

THOUGHTS



HOW TO WIN THE BATTLE

Taking our thought's captive

TAKING OUR THOUGHT'S CAPTIVE



- ❑ We have on average 6,000-60,000 thoughts a day
- ❑ 2 Corinthians 10:5 “ we demolish arguments and every pretension that sets itself up against the knowledge of God , and we take captive every thought to make it obedient to Christ”
- ❑ What does “taking every thought captive” mean? – It means actively recognizing and controlling the thoughts that enter your mind.
- ❑ Instead of letting your mind run wild with fear, doubt, temptation, or lies. You arrest the thought like a prisoner and bring it under authority of Christ’s truth.
- ❑ Why is this important? Wrong thoughts lead to wrong beliefs and wrong behavior. Godly thoughts lead to godly beliefs and godly living.

Renewing our minds

RENEWING OUR MINDS



- ❑ Proverbs 23:7 “As a man thinks in his heart so is he.” What dominates your thoughts directs your life. **We are what we think**
- ❑ Romans 12:1 “Do not conform to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is-his good, pleasing and perfect will.
- ❑ Paul is warning us not to blend in or be shaped by the values, standards, and behaviors of the world.
- ❑ But be transformed – The Greek word for transformed is metamorphoo- This where we get metamorphosis which means- A change of the form or nature of a thing or person into a completely different one, by natural or supernatural means
- ❑ Its not just a behavior modification- it’s inner change from the heart outward.
- ❑ This means replacing lies, fears, and fleshly thinking with Gods word, wisdom, and spirit.
- ❑ When we start thinking differently it leads to us living differently

Application

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- ❑ What negative thought do I struggle with the most that I need to take captive? Write it down and then find a scripture that you will use to replace this negative thought with.
- ❑ This week pray over the stuff you wrote down and ask God to give you the strength to take your thoughts captive. Where we are weak on our own, we find strength in Christ
- ❑ The purpose of scripture is application- This week memorize and apply the scripture you wrote down that will replace the negative thought you have been struggling with. Each time the negative thought comes take it captive and replace it with this scripture immediately