# **Animal Guidance Cards**

Extra words of wisdom from Big Elk, Grandmother Spider, Sister Duck, and Snakey.

May these cards offer insight and blessings. May they inspire you to find answers and new insights within yourself. May their guidance offer love and support. May they serve as a reminder of your own wisdom that lies deep within. Dive deep into the mysteries, leave behind preconceived ideas. Take these guides with you into your dreams and with you on your path of self-discovery.

There is no one right way to use the cards. Let them speak to you. You may want to ask an open-ended question before pulling a card, yet it is not required.

Before you dive into reading what is written here, I encourage you to sit with the cards you pull. Take In the images and words and what you notice. How do you respond?

How do you feel when you see the picture and read the words on the card? Can you accept the message with ease? ...or do you want to shuffle and pull another card?

There are many ways to interact with these cards. There is information in all that you perceive. And if you feel the need for extra guidance from the animals, find your card(s) and read on.

~ Blessings Be ~

# **Big Elk**

#### **Dwell in Beauty**

Big Elk is saying it's time to open your eyes and delight in your own heart's singing beauty.

Where do you find beauty?

- ... Is it in blooming or expansive nature?
- ...in the look of someone's loving eyes?
- ...in the wild untamed skies?
- ...or in an act of kindness?

How might you more easily be touched by beauty? How can you create more beauty in this world?

This is your task right now.

## Feed Your Soul

When you get this card, Big Elk is telling you that it's time to enjoy a harvest, whether from your garden, or from spending time alone or with friends.

To satisfy your senses, you may need more than vegetables in order to be healthy and whole.

It's time to smell the flowers while nourishing your body.

How can you partake in deeper levels of nourishment? What are the parts of you that need feeding? Where do you find nourishment? Where is the abundance in your life? What will truly feed your soul?

## Find A New Perspective

Big Elk asks you to find a new perspective. Find a new way to see things, or perhaps a new place to see from.

Acknowledge our interdependence with others. Notice the ways in which others can see things from a different vantage point.

We are not alone... even if we think we are. One can always find a rock to stand on, or perhaps to lay under, if need be.

This card asks us to reimagine what we think we already know. It is inspiring us to ask others to help us in seeing from their vantage point.

## **Find Your Inner Compass**

When you get this card Big Elk is directing you inwards. Look to your own heart for direction. There are many options, and many paths to take.

What direction is calling you? There are no right answers in this circumstance, only possibilities.

What direction you go depends on your own inner compass...

...Is it True North?

...or are you craving Sunshine of the South?

Follow the path that exists only on your own inner road map. Do not worry if you find yourself in the weeds, staring at the main road in the distance.

Embrace your own inner sense of direction. It's okay to laugh and get lost. If you don't know where you are, make your own map and follow that path.

#### **Follow Your Bliss**

Big Elk says "Go for it!" Find yourself immersed in your passion! Do what makes you happy! Go down the road of joy, and make no exceptions! This is a time to find what brings you the most joy and go for it. Follow the roadmap of feelings and sensations. Follow, the Yes, and the ahas! They may be big or small.

If you were wondering about your bliss and where to find it, look to your heart.

What makes your heart light enough to fly?

Everyone's path is different. This is about finding your own path and your own bliss. You can share this, but let the path be that which makes your heart sing, not the one that you "think" will do that, but the one that actually does.

Bliss is a feeling and a sensation. Take a breath, exhale and follow that...

## Revel in the Mystery

Sink In and enjoy the unknowable. Let the mystery guide you to places unimaginable ...into the places least expected and most welcome. Delight in what is possible.

When you get this card, Big Elk is asking you to be OK with what is known and also with what is unknown. Big Elk is asking you to lean into that which you do not know yet.

Instead of striving for answers and trying to figure it all out, can you celebrate the great mystery of all that is yet to unfold?

## Rest and Shelter

When Big Elk starts talking about rest and shelter, it is time to pay attention and listen. Listen to the trees, ...to your community, ...to your own inner voices.

Where do you feel safe enough to rest? How can you now tend to (and care for) yourself? Where does this need to happen?

