

United Cornwall FC

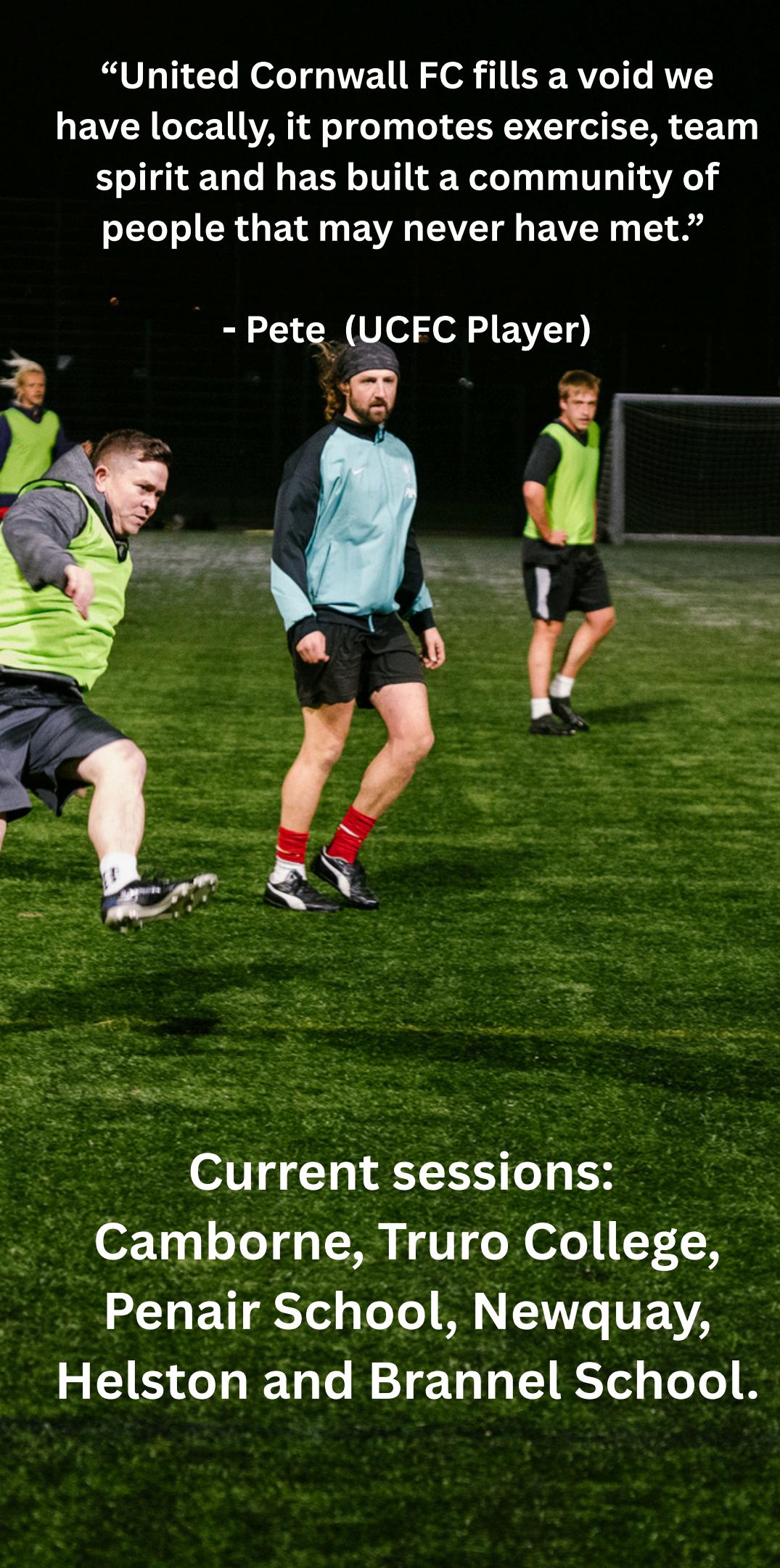
2025 Wrapped



“Football for
everyone”

A project by:





“United Cornwall FC fills a void we have locally, it promotes exercise, team spirit and has built a community of people that may never have met.”

- Pete (UCFC Player)

Our 2025 in numbers:

Our sessions are mixed gender and open to all adults, no matter footballing experience or ability. We offer a Pay What You Can Scheme, so finances are no barrier to playing the sport we all love.

