

# Oscillations (Simple Harmonic Motion)

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Formula / Topic Name	Formula(e)	Conditions / Notes
1. Standard Equation of SHM	$\frac{d^2x}{dt^2} + \omega^2x = 0$	Differential equation condition for any particle executing SHM.
2. Displacement	$x = A \sin(\omega t + \phi)$  or  $x = A \cos(\omega t + \phi)$	General displacement from mean position.  $\phi$ : Initial phase (epoch).  Use $\sin$ if starts from mean, $\cos$ if from extreme.
3. Angular Frequency	$\omega = \frac{2\pi}{T} = 2\pi f = \sqrt{\frac{k}{m}}$	$\omega$ : Angular frequency (rad/s).  Depends on system properties ( $k, m$ ), not amplitude.
4. Velocity ( $v$ )	$v = \frac{dx}{dt} = A\omega \cos(\omega t + \phi)$  $v = \pm\omega\sqrt{A^2 - x^2}$	$v_{max} = A\omega$ (at mean position, $x = 0$ ).  $v_{min} = 0$ (at extreme position, $x = \pm A$ ).
5. Acceleration ( $a$ )	$a = \frac{dv}{dt} = -\omega^2 A \sin(\omega t + \phi)$  $a = -\omega^2 x$	Direction is always towards mean position.  $a_{max} = \omega^2 A$ (at extreme).  $a_{min} = 0$ (at mean).

**6. Restoring Force**

$$F = -kx$$

Linear SHM condition. Force is proportional to displacement and opposite in direction.

$$F = -m\omega^2 x$$

**7. Phase Difference**

$$\Delta\phi = \phi_2 - \phi_1$$

$$\text{Time diff } \Delta t = \frac{T}{2\pi} \Delta\phi.$$

$$\text{Path diff } \Delta x = \frac{\lambda}{2\pi} \Delta\phi \text{ (Wave context).}$$

**8. Kinetic Energy (KE)**

$$K = \frac{1}{2}mv^2 = \frac{1}{2}m\omega^2(A^2 - x^2)$$

Max at mean position ( $K_{max} = \frac{1}{2}kA^2$ ).

$$K = \frac{1}{2}kA^2 \cos^2(\omega t + \phi)$$

Zero at extreme position.

**9. Potential Energy (PE)**

$$U = \frac{1}{2}kx^2 = \frac{1}{2}m\omega^2 x^2$$

Assuming  $U = 0$  at mean position.

$$U = \frac{1}{2}kA^2 \sin^2(\omega t + \phi)$$

Max at extreme ( $U_{max} = \frac{1}{2}kA^2$ ).

**10. Total Energy (TE)**

$$E = K + U = \frac{1}{2}m\omega^2 A^2 = \frac{1}{2}kA^2$$

TE is constant (conserved) in undamped SHM.

$$E \propto A^2 \text{ and } E \propto f^2.$$

**11. Average Energies**

$$\langle K \rangle_{cycle} = \langle U \rangle_{cycle} = \frac{1}{4}kA^2$$

Over one complete cycle of oscillation.

$$\langle E \rangle_{cycle} = \frac{1}{2}kA^2$$

**12. Spring-Mass System (Horizontal/Vertical)**

$$T = 2\pi \sqrt{\frac{m}{k}}$$

Period is independent of  $g$  and amplitude.

$k$ : Spring constant.

**13. Springs in Series**

$$\frac{1}{k_{eq}} = \frac{1}{k_1} + \frac{1}{k_2} + \dots$$

End-to-end connection. Force is same, extension adds up.

**14. Springs in Parallel**

$$k_{eq} = k_1 + k_2 + \dots$$

Side-by-side or mass between two fixed springs. Extensions are same.

**15. Cutting a Spring**

$$k \cdot l = \text{constant} \implies k \propto \frac{1}{l}$$

If spring of length  $l$  is cut into  $n$  equal parts, stiffness of each part becomes  $nk$ .

**16. Two Block System (Reduced Mass)**

$$T = 2\pi \sqrt{\frac{\mu}{k}}$$

Where reduced mass  $\mu = \frac{m_1 m_2}{m_1 + m_2}$ .