Even if our outside circumstances change, we can find places within ourselves and within our community around us that offer us shelter - a place to stay out of the rain and to help one another.

We don't have to carry the load alone. Notice the resources that are around you. Reach out to manifest the replenishment and rest that you need.

Each experience of shelter is housed within a larger context. We all are living beings, and we are interconnected with all of Nature and the Universe. To truly experience deep and nourishing rest, you may need to find the safety of a trustworthy shelter.

What needs to be taken care of so that you may rest?

Do you need the solitude of being with a tree, or to be held in the nurturing embrace of Mother Earth?

How do you find deep peace in your heart?

What is the shelter you need in this wild and changing world?

#### Roam Free

Big Elk says "place your feet on the floor and feel the ground beneath you". Sense where you are. You have the earth's support. It is holding you and cherishing you. Even in the midst of the unknown, you can feel the pull of the earth that is always beneath you. You can recognise it, as a familiar sensation.

How do you ground yourself in your (as of yet) unknown ventures? How do you feel your way across these mist covered lands?

With one foot in front of the other, Big Elk says "Trust the earth below you, and you will roam free." Find your inner connection to the earth and know that with any step you take, that this connection and freedom can't be taken from you.

Even if the path in front of you is unclear, the ground beneath you is ever solid, and you (like Big Elk) are present.

This card suggests it may be time to venture beyond the safety of what you know, but know that in doing so you may always rely upon your inner strength and your connection to the earth and the support it brings.

## **Rock Steady**

Big Elk says "Enjoy where you are. Find your rhythm and settle into it". The Presence of boulders inspires us to slow down, and find what is alive within the apparent stillness, even if the pace is as slow as geologic time...

Can you feel a pulse of aliveness?

Where is the hint of movement within the otherwise seeming stillness? What is constant that lies within the center of this stillness? What is a sustainable rhythm for you now? Can you find it?

This is - a rhythm deep within a rhythm, the kind of rhythm that is not affected by outside forces. It is a Rhythm that persists ~ like taking a breath... This rhythm is an indisputable part of life.

It's time to find Your Groove. Sense a little deeper.

## Stay on the Path

Big Elk is nudging you in a particular direction on your path. Can you feel it?
Can you see the way forward?

Big Elk puts one foot in front of the other and follows the path laid out for Themself. Big Elk trusts the path ahead.

One foot in front of the other, there is a path laid out for You.

Are you ready to take it?

This may not be the only way forward, but it is a clear way, and Big Elk says to trust this clarity.

There may be distractions, and it may seem unclear as to where this path will lead. Trust that Big Elk will bring you to the exact place you need to be.

This card asks you to stay on the path that you are already on. The journey has begun. Follow it through and trust that you are already headed somewhere.

## Take a Hike

When Big Elk says "Take a hike!" It's time to get a move on.

Where do you need to go?

What will come with you, nourish you and support you?
What will be a burden that you may be best served by leaving behind?

Big Elk doesn't require you to go anywhere new (but you can). Big Elk simply wants you to take a look closely at what matters. If you want to get to the top of the trail it is easier if you lighten your load.

Maybe it's an idea, a relationship, or actual stuff you have been unnecessarily carrying around.

Ask yourself "what do I need right now, and what am I willing to leave behind me?"

Go for it! Put on your shoes right this minute, and go for a hike! ... Even if you can't do it physically, you can ask yourself what is getting in your way? ... And where do you want to go?

Big Elk is just around the corner waiting to meet you!

## **Trust the Signs**

Big Elk is asking you to stop feeling a need for everything to be so mysterious.

Let the signs that are right in front of you, guide you on your path. Trust that it can be that simple. Find your way to recognizing and trusting your guidance. The signs are everywhere.

Can you let these messages in?

It may be something you 'see', or it may be something you simply 'feel', as an answer when you ask a question.

How does your body respond, when you see the words written in 'Bold' across the street signs?

If they make you laugh and smile, might you take that as an indication that you're on the right path?

Big Elk wants to guide you.
Will you allow yourself to be guided?

The signs surround us. Our culture has so much to tell us, our surroundings show us so much. Yet it can be intimidating and we may shut down and stop receiving these messages.

