

# Toxins: Information No One Is telling you

Truth about skin care toxins and how to avoid them.

**Dr. Fadwa**  
Root Brand Ambassador



# Hi, I'm Dr. Fadwa

I am Dr. Fadwa Gillanders, a fervent Doctor of Clinical Pharmacy where my expertise meets the unwavering conviction that our bodies have an innate power to heal themselves. In my practice, I blend cutting-edge science with holistic wisdom to usher in a new era of healthcare—I educate, empower, and elucidate paths to wellness for patients and communities alike. My mission extends beyond the clinic as I pioneer a movement against youth mental illness, advocate for parental rights, toxin-free living for families; and share my voice through public speaking engagements. At the heart of my ambitions lies the desire to live harmoniously on a farm, supporting my daughters and savoring life's pleasures with my husband, while building a legacy that champions mental health and personal sovereignty.



# Toxic beauty – Let this sink in..

The average teenage girl uses 17 personal care products (PCP's) a day  
The average adult woman uses 12 personal care products a day  
The average adult male uses 7 personal care products a day

30% of what of what enters our body comes through our skin  
We absorb up to 60% of what we put on our skin  
30% of what is supposed to exit our body is supposed to exit through the skin

There are 10,500 chemicals in our PCP's and only 11% have been tested for safety  
There are over 200 ingredients in the PCP's in the U.S. that have been proven to be hazardous to health and have been banned EU.

Lastly:

WE ABSORB UP TO 5 POUNDS OF  
CHEMICAL TOXINS INTO OUR BODIES PER  
YEAR



**Dr. Fadwa**  
Root Brand Ambassador

COSMETICS & SKIN CARE PRODUCTS

# WHAT TOXIC CHEMICALS IS YOUR BODY ABSORBING?



WE ABSORB UP TO 60% OF WHAT WE PUT ON OUR SKIN

**Did you know:**

**Babies are being born pre-polluted!**


**More than 70% of PCP's in the U.S. contain Phthalates that link directly to birth defects and infertility.**

**Children's Bodies absorb 40-50% more than adults. They are at higher risk for diseases later in life when exposed to toxins.**

**Dr. Fadwa**  
Root Brand Ambassador

"The chemicals in my products are minimal and only applied to my skin...it's not like I am eating them!"

According to Dr. Mercola: What you put on your skin can be more dangerous than what you eat because there are not stomach enzymes breaking them down, rather they enter the bloodstream direct.



**SHAMPOO**  
AVERAGE NUMBER OF CHEMICALS: 15  
MOST WORRYING: Sodium Lauryl Sulphate; Tetrasodium and Propylene Glycol.  
POSSIBLE SIDE-EFFECTS: Irritation; possible eye damage.

**HAIRSPRAY**  
AVERAGE NUMBER OF CHEMICALS: 11  
MOST WORRYING: Octinoxate, Isophthalates.  
POSSIBLE SIDE-EFFECTS: Allergies; Irritation to eyes, nose and throat; hormone disruption, linked to changes in cell structure.

**EYE SHADOW**  
CHEMICALS: 26  
MOST WORRYING: Polyethylene terephthalate.  
POSSIBLE SIDE-EFFECTS: Linked to cancer; infertility; hormonal disruptions and damage to the body's organs.

**BLUSHER:**  
CHEMICALS: 16  
MOST WORRYING: Ethylparabens, Methylparaben, Propylparaben.  
POSSIBLE SIDE-EFFECTS: Rash; irritation; hormonal disruptions.

**LIPSTICK**  
CHEMICALS: 33  
MOST WORRYING: Polymethyl methacrylate.  
POSSIBLE SIDE-EFFECTS: Allergies; links to cancer.

**FOUNDATION**  
CHEMICALS: 24  
MOST WORRYING: Polymethyl methacrylate.  
POSSIBLE SIDE-EFFECTS: Allergies; disrupts immune system; links to cancer.

**NAIL VARNISH**  
CHEMICALS: 31  
MOST WORRYING: Phthalates.  
POSSIBLE SIDE-EFFECTS: Linked to fertility issues and problems in developing babies.

**DEODORANT:**  
CHEMICALS: 15  
MOST WORRYING: Isopropyl Myristate, 'Parfum'.  
POSSIBLE SIDE-EFFECTS: Irritation of skin, eyes and lungs; headaches; dizziness; respiratory problems.

**PERFUME:**  
CHEMICALS: 250  
MOST WORRYING: Benzaldehyde.  
POSSIBLE SIDE-EFFECTS: Irritation to mouth, throat and eyes; nausea; linked to kidney damage.

**BODY LOTION**  
CHEMICALS: 32  
MOST WORRYING: Methylparaben, Propylparaben, Polyethylene Glycol, which is also found in oven cleaners.  
POSSIBLE SIDE-EFFECTS: Rash; irritation; hormonal disruption.

**FAKE TAN**  
CHEMICALS: 22  
MOST WORRYING: Ethylparabens, Methylparaben, Propylparaben.  
POSSIBLE SIDE-EFFECTS: Rash; irritation; hormonal disruption.

# Join me on a journey to a future free from overwhelm, where energy and focus reign, and together we can positively impact families everywhere!

Each purchase comes with an free E-book and invite to a private Facebook Group!!! 🌿🍷



## CLEAN SLATE

Developed to safely assist the body's natural ability to remove environmental toxins and heavy metals.

### **Benefits:**

**PASSIVE CLEANSING:** Safely supports the removal of toxins and heavy metals from the entire body.

**REDUCES INFLAMMATION :** Clean Slate assists in the reduction of negative inflammation by removing the root cause of the issues.

[Purchase Here](#)

**INCREASES ABSORPTION:** Clean Slate supports the absorption of nutrients by the removal of toxins that may block the nutrient binding site.

---

## CLEAN SLATE:

Safely assist the body's natural ability to remove environmental toxins and heavy metals.



## ENVIREM SKIN DEFENSE:

A proprietary blend of orthosilicic acid, hypochlorous acid, vitamins, and minerals aimed to guard your skin from environmental pollutants while positioning itself to deeply nourish and moisturize the skin. It was developed with the goal of providing further protection to your skin against the dangers of 5G technology, EMF radiation, heavy metals, viruses, bacteria, parasites, and fungi.

[Purchase Here](#)

## ENVIREMWARE:

An innovative spray aimed at keeping your clothes and body safe from environmental pollutants. Naturally formulated with a powerful proprietary blend of shungite and orthosilicic acid, vitamin C, and deionized water.

**Dr. Fadwa**  
Root Brand Ambassador