

DANUEL PENNA

7 QUESTIONS FOR A PURPOSE DRIVEN LIFE

A 7 DAY DEVOTIONAL JOURNEY
FOR MEN WHO FEEL LOST AND
LONG TO LIVE WITH ETERNAL
PURPOSE



MEN OF PURPOSE

Day 1 :

“Who Told You That?”

Genesis 3:11 – “And He said, ‘Who told you that you were naked?’”

Devotional:

This was the first question God asked Adam after sin entered the world. It wasn't just about his physical state it was about his beliefs.

Who told you you're not good enough?

Who told you you'll always be a failure?

Who told you God can't use you because of your past?

The voices we believe shape our identity and many of us have believed lies for far too long. God's question is still relevant today: “Who told you that?”

Until you challenge the source of your beliefs, you won't be free to walk in your true identity.

Prayer:

“Lord, reveal to me any lies I've believed about myself. Help me hear Your truth over every voice from my past.”

Action Step:

Write down 3 lies you've believed about yourself and beside each one, write what God's Word says instead.



Day 2: “What Is That in Your Hand?”

Exodus 4:2 – “Then the Lord said to him,
‘What is that in your hand?’”

Devotional:

God asked Moses this question when Moses doubted his calling. Moses saw a stick, but God saw a staff of deliverance.

Too often, we downplay our gifts, experience, and story. But what you already have in your hand your testimony, your skills, your pain is exactly what God wants to use.

God doesn't need you to have more; He wants to use what you already carry.

Prayer:

“Lord, open my eyes to what You've placed in my hands. Teach me how to use what I have for Your glory.”

Action Step:

Write down 3 things God has already given you (skills, experiences, passions) and ask: How can this serve others and glorify God?



Day 3:

“Whom Shall I Send?”

Isaiah 6:8 – “Then I heard the voice of the Lord saying, ‘Whom shall I send? And who will go for us?’ And I said, ‘Here am I. Send me!’”

Devotional:

God is still looking for men who will say yes. Not perfect men willing men.

Isaiah didn’t wait until he had it all figured out. When he encountered God, his only response was surrender.

Purpose starts with availability, not ability.

Prayer:

“God, I’m willing. Use me however You want. I surrender my plans to follow Your purpose.”

Action Step:

Pray this sentence aloud: “Here I am, Lord. Send me.” Write down what that might look like in your everyday life (work, family, church, etc.)



Day 4:

“Why Are You So Angry?”

Genesis 4:6-7 Then the Lord said to Cain, “Why are you angry? Why is your face downcast?
7 If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it.”

Devotional:

Anger, bitterness, shame these emotions can hide your purpose. God asked Cain this question to help him face his inner brokenness.

Before you can lead with purpose, you must confront what's hiding underneath. Don't let buried emotions keep you from walking in freedom.

Prayer:

“Father, show me any anger, bitterness, or pain I'm holding onto. Heal me and set me free.”

Action Step:

Journal this: What am I angry or bitter about? Where do I need healing? Be honest then surrender it in prayer.



Day 5:

“What Are You Doing Here?”

1 Kings 19:9 – “And the word of the Lord came to him: ‘What are you doing here, Elijah?’”

Devotional:

Elijah was hiding in a cave, overwhelmed by fear, even after great victories. God met him there not with judgment, but with a question.

Sometimes purpose is reawakened by one question: “What are you doing here?” Are you stuck, hiding, or running from your calling? God isn’t done with you. He’s calling you out of the cave.

Prayer:

“God, pull me out of fear and stagnation. Remind me that You’re not finished with me yet.”

Action Step:

Reflect: Where in my life am I hiding or avoiding responsibility or calling? Take one small step out of the cave today.



Day 6:

“Do You Want to Be Made Well?”

John 5:6 – “When Jesus saw him... He asked him, ‘Do you want to be made well?’”

Devotional:

This man had been stuck for 38 years. Jesus didn't just heal him He challenged him to decide if he wanted to change. Real purpose begins when we're willing to let go of the excuses, pain, and comfort of staying the same.

Jesus is asking you the same thing: Do you want to be made whole?

Prayer:

“Jesus, I want to be healed mind, body, and spirit. Break the chains holding me back.”

Action Step:

Write down what wholeness looks like for you mentally, spiritually, and emotionally. Circle one area and commit to healing in that area this week. Spend time in prayer and ask God to bring you deliverance.



Day 7:

“Who Do You Say I Am?”

Matthew 16:15 – “But what about you?” he asked. “Who do you say I am?”

Devotional:

Everything changes when you truly know who Jesus is not just who others say He is.

Your purpose is found in Him, not outside of Him. When Peter answered, “You are the Christ,” Jesus revealed Peter’s identity and purpose too.

If you want to discover who you are, start with who He is.

Prayer:

“Jesus, reveal Yourself to me. Help me know You more deeply so I can know who I’m called to be.”

Action Step:

Spend 10 minutes today reading Matthew 16:13–20. Ask God to speak to you and write down what stands out.



Final Encouragement

You're not here by accident.
These questions were God's
way of awakening something
deep inside of you.

Now it's time to take the next
step.

Want to go deeper? Join the
[Men of Purpose 30-Day
Challenge] and begin your
journey of daily discipline,
brotherhood, and spiritual
clarity.

