

# **NYS YMCA COMPETITIVE SWIMMING**

**Revised 2025**

The NYS YMCA Swimming website, [www.yswimny.com](http://www.yswimny.com), lists the current State Committee and contact information.

## **SECTION 1 – THE FOLLOWING GOVERN THE NYS YMCA COMPETITIVE SWIMMING CHAMPIONSHIPS**

- A. The current USA-S Technical Official Swimming Rules, with the exceptions listed herein or in the information on the entry form.
- B. The current National YMCA Rules That Govern YMCA Competitive Sports (September 2021) and the Swimming Addendum to the Rules That Govern YMCA Competitive Sports (2025), with the exceptions listed herein.
- C. Special rules adopted by the NYS YMCA Competitive Swimming Committee with the approval of the Northeast Regional Committee and the National Competitive Council.

## **SECTION 2 – REGISTRATION OF COACHES AND ASSOCIATIONS (TEAMS) AND RESPONSIBILITY OF THE HOST TEAM(S).**

- A. Coaches and teams that wish to compete in the NYS YMCA Swimming Championships or any other sanctioned YMCA meet must register online with Y Competitive Swimming annually, no later than December 1<sup>st</sup> of the current season.
- B. All teams entering the current season's NYS YMCA Swimming Championships must have paid all previous years' fees by September 1<sup>st</sup> of the current season. Failure to do so will render swimmers ineligible to participate in the championships.
- C. The registration fee paid to the YMCA of the USA must be submitted on the YMCA Competitive Swimming and Diving website (<https://www.gomotionapp.com/team/yusa/page/home>). While all coaches are required to register, only the first coach will receive notification regarding the submission of the registration fee. Additional information is also available on the website. Only the associations (teams) that register their coaches and teams will be eligible to participate in the State Championships.
- D. Besides online registration with Y Competitive Swimming, each team must complete and submit all meet registration documentation per the meet announcement of the current season. A complete roster of all swimmers, even those not swimming in the State Meet, must be submitted no later than 90 days prior to the first day of the championship meet. A "Hy-Tek" compatible electronic roster file is required. Handwritten or typed rosters are not acceptable.

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- E. Email rosters in accordance with the current Championship Meet Announcement. Teams may submit rosters after the deadline with the permission of the State Commissioner, but they will be assessed a \$20.00 late fee. Late fee checks should be made payable to the New York State Swim Commission.
- F. The Host team(s) are responsible for issuing a preliminary meet announcement no later than November 1<sup>st</sup>. The meet announcement must include, but not be limited to:
  - a. Meet Dates
  - b. Meet Location
  - c. Contact Information for questions and submittals.
- G. The complete meet packet should be issued no later than 90 days before the state championship meet's starting date.

## **SECTION 3 – ELIGIBILITY**

- A. To be eligible to participate in the NYS YMCA Swimming Championships, a swimmer must:
  - 1. Be a member of his/her local YMCA and must hold a full privileged membership for a minimum of ninety (90) days before the first day of the State Championship.
  - 2. Have represented her/his local YMCA in at least three (3) closed inter-association meets before the State Championship meet during the current season (September through March) for the same team. Note: Exceptions can be allowed with the approval of the Committee Chair.
  - 3. Have met or surpassed the minimum qualifying time for any event she/he enters in the NYS YMCA Swim Championship, except for designated Bonus Events as designated by the current Championship Swim Announcement.
  - 4. The qualification period for the meet is March 1<sup>st</sup> of the preceding year through the entry deadline for the current year's meet.
  - 5. Phone or paper meets will not be accepted as an official required meet.
  - 6. A triangular meet will count as only one (1) inter-association meet.
  - 7. Qualification times from closed competition meets are acceptable. Examples of closed competition meets include high school, junior high school, or "Catholic" league swim meets that are officiated by currently certified officials and utilize a timing setup that meets or exceeds minimum Y requirements.