Big Elk is asking you to trust again, and to open up to receiving the information that is right in front of you and is laid out on the path before you.

#### Can you trust?

If not, then what are the obstacles that are keeping you from being able to trust?

You may not end up where you expect, but if you are trusting in the Divine, you're likely to end up where you need to be.

# **Grandmother Spider**

## Claim Your Space

Grandmother Spider wants you to listen to the threads of your longing, to place yourself where you belong, and to claim your space. It is time to leave your own webs, explore your surroundings, and to make your mark.

This is a time to come out from the shadows and be seen in your brightest light. Do not wait for permission or for a map.

Now is the time to be exactly who you are, and claim where you belong. Come out from hiding and claim the space that is your birthright.

What parts of you are hiding in the shadows? How can you give those parts more space to be seen? How will you Inhabit the space that you occupy?

## **Create Magic**

Grandmother Spider is helping you to Weave your own magic.

How will your magic become manifest?

Spinning a web is already an amazing act of creation, but when the morning dew interacts with that web, the magic of its creation can be seen and amplified.

Whatever magic that resides in you, is waiting to come out. Magic happens, as an interaction between your direct engagement with nature, with the universe, and with all the forces that exist beyond your control. Magic is created when you join your own engagement, and your wonderment with something larger than you.

Magic is everywhere, but to create it, is to engage with the beauty that is already in abundance, with its wonder and mystery. Magic is the wildly unforeseen serendipity, the sum that is greater than all its parts.

#### **Gather Round**

Grandmother Spider has asked us to gather and sit by the fire. Is it the fire of letting go? ...or the fire of comfort?

Whatever the reason, the warmth that draws us together, is allowing us to hear one another, and to see in the dark.

Grandmother Spider is reminding us of the importance of storytelling, ...be it for the remembering, ...or the warming that lightens the dark with laughter.

Bring the threads of your past webs (both broken and whole), to the fire. Some moments are enriched when shared.

How will you gather round?
Who can you share with?
What old webs need acknowledging and transformation at the fire today?

## **Give Thanks**

Grandmother Spider asked us, "what are you grateful for?"

Are you giving thanks for what you have, for where you came from, and for what could become?

All possibilities reside in every moment.

Grandmother Spider is asking you to give thanks and to practice gratitude for all that has brought you to this moment, as well as for all that still resides in possibility.

Some aspects of gratitude are easy, such as recognizing what you have - shelter, food, and love.

Can you also give thanks for the less obvious gifts: the challenges and for the dreams that are waiting to be realized?

#### Go Deep

Grandmother Spider is inviting you deep down. She is inviting you to follow the threads of your own web, towards their center.

Can you take the time to sit with what is below the surface? Can you wait for what may be hidden, to be revealed?

She weaves her webs in so many shapes, some more apparent than others. This web is now leading your attention down towards the center of the Earth.

What lies at its core?
What treasures will be found in this deep hidden space?

#### Rebuild and Renew

Grandmother Spider is a weaver. And as such, she is taking all that life has given her, to create anew in this new moment.

Grandmother Spider has asked that you allow the old broken webs to just 'Be', and move onto new creations.

Just as the seasons change and winter comes, so does spring with its renewal.

As you find the structures of your life are breaking down, Grandmother Spider asks you to see what new webs you are able to build. Can you rebuild stronger?

#### Stay Connected

Seemingly separate, the roots of the redwoods create a vast territory of connections underground...

Above ground, Grandmother Spider's webs can be seen and felt, ...reaching across thin air, ...connecting one place to another.

Grandmother Spider (the web builder), asks us to form connections. Sometimes these connections are invisible, until the light shines just so.

She is asking us to reach across open spaces, and to feel our way through the unseen and through spaces underground.

How do you build connections?

How do you maintain those connections? How do you feel a part of this larger context that you are living in?

What aspects of your life need connecting?

## Suspend Yourself

In active pause, Grandmother Spider sits in between here and there. We cannot tell if she is on her way down or up. Her suspension is a mysterious moment, full of potential. Any and all directions from here are possible.

