Matthew Nelson was born and raised in Los Angeles, California. Following his studies at University of California, Irvine, he has enjoyed a multi-faceted career as a performer, composer, and educator.

Playing at venues such as The Mint LA and the Barclay Theatre in Irvine, Matthew performs regularly in Orange and LA County. He is a core member of the band Albion Kristof, and he can be heard on their debut album Eclipse.

In 2021, Matthew began composing for and working with dancers. To this end, he has composed for UC Irvine's Dance Escape and New Slate as well as for featured pieces and undergraduate thesis projects. He has also worked with Dr. S Ama Wray as a guest artist in her Embodiology® workshops and classes.

As an educator, Matthew currently works as a woodwind tech at various high schools in Orange County and maintains a studio of private saxophone students. He has been the Theatre Music Director at Fountain Valley High School since 2023, having directed multiple musicals since starting. He is also the jazz director at FVHS.