List areas you need help exploring thoughts or direction, who can you trust with what topics, understand how their world view relates to yours, may include doing a course, external help or personal study **Directional assistance** Growing well Look at notes to get idea where you want Concerns to be in 2, 5 and 10 year's time External Input (date) Weaknesses Tracking future dreams, ideas and thoughts Personal strengths and weaknesses that may influence plan in future and may Personal evaluation (date) then become a commitment Ideas/Thoughts External Input **strengths** Personal evaluation What do you believe and why, knowing why you believe something could be more important than what you actually believe **Spiritual** Things you would like to do, moving from idea, now more intentional prepare to have a family if want one, much more than just providing £££ Family Liketo do or busy with (name)'s Think past current environment Projects busy with or **Personal** started not yet complete Plan Desired Need to get money to work for you, Work Level of not just live to work for money Leadership i.e. finalise personal plan how to achieve financial freedom 6 Months Personal review and update plan 1 Year **Committed goals** personal plan first step in leadership Leadership Model 5 Years find a leadership model you like to track progress 10 Years define and know what is enough otherwise will never achieve it. Health issues to address or avoid **Physical** What does financial freedom look like for you Weight or other goals to maintain Define goal Drink more Water i.e. have 3/6/12 months salary spare, or ability to retire by specific age? examples set goal for water to drink a day Other Have regular passive income get money to work for you (£10 month?) by? cut out processed foods **Example 2** Financial reduce sugar or caffeine etc. Dare to ever dream passive income to equal or exceed paid income by age 50 ?? cost in  ${\tt £}$ i.e. courses to readup on, take or study look at cost vs benefit 🏐 Mental cost in time debt i.e. only use credit card for i.e. dont live beyond means Books to read emergency never purchases. i.e. Rich Dad Poor Dad - Click to listen on youtube 🗹 click link to listen to Rich Dad Poor Day 🗹 youtube channels to follow read book or watch "Rich Dad Poor Dad" stop orders (i.e cell phone, HP purchaces) Obligations Define in time a closed circle 📅 Food, rent, clothes etc Needs **P** Relaxing Holiday i.e. Travel world Wants Safari on back of an elephant Jump out of a aeroplane

>> Fly a plane