



WELCOME TO THE SHARK TANK 2025

SWIM MEET ITINERARY:

- **Check In:** 6:30 - 6:50 am (Sharks will provide a table in visiting team area)
- **Scratch:** 6:55 am SHARP
- **Team Warm Up:** Sharks @ 6:50 - 7:20 am; Visiting team @ 7:20 - 7:50 am
- **Officials/Volunteers Meetings:** 7:45 am
- **Referee Checks** (wrapping, rash guards): 7:45 am
- **Team Cheer:** 7:55 am
- **National Anthem:** 8:00 am
- **Start of Meet:** 8:05 am
- **Estimated End of Meet:** 1:30 pm (time will vary depending on number of entries)

POOL RULES:

- **No entry into the shallow end of the pool. Please share that this will be strictly enforced.**
- No food consumption (except for on deck volunteers) and no glass containers on the pool deck area.
- No pets within the pool area.

VISITING TEAM PARENT VOLUNTEERS:

STROKE AND TURN: Each team manages their own teams and shifts independently. Two shifts of three judges from each team are recommended during the meet. For all freestyle events, only two judges will be needed from each team.

All Stroke and Turn judges will report to the northeast corner of the pool at 7:45 am for a Stroke and Turn meeting. This meeting is held to answer any questions, review lane assignments, and handout clipboards and DQ slips.

10-Lane Pool Coverage:

- Each side of the pool will have three judges. **Sharks** will have two judges on the block side and one judge on the turn side of the pool. **Visitors** will have one judge on the block side and two judges on the turn side of the pool.
- **Sharks** will cover lanes 1-3 and 8-10 on the block side and lanes 4-7 on the turn side of the pool
- **Visitors** will cover lanes 4-7 on the block side and lanes 1-3 and 8-10 on the turn side of the pool
- **All freestyle events:** **Sharks** will cover lanes 1-5 on the block side and 6-10 on the turn side of the pool. **Visitors** will cover lanes 6-10 on the block side and lanes 1-5 on the turn side of the pool.

TIMERS: Two shifts of 15 volunteers. One timer assigned to each odd lane (1, 3, 5, 7, & 9). Two timers assigned to each even lane (2, 4, 6, 8 & 10). All timers report at 7:45 am for pre-meeting at the southwest corner of the pool.

- **1st Shift Timers** - Report to lanes at the north side of the pool (starting end) immediately following the meeting.
- **2nd Shift Timers** - Report to the lanes at the south side of the pool (non-starting end for 25 yard events) during the long freestyle event #36 to check in with your team Head Timer prior to the start of 25 yard backstroke events. Timers must be ready when the last long freestyle event finishes to start the first backstroke event #42.

READY BENCH: Two shifts of 4 volunteers. We run a combined ready bench for age groups 6-U, 7-8, and 9-10. All volunteers report to the ready bench at 7:45 am for a pre-meeting.



CONCESSIONS:

Breakfast: Items such as muffins, donuts, and coffee.

Lunch: Items such as Chick-Fil-A sandwiches, drinks and snacks.

Scan the QR code for the Swim Meet specific menu.



VISITING TEAM SETUP AREA:

VISITING TEAM SETUP AREA: The yellow boxes shown in the map below indicate the dedicated setup areas for our visiting teams. Visiting teams may set up pop-up shades or hang out under the solar shade structures in these areas. Feel free to use the sidewalks in these areas as well. However, we must keep the driveway clear for emergency vehicle purposes. **Please do not set up on the baseball field across the parking lot from the CSD pool, as there will be Little League games being played.**



