

05.01.2026-16.01.2026

# Little Lumos Nursery Newsletter



Dear Parents and Carers,  
Happy New Year and welcome to the first term at Little Lumos Nursery!  
We are delighted to share highlights from our first two weeks, filled with gentle settling, joyful learning, and festive celebrations.

## Where Little Minds Shine Bright!

### Settling-In Period

The first two weeks of January have been all about helping our children feel safe, secure, and happy in their nursery environment.

Our team has focused on:

- Building warm relationships with each child
- Encouraging independent play and exploration with other children too.
- Supporting new children with flexible routines and comfort strategies



Mindfulness Sessions

**We are so proud of how well the children are settling in and thank you for your trust and support during this important transition time.**

### Meals & Nutrition

We continue to provide nutritious, freshly, hot, vegetarian prepared meals that support healthy growth and energy throughout the day. Over the past two weeks, children have enjoyed their meals, here are some menu highlights below:

- Zucchini Chana Daal & Rice
- Paneer Cauliflower & Naan
- Pizza, Chips and Salad (Friday Special)
- Dessert Selection (once a week)
- Fresh fruit bowls and Tea
- Milk and water served daily



Lunch Time

WWW.LITTLELUMOSNURSERY.COM  
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## Festival Celebrations

January has been a joyful month of cultural learning and celebration!

### Lohri – 13th January

Children learned about the festival through stories, music, and creative art activities, celebrating warmth, sharing, and togetherness.

### Makar Sankranti – 14th January

We explored the significance of the harvest festival with:

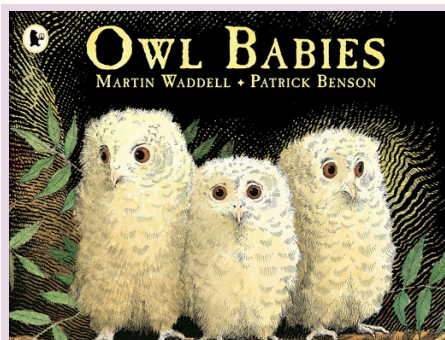
- Kite-themed art and craft
- Songs and simple discussions about the sun and seasons

These activities helped foster cultural awareness and curiosity in a joyful, age-appropriate manner.

**We wish you all a very Happy Lohri, Makar Sankranti & Pongal!  
Happy Harvest Season!**

## Our Book of the Month:

This month our focus is the Story of the Owl Babies.



In line with our Settling In Period, the story of the Owl Babies, is helping children understand and cope with nursery routine and reassuring them that parents leave for good reasons and always return, fostering emotional intelligence, empathy, and family security through themes of bravery, comfort, and the familiar "I want my mummy!" phrase

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## Our learning Page:



## This month we are learning about Our Senses and Volume!

Through a range of hands-on and play-based activities, they explored how we use our senses to understand the world around us, including listening carefully to different sounds. These activities encouraged curiosity, communication, and active participation, supporting their early learning in a fun and meaningful way.

As we move forward, we'll continue nurturing curiosity through play-based learning, sensory activities, and outdoor exploration. More exciting themes and celebrations are on the way!

Thank you for your continued support and partnership. If you have any questions or concerns, please feel free to speak with a member of our team.