EDITION: SEPTEMBER 2025



AN NDMC OFFICIAL SAID, PREVIOUS MEMORANDUM UNDERSTANDING (MOU) BETWEEN DELHI GROUNDS AND NDMC HAD **EXPIRED IN MARCH 2020 AND THE** MODEL WAS DISCONTINUED 2020.

THERE WERE ALSO PROLONGED LOCKDOWNS DUE COVID-19 PANDEMIC. THE COULD SCHEME **NOT** BE RESTARTED.

The New Delhi Municipal Council (NDMC) is planning to introduce specialised sports coaching for school-going children at its facilities on the public-private partnership (PPP) model, senior NDMC officials said. Under the plan, professional agencies will provide coaching at facilities, such as the Shera Ground, Talkatora Cricket Ground and Shivaji Hockey Stadium, among others, on a revenue-sharing basis, they said.

THE NEW DELHI MUNICIPAL COUNCIL (NDMC) PLANS TO INTRODUCE

SPECIALISED SPORTS **COACHING FOR SCHOOL GOING CHILDREN**







STRATEGIES SCHOOLS CAN ADOPT TO PROMOTE SPORTS & PHYSICAL ACTIVITIES

- Ensure dedicated time in the timetable for Physical Education (PE). Introduce yoga, aerobics, dance, athletics, team games, martial arts).
- Develop and maintain playgrounds, courts, indoor sports halls, and fitness zones. Provide sports equipment suitable for all age groups.
- Appoint trained PE teachers and coaches for specialized guidance. Create a pathway for talented students to participate in inter-school, district, state, and national competitions.
- Conduct Annual Sports Day and inter-house competitions. Regular fitness challenges, morning drills, marathons, or fun runs. Reward participation as much as winning to motivate all students.

Importance of Sports & Physical Activities in

Physical Health & Fitness Mental Wellbeing

Team work

Healthy Habits

FINARKA'S Recommendation Hub

MEASURES SCHOOLS CAN TAKE FOR STUDENTS SCORE BETTER IN MIDTERM EXAMS

- Schools should organise targeted remedial and revision sessions. These classes can
 focus on re-teaching difficult concepts, clarifying doubts, and revisiting important
 topics systematically.
- Schools should provide students with worksheets, model question papers, and practice assignments to build confidence and improve writing skills.
- Teachers can give special attention to weaker students while also encouraging peer learning through study groups. Open doubt-clearing sessions and the use of smart tools and videos can simplify complex topics, helping students grasp concepts better and more effectively.
- Schools should guide students on maintaining a healthy routine with proper sleep, diet, and exercise. Motivational talks, counseling sessions, and active parental support can help reduce stress.