Grandmother Spider is asking you to suspend yourself and your momentum. She asks you to pause in this potent place to recognize all the possibilities... She is asking you to be aware and open to the realities that surround you before acting.

Like a sudden wind, the potential of the world around you may cause your direction to change.

How have you been moving? What different possibilities arise if you suspend?

#### Take a Leap

Spinning her own threads and making her own trails, Grandmother Spider is a flying trailblazer. Able to travel great distances, She can take flying leaps and land in new places. The thread she spins is of her own making and is like a parachute that carries her to each new place.

What leaps await you?

Is it a great physical distance to span or a leap of the imagination before you?

Grandmother Spider is urging you to take these leaps of curiosity and wild imagining! She is asking you to trust and to take these leaps, spanning great distances, be they physical, emotional, mental, or spiritual.

Sometimes there's nothing more to be figured out, or to be done, or to research.

It's just time to jump!

#### **Weave Your Dreams**

Grandmother Spider is a dreamer. Some say she wove her dreams into the reality that is this world that we live in today.

Today Grandmother Spider invites you to become the weaver of your own dreams. She is encouraging you to actively dream.

She is asking you to cross the threshold between the intangible and the tangible. ... To take those dreams and weave them, one thread at a time, into being a reality for you on this planet.

How do you bring those dreams hidden under sleep into reality? How do you weave the stars together?

## Wrap It Up

Oh! Grandmother Spider knows just what to do and how to conclude...

Grandmother Spider is not leaving the future up to chance; she's taking all the necessary actions to ensure that her hard work will be fruitful and to secure her future.

What loose threads need tending? How can you secure all of your hard work for future benefit?

This is a time to tend your gifts.
What offers have been left hanging?
What do you need to secure?

## You Belong

Grandmother Spider says you belong. Remember that we all come from Stardust spun from the stars. We are all part of this vast universe.

Grandmother wants you to remember that you are light and that light is what makes this universe. We are a part of the universe and the universe is made of your inner light. You are the light of the universe sent to earth.

How do you remind yourself that you belong?

How do you let your inner light shine in this vast universe?

What is between you and your sense of belonging? How do you part the veil and remain connected to this inner knowing?

## **Sister Duck**

#### **Be Curious**

Take a look inside and be curious. Sister Duck says don't shy away from the new, the unknown, and the mysterious, or from that which seems different than Yourself.

Do what is needed for you to be able to open your eyes.

Widen your perspective.

Have wonderment.

Ask questions.

...Ask "What if?".

It is the Perfect time to wonder about who you truly are on the inside. What makes you tick? What is most Important to you now?

Now is the time to question and wonder about the world that is around you. What is this big Beautiful world that Surrounds you?

## **Cultivate Inner Peace**

Inner Peace can be Cultivated.

Sometimes it is about realising where you are, and what you are doing, and finding those environments that can help you foster deep and lasting peace for yourself.

Sometimes it is about seeking that inner state of being, a True Inner Peace... ...noticing that it exists, acknowledging, and tending it... ...Finding the parts of our experiences that offer us Peace of Mind, Peace of Heart & Peace for our Nervous System...

Sister Duck is asking that you give attention to this Peace. We can choose to look at the pain, excitement, and boredom. And we can also choose to tend to the parts of us that are at Peace. Maybe it is just where we put our attention, and maybe it's as simple as taking a walk in the garden.

How can you cultivate your inner Peace?

## **Dive Deep**

Don't take yourself too seriously, and don't shy away from the murky depths. Nourishment can be found below the surface.

Sister Duck says there are many ways to plumb your own depths. Some ways are more graceful than others.

No matter how you choose to get there, Sister Duck is happy that you can dive deep, and take a good look at your own inner workings. And do all this with a sense of humor!

She wants to remind you that every time you look a little deeper and expose more of yourself to yourself, there is almost always something to laugh at!

Don't be afraid of what you might find, when you dive deep. Let your underside be exposed to the sun.

Sister Duck wants you to see what turns up when you look below the surface!

## **Enter the Mystery**

Sometimes we cannot see very far ahead.