Blocks oscillate relative to center of mass.

**17. Simple Pendulum**

$$T = 2\pi \sqrt{\frac{l}{g_{eff}}}$$

For small angular amplitude ( $\theta < 5^\circ$ ).

$l$ : Length from pivot to CM of bob.

**18. Pendulum in Lift**

**Accelerating Up:**  $g_{eff} = g + a$

If lift falls freely ( $a = g$ ),  $g_{eff} = 0$ ,  $T \rightarrow \infty$  (No oscillation).

$$T = 2\pi \sqrt{\frac{l}{g+a}}$$

**Accelerating Down:**  $g_{eff} = g - a$

$$T = 2\pi \sqrt{\frac{l}{g-a}}$$

**19. Pendulum in Truck/Car**

$$g_{eff} = \sqrt{g^2 + a^2}$$

Truck moving horizontally with acceleration  $a$ . Mean position shifts by  $\tan \theta = a/g$ .

$$T = 2\pi \sqrt{\frac{l}{(g^2 + a^2)^{1/2}}}$$

**20. Pendulum with Charged Bob**

$$g_{eff} = g + \frac{qE}{m} \text{ (E field down)}$$

Electric field  $E$  applied vertically.

$$g_{eff} = g - \frac{qE}{m} \text{ (E field up)}$$

**21. Pendulum of Infinite Length**

$$T = 2\pi \sqrt{\frac{1}{g(\frac{1}{l} + \frac{1}{R_e})}}$$

If  $l \approx R_e$  (Earth's radius).

If  $l \rightarrow \infty$ ,

$$T = 2\pi \sqrt{\frac{R_e}{g}} \approx 84.6 \text{ min.}$$

22. Second's Pendulum	$T = 2 \text{ seconds}$	Length $l \approx 0.993 \text{ m}$ (on Earth).
23. Physical Pendulum	$T = 2\pi\sqrt{\frac{I}{mgd}}$	$I$ : Moment of Inertia about pivot.  $d$ : Distance between pivot and Center of Mass.
24. Torsional Pendulum	$T = 2\pi\sqrt{\frac{I}{C}}$	$I$ : MOI of disc/body.  $C$ : Torsional constant ( $Nm/rad$ ) of the wire.
25. Superposition (Same freq)	$x_{res} = A \sin(\omega t + \theta)$  $A = \sqrt{A_1^2 + A_2^2 + 2A_1A_2 \cos \delta}$	$\delta$ : Phase difference between two waves.  $\tan \theta = \frac{A_1 \sin \phi_1 + A_2 \sin \phi_2}{A_1 \cos \phi_1 + A_2 \cos \phi_2}$
26. Liquid in U-Tube	$T = 2\pi\sqrt{\frac{h}{g}}$ or $T = 2\pi\sqrt{\frac{L}{2g}}$	$h$ : Height of liquid column in one arm at equilibrium.  $L$ : Total length of liquid column.
27. Body Floating in Liquid	$T = 2\pi\sqrt{\frac{m}{A\rho g}} = 2\pi\sqrt{\frac{h_{submerged}}{g}}$	$A$ : Cross-sectional area. $\rho$ : Density of liquid.  Slightly depressed and released.
28. Tunnel through Earth	$T = 2\pi\sqrt{\frac{R_e}{g}} \approx 84.6 \text{ min}$	Particle dropped in a tunnel along diameter or chord. (Assuming uniform density).
29. Ball in Concave Dish	$T = 2\pi\sqrt{\frac{R-r}{g}}$	$R$ : Radius of curvature of dish. $r$ : Radius of ball.  For small oscillations ( $r \ll R$ ), $T \approx 2\pi\sqrt{R/g}$ .
30. Piston in Cylinder	$T = 2\pi\sqrt{\frac{mV}{PA^2}}$	$V$ : Volume, $P$ : Pressure, $A$ : Area of piston.

(Adiabatic process usually considered, add factor  $\gamma$  in denominator for adiabatic).

21. Amplitude with

$$A = A_0 f^n \text{ where } f < 1$$

If amplitude decays by a constant