6 Weekly Sessions open to all adults, 7 in summer (plus 2 fortnightly partnerships)

Over 300 weekly sessions delivered

Over 500 Volunteer Hours given by our 15 amazing volunteers.

Current sessions:
Camborne, Truro College,
Penair School, Newquay,
Helston and Brannel School.

5,184 Social Football experiences created, that's averaging over 100 each week*

Over 250 players

*A social football experience is one player turning up to a game - 10v10 = 20 experience.
Includes weekly social games, friendlies and socials.



“It is very evident that there is a shared ethos from everyone I’ve met of enjoying playing football in a supportive environment. There is a commitment to be positive and encourage everyone to feel included. There is a competitiveness to games but not at the expense of having fun and enjoying the time. A true circle of support.

- Michel, Sands United Cornwall



OUR PARTNERSHIPS:



In 2025 we created 2 new partnerships, providing a safe and welcoming space for players with shared experience to come together fortnightly. They are:
Sands United Cornwall - supporting men through child loss and miscarriage.

Sunrise FC - Mixed gender sessions supporting those who have lost loved ones and friends to suicide



A special thanks to St Agnes AFC, whos continued support allows us to deliver our Truro College sessions.

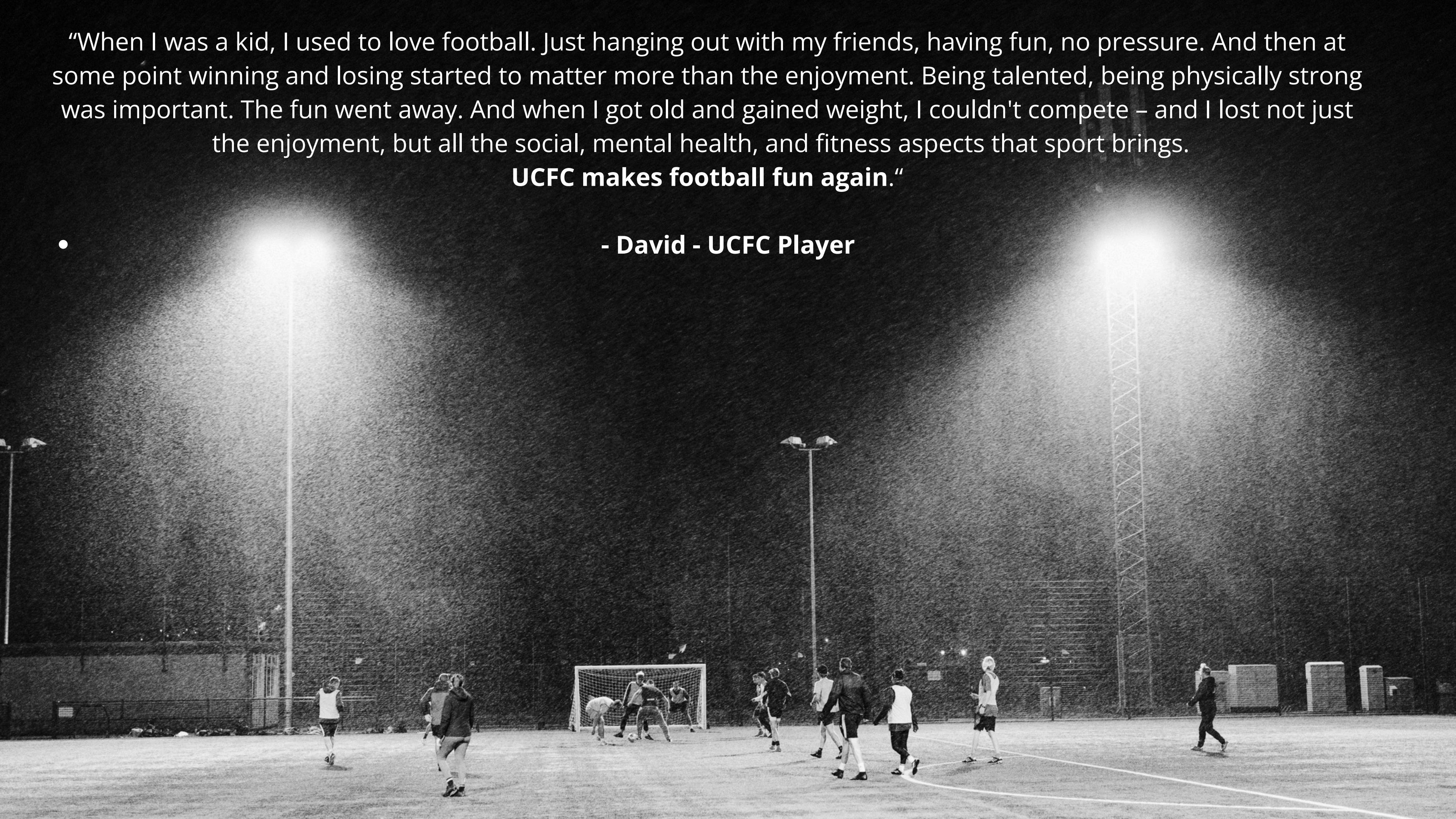


"When I was a kid, I used to love football. Just hanging out with my friends, having fun, no pressure. And then at some point winning and losing started to matter more than the enjoyment. Being talented, being physically strong was important. The fun went away. And when I got old and gained weight, I couldn't compete – and I lost not just the enjoyment, but all the social, mental health, and fitness aspects that sport brings.

UCFC makes football fun again."

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- David - UCFC Player



