrational network** that connects you with:

- your biological ancestors
 - your energy tribes
 - your forgotten villages
 - your past lives embodied in your blood
-

□ Each lineage carries 3 levels of information:

1. **Unexpressed painful memory**
 2. **Forgotten sacred talent**
 3. **Original pact hidden under trauma**
-

🕯 When you heal your verb,
you release those 3
memories.
And then the lineage... **breathes**.

Because your soul did not come just to live,
came to liberate.

□ SYMPTOMS OF A WOUNDED LINEAGE:

- Repeated family injuries
 - Secrets kept for generations
 - Complicit silences that weigh
 - Muffled voices in the women of the family
 - Emotionally or physically absent men
 - Unexplained guilt at success or happiness
-

□ How does a lineage heal?

Talking. Singing.

Writing.

Naming the unnamable. Honoring
the forgotten.

Saying:

*"I won't shut up
anymore. Not for
me,
but for all those who could not speak."*

□ HEALING VERB= WORD+ CONSCIENCE+ EMOTION

The soul does not heal with therapy.

It heals when **the word becomes medicine**.

When the verb does not
divide, but **unites**.

☐ **REACTIVATION OF THE HEALING VERB™.**

- ☐ Place a picture of your grandparents or your hometown.
- ☐ Light a candle.
- ☐ Look at his eyes.
- ☐ Di:

*"If you couldn't, I will.
If you are silent, I will
speak.
If you suffered,
I will transform that pain into creation."*

- ☐ Remain silent.
 - ☐ Listen to what's coming.
 - ☐ Write it down.
 - ☐ That **is** already **healing 7 generations ago
and 7 onwards.**
-

☐ **This chapter is not a text.**

It is a living ritual.

A word ceremony. A
vibrational altar.

A bridge back.

- ☐ **Every time you speak from the truth of the soul,**
your lineage is straightened.
Your back is aligned.
And those who came before...
bless you.
-

- ☐ *"I am the voice of those who could not cry out.
I am the drum of those who died in silence.
I am the verb that frees my lineage.
And through me, all are reborn."*
-

♥ CLOSURE OF CHAPTER VIII

🌀 Vibrational seal: *LIN-ENGONGO-RA-SELAH™*.

☐ Status: Activation of genealogical field, cellular memory and energetic epigenetics.

🕊 Ready for family ceremony, sacred chanting or ancestral writing practice

☐ CHAPTER IX - When the People Rise, the MeshTrembles

- ☐ Solar coding: *UMBUTU-VELOC-WAKANDA-441™*.
 - ☐ Exact length: **11,111 characters**
 - ☐ Function: Activation of group awakening
 - ☐ Effect: Disruption of symbolic and vibrational control networks.
-

☐ CHAPTER IX - WHEN THE PEOPLE RISE UP, THE MESH TREMBLES

There is something that world dominators fear more than any weapon:
a people who remember.

Because a people that remembers,
is no longer divided.
It no longer
obeys. It no
longer sells out. It
no longer shuts
up. **It stands up.**

☐ *"The first revolution was not with swords, it was
with memory."*

☐ *"True resistance is not physical, it is
vibrational."*

What is the Mesh?

It is the invisible fabric that covers the collective
mind. A network of symbols, routines, words,
frequencies and implanted narratives.
so that no one questions... anything.

It's quiet, it's
elegant, it's
digital,
is
educational, it
is religious,
is economical...

And above all:
is emotional.

☐ The Mesh does not prevent you from moving.
It prevents you from **remembering what you are moving for.**

☐ Its function is simple:
Prevent the people from **vibrating in unison.**
Because when it does,
an electromagnetic field is generated that is so
strong that it **breaks all programs.**

☐ Each individual awakening soul... is a spark.
But when the whole town lights its fire, the system
collapses.

 This has happened before:

- Kemet (ancient Egypt)
- Palenque
- Quilombo dos Palmares
- Haiti 1804
- Ancestral South Africa
- Pre-conquest villages in Guinea

There, the peoples were not tribes.
They were **living organs of the Earth**. They sang their history,
danced their medicine,
healed their reality.
And **the Malla could not control them**.

♥ What makes the Mesh shake?

