

Menu

STARTERS

Bread & Olives (Ve) £6.50

Selection of Olives, Sundried Tomato, Warm Ciabbata & Olive oil.

Garlic Mushrooms (Ve) £5.95

Sauté mushrooms marinated in garlic oil. Served on Toasted Sourdough.

Old School Prawn Cocktail £6.95

Fresh King Prawns, Served with fresh salad. Topped with a Marie Rose sauce.

Soy & Honey Belly Pork £7.25

Slow Cooked Belly Pork in a Soy & Honey glaze, garnished with Spring Onion.

Halloumi Fries £6.25

Served with Sweet chilli sauce & Garnish.
(Can be made GF*)

SUMMER SPECIALS

Grilled Chicken Caesar salad £15.95

Warm Chargrilled Chicken, Romaine Lettuce, Anchovies, Croutons and fresh Parmesan shavings.

Pan Fried Tuna Steak (GF) £18.00

Tuna from Ashtons fish monger Cardiff, panfried & dressed in a Lemon & Caper Sauce. Served with fresh crisp Salad, Avocado & boiled egg.

Tofu & Sweet Potato (Ve) £13.95

Soy Marinated Tofu Salad. Served with fresh summer salad, Avocado & Roasted Sweet Potato.

Classic Cheese Ploughmans £13.95

A Selection of Cheeses. Served with Prickle, crisp dressed salad & served with Ciabatta.

SKEWERS

£19.99

Cajun Chicken (GF)

Served with Garlic Fries
& Salad Garnish

Soy & Honey Belly Pork

Served with Garlic Fries
& Salad Garnish

Soy Tofu (Ve)

Served with Garlic Fries
& Salad Garnish

All Skewers are served as standard with Onion & Pepper.

CURRY CORNER

Jalfrezi Style curry with Tomato, Coconut & Peppers.

Pulled Chicken £13.95

King Prawn £13.95

Sweet Potato, Spinach & Chickpea (Vegan) £13.95

All Curries Served as standard with rice, chips & Naan.

CAN BE GLUTEN FREE ON REQUEST

LOADED FRIES

Our Loaded Fries are recommended as a meal*

Pulled Pork (GF)- £11.95

BBQ Pulled Pork loaded fries, Loaded with Lemon Aioli & fresh parsley.

Homemade Chilli- £11.95

Our Homemade Chilli topped skinny fries. Topped with soured cream & fresh parsley.
(Vegan Chilli also Available.)

The Aberglais Inn

Mains.

Pulled Lamb Confit (GF)- Slow cooked Pulled Lamb, Served on a bed of Buttery Mash, Seasonal greens & a Mint Gravy reduction. £17.50

Gammon (GF)- 14-16oz served with a Pineapple salsa, Triple Cooked Chips & choice of Egg or Pineapple both Egg & Pineapple £1.00 Extra (Upgrade to sauce & Onion rings+£3.50) £16.95

Fish & Chips- Cider battered Cod served with Triple cooked Chips, Peas, Homemade Tartar sauce and Charred lemon. £15.95

Homemade Chilli (GF)- Chefs Homemade Chilli with a kick. Served on a bed of White rice & a side of salted Nachos (VEGAN CHILLI AVAILABLE) PLEASE ASK* £13.95

Chicken New Yorker (GF)- Smoked Bacon wrapped Chicken Breast cooked in a rich BBQ sauce and topped with cheese. Served with Triple cooked Chips & Peas £14.50

Aberglais Chicken (GF)- Poached Chicken Breast stuffed with Perl Wen & Wrapped in Prosciutto crudo on a bed of seasoned crushed potato. Topped with a Welsh Leek sauce. £16.95

Beef Lasagne - A rich Ragu, between layers of pasta accompanied by Garlic bread & Triple cooked chips. £15.95

Braised Steak Pie- Slow cooked Beef chunks with Mushroom and Onion in a Welsh Ale Gravy. Topped with Buttery Mash finished in the oven. Served with a side of Seasonal Greens & Gravy. £14.95

Vegetable Lasagne- A rich Ragu, with Veg between layers of Pasta. accompanied by Garlic bread & Triple cooked chips. £15.95

Steaks.

All Steak supplied by Paddy Sweeney of Breacon. (GF on request)

Fillet 8-9oz £29.95

Served with Vine Tomato, Mushrooms, Onion Rings & Triple cooked chips

Beef Dripping £3.50

Ribeye 10-12oz

£25.95

Served with Vine Tomato, Mushrooms, Onion Rings & Triple cooked chips

Upgrade to Surf and Turf £4.50

Sirloin 10-12oz £25.95

Served with Vine Tomato, Mushrooms, Onion Rings & Triple cooked chips

Whisky & Pepper Sauce £3.50

Burgers.

All Burgers £15.50

The Aberglais Stack-

2X Smash Burgers, Smoked Streaky Bacon, Burger Cheese & Burger sauce.

Grilled Chicken-

Grilled Butterfly breast, Cheese, Smoked Streaky Bacon & Cajun Mayo

Vegan stack-

Vegan Burger of the Month Topped with Vegan style Cheese.

Upgrade to BBQ Pulled Pork Fries £2.99

All burgers served with House Coleslaw, Onion Rings & Triple Cooked Chips

Sides.

Seasonal Greens-

£3.95

Onion Rings-

£3.95

Triple Cooked Chips-

£3.75

Skinny Fries-

£3.50

Mac & Cheese-

£4.75

Cauliflower Cheese-

£4.75

Garlic bread-

£4.50

Cheesy Garlic Bread-

£4.75