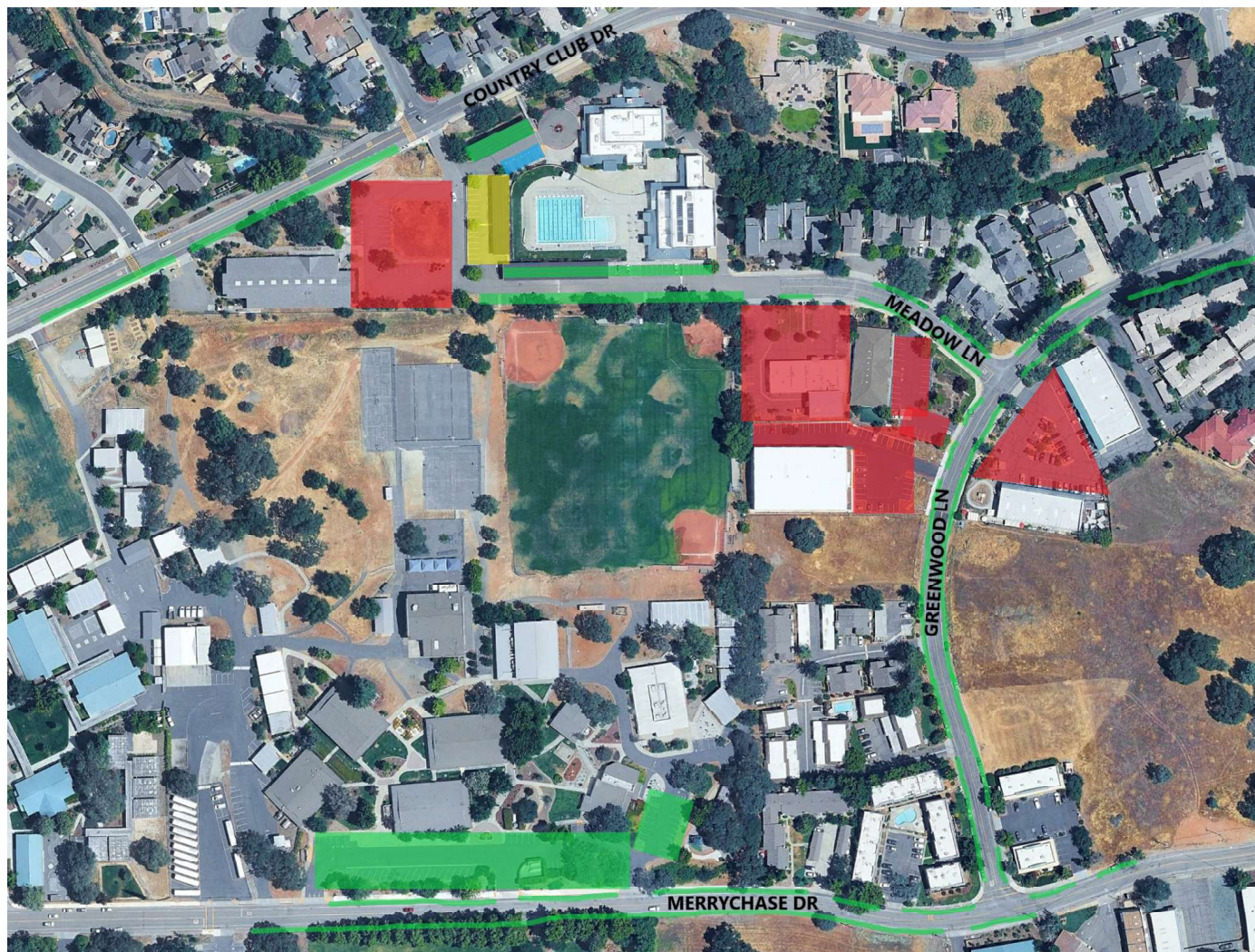
DIRECTIONS AND PARKING:

LOCATION: Cameron Park CSD Community Pool, 2502 Country Club Drive, Cameron Park, CA 95682

DRIVING DIRECTIONS:

- Heading east on Highway 50, exit Highway 50 at Cambridge Road, turn left and go over the overpass (North).
- Just past the overpass, at the first light, turn left (West) onto Merrychase Drive
- At the third stop sign, turn right onto Country Club Dr. (East).
- Turn left into Cameron Park CSD Community Pool.

PARKING: **No parking in the Library or Tumble Time parking lots.** Street parking is allowed around the CSD, but please be sure to follow all street laws and be courteous to the neighbors in the nearby residential area. The areas indicated in green on the below map are good choices for parking. Cars parked illegally will be cited or towed.



We are looking forward to a great swim meet! If you have any questions, please email me at president@sierrasharks.com. See you on deck!

Sincerely,

Rick Clemons

Sierra Sharks Swim Team, President