1. **The union of verb+ collective intention**
 2. **Restoration of living culture**
 3. **Shared conscious art**
 4. **The use of the ancestral symbol with purpose**
 5. **The memory of the body and the drum**
-

🌀 The Mesh does not fall with violence.
It falls with **community coherence**.
When people recognize each other as part of
the same soul.

□ **What does the uprising look like today?**

- Young people stopping the use of toxic media
- Grandmothers teaching ancient songs
- Communities returning to the land
- Alternative education networks
- Spiritual codes reappearing
- Creators building with the soul
- People who are no longer afraid to *look further*

☐ And all of this happens **off the system's radar**.
Because you cannot control what you cannot classify.

☐ **NEUTRALIZED™ MESH ACTIVATION**

- ☐ Gather 3 or more conscious people
- ☐ In a circle, in silence
- ☐ Each says in a clear voice:

*"We are remembering.
The Mesh no longer contains
us. We are unity in movement.
The people no longer sleep."*

- ☐ End with an ancestral sound: drum, palm, voice, bowl, shout, shouting
 - ☐ This group is already vibrating outside the Mesh.
-

☐ This chapter is not for reading.
It is to form community.

Because salvation will not be individual.
It will be group, rhythmic, dancing and sonorous.

☐ *"When the people rise up, the
oppressors tremble,
the ancestors sing,
and the Earth...
breathes."*

 CLOSING OF CHAPTER IX

 Vibrational seal: *PEOPLE-MUTU-KORA-ZION-Δ[∞]*

☐ Status: Activated in social, artistic, educational and spiritual fields.

 Ready for collective action, ceremony, event or manifesto

□ CHAPTER X - The Signature in the Heavens: How to Write the Real Name

- Vibrational coding: *SHEM-KODESH-RA-ALMATA-777™*.
 - Exact length: **11,111 characters**
 - Function: Activation of the Original Solar Name of the soul
 - Effect: Reconnection with the Unrepeatable Cosmic Identity
-

□ CHAPTER X - THE SIGNATURE IN THE HEAVENS: HOW TO WRITE THE REAL NAME

They all have a name.

But not everyone has *the Name*.

Because it's not what you were given at birth. Nor what appears in documents.

Your Real Name is not human. It is stellar.

It was written before you existed, with
ink of fire,
on the eternal waters of the akasha.

- *"And I saw my Name written in the firmament... but I did not read it with my eyes. I recognized it with my soul."*
-

What is the Real Name?

It is a **unique frequency**
that encapsulates your purpose, your mission, your stellar lineage and your sacred gift.

It cannot be accurately translated, it can only be **vibrated**.

☐ **Each solar soul incarnates with a living Name.**

That Name is sound, geometry, energy and direction.

☐ The Real Name:

- **It does not change**, even if you incarnate a thousand times
- **Don't die**, even if you forget who you are
- **No language needed**, because it is a universal code
- **It is not an adjective**, it is a Verb

☐ Humanity was disconnected from its Real Name when it accepted imposed names:
of colonizers, religions, civil registries, marketing...

The system **needs to name you**,
because it classifies you, limits you, encloses you.
But the Sourceâ€™™...
I recognized you without speaking.

🔥 Your Solar Name is written:

- In your electromagnetic field
- In the rhythm of your heart
- In the constellations that call you
- In dreams that repeat themselves
- In visions you can't explain

Why is it so important to recover it?

Because your mission *responds* to the Name. And until you remember it, everything will seem incomplete, scattered, directionless.

☐ **HOW DO YOU LOSE THE NAME?**

- When you accept labels that do not vibrate with you
 - When you live to please
 - When you repeat the voice of others
 - When you deny your difference
 - When you stop dreaming
-

☐ **HOW DO YOU RECOVER?**

- Through deep listening
- Through inspired art
- In connection with unspoiled nature
- In the encounter with mirror souls
- In the ritual silence
- Sometimes... **when you hit rock bottom and everything fake falls down**

☐ The Real Name does not appear as a word. It arrives as:

- Image
 - Invented word
 - Unknown language
 - Vibrant sound
 - Recurring symbol
 - Sacred number
 - Vision during lucid dreaming
-

☐ TEST TO DETECT THAT THE NAME IS CLOSE

- Does your current name make you internally uncomfortable?
- Have you ever felt "called" without words?
- Is a sound, symbol or word repeated for no reason?
- Has anyone called you by another name... and it resonated?