Sister Duck is urging you to be okay with this.

She is asking you to trust and says: "What is Not yet 'known' must be experienced rather than anticipated."

Enter the 'Wild Unknown' with an Adventurous Spirit.

Embrace the lesser known parts of your life and your circumstances, to be able to Enter the mystery!

How much of the unnavigated territories can you allow yourself to trust? What aspects of your circumstances beckon you to be explored? Are you willing to step into the unknown? Which quiescent senses will you use in this adventure of your journey?

Take a step into the Mystery.

#### **Express Yourself**

Let it all out!

Just Like Sister Duck, ...get silly!

...and Get Sassy! ...Get wild!

...or just be quiet ~ if that's what's real right now.

Now is the time to let yourself, and your own voice come through in All your Actions and your Words.

What have you been holding back that is ready to be let out? Can you let that expression be joyful? Sister Duck wants you to have fun and to play! What part of you is craving to be expressed?

## **Find Your Way**

Are you lost?
Have you been following someone else's directions or Recipes for Living?
How do you find your way to Creating your own path?
How will you guide yourself?

Sister Duck says it is time for you to make your own journey with your own milestones and your own markers that will lead you.

How do you venture?
What do you need to tend to, in order to find your own way?
Do you need to be quiet long enough to listen to even the faintest voice?
...Or is it time to just pick a direction and go?
What tools do you require for your journey?
Do you need a map, or stone markers?
Does it matter where you are going?
...or simply that you go...
What is your way?

#### Get Your Ducks in a Row

Sister Duck says that it is time for some inner housekeeping.

Take a moment to sit in the reflecting pool, and get your Ducks in a row.

What needs to be organized or tended to?

How can you take this moment for yourself, to gather your resources, take stock, and prepare?

Is everyone and everything accounted for? Do you have a plan?

This is a time for planning and re-organizing.

What simple actions can help you feel more oriented and focused at this time?

Sister Duck wants to remind you that a little housekeeping now and then, is sometimes necessary.

#### Go With the Flow

Sister Duck knows all about paths of ease. Why fight the currents, when the path is presenting itself out in front of you?

Can you accept a path of least resistance, and go with the flow?

Sister Duck is asking you to stop struggling, and follow the path of ease, as if it was just like a softly moonlit night. It might be just that simple.

#### Jump In

Sister Duck says, go for it!

Take a leap and jump in!

Is there anything that you are holding yourself back from?

It's all right to get wet, to get dirty and messy  $\sim$  all the Way up to your ears! Now is the time.

What can you immerse yourself in?

Take the plunge.

This is not the time for a gentle wading in, one step at a time close to the shore. This is the plunge time!

You are going to find out a lot, all at once, this way. Don't wait for the perfect conditions. There may not be a diving board or platform that you can climb.

You can examine all the reasons to hold off till the cows come home if you really want to, but Sister Duck wants you to simply jump in!

What are you Waiting For?

#### Lift Off

Go Ahead!

Although Sister Duck is most often seen in the water and on the land, she is also known to take flight.

Now is the time to lift off from the ground, and gain some levity for yourself.

Have you ever seen Ducks fly?
It is not about grace and delicacy.
It is about taking that leap that propels you to lofty heights and allows you to travel great distances.

When Sister Duck asks you to 'lift off', she is asking you to let go of whatever is weighing you down. She is also asking, where is your inner levity?

How are you feeling weighted down right now? How can you lighten your load to be able to lift off?

### Roll With It

Sister Duck says it's all right ~ let the rain fall. ...Drink your fill, and let the rest just slide off your back.

When you get this card, Sister Duck wants you to let go of forcing the situation. She wants you to just let things be what they are. Let the twists and turns come as they will, and meet them with grace and humor.

Play in the unexpected circumstances, even if that is not what you had planned or wanted.

How can you find resilience in the moment and allow yourself to roll with it?!

## Soar Above It All

This is a card about perspective.

How do you gain enough height to have a perspective that is not tied to the details?

When you can gain enough height, you are able to form a greater and overarching perspective.

There is beauty and ease in achieving this vast panoramic view of things, and Sister Duck wants you to join her, in soaring above it all.

