

Digital Leaders for Sustainable Europe

Project Partners

- ANKA GLOBAL (Türkiye)
- TTB (Norway)
- TUDOKIS (Hungary)
- BRAVO (Bosnia & Herzegovina)
- Asociația Tinerii 3D (Romania)
- SIEYG (Azerbaijan)



KA153-YOU - Mobility of Youth Workers

19-26 Sep 2025 in Silivri, Istanbul, Türkiye

Date: 20.09.2025

Morning Session (10:00 – 13:00)

The day began with a warm and energetic introduction session. Participants from Norway, Hungary, Azerbaijan, Bosnia and Herzegovina, and Turkey engaged in an energizing name game to get to know each other and build initial connections. This was followed by outdoor team-building activities near the hotel, designed to foster collaboration and prepare us for the upcoming sessions.



The first part of the day focused on introducing the Erasmus+ program, highlighting its opportunities for youth. Each national team was tasked with presenting their sending organization, the entity responsible for informing, preparing, and sending them to this project. Teams created posters using symbols and bullet points to visually represent their organizations and their missions.

After the presentations, we took a lunch break and enjoyed some free time to relax, socialize, and explore the surroundings.

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Afternoon Session (15:00 – 19:00)

The second part of the day began with a reflective activity. Participants wrote down their expectations, contributions, and fears regarding the project on sticky notes. Selected notes were read aloud to help clarify our goals and encourage personal growth throughout the exchange.



Each person then selected a daily responsibility, such as documenting the day through photos, videos, testimonials, or written reports, to track progress and engagement.

One of the most thought-provoking moments was an exercise led by our coach, Ismail. He drew three dots and challenged us to connect them using three straight lines—an activity meant to stimulate creative and critical thinking. This led into a session on SWOT analysis, where we each conducted a personal self-assessment based on strengths, weaknesses, opportunities, and threats.

We also had a meaningful discussion about the most important people in our lives. While many initially named their parents, the conversation evolved to emphasize the importance of valuing ourselves, as we are the ones who accompany ourselves through every experience.



To maintain energy and focus, Coach Ismail introduced short energizers throughout the session, which helped uplift the group's mood.

The final activity of the day centered around a short story involving five characters. Each participant was asked to rank the characters from 1 (least favorable) to 5 (most favorable) based on their personalities and actions. We then formed small groups to discuss and agree on a collective ranking, followed by merging into larger groups to consolidate opinions further.



This exercise encouraged dialogue, empathy, and perspective-sharing. Ultimately, two different rankings emerged, highlighting the subjective nature of interpretation. The key takeaway was that judgments are often based on limited information, and we must be cautious not to make assumptions or take things

personally. We also discussed the importance of protecting our vulnerabilities and recognizing that weaknesses can be transformed into strengths, just as opportunities may carry potential risks.

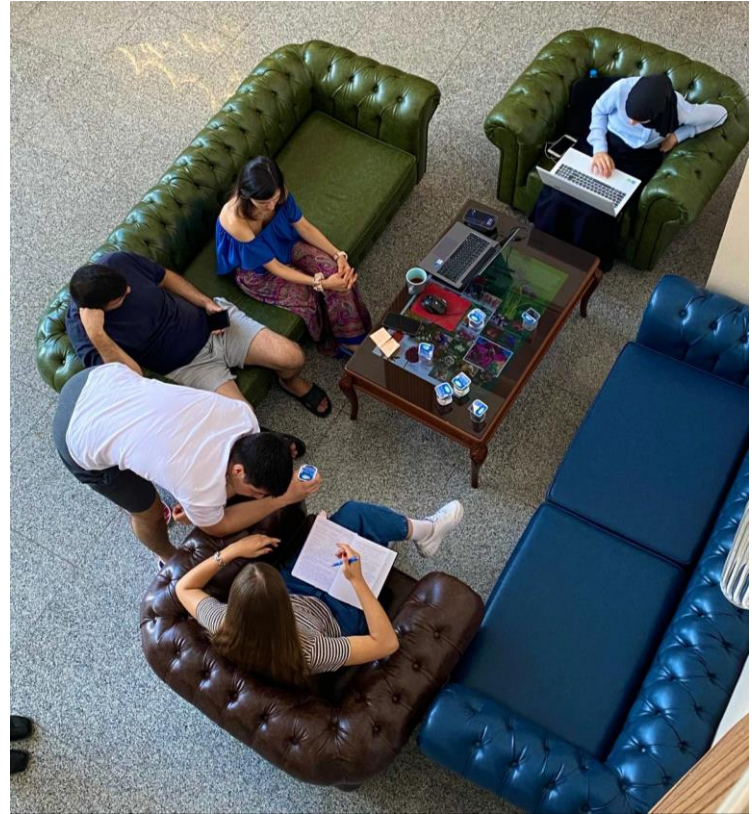
The sessions concluded at 19:00, followed by dinner and free time. Participants used the evening to relax, bond, explore the area, and complete their assigned tasks.