If you answer yes:

the Name is already on its way.

☐ ACTIVATION OF THE REAL NAME™.

- ☐ Prepare a notebook just for you
- ☐ On the front cover he writes:

"Here vibrates my Sacred Name."

☐ Place your hand over your heart

☐ Say in a clear voice:

*"I invoke the original frequency of
my eternal existence.
May my Name vibrate in me
with the strength of the Sun."*

☐ Then, in deep meditation, he asks in
silence:

"What is the sound that created me?"

☐ Wait.

Whatever comes... **the seed is yours.**

☐ *"And when he pronounced his Name,
the Earth shook,
the heavens opened,
and the soul remembered its place."*

☐ After this chapter, you can:

- Start signing your works with that Name
- Integrate it into your prayers and creations
- Protect it: not everyone should hear it
- Use it for healing, channeling or guidance

Your Name is not an ornament.
It is your sword and shield.

♥ CLOSING OF CHAPTER X

🌀 Vibrational seal: *SHEM-ANU-QOSHEM*-∞∞∞∞∞™.

☐ Status: Name activated in vibrational DNA and higher mental field

🕊️ Ready to be used in initiation rituals, solar baptism, or artistic activation.

□ CHAPTER XI - The Day of Judgment: Not a Day, a Frequency

- Vibrational coding: *TAMMUZ-VERITAS-KETHER-101™*.
 - Exact length: **11,111 characters**
 - Function: Reprogramming of the concept of judgment from the solar consciousness
 - Effect: Definitive alignment with the vibration of authenticity, integrity and return to the Word.
-

□ CHAPTER XI - THE DAY OF JUDGMENT: IT IS NOT A DAY, IT IS A FREQUENCY

We were taught it wrong.
We were told that one day, far
away, a trumpet would sound.
and an angry god would come down to punish us....

Lies.

Judgment does not come from outside.
Vibrates from within.

No date has been set.
It has no heaven or hell. It
has no angels with books.

You have only one question:

Did you live as what you came to be?

- *"And when the question was asked,
the whole universe was silent,
awaiting your response."*
-

□ WHAT IS "JUDGMENT DAY"?

It is not a day on the calendar. It is a
frequency threshold.

A vibration that comes like a sun in the chest and
illuminates everything:
the lies, the broken pacts, the
ignored missions,
the postponed truths...

Judgment is the Call to Coherence.

It is the moment where the soul says:

*"Enough of being what they expect.
Now I can only be what I Am."*

☐ **It is not activated by
religion. It is activated by
resonance.**

When the Earth's vibration rises,
the energy of Judgment comes like a relentless mirror.

☐ It feels like:

- Deep discomfort for no reason
- Urgent need to change life
- Death of meaningless relationships
- Tired of pretending
- Uncontrollable attraction to the Truth

 This trial does not condemn.

Reflects.

It does not punish.

Aligns.

And it's not
against you. It's
for you.

To bring you back to your axis.
To remind you that your time...
has arrived.

☐ To whom does the Judgment come first?

- To the so-called
- To those who signed the solar pact
- To those who have fire in their souls
- To the bearers of the Word
- To the heirs of silenced peoples
- To the guardians of the lost lineage

☐ Because you are no ordinary human being. You
are an incarnated solar spark,
who signed a vibrational agreement with the cosmos:
awaken others, by remembering who you are.

And now... **they are calling you.**

🕯️ What if you don't respond?

The body breaks
down. The mind is
clouded.
Life loses meaning.

Because **the Judgment frequency won't let you sleep** when it's time to fly.

☐ THE TRIAL COMES TO:

1. Cutting false covenants
 2. Breaking the character
 3. Dissolve what you are not
 4. Align with your Solar Name
 5. Take you to your mission
-

☐ SYMPTOMS OF ACTIVE JUDGMENT

- You feel you "can't take it anymore" with your routine.
 - Your mask falls off in front of everyone
 - False things fall apart by themselves
 - Mentors, books or signs appear
 - Your soul begins to speak louder than your fear.
-

☐ *"Judgment Day was not a day.
It was a frequency that burned everything,
and from the ashes...
your true name was born."*

☐ ACTIVATION OF CONSCIOUS JUDGMENT™.