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8. The COACH must furnish Proof of participation in three dual or inter-association swim meets at the championship meet upon request of the Meet Committee if a swimmer's eligibility is questioned.
  9. Represent ONLY his/her local YMCA in any open competition at least 90 days before the NYS YMCA Swimming Championship Meet. He/she may NOT represent any club or organization other than his/her represented YMCA they represent during this time if they wish to enter the NYS YMCA Swimming Championship.
  10. A swimmer may transfer from one YMCA to another by obtaining consent from the original YMCA and following the National YMCA guidelines.
- B. Any student who attends a scholastic institution beyond Grade 12 and represents that institution in swimming competition during the current season may not participate in the NYS YMCA Swimming Championships.
  - C. If an association does not sponsor a competitive swimming program, an eligible athlete may participate in the NYS YMCA Swimming Championship provided his/her entry is approved by the State Commissioner and in agreement with his/her local YMCA's (Association) Executive Director. This waives only the requirement of SECTION 3.A.2. All other requirements must be met.
  - D. The host team(s) may enter all their swimmers in the State meet even if they have not met the qualifying times.
  - E. Swimmers who do not achieve state qualifying times during the meet may be required to supply proof that they have achieved the qualification time. Failure to supply proof may result in a monetary penalty.
  - F. Swimmers above 19 but not older than 21 will be permitted to compete in the State Championship Meet in OPEN events and Time Trial events, provided they meet the provisions of Section 3, excluding 3.A.2 and 3.A.4-7.

## **SECTION 4 – ENTRY FORMS**

- A. Electronic "Hy-Tek" compatible entries must be submitted before the entry deadline unless otherwise indicated in the meet information.
- B. All entries must list only the eligible swimmers who, upon request, can show proof of membership and participation as indicated in Sections 3.A.1-3.
- C. The NYS YMCA Swimming Committee will establish entry fees each year. The fee must accompany the entry forms, or the host team may not accept the entry. The present entry fees are \$6.00 per individual event and \$24.00 per relay, but

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the state committee may change them. Additionally, there is currently a \$20.00/swimmer surcharge fee.

- D. The host team will pay \$0.50 per individual entry and \$0.50 per relay entry, along with the \$5.00 from the swimmer surcharge fee, to the NYS Swim Commission.

## SECTION 5 – PARTICIPATION

- A. A swimmer's age group eligibility for the state championships is determined as of December 1 of the current year.

Example 1. A swimmer born on Dec. 1, would be 13 for the current season.

Example 2. A swimmer born on or after Dec. 2, would be considered 12 for the current season.

- B. A swimmer may swim up to five (5) individual events but no more than three (3) events per session. Relays will not count towards the event limit. Each association may enter unlimited qualified swimmers in each event.
- C. Teams may enter multiple relays, and non-scoring relays may be allowed based on lane availability. Only "A" relays will be scored; all others are eligible for awards but cannot displace other A relays. All relays are timed finals. On Saturday, ALL heats will be swum in the finals session for classes A, B, and C. On Sunday, ALL heats will be swum in the preliminary sessions for classes A, B, and C.
- D. The age grouping will be:
  - Class E - 8 & under
  - Class D - 9 & 10
  - Class C - 11 & 12
  - Class B - 13 & 14
  - Class A - 15 -19
- E. Swim-ups will be limited to Class D relays. Teams can use Class E (8 & under) swimmers to complete relays in Class D (9 & 10). No other swim-ups are permitted.
- F. All events will be pre-seeded, with preliminaries, consolation finals, and finals in classes A, B, and C. The E (8 & Under) and D (9 & 10) classes will have timed finals, and all relays will have timed finals.
- G. The announcement specifies the order of events for preliminaries and finals. It provides for Class A, B, and C preliminaries in the morning, finals in the evenings, and Class D & E timed finals in the afternoons. Exceptions would be that the 200 IM preliminaries would be held on Friday evening, and the finals will be swum on Saturday evening.

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- H. Relays. Any eligible swimmer on the roster may swim relays.
- I. If a team enters an individual in more than the allowable number of events for a session, the association will accept the first 3 entered individual events, with the remaining events automatically scratched.

## **SECTION 6 – AWARDS**

- A. The host association must provide similar standard awards for each Swimming event. Awards will be given for 1<sup>st</sup> through 16<sup>th</sup>, medals for 1st through 8th, and ribbons for 9th through 16th.
- B. High point awards will be given for the first, second, and third-place team scores in each age group for the scoring events.
- C. High point awards for the first, second, and third-place overall team scores will be given.

## **SECTION 7 – BEHAVIOR AND SUPERVISION**

- A. Each association will be responsible for its represented team members, including the damage costs.
- B. Adult supervision of all swimmers is required for team participation. Each entered team must provide the head coach's phone numbers. Lack of supervision of an entered team and any problems created by them could result in the disqualification of the involved team from the entire State Championship.

## **SECTION 8 – APPEALS AND PROTESTS**

- A. The Meet Championship Protest Committee will handle any problems, protests, interpretations of rules, etc. The committee will consist of the Meet Referee (ex-officio), the State Commissioner or Designee (no coach), and an official (may be a coach).