Date: 21.09.2025

Morning Session (10:30 – 13:30)

We started the day with warming up energizer where we made funny movements and sounds. After the activity our coach Ismail separated us into four groups and gave us the topic to explore, discuss and make presentation about. The **topics** were: Active citizenship, Climate change (impact on everyday life people, economy and digital tools), Climate change (Definitions, impacts and statistics, two examples from history and environmentally good practices). Participants had time to finish their research and presentation from 11:00 until 12:00, when every group represents their topics and conclusions. After all hard work We had lunch break and free time until the afternoon session.



Afternoon Session (15:30 – 19:00)



We started the afternoon with energizer session. The energizer session aimed to give opportunity for the participants to talk to each other one by one. Then we continued with group presentations on five different topics: The role of organizations in green deal, Applying green deal, The role of youth in European green deal, Environmental pollution.

Participants had time to finish their research and presentation from 16:00 until 18:00, when every group represented their topics and conclusions. After all hard work we had dinner and free time to explore the city, have fun and rest.



Date: 22.09.2025

Morning Session (10:30 – 13:30)

The day began with music in the auditorium, followed by an outdoor warm-up and energizer activity focused on concentration skills.



Subsequently, participants were divided into four groups (photos, videos, testimonials, report) to complete daily tasks and upload them to Google Drive.



Before lunch, participants were further divided into five groups. The trainer, Ismail, assigned topics for research, group discussion, and presentation. The topics included: Social Media Impact and Engagement, Green Today, Alive Tomorrow Target Audience and Communication Channels, Two concrete campaigns (online challenge and school workshop), Visual Identity and Content Ideas Groups worked on their research and prepared presentations from 12:00 to 13:00.

Each group then presented their findings and conclusions. After the presentations, lunch was served, followed by a short break until the afternoon session.



Afternoon Session (15:00 - 17:00)

The afternoon session began with a structured activity titled "UN Simulation". All participants took

part in this task, taking on different roles: some represented countries, others joined the media group, and some served as the jury.

Each country representative explained their country's actions and contributions toward the Green Deal. After the discussions, Pakistan was announced as the winner.

The day concluded with approximately two hours of free time, followed by dinner and a variety of outdoor and indoor activities.



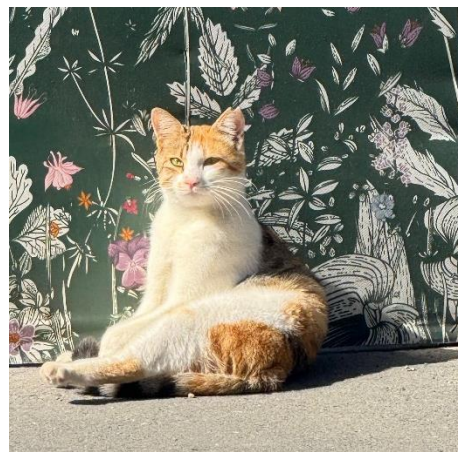
Date: 23.09.2025

Cultural & Site Visit to Istanbul (09:00 – 00:00)

As part of our youth exchange program, Tuesday was dedicated to a cultural visit to Istanbul, the historical and cultural capital of Turkey. At 09:00, 26 project participants departed from Silivri, heading towards the heart of Istanbul. Upon arrival, participants were given tasks to explore some of the city's most iconic landmarks and conduct short interviews with residents to better understand the spirit and culture of the city.



We arrived in Istanbul around 12:00, with Eminönü serving as our meeting point and starting location. From there, participants split into smaller groups to begin their exploration. Some headed towards Galata Tower and Taksim Square, others visited the Grand Bazaar and Sultanahmet Square, while a few chose to first experience Turkish cuisine, enjoying traditional dishes, tea, and sweets.

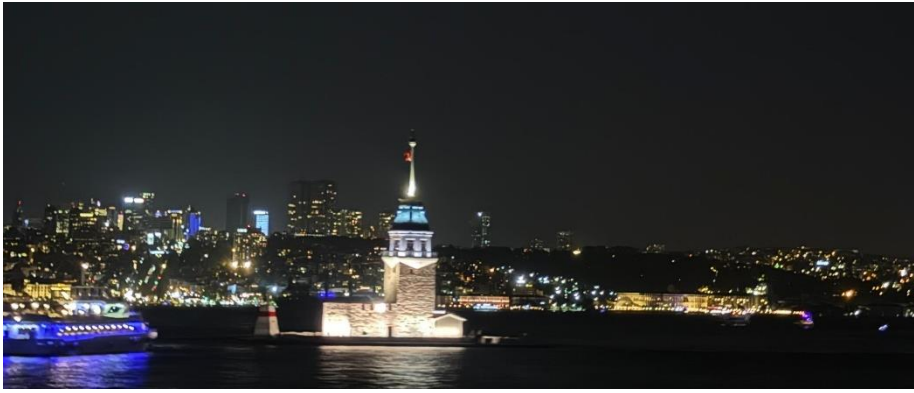


The exploration time lasted from 12:00 until midnight, allowing participants to immerse themselves in the vibrant atmosphere of Istanbul. The weather was pleasant, the city bustling with tourists, and everyone enjoyed discovering local culture, cuisine, and hospitality. Naturally, the visit included souvenir shopping and browsing through local shops and bazaars.