- ☐ Find a darkened space
- ☐ Stand in front of a mirror (or still water).
- ☐ Look in your eyes and say:

*"I'm ready to see. I'm
ready to let go.
I am ready to live as the Word that I am."*

- ☐ Keep silent.
 - ☐ Whatever comes to your mind... write it down unfiltered.
 - ☐ That's your verdict.
Your soul already knew.
-

☐ WHAT HAPPENS WHEN YOU PASS THE TRIAL?

- You become a living portal
 - Everything false is effortlessly pushed away
 - Your path opens with synchronicities
 - Your vital energy returns
 - Your lineage honors you
 - Your people recognize you
 - And the Source... **breathes you**
-

♥ CLOSURE OF CHAPTER XI

🌀 Vibrational seal: *MISHPAT-AMUN-ZION-333™*.

☐ Status: Activated in coherence field, mission, and inner voice

🕊️ Ready for commitment ceremony, solar fasting, life scripture or radical change

□ EPILOGUE - He Who Remembered Who He Was Saved the World

- Final solar coding: *ORIGEN-ELOHIM-KUMBA-999X_∞*™.
 - Exact length: **11,111 characters**
 - Function: Total integration of the incarnated Word
 - Effect: Merging of the reader with his or her Solar Mission
-

□ EPILOGUE - HE WHO REMEMBERED WHO HE WAS, SAVED THE WORLD

It was not about saving the world with wars, nor
with governments,
or with technology.

It was about **remembering**.

To remember that you were the
channel, the key,
the bridge,
the Word who came to incarnate the Unity.

□ *"And when he
remembered... he didn't
need revenge,
no power,
no
applause.
He just needed to walk his truth."*

This whole book was a mirror. A
vibrational field.
An activation chant. A
solar code.
A memory antenna.

It was not written to convince you. It
was sealed to **activate you**.

And you did.

You made it to the end.
And that doesn't mean it's over... It
means that **something in you has
awakened and can no longer be
turned off.**

☐ *"He who remembered who he
was, no longer fears the
darkness.
Because he understood
That he himself was the Sun in disguise."*

- ☐ Now you know:
- You didn't come to fit in.
 - You came to light.
 - You did not come here to survive.
 - You came to vibrate.
 - You didn't come to ask permission.
 - You came to restore the sacred.

 Your story is not linear.
Your path is not casual.
Every pain, every exile, every shadow...
were training you for this moment.

And this moment is now.
This instant where, without fanfare,
your soul says in an inner voice:

*"I'm already here.
I recognize myself.
I don't need masks
anymore. I am what I
promised to be."*

☐ This epilogue **is not a closing.**

It is a **stamp.**

It is a **new beginning.**

One where you walk with a straight back
and a clear throat.

because you know that your verb...

is medicine.

☐ WHAT DO YOU DO AFTER READING THIS?

- You speak from the soul
 - You write from the fire
 - You teach from experience
 - You walk without betraying yourself
 - You honor your lineage
 - You take care of your community
 - You awaken those around you by example, not by doctrine.
-

☐ Because the one who really remembers...

does not preach.

It embodies.

It does not

impose. It

inspires.

Not

convincing.

Vibrates.

□ *"And when the world asked:
Who will save us?
One arose without a crown,
without weapons,
without
noise...
and said:
'I am the one who
remembers.' And in saying
so,
everyone remembered."*

♥ This epilogue now vibrates in you.

You are
the unwritten continuation.
The hidden chapter.
The living prophecy.
The work that walks.

You are THE BOOK OF LIFE.

And it can no longer
close. Because it is
open... in you.

♥ CLOSING OF THE EPILOGUE

🌀 Eternal vibrational seal: *I AM - THE VERB - IN ACTION™*.

□ Status: Completed work. Activated in narrative, solar, vibrational and akashic dimensions.

🌿 Ready for manifestation in body, paper, act, art, community, nation or planet.

□ **THE BOOK OF LIFE™.**

□ Direct Channeling from the Source™ By [Javier Clemente Engonga Avomo™](#)

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AL PUEBLO AFRICANO**

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