

# Sample Weekly Menu

## MONDAY 4/07

### Breakfast Special

Choice of Breakfast Meat,  
Two Eggs & Cheese  
On a Kaiser Roll  
Or Toast  
Add a Hash Brown

### Soup of the Day

Chicken Veggie  
Gnocchi

### GFM Deli Special

#### *Jersey Devil*

Turkey, Cheddar Cheese, Bacon,  
Lettuce, Sliced Tomatoes, Red Onion  
& Chipotle Mayo on a Ciabatta Roll  
Served with Small Chips

### Café Lunch Special

#### *Board Walk Sausage*

Choice of Sweet or Hot Italian Sausage  
Served with Choice of Grilled Peppers,  
Onions, Mushrooms, Provolone Cheese or  
Marinara Sauce on a Long Roll  
Add Side Fries  
Mozzarella Sticks



## TUESDAY 4/08

### Breakfast Special

Pancakes  
& Sausage

### Soup of the Day

Maryland Crab

### GFM Deli Special

#### *Spring Chicken Salad*

Cubed Chicken, Chopped Red Delicious  
Apple, Celery, Red Seedless Grapes,  
Chopped Walnuts, SP, Honey Mustard  
& Mayo Served in a Wrap with Lettuce  
& Choice of Toppings  
Served with Small Chips

### Café Lunch Special

#### *Butter Chicken*

Served with Basmati Rice  
& Naan Bread

## WEDNESDAY 4/09

### Halfway To Friday

Choice of Breakfast Meat,  
Two Eggs & Cheese  
On a Bagel  
Add a Hash Brown

### Soup of the Day

Mexican Corn  
Chowder

### GFM Deli Special

#### *White Cheddar Beef Panini*

Thinly Sliced Roast Beef, Sliced White  
Cheddar Cheese, Sliced Red Onion,  
Mixed Greens & Horseradish Mayo  
Pressed on a Cuban Long Roll  
Served with Small Chips

### Café Lunch Special

#### *Quesadilla Day*

Served with Choice of Toppings  
Add Rice & Beans  
Jalapeno Poppers

## THURSDAY 4/10

### Breakfast Special

#### *South Jersey Breakfast Melt*

Pork Roll, 2 Eggs & Cheese  
on Grilled Pretzel Roll  
Add a Hash Brown

### Soup of the Day

Lasagna

### GFM Deli Special

#### *Southwestern Crunchy Chicken Pressed Wrap*

Sliced Grilled Taco Seasoned  
Chicken, Shredded Cheddar Cheese,  
Lettuce, Tomato, Fritos, Salsa & Sour  
Cream in a Pressed Wrap  
Served with Small Chips

### Café Lunch Special

#### *GFM Popcorn*

#### *Chicken Bowl*

Crispy Popcorn Chicken  
Served over Mashed Potatoes or  
Mac-N-Cheese & Choice of Toppings  
Buttered Corn, Chicken Gravy,  
Shredded Cheese, Hot Honey  
or BBQ Sauce



## FRIDAY 4/11

### TGIF Breakfast Special

#### *Breakfast Empanadas*

Bacon, Egg, Potato & Cheese  
Or  
Spinach, Egg, Potato & Cheese  
Add a Hash Brown

### Soup of the Day

Chef's Choice

### GFM Deli Special

#### *Spicy Tuna Wrap*

Sriracha Mayo Tuna Salad, Sliced  
Cucumber & Lettuce in a Wrap  
Served with Small Chips

### Café Lunch Special

#### *Filet O'Greentree*

Crispy Fried Fish on a Potato Roll  
Topped with Choice of American Cheese,  
Tomato, Lettuce, Pickle Chips or Tarter  
Sauce

or

### Grilled Cheese Special

#### *Grilled Cheese & Small Soup*

Choice of Cheese & Bread  
Served with Choice of Soup

## ADDITIONAL DAILY SPECIALS



EXPRESS WAY  
cafe



Now Serving Gluten Free Wraps  
Make any Sandwich GF for \$.99 Extra

### GFM Weekly Deli Special

#### *Deli Sloppy Joe*

Thin Sliced Corned Beef, Turkey, Swiss Cheese,  
Cole Slaw & Russian Dressing on Three Slices  
of Marble Rye

### Weekly Grill Special

#### *Grilled Pastrami Special*

Choice of Thin Sliced Pastrami, American Cheese with  
Fried Onions on Toasted Rye with Spicy Mustard or  
a Grilled Ryebe with Sauerkraut, Swiss Cheese  
& Thousand Island Dressing on Rye Bread

### Seasonal Coffee

#### *Flavor*

#### *Highlander Grogg*



### Seasonal Flavored Syrups!

Chocolate Macadamia  
Maple Bourbon Pecan  
French Toast