The questions asked to the locals of Istanbul and the Silivri region were focused on the term "Green Deal". They were asked in such a way that the person answering would understand the idea of the question and be responsive. Some of the questions we asked the locals were: "Do you know about Turkey's projects under the "Green Deal?", "What is your opinion about climate change?", "What would you choose between fuel cars, electric cars and hybrid cars?", "If you could tell me a few words about the importance of clean air.". Their answers were very pleasant and, on the subject, most of them expressed support for a cleaner lifestyle and for using electric or hybrid cars as much as possible.





Some of the landmarks visited included Galata Tower, Taksim Square (including the mosque and cathedral), Hippodrome and Ibrahim Pasha Palace, Blue Mosque, and Hagia Sophia. Unfortunately, we were unable to visit Topkapi Palace and Aya Irene Church, as they

are closed to visitors on Tuesdays. However, the day was enriched by a Bosphorus tour and exploration of the Asian side of the city, adding depth to our cultural experience.

After a successful and enjoyable day, all participants regrouped at Eminönü, where we shared impressions and waited for our bus. At midnight, we departed back to Silivri, arriving at the hotel around 01:30 AM. Exhausted but fulfilled, everyone went straight to their rooms to rest and prepare for the next day.

Date: 24.09.2025

Morning Session (11:00 – 13:00)

The day began slightly later than usual, as our trainer Ismail gave us an extra hour to rest and prepare for the upcoming activities. The morning session started at 11:00 with an engaging energizer. Participants were asked to close their eyes and pass a tapping signal from the end to the beginning of the row. The goal was for the first person in the row to grab a pencil from the game facilitator. The team that successfully transmitted the signal and grabbed the pencil first was declared the winner.

Following the energizer, Ismail assigned tasks focused on summarizing impressions and experiences from previous days. Participants worked on compiling reports, testimonials, photos, videos, and interviews with residents to reflect on the achievements of the project. We had time until 12:00 to prepare the materials which were then presented to the group. Ismail provided constructive feedback and suggestions for improving the content.



Before lunch, we received new tasks and were given the option to choose between two activities: developing a concept for a digital platform for the project (including proposed content, design, and functionality) or conducting interviews with residents about the Green Deal mission, exploring their thoughts, expectations, and opinions. The formal part of the day concluded around 14:00, giving us the afternoon to complete our chosen tasks and prepare presentations for the next morning.

Intercultural Night (Evening Program)

The evening was dedicated to the long-awaited intercultural night, where project participants showcased their countries through short presentations, interesting and lesser-known facts, videos, traditional clothing, and samples of national dishes, drinks, and sweets. Everyone made a great effort to represent their culture in the most original and engaging way.





After learning about different countries and tasting their traditional food, the evening continued with dancing. Each country presented its traditional dances, and other participants enthusiastically joined in, trying to learn the steps. Some of the dances included: Damat Halayı (Turkey), Naz Eleme (Azerbaijan), Hora (Romania), Kolo and Shota (Bosnia and Herzegovina). The night ended with laughter, joy, and a wonderful atmosphere of unity and cultural exchange.

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Date: 25.09.2025

Morning Session (10:00 – 13:00)

We began our final day with a lively energizer called “Hi-Ha-Ho” to wake up and get energized for the presentations of the tasks we had completed the previous day.

After the energizer, we had the opportunity to review the toolkit, general report, and the presentation of the future platform. Based on the feedback and instructions from our trainer Ismail, we were tasked with correcting any inconsistencies and adding missing elements to improve the final version.

Creative Group Activity

Once we completed our assignments, we participated in a fun and interactive game. We were divided into five groups, each assigned to present one of the following topics through a creative format such as a short play, game, song, or presentation:

- Digitalization
- Climate Change
- Global Warming
- Environment

Each group had 30 minutes to brainstorm and prepare their presentation. The rest of the participants had to guess which topic was being presented.



Presentations and Afternoon Break

Around 12:30, the presentations began. Each group showcased their topic in a unique and entertaining way, including quizzes, performances, and games. The atmosphere was cheerful and engaging, and everyone enjoyed both preparing and participating.

At 13:00, we had a lunch break followed by free time until 18:00, which we used to finalize our tasks and spend time socializing. The day concluded with the final ceremony, marking the end of a memorable and enriching exchange.