

A romantic couple is shown from the waist up, smiling and looking at each other. The man, on the left, has dark hair and is wearing a white button-down shirt over a white t-shirt and blue jeans with a brown belt. The woman, on the right, has long brown hair and is wearing a light green lace-trimmed dress. They are standing outdoors with a blurred green background and warm sunlight filtering through the trees, creating a soft, golden glow. The title text is overlaid on the image.

# ***12 Rules For a Happily Married Life***

**An Instructional Guide Outlining The Rolls and  
Responsibilities of a Man Within His Marriage**

**Vince Young**

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Disclaimer: This book is a work of satire and is intended for humorous purposes only. Any resemblance to real persons living or dead, or actual events is purely coincidental. The author assumes no responsibility for the reader who may take the content to seriously, as the primary aim is to entertain and provoke thought. Reader's discretion is advised, and a sense of humor is recommended.

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# Forward

People around the world struggle within their marriages. It is not because they fall out of love, but because they lack the tools and the knowledge of what it takes to have a happily married life. For everyone struggling to maintain a Happy and Healthy married life within the pages of this book you will discover the keys to marital bliss. However, many people in our society are unwilling to put in the work required for a long happy married life.

12 Rules For a Happily Married Life was written to make it possible to achieve. This book is an invaluable source that cuts through the social noise that far too often promotes an acceptance to Divorce. 12 Rules For a Happily Married Life offers clear and concise answers to critical questions. This book is an instructional manual that clearly communicating to men what their responsibilities are to achieve a happily married life.

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# 12 Rules For a Happily Married Life

# Rule # 1

## Finances

Within the details of rule #1 you will see how the man make important financial decisions regarding the family's finances and investments.

1. The man should always say to his wife, "Whatever you want Dear."
2. The man should always offer to work more overtime hours.

# 12 Rules For a Happily Married Life

## Rule # 2

### Intimacy

This Rule is one of the most important. A man needs to take responsibility and guarantee that his wife is satisfied.

The first thing a man must realize about intimacy; It is not always about the sexual act. However, when it is time for love making the man needs to make sure his wife is comfortable. The man must also stay rock hard for hours.



# 12 Rules For a Happily Married Life

## Rule # 3

### Raising Children

The importance of raising children can't be understated.

When it comes to raising children, the man must realize that the child's mother knows what is best for her son(s) and/or daughter(s). The man need only reinforce the rules that his wife has put into place.

# 12 Rules For a Happily Married Life

## Rule # 4

### Social Life / Friends

Having friends is a huge part of a happily married life.

When planning an outing with mutual friends, the man must realize that they no longer have mutual friends. They now have her friends and her friend's husbands.

# 12 Rules For a Happily Married Life

# Rule 5

## Voting / Politics

A good comprehension to political issues can impact the peace within a household more than you realize.

The understanding of ballot issues, bills/laws, and especially the candidates themselves is important and can have serious ramifications with long lasting effects.

The man must vote the way his wife tells him to vote, in order to maintain a happily married life.

# 12 Rules For a Happily Married Life

## Rule 6

### Vacations

Unlike the other 11 rules within this book, when it comes to vacationing, it is important for the man to say to his wife, “Wherever you would like to go dear.”

This is the only time the man says “WHERE” ever you want instead of “WHAT” ever you want.



# 12 Rules For a Happily Married Life

# Rule 7

## Hobbies and Pastimes

There are an endless number of interests that people have. Rule #7 of having a Happily Married Life is finding the right hobbies. Be sure that when you are looking for ways to fill your pastime that you consider all the things that your wife finds interesting.

You will learn to love the things your wife loves: even if its wine tasting and art class. Be prepared to give up your sports teams, motorcycle riding and going to the firing range.

# 12 Rules For a Happily Married Life

## Rule 8

### Home Design and Décor

Regarding home design and décor; again the man should say “whatever” you like dear. If she is pleased you might get a man cave.

# 12 Rules For a Happily Married Life

## Rule 9

### House Management

House management is a very important topic. It's actually different than managing finances and decorating the house. House management includes household chores and duties. The man should always make sure he knows what his wife wants done. He needs to know and understand her priorities. When you complete your chores, you should know that your wife will come behind you; she will redo the chores that you had just completed, because you wouldn't have completed them to her satisfaction.

# 12 Rules For a Happily Married Life

# Rule 10

## Diet and Exercise

Staying fit is an important part of having and maintaining a happy marriage.

It can be tricky to balance the correct fitness level while staying in compliance with her dietary plan. When her diet and meal plans change, be sure to be flexible. And finally, if you ever have any doubt, simply ask your wife what she wants to eat and how often she want you to work out.



# 12 Rules For a Happily Married Life

# Rule 11

## Miscellaneous

It is impossible to have a Happy and Healthy marriage without Rule #11. This rule ensure that if the other rules don't address an issue, rule #11 is a catch all. When the wife create new demands and new expectations, which she will throughout your marriage. When this happens, don't refer back to this book. Just understand and realize that there is no way any book, any set of rules, or any psychologist that could predict the demands of a woman. It is your job to address those demands and satisfy those demands as they arise.

# 12 Rules For a Happily Married Life

# Rule 12

## Religion and Spiritual

Rule #12 supersedes all of the other rules. This is a serious rule and marks the end of the satire. The man should insist to live by Joshua 24:15 which says,

“As for me and my house, we will serve the lord.”

Both the husband and the wife need to understand the importance of keeping Christ in the center of their marriage. In Ecclesiastes 4:12 it says that a cord of three strands is not easily broken. The three strands represent, the wife, the husband, and God. By keeping Christ in the center of your marriage, He will bless your marriage.

## The End

































































































































































































































































































## About The Author

Young was born into a family of 11 children - 7 boys and 4 girls. From an early age, he felt different from other boys. He didn't understand why, but he knew he had to be true to himself. Young has never been afraid to speak out against controversial social issues. He stands up for what he believes to be right. When Young started listening to the world through social media, television, and print media, he found himself drawn toward ideals that were grounded in truth. School was difficult for him, perhaps because of his ADD and undiagnosed dyslexia. Nonetheless, he still truly enjoyed school and many of his close friends are a big part of his life to this day. Young credits his public-school education for his ability to apply critical thinking when he is presented with facts.

Recently Young was impressed with Jordan Peterson's book [12 Rules For Life](#). His takeaway is that personal accountability and responsibility is paramount. Those two things are sometime difficult to come by if you are not taught and/or given a good example as a child. Young said difficult, not impossible.



## Endorsements

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### Dr Jordyn Patterman

Not every person has the capability to follow and apply the 12 Rules For A Happily Married Life, However, I found that even the attempt to apply the rules can be effective. I found the content to be intellectual, entertaining, and consistent with psychological norms.

### Mr Vince Young

Although it might be unusual endorsing my own book, I wanted too anyway. My endorsement means that I believe in it and trust that you will get something out of it. 12 Rules For a Happily Married Life has both humor and seriousness. Hopefully, you will be able to tell the difference between the two.