Get the Big Picture, and don't get caught up in the details. Can you find the beauty and the patterns that can only be experienced from this heightened vantage point?

# <u>Snakey</u>

#### Blend In

Not every moment is cause for a big statement, or for needing to Stand Out...

Sometimes 'Blending In' is what is best for survival, and sometimes 'Blending In' can be more than that.

Blending In can be a surrendering of the ego and the self. It can be a dissolving of all that has kept us feeling separated and alone.

Snakey is asking you to get closer to Nature, and to perceive yourself as part of your surroundings, and not separate from it all.

In what ways are you feeling separate? Do you feel like you stand out?

Can you join with the environment you are in?
How can you allow yourself to feel a part of All that surrounds you?
What does it feel like to be a part of the Whole?
How does it feel to be in relationship with everything that is around you?

Snakey is asking you to find ways to exist in connection with all of Nature. You are a part of this universe. You are a part of this ecosystem.

## **Gather your Resources**

Snakey has a message for you. What appears to the outside observer as rest or inaction may actually be a time of gathering resources, of building new internal pathways and structures, and strengthening or reinforcing your inner network. Sometimes we need to lay in the Sun.

We gather energy from its heat.

This card is asking you to slow down enough to replenish yourself.

What replenishes you? What fulfills you? What gives you what you need to move forward?

Where is your place of restoration?
What elements do you need to take in?

Snakey is saying "It is time to let your environment nurture and heal you."

#### Go between Worlds

Snakey is adaptable and glides through many different environments. Snakey has the ability to transition between land and water, moving fast and slow, changing heart rates to rest through the heat and the cold.

Snakey is inviting you to find your inherent fluid nature, as you transition between different demands and environments.

How do you experience transitions? How can you embrace the Shifts in your life? How can you bring more fluidity into your way of being?

Snakey is inviting you to "Go for it!"

Be adaptable. Dive into and out of the Waters and the Seasons.

Allow yourself to glide through all the challenges and transformations as varied as they may be.

## Hang In There

In between all the dramatic moments like shedding skin, and striking prey, there are times that are marked less often as important.

This is a time that is not spent sunning, eating or even preparing... It is the time of just being, hanging in there. It is not about preparing, gathering or releasing... It's just a state of being.

It may feel like waiting, but this time could also be filled with smelling the flowers, enjoying the scenery, or stretching. Time marked by not needing to be in any one place or needing to be one specific way...

Snakey is now offering you an opportunity to not fit into any particular pattern or mold. Snakey is suggesting that maybe you don't need to create a new pattern or mold of or for yourself. Just let it all hang!

How much can you allow yourself to be in this space of in-between? Can you hang out without an agenda? Hang out without needing to do anything else right now?

Can you relax in between the activity of one task and the next?

#### **Leave the Old Behind**

When Snakey shows up, there's a message... Snakey is asking you, what is no longer serving you?

What is causing you restrictions and holding you back?

Sometimes everything that is visible, must die back, so that new growth can take place. Sometimes 'leaving the Old Behind' is simply about shedding a layer.

What do you need to leave behind?

Remember that leaving the old behind, is in service of living more fully, as you are moving forward.

Are you being held back by old beliefs that are no longer serving you? Are old habits and patterns and circumstances keeping you from clearly seeing your way forward? Can you shed the past, in order to meet, and be present with this moment?

Now as you contemplate leaving the old behind, ask yourself "what am I moving into?" What qualities and parts of myself do I want to bring forward? Who is it that is emerging from the old ways of the past?

Snakes always shed themselves free of their skin when it becomes old, and is worn out, and it no longer fits them. What are you outgrowing?

#### Pause at the Crossroads

Snakey says "It is time to 'pause' before you make a decision." Before you move on, slow down and take stock.

Do you have what you need for your journey ahead? How does it feel to take a 'pause' and "regroup"? What reveals itself as most important in this moment?

Some moments feel like recognizable crossroads, presenting us with obvious choices to make...

Snakey wants you to take a breath and notice the 'reality of choice' in Every Moment.