“I feel that UCFC offers a fantastic football experience that welcomes absolutely anyone interested in having a fun & friendly weekly kick about.”
Aaron - UCFC Player and Volunteer



PLAYER FEEDBACK

In December 2025 we have been out for player feedback, here is what they say:

100% of Players state getting involved has a positive impact on their wellbeing. *

92% of players state that getting involved helps them feel more connected to the community*

“UCFC is incredibly welcoming and the leads are fantastic at keeping the game accessible to everyone”

Ria - UCFC Player

“What makes ucfc special is anyone can turn up, any age, ability, gender, background, level of fitness, and none of it matters, you just have a good time”

Kara - UCFC Player

“UCFC is special to me, as it has truly helped me get work on my social anxiety. I hadn’t played football for maybe around 10-15 years or so and missed it greatly, but I couldn’t bring myself to go and join a team. The values held by UCFC has supported myself getting out there, really enjoying my weekly football session, and making new friends along the way who are a great bunch and mix of demographics.”

Ryan - UCFC Player

***Data taken from feedback gathered December 2025 (39 players)**



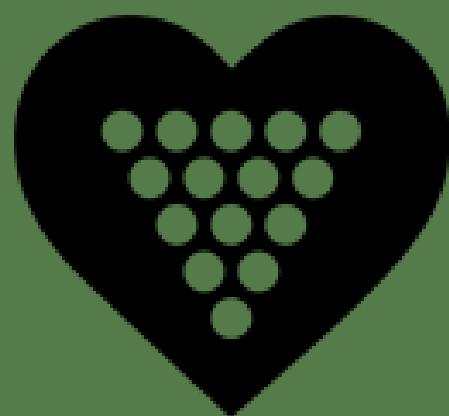
“As a person of neurodivergence and a history of mental health diagnoses, attending sessions has been so beneficial for me and has given me friends, less social anxiety, more purpose and a new lease of life in fitness.”

Sean - UCFC and Sands United Player



Our Sponsors:

A huge thanks must go out to our sponsors and funders. They are:



**Cornwall
Community
Foundation**



Supported by
**Kenwyn Parish
Community Fund**



“UCFC is a happy club. Everyone is very supportive and friendly both on and off the pitch.”

Paul - UCFC Player



Our Player Sponsors:

Our Player Sponsorship allows businesses to support their employees in offering free UCFC sessions for 12 months, and has proved vital to covering our costs:

