# Terms of Service

Effective Date: May 09, 2025

## 1. Acceptance of Terms

By accessing or using the website of Finding Balance Therapy & Wellness PLLC, you agree to be bound by these Terms of Service and all applicable laws and regulations.

If you do not agree with any of these terms, you are prohibited from using or accessing this site.

## 2. Website Content

The content on this website is for informational purposes only and is not intended as a substitute for professional medical or mental health advice, diagnosis, or treatment.

Always seek the advice of a licensed mental health professional or physician with any questions regarding a medical or mental health condition.

## 3. No Therapist-Client Relationship

Use of this website does not create a therapist-client relationship between you and Finding Balance Therapy & Wellness PLLC or any of its clinicians.

Contacting us through the website does not establish a therapeutic relationship until an intake is completed and mutually agreed upon.

## 4. User Responsibilities

You agree to use this website only for lawful purposes and in a way that does not infringe upon the rights of others or restrict their use of the site.

You may not attempt to gain unauthorized access to any portion of the website or to any systems or networks connected to the website.

## 5. Intellectual Property

All content and materials on this site, including text, graphics, logos, and images, are the property of Finding Balance Therapy & Wellness PLLC and are protected by applicable copyright and trademark laws.

You may not reproduce, distribute, modify, or republish any content from this site without our prior written consent.

## 6. Limitation of Liability

Finding Balance Therapy & Wellness PLLC shall not be liable for any damages arising out of the use or inability to use the materials on this website.

This includes, without limitation, indirect or consequential damages or any damages for loss of data or profits.

## 7. Links to Third-Party Sites

This website may contain links to external websites that are not controlled or maintained by us.

We are not responsible for the content or availability of any such external sites.

## 8. Modifications

We reserve the right to revise these Terms of Service at any time without notice.

By using this website, you agree to be bound by the current version of these Terms.

## 9. Governing Law

These terms and conditions are governed by and construed in accordance with the laws of the State of Connecticut and/or North Carolina, without regard to conflict of law principles.

## 10. Contact Us

If you have any questions about these Terms of Service, please contact us:

Finding Balance Therapy & Wellness PLLC

Email: info@finding-bal.com

Phone: 860-578-4811

Address: PO Box 98, Tolland, CT 06084