What crossroads are you at ~ right now? What options are there for you at this moment?

Before you leap to that first choice that enters your mind, stop, and ask yourself to notice All of your options (even when there seems to be only one or two)...

Snakey is asking you to recognize all of your options before moving. If you can just 'pause' ~ then another way may present itself to you...

Discernment is Power.

## **Prepare Yourself**

Snakey is asking you to Spiral in, ...to Coil inward.

It is difficult to reach out, when you are fully extended.

This is a time when you have gathered your outside resources to store them internally. It is not yet time for you to take action and Strike your way out. This is a time for drawing in.

Gestation takes place in a very contained environment.

While the egg is Growing and developing, it is given time and nutrients.

Internal organization is taking place!

Allow yourself the time and space to become fully prepared, so you will be ready to move, when the time is right.

Although it may be an inward spiral for you, it is not passive... There is a great amount of energy that is being condensed and Potentized.

Snakey wants to know:

How do you engage from your innermost core?

How do you potentize your inner time?

Are you able to use the time of this inward spiral to revitalize, recharge and reorder yourself?

You will be ready, All in your own time.

...Regenerated, Energized and Empowered for appropriate interactions with the rest of the world, as it is...

## **Reinvent Yourself**

Snakey is offering you Snakey Magic!

The power of Reinvention is inherent with Snakey Magic.

The constant cycles of letting go of your old skins allow for living life to its fullest:

...growing, ...gathering new experiences, ...and gathering nutrients.

Just like seasons that go from winter dormancy into the springtime of renewal, ...Not all that was comes back to how it had been... Yet, what does come back, is filled with new life force and renewed vitality.

How will you reinvent yourself? Can you connect with your own inner vitality? How do you carry your essential cells forward? How are you able to connect with what is new?

## Remember your Origins

Snakey is asking you to slide into the depths of where you come from, slide below the surface knowledge of your day to day and slide into the elemental.

What makes your DNA?

How far back can you remember?

Can you allow yourself a history that is longer than the one in this physical body that you are currently residing in?

Can you feel the pull of the cells that existed within the lineage of your Ancestors?

Can you find your way back further, to the time before we were humans? Crystals are formed from Stardust...

We are part of this Universe...

We are part of this planet...

The emerging life form collected from the condensation of Stardust.

## Rise Up

Snakey reminds us that to be born, and to collect an identity, shape and structure, we must also shed the shape, to experience a mini death, if you will.

...Then we must repeat this process again, and again... That is what it is to live.

To embrace this process, we must rise up, out of our old skins, out of our comfortable shells.

We shine with all that we choose to bring forward in this newest iteration of self.

There is no endpoint of complacency. This life is an evolutionary process that we are supposed to rise up and meet again and again.

This card is a reminder to rise up and meet whatever life is offering. Bring your newest Self. Bring the One, that can shed old beliefs and behaviors that no longer serve...

Bring the Self that is warmed by the sun and ready to act.

Bring the Self that remembers, but is not bound by the past.

#### **Shelter in Dreamtime**

There is Potency and Magic available in our dreams (our desires, our hopes, and in our sleep)... As we dive into the mystery that awaits us in our inner Sanctuaries, the World may be changing around us.

This card is asking you to find a space safe enough for you to dream.

If your current surroundings don't support this deep dreaming, it may be a specific or the surroundings of the support this deep dreaming.

If your current surroundings don't support this deep dreaming, it may be time to find a new cave where that can happen, a place where the Earth's resources can feed you.

Transformation happens below the surface.
What transformations are taking place below your surface?
What roots are being nourished deep inside?

This is a time for us to dream our own Transformation.

## Stand Up

Snakey says, Stand Up! Raise your voice, rattle your tail and strike!

This is not a quiet invitation!

This is the moment to summon all of yourself in Strength, and be ready for all that life has in store.

Bring your fierceness from every possible place, inside of yourself!

Snakey is saying "don't back down or hide any longer! If you perceive a threat now is the time to face it head on!"

Where have you been hiding? How do you stand up for yourself? How can you make just a little more noise? How can you let yourself be known, just a little bit more?

Be ready to take action!