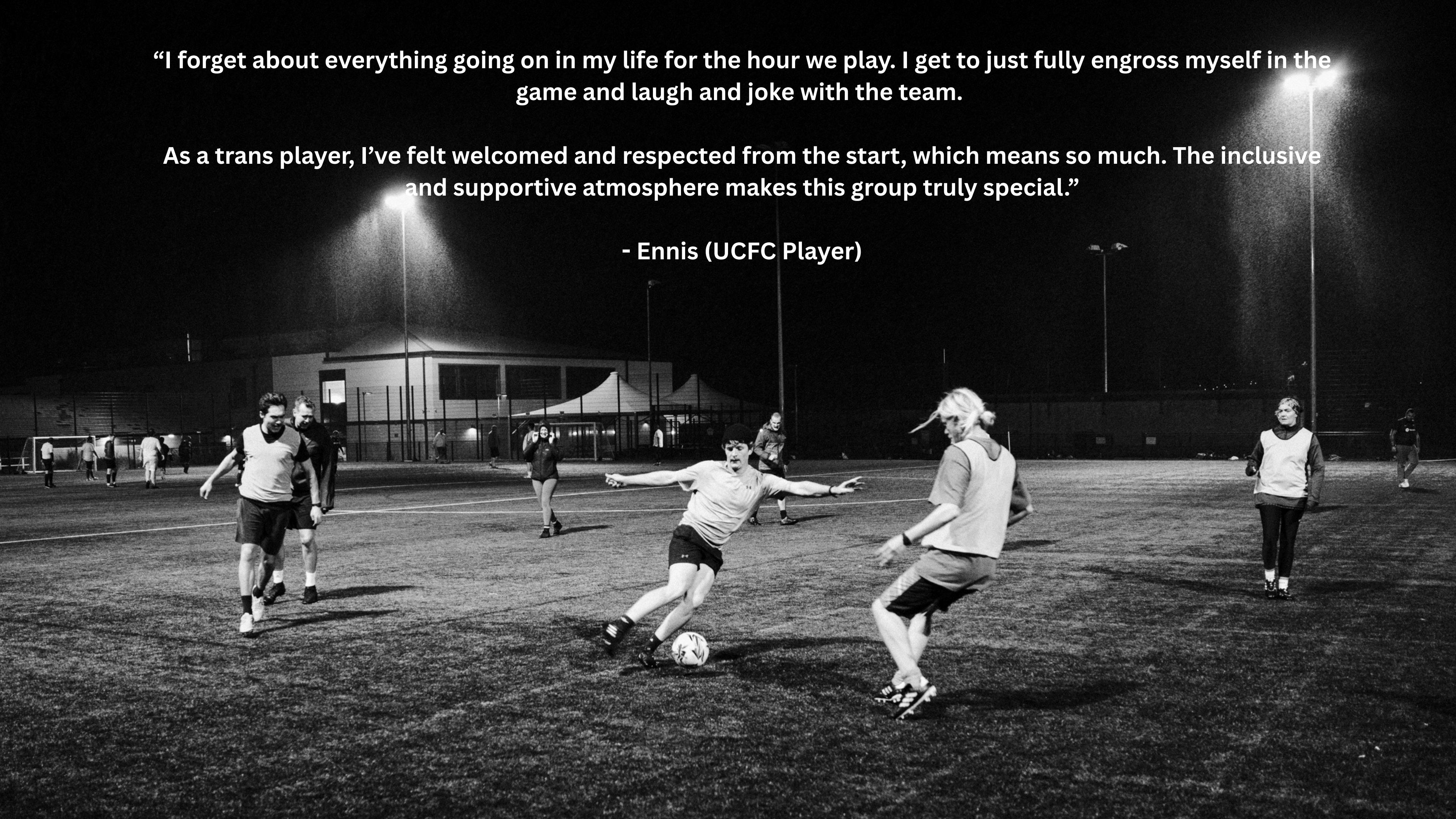
Craig Bees Plumbing



“I forget about everything going on in my life for the hour we play. I get to just fully engross myself in the game and laugh and joke with the team.

As a trans player, I’ve felt welcomed and respected from the start, which means so much. The inclusive and supportive atmosphere makes this group truly special.”

- Ennis (UCFC Player)



"Playing our 11 a sides against our friends in other local groups are an absolute pleasure and enjoyed by

everyone"

Paul - UCFC Player



Cornwall Community League

In 2025 we started the Cornwall Community League, with a group of other social teams with a shared ethos. Offering that special match day experience to a range of new players.



**"Its the best football environment
I've been a part of"**

- Alex (UCFC Player and Volunteer)



FUNDRAISING

**This year we have raised over £1,500 for
some amazing charities. Including:**



“At a time when folk are increasingly divided, UCFC brings people together. It's accepting, inclusive, welcoming, and fun.”

David - UCFC Player



WANT TO FIND OUT MORE?

Contact: jack@growcornwall.com

Website: www.unitedfc.org.uk

