ROTTERDAM COMMUNITY CENTER

705 CURRY ROAD SCHENECTADY, NY 12306 (518) 364 - 3216 communitycenter@messiahschenectady.org

>> REGULAR SCHEDULE

Zumba with Annie

Mondays and Thursdays at 5:00 PM \$10 per class / \$40 for 5 sessions Email annieg39@aol.com for info.

Community Crafting

Mondays at 1:00 PM.

No cost. Bring your current craft project and join us for community!!

Mindfulness Coaching

Mondays at 6:00 PM. Learn how to create a present state of awareness and reduce overall stress. 10 per sessionmore information is available at www.BeingOneWorld.com

Quilting Group

Wednesdays at 1:00 PM.
If you can sew a straight line, YOU CAN QUILT! Open to adults 18 years and older. Bring your own machine and supplies.
Contact LPiseczny@nycap.rr.com for more information.

Gentle Yoga

Wednesdays at 5:30 PM. \$15 for an hour long class, and includes centering, gentle stretches, and asanas. RSVP: yoginijean@yahoo.com

LGBTQIA+ Support Group

Wednesdays at 7:00 PM. No cost, and no commitment to attend weekly; minors need to be accompanied by parent or guardian.

Monthly Movie Night

Select Saturday evenings. See our website for a list of upcoming movies! Free admission with concession items avail. for purchase.

Monthly History Night

Join us for our free monthly history night presentations and learn about local history! See our wesbsite for dates and upcoming topics!

Monthly Game Night

3rd Friday of the month at 6:30 PM. Bring your games, or play ours! We hope to share knowledge and find like minded people who love to game. Must be over 18 or accompanied by a guardian.

FIND US ON FACEBOOK OR VISIT OUR WEBSITE @ ROTTERDAMCC.ORG FOR MORE INFORMATION!