

02.02.2026 - 13.02.2026

Little Lumos Nursery Newsletter



Dear Parents and Carers,

We're delighted to welcome you back with another edition of the Little Lumos Nursery Newsletter. This time we are celebrating love for our Friends, Family, Loved ones and especially our Community!

Our Community Helpers

This month our key focus will be 'Community Helpers and Community Places' and Our books of the month are 'The Tiger who Came for Tea' and 'When I grow up!' Inspired by the story, The children explored using a **knife and fork** during their play and mealtimes. They practised **holding the cutlery** correctly, cutting soft foods, and using their fork to bring food to their mouth. Drew helpers from our **community and emergency** helpers and even dressed up in **role play**. These activities supported their **fine motor skills, hand-eye coordination, and growing independence**.



TODDLER TEA TIME!



THE LITTLE LUMOS NURSERY TEA TABLE



EATING USING CUTLERY



THE LITTLE LUMOS GP SURGERY



THE TIGER WHO CAME TO TEA



THE LITTLE LUMOS DENTIST SURGERY

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Happy Valentine's Day

In celebration of This week, at the nursery we focused on celebrating St. Valentino's kindness, friendship, bravery and message of love. The children took part in a variety of calm and creative activities designed to encourage self-expression and emotional awareness.



Valentines Day – Card Making



Mindfulness Mirror & Motivation

This week in Mindfulness the children were invited to look in the mirror and speak to themselves with loving words. They were then encouraged to wear the "love sunglasses" and share kind words with one another.

Through listening and speaking, the children began to notice that everyone has strengths as well as things they are still learning. They were gently reminded to do their best, be their best, and most importantly, feel their best; a subtle introduction to self-love.

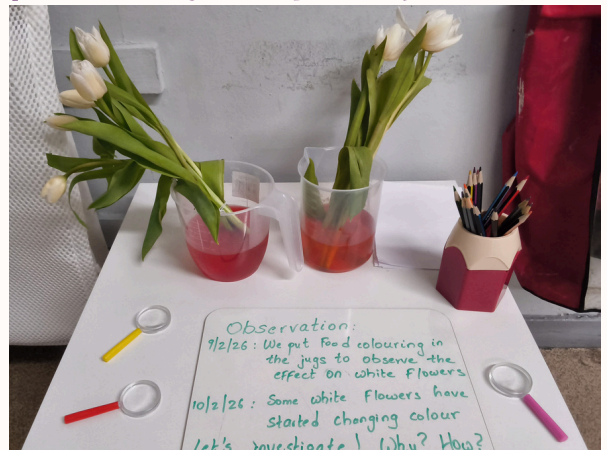
The children thoroughly enjoyed the activity, and it was lovely to see them continuing to use kind and loving words with each other throughout the day. A beautiful way to celebrate Valentine's Day.



Heart Shaped Printing



Practicing our Fine Motor Skills



Colour Changing Science Experiment

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